



Name: _____ Score: _____

Year and Section: _____ Date: _____

A. List down at least five (5) of your traits under each of the categories provided below. Then, identify the possible source/s of these traits by ranking the influence of the different factors (4 as the highest, and 1 being the lowest).

Traits	Factors of Self or Identity			
	Social	Environmental	Hereditary	Personal-Volition
Physical appearance (e.g., tall, has pointed nose, long arm)				
1.				
2.				
3.				
4.				
5.				
Emotional expressions (e.g., warm, cheerful, irritable)				
1.				
2.				
3.				
4.				
5.				
Interpersonal relationship (e.g., caring, friendly, aloof)				
1.				
2.				
3.				
4.				
5.				

Reflect on the results of your ranking:



B. Answer the following:

1. Differentiate nature and nurture.

2. Differentiate self and identity.

3. What is personal-volition and why it is considered controversial of all the factors of identity?



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