

# **Julia Ignaszewski**

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## **ACADEMIC WORK EXPERIENCE**

### **Western University**

**(September 2021 to April 2022)**

#### **Teaching Assistant for “Research Methods in Psychology”**

- Instructed during lab sessions
- Provided feedback on assignments and papers
- Proctored exams
- Answered student questions

### **Royal Ottawa Mental Health Centre**

**(September 2019 to 2021)**

#### **Volunteer Researcher Brain, Imaging and Neuroethics Lab**

- Independently planned, designed, and organized a research experiment which included:
  - Maintenance of scoring procedures and handling of confidential information,
  - Recruitment and financial reimbursement of thirty research participants,
  - Instruction and coordination of research participant activities,
  - Experience in electroencephalography (EEG) testing procedures which included proper care and handling of very expensive equipment, in-depth knowledge of EEG modelling software, and proficient application of EEG cap and electrodes throughout the testing process,
  - Day-to-day collaboration and communication with other researchers in-person and during lab meetings,
  - Experience in designing experimental tasks using Python (coding language),
  - Experience in Matlab (coding language) for the use of analysis of complex data,
  - Experience in SPSS (statistical software) for the use of data analysis,
  - Experience obtaining clinical data on research participants,
  - Experience in writing and editing a professional research document according to APA format.

### **Carleton University**

**(Fall 2019 semester)**

#### **Teacher’s Assistant for “Perception and Sensation” 3000-Level**

- Gained experience in grading exams written in a long-answer format and submitting the grades in a timely manner.
- Experience in coordination and supervision of exam-taking conditions.
- Experience in aiding student learning via provision of crucial resource.

## **SERVICE INDUSTRY WORK EXPERIENCE**

### **Crust & Crate**

**(April to August 2021)**

#### **Hostess and Server**

- Started a hostess and quickly progressed to serving
- Extremely busy work environment, in which I excelled

### **LCBO**

**(December 2020)**

#### **Seasonal Customer Service Representative**

- Processed transactions at the cash register, making sure to serve responsibly (checking for ID and noting sobriety) during the busy Christmas season.
- Maintained standards of cleanliness when it came to disinfection of surfaces, handles, carts, and other commonly touched surfaces.
- Gave thoughtful and informed suggestions to shoppers to help guide them in deciding on their purchases.
- Made every effort to aid both coworkers and customers.
- Received a strong evaluation at the end of the contract term.

### **Ceramika Studio**

**(May 2019)**

#### **Pottery Workshop Coordinator for children aged 4-10**

- Experience working with a large group of children in 1-hour increments.
- Experience coordinating and maintain the activities of the children.
- Experience in a leadership role.

### **Virtual English teacher for children in China**

**(June 2019 – July 2019)**

- Experience working with a diverse age-group of children
- Experience in improvisational dialogue with children who are non-native English speakers
- Experience in demanding work environment with fixed time constraints
- Experience handling and properly caring for VR equipment which was set up in my home

### **Nando's Chickenland Ltd.**

**(March 2017 – March 2018)**

#### **Front of House Server**

- Maintained composure in a fast-paced environment while being consistently effortful in upholding a high quality of work.
- Worked under pressure in a team of people which required considerable adaptability.

### **McDonough's Independent Grocer's**

**(September 2016 – January 2017)**

#### **Bakery Employee**

- Managed the bakery and was in charge of preparing cakes, breads, and other confectionary items oftentimes independently.

### **Goji's Frozen Yogurt**

**(July 2016 – August 2016)**

#### **Sales Associate**

- Independently opened and closed the store, paying special attention to the cleanliness and aesthetic of the displays.
- Performed various work shifts that required considerable flexibility.

## **Lush Cosmetics**

**(November 2015 – January 2016)**

### **Sales Associate**

- Provided informed and thoughtful suggestions about various products.
- Experience working in chaotic and demanding work environment.
- Cultivated the necessary sales skills to promote luxury items while maintaining the brand's integrity and ethical message.

## **Tako Sushi and Ramen**

**(August – December 2014)**

### **Front of House Server**

- Responsible for acquiring a comprehensive and detailed knowledge of ingredients
- Experienced a high-pressure and intense work environment

## **EDUCATION**

### **Western University**

London, Ontario

**2021 - 2023**

Master of Science in Psychology, in the Area of Cognitive, Developmental and Brain Sciences

### **Carleton University**

Ottawa, Ontario

**2014 - 2020**

Bachelor of Arts with a Major in Cognitive Science  
Specializing in the Biological Foundations of Cognition (Honours Program)

## **OTHER SKILLS**

### **Language Knowledge**

- Comprehensive understanding of the English language
- Ability to communicate and comprehend French
  - Received the DELF B2 certification
- Native Polish speaker
- Some ability to understand and communicate in Russian and Italian

### **Coding Knowledge**

- Experience with data analysis in MatLab, R, and Python
- Experience building a website in visual studio