

Lorem ipsum dolor sit amet, consectetur
adipiscing elit, sed do eiusmod tempor
incididunt ut labore et dolore magna aliqua.
Pretium viverra suspendisse potenti nullam ac
tortor vitae purus faucibus. Eu lobortis
elementum nibh tellus. Urna molestie at
elementum eu facilisis sed odio morbi quis. Et
molestie ac feugiat sed lectus vestibulum mattis
ullamcorper. Ut tellus elementum sagittis vitae
et. Leo urna molestie at elementum. Vestibulum
rhoncus est pellentesque elit ullamcorper
dignissim. Sollicitudin nibh sit amet commodo
nulla facilisi. Amet luctus venenatis lectus
magna. Ultricies integer quis auctor elit sed
vulputate mi.

Characteristics of active learning 1. You look for ways of being more involved in what you are learning. 2. You are engaged in the whole learning process (and in a position to see why information has been selected). 3. You look for links between different things that you discover. 4. You make a conscious effort to make sense of, and find meaning in, what you learn. Understanding is usually deeper. 5. You are involved in reflection and self-evaluation. 6. Your attention span is longer because your mind is more fully engaged. 7. Long-term memory is assisted. If you understand what you learn, and keep relating what you learn to what you already know, you are more likely to remember what you have learnt. 8. Linking information helps you to see how you can apply it to different situations. 9. Learning is personalised and interesting.

