

Appendix with References

15 points

Remember that you are writing a research proposal. We will not collect data for your project this semester. Therefore, the appendix and methods sections are describing how you would collect data if you were going to run the study.

Instructions: This document includes all of the surveys/questionnaires that you would use to collect data, if you were going to collect data.

- The first page is a cover page. It should say “Appendix” and include a list of all the items (e.g., table of contents). Also, on the first page, include your name, section number, the title of your proposal, the research question, your independent and your dependent variables.
- Each survey/questionnaire should state on a new page.
- You should ALWAYS collect basic demographic information when you collect data so include a demographic questionnaire that asks for age, gender/sex, and race/ethnicity at the very least (include other relevant information, if necessary).
- At the end, include a separate references page to list the sources of all your materials in APA format.

Formatting: Type this assignment: Each survey should be in the form that the participant would see it. That means that it should be “pretty” and clean - all the questions and response options should be formatted similarly and easy to read and respond. You are acting as if this is the actual packet of surveys that you would hand in to your participants.

The cover page is the first page (see above) and the reference page is the last page.

If your proposal includes interviews then your appendix will include the interview questions.

If your proposal includes observations then your appendix will include an observation checklist.

The appendix does not need to be double spaced (you should include the existing survey as it is). You do not need to write anything in essay format.

Submission and Due time: Submit your work to CatCourses by **11:59 PM on April 14, 2021.**
Pdf format only.

Haiyan Liu
Section 01

Appendix with References (Example Assignment)

Appendix

Table of Contents:

1. Demographics survey
2. Family Environment Scale Questionnaire
3. Rosenberg Self-Esteem Scale

Title: Effects of Childhood Family Conflict on Self-Esteem over the Life Span

Research Question: Do the detrimental effects on self-esteem from experiencing high family conflict during childhood diminish over time?

IV = Experiencing family conflict

DV = Self-Esteem

Thank you for taking the time to participate in our study. For anonymity, please DO NOT WRITE YOUR NAME OR ANY OTHER IDENTIFYING INFORMATION ON THIS SURVEY

For the following please circle or write-in your response

1. What is your sex?
 - a. Male
 - b. Female

2. What is your age (in years)? _____

3. What race/ethnic background do you identify with?
 - a. African American / Black
 - b. Asian American / Pacific Islander
 - c. Caucasian / White
 - d. Hispanic / Latino
 - e. Native American / Alaskan Native
 - f. Other: _____

3. What is your relationship status?
 - a. Single - no relationship
 - b. Coupled - in a dating relationship
 - c. Married
 - d. Other: _____

4. Do you have any children? Yes No

5. Which best describes your living situation?
 - a. Live by myself
 - b. Live with a friend
 - c. Live with parents
 - d. Live with a spouse/significant other
 - e. Other: _____

6. Please give an estimate of your average yearly family income.
\$ _____ / (year) (if you live with your parents please include your parent's income)

Family Environment Scale Questionnaire (FES)

Read the statements and think about your family during your childhood. Indicate response by circling AGREE if it was true for most of the members of your household and DISAGREE if false for most members of your household. If evenly divided decide which is your stronger overall impression of the household as it seemed to you.

| | | |
|---|-------|----------|
| Household members really help and support one another. | AGREE | DISAGREE |
| Household members are rarely ordered around. | AGREE | DISAGREE |
| We often seem to be killing time at home. | AGREE | DISAGREE |
| We say anything we want to around home. | AGREE | DISAGREE |
| Household members rarely become openly angry. | AGREE | DISAGREE |
| In our household, we are strongly encouraged to be independent. | AGREE | DISAGREE |
| Getting ahead in life is very important in our household. | AGREE | DISAGREE |
| We rarely go to lectures, plays, or concerts. | AGREE | DISAGREE |
| Friends often come over for dinner or to visit. | AGREE | DISAGREE |
| We don't say prayers in our household. | AGREE | DISAGREE |
| We are generally very neat and orderly. | AGREE | DISAGREE |
| Household members often keep their feelings to themselves. | AGREE | DISAGREE |
| There are very few rules to follow in our household. | AGREE | DISAGREE |
| We put a lot of energy into what we do at home. | AGREE | DISAGREE |
| It's hard to "blow off steam" at home without upsetting somebody. | AGREE | DISAGREE |
| Household members sometimes get so angry they throw things. | AGREE | DISAGREE |
| We work things out for ourselves in our household. | AGREE | DISAGREE |
| How much money a person makes is not very important to us. | AGREE | DISAGREE |
| Learning about new and different things is very important in our household. | AGREE | DISAGREE |

