

Hamiltonian Monte Carlo

MSc in AI — Probabilistic Methods

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08/29/2025



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The Sampling Problem

Goal: draw samples from a target posterior distribution

$$p(\theta \mid \text{data}) = \frac{p(\text{data} \mid \theta) p(\theta)}{Z}, \quad Z = \int p(\text{data} \mid \theta) p(\theta) d\theta.$$

Issue: the normalising constant Z is often intractable.

Workaround in MCMC:

- We only need the unnormalised density

$$\tilde{\pi}(\theta) = p(\text{data} \mid \theta) p(\theta) \propto p(\theta \mid \text{data}).$$

- MCMC algorithms use ratios such as $\tilde{\pi}(\theta')/\tilde{\pi}(\theta)$, where Z cancels out.

Conclusion: We can sample from the posterior using only the *unnormalised density* $\tilde{\pi}(\theta)$.

The Metropolis-Hastings Algorithm

Goal: construct a Markov chain whose stationary distribution is the target posterior $\pi(\theta)$ (known up to a normalising constant).

Algorithm (one iteration):

- ① At current state θ , draw a proposal

$$\theta' \sim q(\theta' | \theta) \quad (q: \text{proposal distribution}).$$

- ② Compute the acceptance probability

$$\alpha = \min \left(1, \frac{\tilde{\pi}(\theta') q(\theta | \theta')}{\tilde{\pi}(\theta) q(\theta' | \theta)} \right).$$

- ③ With probability α , move to θ' ; otherwise, stay at θ .

Key properties:

- Ensures $\pi(\theta)$ is the stationary distribution.
- Works with the *unnormalised* density $\tilde{\pi}(\theta)$.
- Very general: any proposal q is allowed (almost).

Limitations of Metropolis-Hastings

Random-walk proposals:

$$\theta' = \theta + \epsilon, \quad \epsilon \sim \mathcal{N}(0, \sigma^2 I).$$

Problems:

- Moves are local and uninformed.
- Slow exploration of the parameter space.
- High autocorrelation between samples.
- Very low acceptance rates for larger moves.
- Curse of dimensionality.

Result: MH becomes inefficient in high dimensions or for correlated posteriors.



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Introduction to Hamiltonian Dynamics

Idea: Use physics to propose efficient moves in the parameter space.

- Treat parameters as a **position** vector q .
- Introduce an auxiliary **momentum** variable p .
- Define a **total energy** (Hamiltonian)

$$H(q, p) = U(q) + K(p).$$

- The particle moves through the energy landscape following smooth, long-range trajectories.

Why this helps: proposals follow the geometry of the target distribution, reducing random-walk behaviour.



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Potential and Kinetic Energy

Potential energy:

$$U(q) = -\log \tilde{\pi}(q),$$

where $\tilde{\pi}(q)$ is the unnormalised target density.

- High-probability regions \Rightarrow low potential energy.
- The energy landscape encodes the geometry of the posterior.

Kinetic energy:

$$K(p) = \frac{1}{2} p^\top M^{-1} p, \quad p \sim \mathcal{N}(0, M).$$

- Introduces momentum to help the sampler move through q -space.
- Mass matrix M controls scaling and correlations.

Hamiltonian: $H(q, p) = U(q) + K(p).$

Hamilton's Equations

Given $H(q, p) = U(q) + K(p)$, the dynamics are defined by:

$$\frac{dq}{dt} = \frac{\partial H}{\partial p}, \quad \frac{dp}{dt} = -\frac{\partial H}{\partial q}.$$

Interpretation:

- q evolves according to the momentum.
- p evolves according to the gradient of the potential.
- Total energy H is approximately conserved.

These trajectories form the basis of efficient proposals in HMC



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The Leapfrog Integrator

Goal: simulate Hamilton's equations numerically while preserving the key geometric properties of the dynamics.

