

# 5 Free Sudoku Puzzles

Large Print Edition  
For Seniors

Brain Training & Mental Wellness

<https://ai-kindlemint-engine.vercel.app>

- ✓ Improves memory and concentration
- ✓ Reduces cognitive decline risk
- ✓ Provides relaxation and stress relief
- ✓ Keeps your mind sharp and active

# Sample Puzzle: Easy 4x4 Sudoku

Fill each row, column, and 2x2 box with numbers 1-4