



# ARMED FORCES OF PAKISTAN

Topic WAT(WORD ASSOCIATION TEST)

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WAT is a test of personality and mental function in which a candidate is required to respond to each of the words with first response that comes to his mind. Its believed that such responses provided clues to peoples' personalities Word associations are almost always based on a word's meaning, as opposed to its physical properties. For example, a typical response to the word

KNIFE might be FORK or perhaps SPOON, but not WIFE or LIFE. The candidate may therefore need to focus on common and sensible association.

## How Word Word Association Test is Conducted

Word Association Test is also abbreviated as WAT and is part of ISSB Psychological Test. In this test, candidates are shown a word of common usage for about 10 seconds, with the help of projector. During which time candidates are supposed to write a sentence. After 10 seconds are over, another word is exposed for 9-10 seconds, the process continues and candidates are asked to write 100 sentences.

## What is Tested in Word Association Test

- By analyzing the words association of a person, they get to know what kind of person you are, what are your beliefs and dislikes, how do you behave to your surroundings and what is inside you.

- This test aims at judging the personality traits and basic psychology of a candidate. It brings out attitudes, thoughts, desires, feelings and even negative aspects of one's personality.
- The tests are not meant to check traits (<http://issb.com.pk/guideline.html>). Importantly following aspects:
  - One's ability to handle stress.
  - Planning ability / responsibility, so as to complete the given assignment.
  - Logic, determination. diversity and imagination.

### What Point should be Kept in view for Practice of Word Association Test

- To do well in these tests, the candidate must “present true personality”.
- Make short yet purposeful sentences. Practice to perfect this aspect.
- Read words carefully don't panic.
- Try to produce error free work.

- Try to create suitable co-relation / association.
- Use you knowledge in your expression but remember, its not General Knowledge test.
- Try to bring out your exposures in various fields.
- Be natural, don't be obsessed with idea of proving yourself positive.
- Avoid Stereo Typed Approach
- Try to be practical, current and not bookish.

## Ten things to be Avoided in WAT

1. Overthinking: respond quicker, don't keep thinking to gain glory.
2. Artificiality: Be true to yourself, don't interpret positivity incorrectly.

3. Memorization/ use ready made words.
  4. Completely descriptive and bookish.
  5. Trying to associate every word with Defense Forces/ Army. Being single tracked is not good.
  6. Not being readable.
  7. Being obsessed of not writing certain words or sentences (and do's and don't).
  8. Worrying about the beauty of the sentence, concentrate on the correct ideas.
  9. Not checking own sentence after writing in practice sessions.
  10. Not doing real time / timed practice.
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### Sample Word Association Sentences

Courage – It needs courage to fight

Fly – Eagle flies magnificently

Work – Work is worship

Ant – A hardworking Insect

Sleep – Loss of time

Time – Time is precious

Always – be punctual

Child – Father of every man

Sun – source of energy for all

Work – Work is worship

Hijack – Commandos overpower hijackers

Weak – Brave man defeat weakness

Break: Records are meant to be broken.

Deteriorate: Corruption deteriorates economy.

Hesitation: Practice overcomes Hesitation.

Prectice no 1

1. Accept. ....

2. Work.....

3. Atom.....

4. Country.....
5. Army.....
6. Step.....
7. Company.....
8. Love.....
9. Duty.....
10. Girl.....
11. Eat.....
12. Decide.....
13. Beat.....
14. Fight.....
15. Lie.....
16. Give.....
17. Enjoy.....
18. Bright.....
19. Careful.....
20. Success.....
21. Trust.....
22. Solve.....
23. Story.....
24. Break.....
25. Fear.....
26. Defeat.....
27. Enemy.....



- 28. Garden.....
- 29. Faith.....
- 30. Help.....
- 31. Cinema.....
- 32. Money.....
- 33. Peace.....
- 34. Fine.....
- 35. Delay.....
- 36. Character.....
- 37. Travel.....
- 38. Money.....
- 39. Peace.....
- 40. Fine.....
- 41. Delay.....
- 42. Travel.....
- 43. Ghost.....
- 44. Respect.....
- 45. Duty.....
- 46. Life.....
- 47. Poor.....
- 48. Use.....
- 49. Climb.....
- 50. Problem.....
- 51. Attempt.....