Given step size ε , one leapfrog step:

$$p \leftarrow p - \frac{\varepsilon}{2} \nabla U(q) \quad (\text{half momentum update})$$

$$q \leftarrow q + \varepsilon M^{-1} p \quad (\text{full position update})$$

$$p \leftarrow p - \frac{\varepsilon}{2} \nabla U(q) \quad (\text{half momentum update})$$

Why leapfrog?

- **Reversible:** can run forwards or backwards.
- **Volume-preserving:** Jacobian determinant = 1.
- **Nearly energy-conserving:** for moderate step sizes.

Result: long, stable trajectories = high-acceptance proposals.

The HMC Algorithm

Goal: propose distant states with high acceptance using Hamiltonian trajectories.

One HMC iteration:

- ① **Sample momentum**

$$p \sim \mathcal{N}(0, M).$$

- ② **Simulate a trajectory** Run L leapfrog steps with step size ε to obtain (q^*, p^*) from the initial (q, p) .
- ③ **Metropolis acceptance step**

$$\alpha = \min(1, \exp[-H(q^*, p^*) + H(q, p)]).$$

Accept q^* with probability α , else keep q .

Key idea: leapfrog produces proposals with *almost-conserved energy*, so acceptance rates are high.



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Why HMC Works Well

Key advantages:

- **Informed, gradient-driven proposals:** by following the geometry of $\log \tilde{\pi}(q)$, HMC avoids random walks and therefore scales much better to high-dimensional spaces
- **Statistical Independence:** leapfrog integration produces coherent paths through the parameter space.
- **High acceptance rates:** energy is almost conserved, so HMC rejections are rare.
- **Low autocorrelation:** successive samples are less dependent, improving effective sample size.

Result: HMC explores complex posteriors much more efficiently than standard Metropolis-Hastings.



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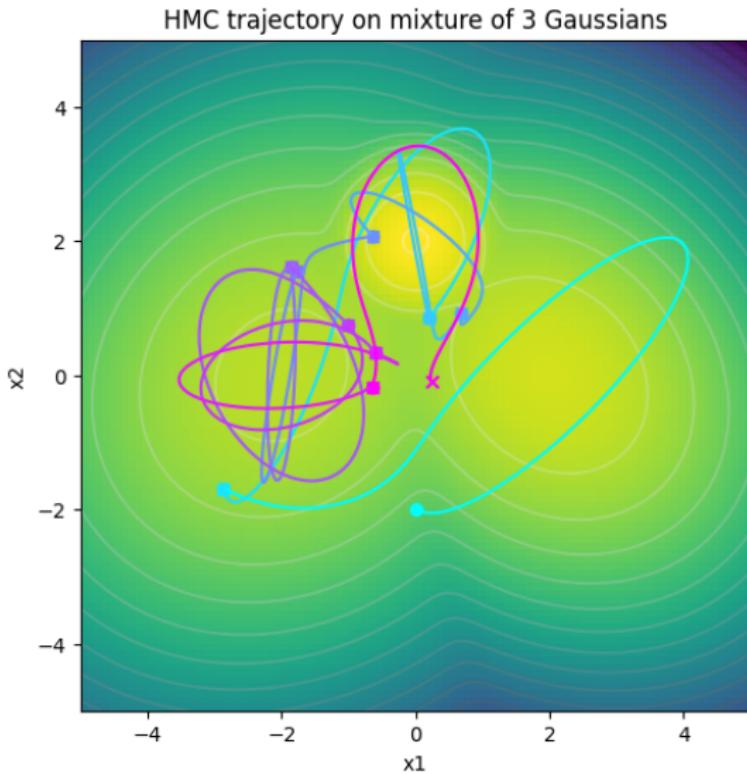
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HMC Trajectories in a Gaussian Mixture Model

