

Appendix with References

15 points

Remember that you are writing a research proposal. We will not collect data for your project this semester. Therefore, the appendix and methods sections are describing how you would collect data if you were going to run the study.

Instructions: This document includes all of the surveys/questionnaires that you would use to collect data, if you were going to collect data.

- The first page is a cover page. It should say “Appendix” and include a list of all the items (e.g., table of contents). Also, on the first page, include your name, section number, the title of your proposal, the research question, your independent and your dependent variables.
- Each survey/questionnaire should state on a new page.
- You should ALWAYS collect basic demographic information when you collect data so include a demographic questionnaire that asks for age, gender/sex, and race/ethnicity at the very least (include other relevant information, if necessary).
- At the end, include a separate references page to list the sources of all your materials in APA format (7th edition).

Formatting: Type this assignment: Each survey should be in the form that the participant would see it. That means that it should be “pretty” and clean - all the questions and response options should be formatted similarly and easy to read and respond. You are acting as if this is the actual packet of surveys that you would hand in to your participants.

The cover page is the first page (see above) and the reference page is the last page.

If your proposal includes interviews then your appendix will include the interview questions.

If your proposal includes observations then your appendix will include an observation checklist.

The appendix does not need to be double spaced (you should include the existing survey as it is). You do not need to write anything in essay format.

Submission and Due time: Submit your work to CatCourses by **09:00 AM** on **November 8, 2023. Pdf format only.**

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PSY 15: Research Methods
Section 01

Appendix with References (Example Assignment)

Appendix

Table of Contents:

1. Demographics survey
2. Family Environment Scale Questionnaire
3. Rosenberg Self-Esteem Scale

Title: Effects of Childhood Family Conflict on Self-Esteem over the Life Span

Research Question: Do the detrimental effects on self-esteem from experiencing high family conflict during childhood diminish over time?

IV = Experiencing family conflict

DV = Self-Esteem

Thank you for taking the time to participate in our study. For anonymity, please DO NOT WRITE YOUR NAME OR ANY OTHER IDENTIFYING INFORMATION ON THIS SURVEY

For the following please circle or write-in your response

1. What is your sex?
 - a. Male
 - b. Female

2. What is your age (in years)? _____

3. What race/ethnic background do you identify with?
 - a. African American / Black
 - b. Asian American / Pacific Islander
 - c. Caucasian / White
 - d. Hispanic / Latino
 - e. Native American / Alaskan Native
 - f. Other: _____

3. What is your relationship status?
 - a. Single - no relationship
 - b. Coupled - in a dating relationship
 - c. Married
 - d. Other: _____

4. Do you have any children? Yes No

5. Which best describes your living situation?
 - a. Live by myself
 - b. Live with a friend
 - c. Live with parents
 - d. Live with a spouse/significant other
 - e. Other: _____

6. Please give an estimate of your average yearly family income.
\$ _____ / (year) (if you live with your parents please include your parent's income)

Family Environment Scale Questionnaire (FES)

Read the statements and think about your family during your childhood. Indicate response by circling AGREE if it was true for most of the members of your household and DISAGREE if false for most members of your household. If evenly divided decide which is your stronger overall impression of the household as it seemed to you.

Household members really help and support one another.	AGREE	DISAGREE
Household members are rarely ordered around.	AGREE	DISAGREE
We often seem to be killing time at home.	AGREE	DISAGREE
We say anything we want to around home.	AGREE	DISAGREE
Household members rarely become openly angry.	AGREE	DISAGREE
In our household, we are strongly encouraged to be independent.	AGREE	DISAGREE
Getting ahead in life is very important in our household.	AGREE	DISAGREE
We rarely go to lectures, plays, or concerts.	AGREE	DISAGREE
Friends often come over for dinner or to visit.	AGREE	DISAGREE
We don't say prayers in our household.	AGREE	DISAGREE
We are generally very neat and orderly.	AGREE	DISAGREE
Household members often keep their feelings to themselves.	AGREE	DISAGREE
There are very few rules to follow in our household.	AGREE	DISAGREE
We put a lot of energy into what we do at home.	AGREE	DISAGREE
It's hard to "blow off steam" at home without upsetting somebody.	AGREE	DISAGREE
Household members sometimes get so angry they throw things.	AGREE	DISAGREE
We work things out for ourselves in our household.	AGREE	DISAGREE
How much money a person makes is not very important to us.	AGREE	DISAGREE
Learning about new and different things is very important in our household.	AGREE	DISAGREE

Nobody in our household is very active in sports, Little League, bowling, etc.	AGREE	DISAGREE
We often talk about the religious meaning of Christmas, Passover, or other holidays.	AGREE	DISAGREE
It's often hard to find things when you need them in our household.	AGREE	DISAGREE
We fight a lot in our household.	AGREE	DISAGREE
There is one household member who makes most of the decisions.	AGREE	DISAGREE
There is a feeling of togetherness in our household.	AGREE	DISAGREE
We tell each other about our personal problems.	AGREE	DISAGREE
Household members hardly ever lose their tempers.	AGREE	DISAGREE
We come and go as we want in our household.	AGREE	DISAGREE
We believe in competition, and "may the best man win."	AGREE	DISAGREE
We are not that interested in cultural activities.	AGREE	DISAGREE
We often go to the movies, sports events, camping, etc.	AGREE	DISAGREE
We don't believe in heaven or hell.	AGREE	DISAGREE
Being on time is very important in our household.	AGREE	DISAGREE
We don't do things on our own very often in our household.	AGREE	DISAGREE
There are set ways of doing things at home.	AGREE	DISAGREE
We rarely volunteer when things have to be done at home.	AGREE	DISAGREE
If we feel like doing something on the spur of the moment, we just pick up and go.	AGREE	DISAGREE
Household members often criticize each other.	AGREE	DISAGREE
There is little privacy in our household.	AGREE	DISAGREE
We often strive to do things just a little better the next time.	AGREE	DISAGREE
We rarely have intellectual discussions.	AGREE	DISAGREE

