

Grow It In Your Window

Indoor Window Herb Garden Plans

Have you ever wanted to have your own window herb garden? Growing those live fresh herb plants so you can have them on hand to add them to your dishes. If you have a window that gets a good amount of sunlight you have a great space grow them in. If not, you can still grow them on a patio, in the backyard, on the side of the house, on a balcony etc.. And you don't need to buy a \$100-\$200 hydroponic system to do it either.

I basically just built this system from what I had lying around. You don't need to build your box out of exactly the same materials as I did. You can make your grow box from lots of different things, like storage totes and plastic containers, plexiglass or Acrylic Sheets etc.. If it fits on your window sill (or wherever you want it to go), and holds at least 1 gallon of water per plant it will work. Just make sure if it's not already, you make it light proof or you will get algae growth inside the box and in your nutrient solution.



Parts List

- Waterproof box with top
- Dual output aquarium air pump
- Aquarium air line tubing
- 2 "T" connectors for air line tubing
- ¼ inch soaker hose (or aquarium air stones)
- ½ inch PVC tubing
- Four ½ inch PVC elbow connector
- Zip ties
- Three, 3 inch baskets, pots, or plastic cups for the plants
- Growing medium of some type



The Herb Garden Box

I built the trough and lid (grow box) out of a sheet of "Expanded Foam PVC." it comes in 4 by 8 foot sheets of different thickness like plywood. Except the Expanded Foam PVC is plastic and waterproof. It's like PVC tubing , but in a flat sheet. It's not a common material, but you can probably get it from most sign company's. That is company's that build signs for businesses. They use it in their industry. Also it's not a cheap material, it can run over \$50-\$60 for one 4x8 sheet, 1/4 inch thick (6 mm). But you don't need anywhere near a whole sheet, and you could probably buy scraps for what you need from the sign company's cheap (or even get it free). I like it because I can make custom size containers to fit any space.

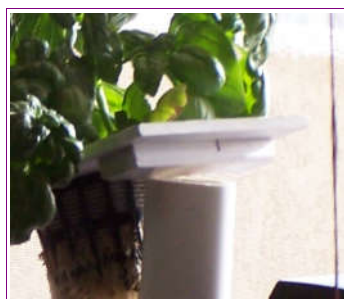
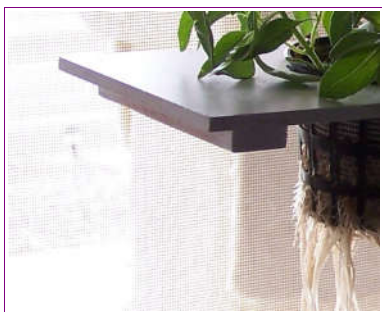


There are a few ways to glue it together. If you plan to work with it a lot, there is a special PVC glue and applicator for it. Called "Weld-On 2007." It's water thin, and the applicator is used to apply it along the edges touching each other. Then just hold in place for 30 seconds or so. But unless you have perfectly straight cuts it still wont hold water because the glue isn't designed to fill gaps. You can fill the gaps with another PVC adhesive called Bond Fill. The Bond fill is like a liquid PVC that fills gaps, but it's a little pricey as well and you will probably need to order it online from the manufacture.

However if you do use the sheet PVC to build your herb garden system, it will probably be much cheaper and easier for you to just use super glue instead of the Weld-on 2007 to put the box together (sort if tack welding the box together). Then apply a good bead of plumbing goop along the seams inside the box to fill and waterproof any gaps along them, as well as providing more structural stability for the box.



I attached a couple of one inch wide , 1/2 inch tall blocks underneath the the lid at the ends. These blocks keep the lid in place and keep it



from sliding off, and/or out of place. Then I made a template just smaller than the 3 inch baskets I used for the plants, and drew the holes on the lid with it. Then just cut out the holes for the plants out using a rotary tool (I don't have a hole saw that size).

The Bubbling System

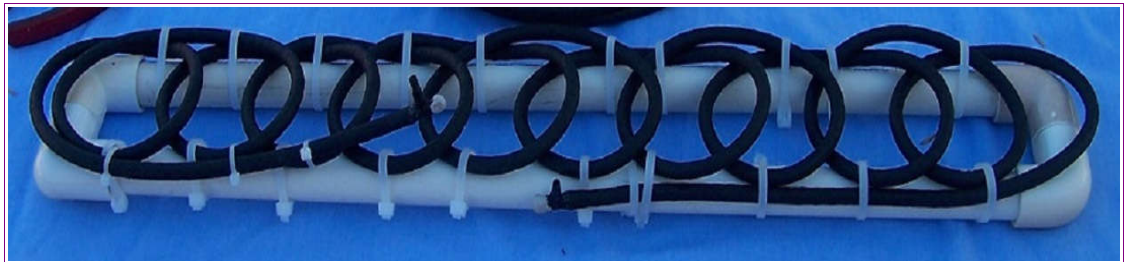
This window herb garden system is essentially a small water culture hydroponic system. The air bubbles are important so the roots don't suffocate from being submerged in the nutrient solution 24/7. The more air bubbles you give them, the better the plants will be able to do. Especially as the plants get bigger and thus use more oxygen. You can use standard aquarium air stones in this system if you want, but it's hard to get an even amount of air bubbles under each plant. So I opted to make my own air stone system so they would be evenly distributed.



