Referral Instructions

Referral Code: **13-2-2-2021-08-04**

Here are the steps to follow to be able to access the Health enSuite Insomnia app:

Step 1: Copy this link **https://app.healthensuite.com/Referral_Code/referral.html** exactly as it is printed here to be able to access the application on the web browser on your computer or any other device enabled with internet connectivity.

Step 2: You will be asked to enter your Referral code and your last name: Enter the Referral code exactly as it is printed here.

Step 3: When you have completed the above steps correctly, you will be navigated to the next steps in this study.

Step 4: If you misplace this instructions sheet, do not worry! You can either request your health care provider to issue a new one OR contact Health enSuite research team by email: TeamHealthEnSuite@iwk.nshealth.ca OR phone: (902) 470 7934 or call toll-free number: 1-877-341-8309 press 5.

Best regards,
Health enSuite team