Everyone in our household has a hobby or two.	AGREE	DISAGREE
Household members have strict ideas about what is right and wrong.	AGREE	DISAGREE
People change their minds often in our household.	AGREE	DISAGREE
We feel it is important to be the best at whatever we do.	AGREE	DISAGREE
There is a strong emphasis on following rules in our household.	AGREE	DISAGREE
Household members really back each other up.	AGREE	DISAGREE
Someone usually gets upset if you complain in our household.	AGREE	DISAGREE
Household members sometimes hit each other.	AGREE	DISAGREE
Household members almost always rely on themselves when a problem comes up.	AGREE	DISAGREE
Household members rarely worry about job promotions, school grades, etc.	AGREE	DISAGREE
Someone in our household plays a musical instrument.	AGREE	DISAGREE
Household members are not very involved in recreational activities outside work or school.	AGREE	DISAGREE
We believe there are some things you just have to take on faith.	AGREE	DISAGREE
Household members make sure their rooms are neat.	AGREE	DISAGREE
We often talk about politics and social problems.	AGREE	DISAGREE
Everyone has an equal say in household decisions.	AGREE	DISAGREE

There is little group spirit in our household.	AGREE	DISAGREE
Money and paying bills is openly talked about in our household.	AGREE	DISAGREE
When there's a disagreement in our household, we try hard to smooth things over.	AGREE	DISAGREE
Household members strongly encourage each other to stand up for their rights.	AGREE	DISAGREE
In our household, we don't try that hard to succeed.	AGREE	DISAGREE
Household members often go to the library.	AGREE	DISAGREE
Household members sometimes attend courses for some hobby or interest outside school.	AGREE	DISAGREE
In our household each person has different ideas about what is right and wrong.	AGREE	DISAGREE
Each person's duties are clearly defined in our household.	AGREE	DISAGREE
We spend most weekends or evenings together.	AGREE	DISAGREE
We can do whatever we want in our household.	AGREE	DISAGREE
We really get along well with each other.	AGREE	DISAGREE
We are usually careful about what we say to each other.	AGREE	DISAGREE
Household members often try to one-up or out-do each other.	AGREE	DISAGREE
It is hard to be by yourself without hurting someone's feelings in our household.	AGREE	DISAGREE
"Work before play" is the rule in our household.	AGREE	DISAGREE
Watching TV is more important than reading in our household.	AGREE	DISAGREE

Household members go out a lot.	AGREE	DISAGREE
The Bible is a very important book in our home.	AGREE	DISAGREE
Money is not handled very carefully in our household.	AGREE	DISAGREE
Household members attend church, synagogue, or Sunday School fairly often.	AGREE	DISAGREE
Rules are pretty flexible in our household.	AGREE	DISAGREE
There is plenty of time and attention for everyone in our household.	AGREE	DISAGREE
There are a lot of spontaneous discussions in our household.	AGREE	DISAGREE
In our household, we believe you don't ever get anywhere by raising your voice.	AGREE	DISAGREE
Children are not really encouraged to speak up for ourselves in our household.	AGREE	DISAGREE
Household members often are compared with others as to how well they are doing at work or school.	AGREE	DISAGREE
Household members really like art and literature.	AGREE	DISAGREE
The main form of entertainment is watching TV or listening to the radio or CDs.	AGREE	DISAGREE
Household members believe if you sin you will be punished.	AGREE	DISAGREE
Dishes are usually done immediately after dinner.	AGREE	DISAGREE
Activities in our household are pretty carefully planned.	AGREE	DISAGREE
You can't get away with much in our household.	AGREE	DISAGREE

Rosenberg Self-Esteem Scale (RSES)

Please indicate how accurately each of the following statements describes you.

Read the statements and circle your response below.

It is best to rely on the first impression in answering each item.

- 1.) I feel that I am a person of worth, at least on an equal plane with others.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 2.) I feel that I have a number of good qualities.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 3.) All in all, I am inclined to feel that I am failure.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 4.) I am able to do things as well as most people.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 5.) I feel I do not have much to be proud of.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

6.) I take a positive attitude toward myself.

Strongly
Agree
3

Disagree
2

Strongly
Disagree
1

7.) On the whole, I am satisfied with myself.

Strongly
Agree
3

Disagree
2

Strongly
Disagree
1

8.) I wish I could have more respect for myself.

Strongly
Agree
3

Disagree
2

Strongly
Disagree
1

9.) I certainly feel useless at times.

Strongly
Agree
3

Disagree
2

Strongly
Disagree
1

10.) At times I think that I am no good at all.

Strongly
Agree
3

Disagree
2

Strongly
Disagree
1

References

- Moos, R. & Moos, B. (1994). *Family Environment Scale Manual: Development, Applications, Research - Third Edition*. Palo Alto, CA: Consulting Psychologist Press
- Rosenberg, M. (1965). *Society and the adolescent self-image*. Princeton, NJ: Princeton University Press.