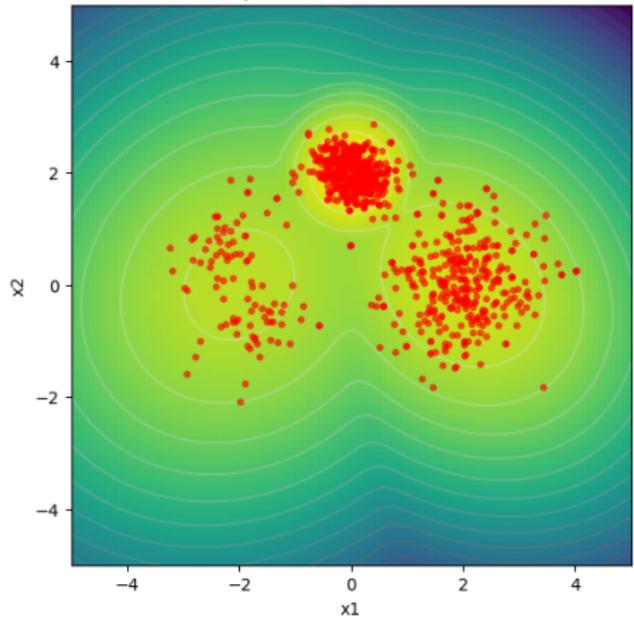


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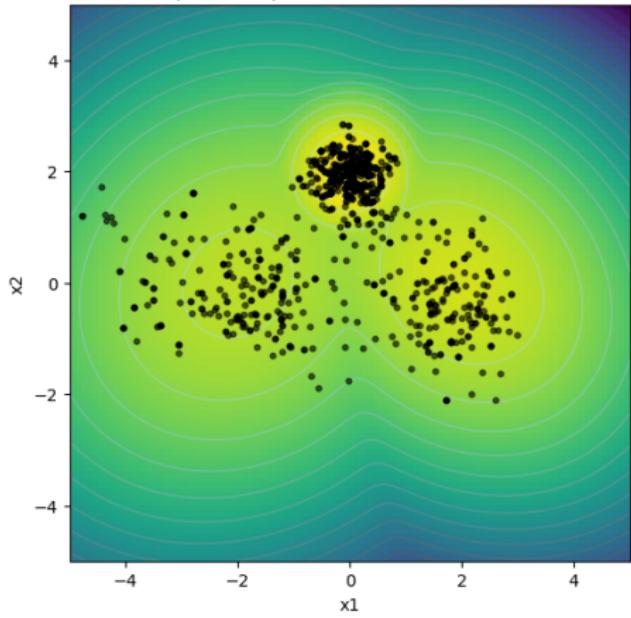
HMC vs Metropolis-Hastings: Sample Comparison

