

CYBERSECURITY FOUNDATIONS & NETWORKING LAB NOTES

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Project: Task 1 - Foundation & Environment Setup

1. The Core: CIA Triad

The foundation of all security policies I implemented in this lab is the **CIA Triad**:

- **Confidentiality:** Ensuring data is only accessible to authorized users.
 - *Applied:* Used a **Host-Only Adapter** to keep lab traffic invisible to the outside world.
- **Integrity:** Guaranteeing that data has not been altered or tampered with.
 - *Applied:* Verified connectivity using ping and monitored packet health via **Wireshark**.
- **Availability:** Ensuring systems and data are accessible when needed.
 - *Applied:* Configured static environments to prevent downtime during testing.

2. Threat Landscape & Attack Vectors

Understanding what we are defending against is crucial.

- **Common Threats:** * *Phishing/Social Engineering:* Deceiving users to gain access.
 - *Malware/Ransomware:* Malicious software designed to disrupt or lock systems.
 - *DDoS:* Overwhelming a service to break its **Availability**.
- **Vectors:** I learned that an **Insider Threat** (someone already inside the network) can be just as dangerous as an external hacker using a **Wireless Attack**.

3. Networking & The OSI Model

- To analyze the "Ping" test in Wireshark, I mapped the data flow across the **OSI Model**:

Layer	Name	Function	Protocol Example
7	Application	User Interface	HTTP, DNS, SMTP
4	Transport	End-to-End Connection	TCP (Reliable), UDP (Fast)

Layer	Name	Function	Protocol Example
3	Network	Routing & Logical Addressing	IP, ICMP (Ping)
2	Data Link	Physical Addressing	MAC Address, Ethernet

4. Cryptography Basics

I explored how we protect data at rest and in transit:

- **Encryption:** * *Symmetric:* Same key for lock/unlock (Fast).
 - *Asymmetric:* Public key to lock, Private key to unlock (Secure).
- **Hashing:** A "one-way" fingerprint (MD5/SHA256) used to verify **Integrity**. Unlike encryption, a hash cannot be reversed.
- **Digital Certificates:** Used in **SSL/TLS** to prove a website's identity (the "S" in HTTPS).

HANDS-ON “ENCRYPT AND DECRYPT USING OPENSSL”:

Objective: To demonstrate the practical application of symmetric encryption and decryption to ensure data Confidentiality.

1. File Creation

I created a plaintext file containing sensitive information to be protected.