To make my own bubbler system, I used standard 1/4 soaker hose to make the bubbles. It can be found at most home improvement stores, and even walmart with the plant irrigation supply's. But because the soaker hose floats, especially when filled with air, I needed to weigh it down. I also needed something to tie the soaker hose to so it would hold the shape I wanted. To solve both things I built a frame out of 1/2 inch PVC tubing and elbow connectors.

I just measured the inside of the box and cut the PVC tubing to easily fit in it. I dry fitted the pieces together and placed it inside to make sure it still fit correct. Then I opened up one side and filled the inside of the PVC tubing with sand to make it heavy. If you don't have sand, you can use dirt or small rocks. Then I put it back together. I didn't glue the PVC joints together because I taped it together with a rubber mallet and it fit very tight, but you can glue them if you want, or need to.

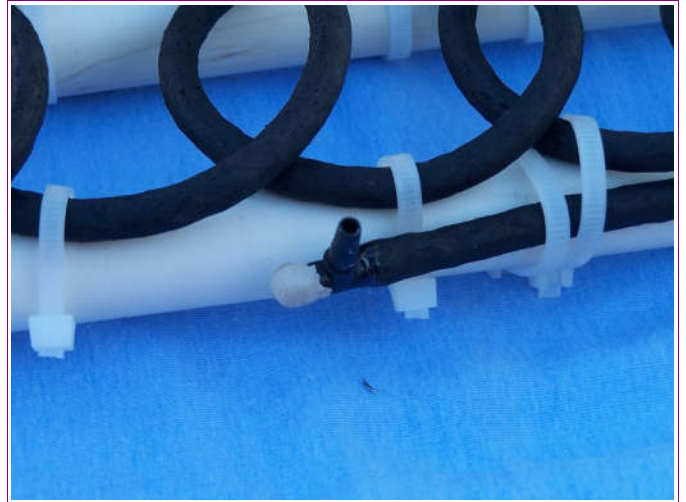
Once I had the bubbler frame together I took one end of the soaker hose and zip tied it about the middle of the PVC frame. Then ran it to one end of the PVC frame and zip tied it again. Then just made small overlapping loops all the way across, zip tying each loop on both sides as I go. Once I had it looped all the way across, I then ran the end straight to the center again like the other side.



Connecting the air line to the soaker hose

If you can find elbow connectors for the air line, use those. I didn't, so I modified "T" connectors instead. To do that was simple. I just cut one side of the "T" connector off and plugged the opening with JB weld. If you don't have JB weld, you can use, plumbing goop, silicone, or any type of waterproof glue or adhesive to plug the opening.

Once it has completely dried, insert the modified "T" connectors into both ends of the soaker hose. Then connect the air line from the dual output air pump to the modified "T" connectors. One air line to each side of the soaker hose



The air pump comes with one way check valves. But don't use them, they can clog and block air from getting to your plants. Instead just make sure the air pump is always at least 5-6 inches above the water line, that will keep water from getting into the air pump, even if it loses power for some reason.

Now go ahead and place the bubbler system in the grow box, fill it with some water and plug in the air pump. The soaker hose bubbler system not only distributes the bubbles evenly throughout the water, but it also gives smaller bubbles which is more beneficial for the plants.



Now before putting the lid on, make sure to cut a notch out for the air lines, That way the weight of the plants wont pinch the air lines, and thus block the air from getting to your plants

roots. Now you can fill your baskets with growing medium, fill the reservoir with nutrient solution, and plant your seedlings in it and grow.

Growing the plants in your window herb garden

You can use standard baskets for hydroponics like I did, or small pots, or even plastic cups to put the plants in. The 3 inch wide baskets I used you can get at any hydroponics shop for less than a buck a piece.

I used coco coir for the growing media in this herb garden system because it's what I had on hand. I would have preferred using coco chips instead, it's made from the same material (coconut husks), but the coco chips are much larger pieces. Those larger pieces wouldn't fall through the slats in the baskets. To keep the coco coir from falling through the slats, I needed a screen. I lined the inside of the baskets with a fine mesh drywall tape before filling it with the coco fiber. But if you use the same growing media that I did, you can use any type of screening that you have, even cheesecloth will work as a screen.



At first there won't be any roots growing out of the bottom of the baskets, so you will want to make sure the water level is high enough so the growing media in the baskets remains moist at all times or the roots won't get any moisture. As the plants get bigger, the roots will grow down into the nutrient solution, as well as wick up water to the growing media.

As the plants drink up the water, you'll need to replace it with fresh water (not nutrient solution), And change your nutrient solution every couple of weeks, or every week when the plants are bigger.

Happy Gardening!!!