- 52. Happy.....
- 53. Books.....
- 54. Rest.....
- 55. Short.....
- 56. Design.....
- 57. Co-operative.....
- 58. Discipline.....
- 59. Pain.....
- 60. Plan.....
- 61. Step.....
- 62. Climb.....
- 63. Life.....
- 64. Win.....
- 65. Honesty.....
- 66. Machine.....
- 67. Afraid.....
- 68. Lead.....
- 69. Think.....
- 70. Hobby.....
- 71. Obtain.....
- 72. Idea.....
- 73. Religion.....
- 74. Morality.....
- 75. Innovation.....

- 76. Beat.....
- 77. Punctuality.....
- 78. Continuous.....
- 79. Protect.....
- 80. Task.....
- 81. Slip.....
- 82. Drop.....
- 83. Snake.....
- 84. Award.....
- 85. Achieve.....
- 86. Assist.....
- 87. Action.....
- 88. Agree.....
- 89. Avoid.....
- 90. Alone.....
- 91. Ambition.....
- 92. Appeal.....
- 93. Air.....
- 94. Arrived.....
- 95. Bad.....
- 96. Blood.....
- 97. Book.....
- 98. Beautiful.....
- 99. Cut.....

100. Copy.....

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## PRECTICE TEET NO 2

1. Peep.....
2. Love.....
3. Garden.....
4. Soldier.....
5. Brave.....
6. Find.....
7. Honey.....
8. Thrill.....
9. Threat.....
10. Understand.....
11. Officer.....
12. Ground.....
13. Loud.....
14. Tension.....
15. Bold.....

16. Withdraw.....
17. Select.....
18. Pity.....
19. Pretty.....
20. Girl.....
21. Temper.....
22. Thunder.....
23. Enemy.....
24. Like.....
25. Courage.....
26. Boy.....
27. Home.....
28. Foot.....
29. Gun.....
30. Powder.....
31. Duty.....
32. Company.....
33. Risk.....
34. Father.....
35. Character.....
36. Peace.....
37. Fight.....
38. Poor.....
39. Army.....

40. Faith.....
41. Secure.....
42. Impossible.....
43. Grace.....
44. Powder.....
45. Mutation.....
46. Burn.....
47. Bomb.....
48. Fate.....
49. Shy.....
50. Expected.....
51. Enemy.....
52. Faith.....
53. Help.....
54. Cinema.....
55. Money.....
56. Peace.....
57. Sacrifice.....
58. Young.....
59. Old.....
60. Die.....
61. Pain.....
62. Beautiful.....
63. tension.....

- 64. Bold.....
- 65. Gun.....
- 66. Kill.....
- 67. Ground.....
- 68. Flat.....
- 69. Trembling.....
- 70. Night.....
- 71. Remember.....
- 72. Influence.....
- 73. Bad.....
- 74. Honor.....
- 75. Dismiss.....
- 76. Illegal.....
- 77. Cheap.....
- 78. Enjoy.....
- 79. Social.....
- 80. Flow.....
- 81. Dark.....
- 82. Probe.....
- 83. Punishment.....
- 84. Ugly.....
- 85. Beautiful.....
- 86. Discuss.....
- 87. Steal.....

- 88. Decent.....
- 89. Shake.....
- 90. Glow.....
- 91. Shine.....
- 92. Blow.....
- 93. Stranger.....
- 94. Lie.....
- 95. Style.....
- 96. Key.....
- 97. Lock.....
- 98. Conflict.....
- 99. Distance.....
- 100. Share.....

### PRECTICE TEET NO 3

- 1. Attack: .....
- 2. Home: .....
- 3. Afraid: .....
- 4. Home: .....
- 5. Able: .....
- 6. Excuse: .....
- 7. Luck: .....
- 8. Knife: .....
- 9. Encourage: .....
- 10. Danger: .....



- 11. Family: .....
- 12. Officer: .....
- 13. Agree: .....
- 14. Sad: .....
- 15. Soldier: .....
- 16. Cannot: .....
- 17. Drink: .....
- 18. Begin: .....
- 19. Holiday: .....
- 20. Discipline: .....
- 21. Playground: .....
- 22. Fellow: .....
- 23. Dictatorship: .....
- 24. Save: .....
- 25. Sick: .....
- 26. War: .....
- 27. Alone: .....
- 28. Father: .....
- 29. System: .....
- 30. Make: .....
- 31. Work: .....
- 32. Difficulty: .....
- 33. Health: .....
- 34. Impossible: .....
- 35. Lonely: .....
- 36. Affection: .....

