```
<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Your Web Page Title</title>
  <link rel="stylesheet" href="styles.css">
</head>
<body>
  <h1>Hello, World!</h1>
  This is a sample HTML document with external CSS.
</body>
</html>
/* styles.css */
body {
  font-family: Arial, sans-serif;
  background-color: #f4f4f4;
  color: #333;
  margin: 0;
}
h1 {
  color: #007bff;
  body {
    font-size: 14px;
  }
  h1 {
    font-size: 24px;
  }
}
```