

From Wikipedia ("Rabi cycle"), for the static Hamiltonian:

$$\mathcal{H}_0 = \frac{1}{2}\omega_0\sigma_z \quad (1)$$

The driving term:

$$\mathcal{H}_1 = \frac{1}{2}\Omega (\sigma_x \cos(\omega t) - \sigma_y \sin(\omega t)) \quad (2)$$

For this driving term, we get population oscillations at a frequency of Ω . First, when we replace the circular driving to a linear one, we need to compensate with a factor of 2, so to get a Rabi frequency of Ω the term should be:

$$\mathcal{H}_1 = \Omega\sigma_x \cos(\omega t) \quad (3)$$

Next, replace the driving along the xy-plane to a driving vector at an angle of α to the z-axis. So - $\vec{\sigma} \cdot \hat{n} = \sigma_x \sin(\alpha) + \sigma_z \cos(\alpha)$. To compensate, we divide by a factor of $\sin \alpha$. Then:

$$\mathcal{H}_1 = \Omega \frac{1}{\sin \alpha} \cos(\omega t) (\sigma_x \sin \alpha + \sigma_z \cos \alpha) = \quad (4)$$

$$= \Omega \cos(\omega t) (\sigma_x + \cot \alpha \sigma_z) \quad (5)$$

Lastly, we replace the driving waveform with a general waveform $|\epsilon(t)| \leq 1$, and we get:

$$\mathcal{H}_1 = \Omega \epsilon(t) (\sigma_x + \cot \alpha \sigma_z) \quad (6)$$

For our specific case, $\cos \alpha = \frac{1}{\sqrt{3}} \rightarrow \cot \alpha = \frac{1}{\sqrt{2}}$, so:

$$\mathcal{H}_1 = \Omega \epsilon(t) \left(\sigma_x + \frac{1}{\sqrt{2}} \sigma_z \right) \quad (7)$$