| | | |
|--|-------|----------|
| Nobody in our household is very active in sports, Little League, bowling, etc. | AGREE | DISAGREE |
| We often talk about the religious meaning of Christmas, Passover, or other holidays. | AGREE | DISAGREE |
| It's often hard to find things when you need them in our household. | AGREE | DISAGREE |
| We fight a lot in our household. | AGREE | DISAGREE |
| There is one household member who makes most of the decisions. | AGREE | DISAGREE |
| There is a feeling of togetherness in our household. | AGREE | DISAGREE |
| We tell each other about our personal problems. | AGREE | DISAGREE |
| Household members hardly ever lose their tempers. | AGREE | DISAGREE |
| We come and go as we want in our household. | AGREE | DISAGREE |
| We believe in competition, and "may the best man win." | AGREE | DISAGREE |
| We are not that interested in cultural activities. | AGREE | DISAGREE |
| We often go to the movies, sports events, camping, etc. | AGREE | DISAGREE |
| We don't believe in heaven or hell. | AGREE | DISAGREE |
| Being on time is very important in our household. | AGREE | DISAGREE |
| We don't do things on our own very often in our household. | AGREE | DISAGREE |
| There are set ways of doing things at home. | AGREE | DISAGREE |
| We rarely volunteer when things have to be done at home. | AGREE | DISAGREE |
| If we feel like doing something on the spur of the moment, we just pick up and go. | AGREE | DISAGREE |
| Household members often criticize each other. | AGREE | DISAGREE |
| There is little privacy in our household. | AGREE | DISAGREE |
| We often strive to do things just a little better the next time. | AGREE | DISAGREE |
| We rarely have intellectual discussions. | AGREE | DISAGREE |

| | | |
|---|-------|----------|
| Everyone in our household has a hobby or two. | AGREE | DISAGREE |
| Household members have strict ideas about what is right and wrong. | AGREE | DISAGREE |
| People change their minds often in our household. | AGREE | DISAGREE |
| We feel it is important to be the best at whatever we do. | AGREE | DISAGREE |
| There is a strong emphasis on following rules in our household. | AGREE | DISAGREE |
| Household members really back each other up. | AGREE | DISAGREE |
| Someone usually gets upset if you complain in our household. | AGREE | DISAGREE |
| Household members sometimes hit each other. | AGREE | DISAGREE |
| Household members almost always rely on themselves when a problem comes up. | AGREE | DISAGREE |
| Household members rarely worry about job promotions, school grades, etc. | AGREE | DISAGREE |
| Someone in our household plays a musical instrument. | AGREE | DISAGREE |
| Household members are not very involved in recreational activities outside of work or school. | AGREE | DISAGREE |
| We believe there are some things you just have to take on faith. | AGREE | DISAGREE |
| Household members make sure their rooms are neat. | AGREE | DISAGREE |
| We often talk about politics and social problems. | AGREE | DISAGREE |
| Everyone has an equal say in household decisions. | AGREE | DISAGREE |