HMC samples on mixture of 3 Gaussians



Hamiltonian Monte Carlo

Metropolis samples on mixture of 3 Gaussians

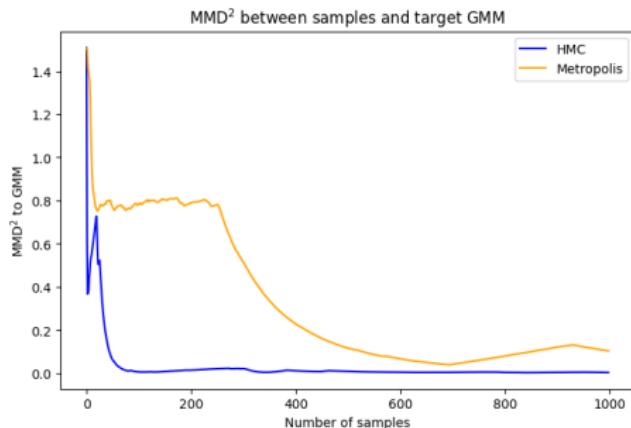


Metropolis Hastings



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MMD² Comparison

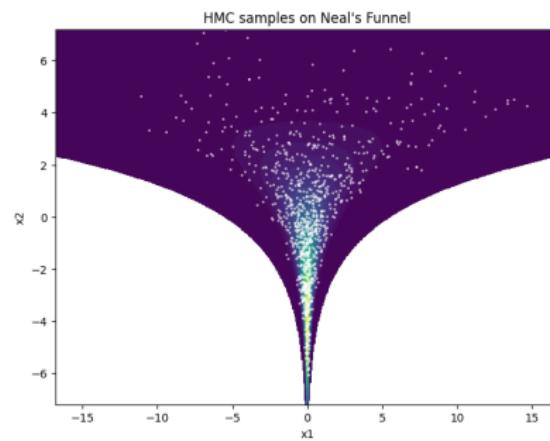


Key observations:

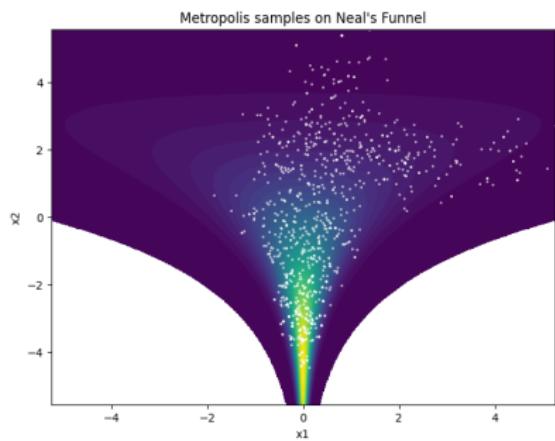
- **HMC converges quickly:** near-zero MMD² after ~ 100 samples.
- **MH converges slowly:** needs several hundred samples.

- **Practical implication:** in many applications, the goal is to obtain plausible samples rather than to perfectly reconstruct the full target distribution.
- **Result:** HMC produces high-quality samples with far fewer iterations, making it a better choice than standard Metropolis-Hastings.

HMC vs Metropolis-Hastings: Sample Comparison



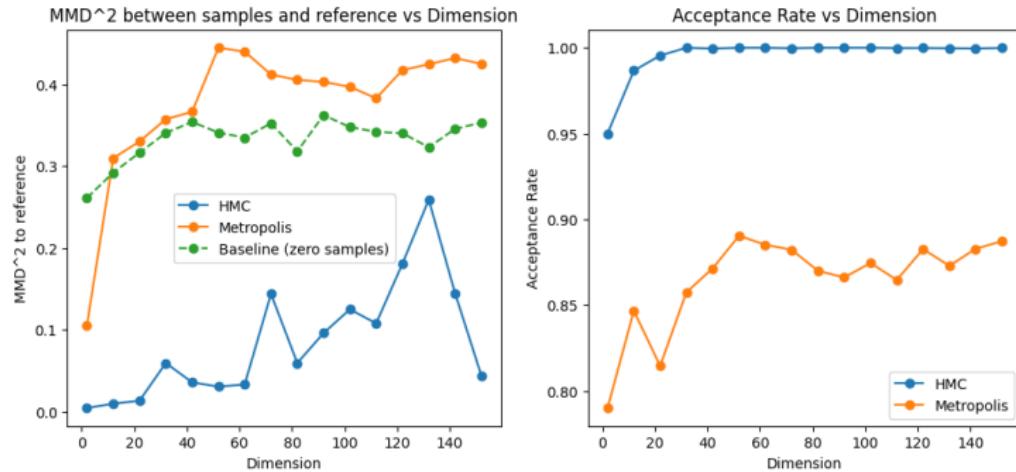
Hamiltonian Monte Carlo



Metropolis Hastings



MMD² Comparison



- **Practical implication:** Hamiltonian Monte Carlo sampling can be much more effective in high-dimensional distributions.
- **Result:** HMC bypasses the curse of dimensionality and its acceptance rate is much higher, making it a faster sampling algorithm.



Thank you for your attention!

Questions?

Code:

<https://github.com/IgnacioBayon/hamilton-monte-carlo>



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