- 37. Sympathy: .....
- 38. Company: .....
- 39. Courage: .....
- 40. Meet: .....
- 41. Secure: .....
- 42. Responsibility: .....
- 43. Love: .....
- 44. Sports: .....
- 45. Responsible: .....
- 46. Tried: .....
- 47. Boat: .....
- 48. Failure: .....
- 49. Science: .....
- 50. Peace: .....
- 51. Sky: .....
- 52. Goal: .....
- 53. Busy: .....
- 54. Mother: .....
- 55. Save; .....
- 56. Urge: .....
- 57. False: .....
- 58. Knowledge: .....
- 59. Sleep; .....
- 60. Unfair; .....
- 61. Sister; .....
- 62. Cannot; .....

- 63. Project; .....
- 64. Regular; .....
- 65. Advantage; .....
- 66. Climb; .....
- 67. Now; .....
- 68. Tie; .....
- 69. Flow; .....
- 70. Light; .....
- 71. Pressure; .....
- 72. Dig; .....
- 73. Sink; .....
- 74. Co-operative; .....
- 75. Change; .....
- 76. Coward; .....
- 77. Decide; .....
- 78. Rest; .....
- 79. Avoid; .....
- 80. Shine; .....
- 81. Rumor; .....
- 82. Humble; .....
- 83. Defender; .....
- 84. Time; .....
- 85. Easy; .....
- 86. Take; .....
- 87. Natural; .....
- 88. Talk; .....

- 89. Revenge; .....
- 90. Serious; .....
- 91. Shine; .....
- 92. Democracy; .....
- 93. Award; .....
- 94. Withdraw; .....
- 95. Defeat; .....
- 96. Snake; .....
- 97. Music; .....
- 98. Army; .....
- 99. Use; .....
- 100. Help; .....

#### PRECTICE TEET NO 4

- 1. Interest; .....
- 2. Fast; .....
- 3. Train; .....
- 4. Train; .....
- 5. Reaction; .....
- 6. Health; .....
- 7. Reaction; .....
- 8. Fortune; .....

- 9. Merry; .....
- 10. Find; .....
- 11. Differ; .....
- 12. Light; .....
- 13. Victory; .....
- 14. Trail; .....
- 15. Marching; .....
- 16. Lose; .....
- 17. Meet; .....
- 18. Simple; .....
- 19. Rent; .....
- 20. Jump; .....
- 21. Secret; .....
- 22. Hate; .....
- 23. Pretest; .....
- 24. Fond; .....
- 25. Sacrifice; .....
- 26. Disagree; .....
- 27. Misfortune; .....
- 28. Choose; .....
- 29. Genuine; .....
- 30. Pick; .....
- 31. Efficiency; .....
- 32. Childhood; .....
- 33. Death; .....
- 34. Brace; .....

- 35. War; .....
- 36. Foreign; .....
- 37. Admire; .....
- 38. Advice; .....
- 39. Coward; .....
- 40. Shoot; .....
- 41. Unable; .....
- 42. Puzzle; .....
- 43. Criticism; .....
- 44. Keen; .....
- 45. Organization; .....
- 46. Progress; .....
- 47. Confuse; .....
- 48. Begin; .....
- 49. Adopt; .....
- 50. Loyal; .....
- 51. Pleasure; .....
- 52. Stop; .....
- 53. Struggle; .....
- 54. Gallant; .....
- 55. Insist; .....
- 56. Life; .....
- 57. Football; .....
- 58. Punish; .....
- 59. Worry; .....
- 60. Provide; .....

- 61. Society; .....
- 62. Need; .....
- 63. Job; .....
- 64. Color; .....
- 65. Bright; .....
- 66. King; .....
- 67. Sex; .....
- 68. Bold; .....
- 69. Leader; .....
- 70. Sincere; .....
- 71. Will; .....
- 72. Education; .....
- 73. Risk; .....
- 74. Run; .....
- 75. Wife; .....
- 76. Note; .....
- 77. Keep; .....
- 78. Follow; .....
- 79. Fever; .....
- 80. Hope; .....
- 81. Overcome; .....
- 82. Reform; .....
- 83. Fair; .....
- 84. Haste; .....
- 85. Strange; .....
- 86. Blunt; .....