- **Command:** `echo "this is a secret message" > secret.txt`

2. Symmetric Encryption (AES-256)

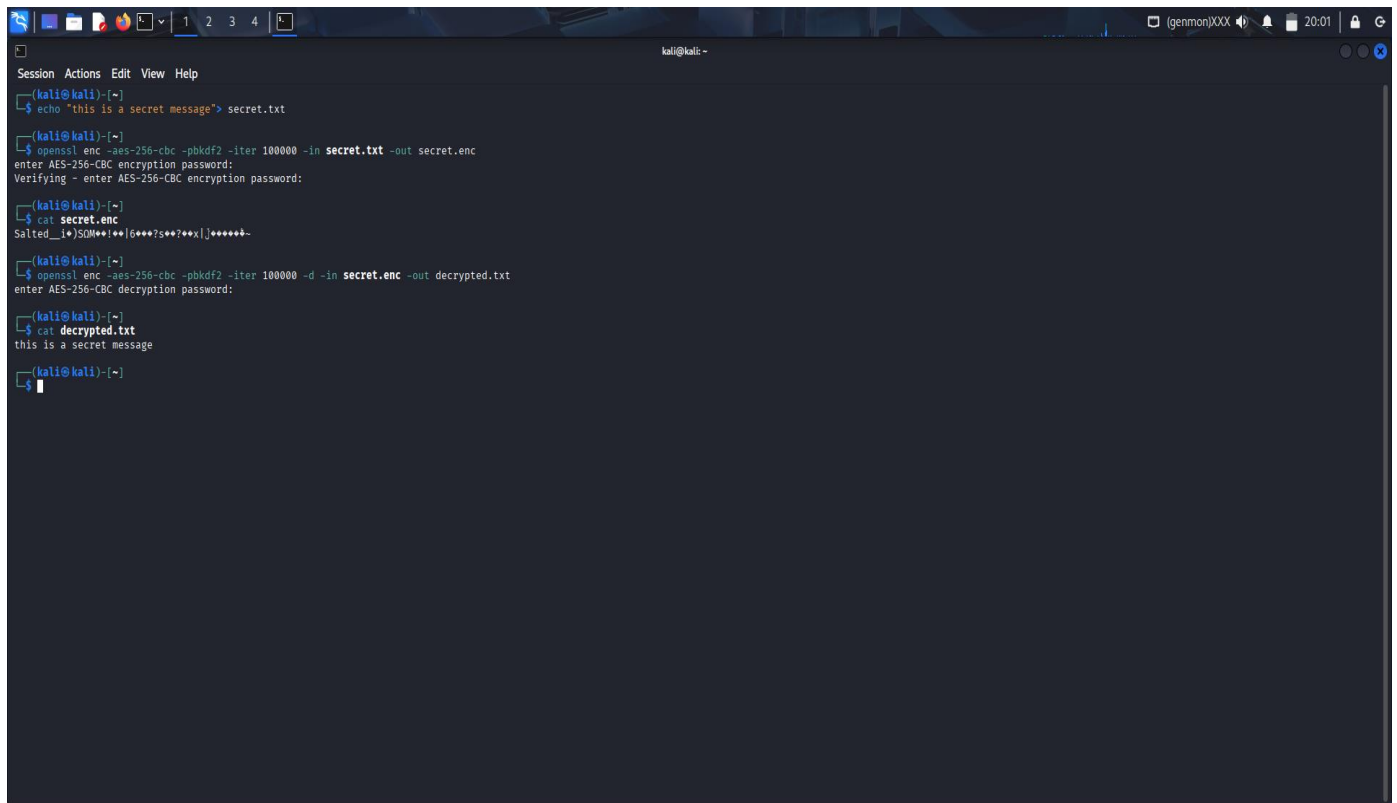
I used the Advanced Encryption Standard (AES) with a 256-bit key to encrypt the file. I applied the PBKDF2 (Password-Based Key Derivation Function 2) to ensure the password was securely hashed before being used as a key.

- **Command:** `openssl enc -aes-256-cbc -pbkdf2 -iter 100000 -in secret.txt -out secret.enc`
- **Observation:** After encryption, attempting to read the file using `cat secret.enc` resulted in unreadable ciphertext (gibberish). This confirms that the data is protected.

3. Decryption and Verification

To regain access to the data, I used the decryption flag with the original password.

- **Command:** `openssl enc -aes-256-cbc -pbkdf2 -iter 100000 -d -in secret.enc -out recovered.txt`
- **Result:** The command `cat recovered.txt` displayed the original message perfectly, confirming the integrity of the encryption/decryption process.



The image shows a terminal window on a Kali Linux system. The window title is "kali@kali: ~". The terminal output is as follows:

```
Session Actions Edit View Help
kali@kali:~$ echo "this is a secret message"> secret.txt

kali@kali:~$ openssl enc -aes-256-cbc -pbkdf2 -iter 100000 -in secret.txt -out secret.enc
enter AES-256-CBC encryption password:
Verifying - enter AES-256-CBC encryption password:

kali@kali:~$ cat secret.enc
Salted__i*)SDM**:**|G***?s**?***x|j*****~

kali@kali:~$ openssl enc -aes-256-cbc -pbkdf2 -iter 100000 -d -in secret.enc -out decrypted.txt
enter AES-256-CBC decryption password:

kali@kali:~$ cat decrypted.txt
this is a secret message

kali@kali:~$
```

Image : Cryptographic operations using Openssl