

[https://docs.google.com/document/d/1M3oHwtmmflAce\\_i0ns5yA5tK7bZKAhqUyu9hWvAExxE/edit?usp=sharing](https://docs.google.com/document/d/1M3oHwtmmflAce_i0ns5yA5tK7bZKAhqUyu9hWvAExxE/edit?usp=sharing)

(no em deixaba pujar-lo amb el video sencer per el pes)