| | | |
|---|-------|----------|
| There is little group spirit in our household. | AGREE | DISAGREE |
| Money and paying bills is openly talked about in our household. | AGREE | DISAGREE |
| When there's a disagreement in our household, we try hard to smooth things over. | AGREE | DISAGREE |
| Household members strongly encourage each other to stand up for their rights. | AGREE | DISAGREE |
| In our household, we don't try that hard to succeed. | AGREE | DISAGREE |
| Household members often go to the library. | AGREE | DISAGREE |
| Household members sometimes attend courses for some hobby or interest outside school. | AGREE | DISAGREE |
| In our household each person has different ideas about what is right and wrong. | AGREE | DISAGREE |
| Each person's duties are clearly defined in our household. | AGREE | DISAGREE |
| We spend most weekends or evenings together. | AGREE | DISAGREE |
| We can do whatever we want in our household. | AGREE | DISAGREE |
| We really get along well with each other. | AGREE | DISAGREE |
| We are usually careful about what we say to each other. | AGREE | DISAGREE |
| Household members often try to one-up or out-do each other. | AGREE | DISAGREE |
| It is hard to be by yourself without hurting someone's feelings in our household. | AGREE | DISAGREE |
| "Work before play" is the rule in our household. | AGREE | DISAGREE |
| Watching TV is more important than reading in our household. | AGREE | DISAGREE |

| | | |
|---|-------|----------|
| Household members go out a lot. | AGREE | DISAGREE |
| The Bible is a very important book in our home. | AGREE | DISAGREE |
| Money is not handled very carefully in our household. | AGREE | DISAGREE |
| Household members attend church, synagogue, or Sunday School fairly often. | AGREE | DISAGREE |
| Rules are pretty flexible in our household. | AGREE | DISAGREE |
| There is plenty of time and attention for everyone in our household. | AGREE | DISAGREE |
| There are a lot of spontaneous discussions in our household. | AGREE | DISAGREE |
| In our household, we believe you don't ever get anywhere by raising your voice. | AGREE | DISAGREE |
| We are not really encouraged to speak up for ourselves in our household. | AGREE | DISAGREE |
| Household members often are compared with others as to how well they are doing at work or school. | AGREE | DISAGREE |
| Household members really like art and literature. | AGREE | DISAGREE |
| The main form of entertainment is watching TV or listening to the radio or CDs. | AGREE | DISAGREE |
| Household members believe if you sin you will be punished. | AGREE | DISAGREE |
| Dishes are usually done immediately after dinner. | AGREE | DISAGREE |
| Activities in our household are pretty carefully planned. | AGREE | DISAGREE |
| You can't get away with much in our household. | AGREE | DISAGREE |

Rosenberg Self-Esteem Scale (RSES)

Please indicate how accurately each of the following statements describes you.

Read the statements and circle your response below.

It is best to rely on the first impression in answering each item.

- 1.) I feel that I am a person of worth, at least on an equal plane with others.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 2.) I feel that I have a number of good qualities.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 3.) All in all, I am inclined to feel that I am failure.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 4.) I am able to do things as well as most people.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

- 5.) I feel I do not have much to be proud of.

**Strongly
Agree
3**

**Disagree
2**

**Strongly
Disagree
1**

6.) I take a positive attitude toward myself.

| | | |
|-----------------|-----------------|-----------------|
| Strongly | | Strongly |
| Agree | Disagree | Disagree |
| 3 | 2 | 1 |

7.) On the whole, I am satisfied with myself.

| | | |
|-----------------|-----------------|-----------------|
| Strongly | | Strongly |
| Agree | Disagree | Disagree |
| 3 | 2 | 1 |

8.) I wish I could have more respect for myself.

| | | |
|-----------------|-----------------|-----------------|
| Strongly | | Strongly |
| Agree | Disagree | Disagree |
| 3 | 2 | 1 |

9.) I certainly feel useless at times.

| | | |
|-----------------|-----------------|-----------------|
| Strongly | | Strongly |
| Agree | Disagree | Disagree |
| 3 | 2 | 1 |

10.) At times I think that I am no good at all.

| | | |
|-----------------|-----------------|-----------------|
| Strongly | | Strongly |
| Agree | Disagree | Disagree |
| 3 | 2 | 1 |

References

- Moos, R. & Moos, B. (1994). *Family Environment Scale Manual: Development, Applications, Research - Third Edition*. Palo Alto, CA: Consulting Psychologist Press
- Rosenberg, M. (1965). *Society and the adolescent self-image*. Princeton, NJ: Princeton University Press.