- 87. Annoy; .....
- 88. Wisdom; .....
- 89. Persuade; .....
- 90. Zeal; .....
- 91. Compel; .....
- 92. Service; .....
- 93. Injustice; .....
- 94. Possible; .....
- 95. Future; .....
- 96. Old; .....
- 97. Weak; .....
- 98. Strength; .....
- 99. Suicide: .....
- 100. Win: .....

## PRECTICE TEET NO 5

1. Hard.....
2. Annoy.....
3. Angry.....
4. Time.....
5. Enough.....
6. Help.....
7. Nothing.....
8. Doubt.....
9. Believe.....



10. Sea.....
11. Lips.....
12. Weak.....
13. Agency.....
14. Call.....
15. Pluck.....
16. Feel.....
17. Key.....
18. Admire.....
19. Admit.....
20. Deep.....
21. Kidnap.....
22. Investigation.....
23. Legs.....
24. Cream.....
25. Pinch.....
26. Arrest.....
27. Gay.....
28. Epic.....
29. Sweet.....
30. Hot.....
31. Never.....
32. Solve.....
33. Impossible.....
34. Tough.....
35. Knife.....

- 36. Blood.....
- 37. Loyal.....
- 38. Liberal.....
- 39. Army.....
- 40. Face.....
- 41. Defeat.....
- 42. Pity.....
- 43. Arrange.....
- 44. Attempt.....
- 45. Drink.....
- 46. Mine.....
- 47. Conflict.....
- 48. Coward.....
- 49. Dig.....
- 50. Night.....
- 51. Tension.....
- 52. Fall.....
- 53. Tear.....
- 54. Unfair.....
- 55. Trouble.....
- 56. Wife.....
- 57. Pain.....
- 58. Avoid.....
- 59. Murder.....
- 60. Drink.....
- 61. Shock.....

- 62. Rumor.....
- 63. Atom.....
- 64. Sad.....
- 65. Family.....
- 66. Gay.....
- 67. Fear.....
- 68. Bold.....
- 69. Appeal.....
- 70. Persuade.....
- 71. Fair.....
- 72. Overcome.....
- 73. Danger.....
- 74. Dictatorship.....
- 75. Kill Zeal.....
- 76. Wisdom.....
- 77. Wrong.....
- 78. Mistake.....
- 79. Warm.....
- 80. Officer.....
- 81. Alone.....
- 82. Sex.....
- 83. Hot.....
- 84. Tension.....
- 85. Injustice.....
- 86. Dislike.....
- 87. Risk.....

- 88. Lie.....
- 89. Pain.....
- 90. Smoke.....
- 91. Oppose.....
- 92. Burn.....
- 93. Bow.....
- 94. Opposite.....
- 95. Habit.....
- 96. Advice.....
- 97. Death.....
- 98. Shoot.....
- 99. Defeat.....
- 100. Problem.....

NOTE DON'T TRY TO COPY SENTENCES. THEY ARE JUST FOR IDEA.

1. Accept: I accept the rules
2. Work: Aslam works very hard
3. Atom: Hydrogen is an atom
4. Country: Pakistan is my favorite country
5. Army: Pakistan army is the best
6. Step: take one step more
7. Company: Hussain is in a foreign company
8. Love: I love my parents
9. Duty: my father does his duty honestly
10. Girl: I saw a little girl going to school
11. Eat: eat the meal
12. Decide: We decided to go Swat
13. Beat: the teacher didn't beat him
14. Fight: we will fight for our country
15. Lie: I have got rid of lie
16. Give: give me the English notebook
17. Enjoy: do your duty and enjoy your life
18. Bright: I'm trying for a bright future
19. Careful: he is a careful driver
20. Success: hardworking gives success
21. Trust: trust on Allah

22. Solve: I solved 10 questions
23. Story: the story of his success is interesting
24. Break: he didn't break the signal
25. Fear: I didn't fear from the dog
26. Defeat: we will defeat polio
27. Enemy: our common enemy is ignorance
28. Garden: I like the garden of my college
29. Faith: faith is a divine point of Quaid's idea
30. Help: always help the poor
31. Cinema: we watched the match on cinema screen
32. Money: today I have no money
33. Peace: may Allah bestow us peace
34. Fine: It is a fine day
35. Delay: don't delay? wore that 20 with
36. Character: keep your character clean
37. Travel: my father traveled to Lahore
38. Money: my mother gave me money for pocket
39. Peace: peace is our 1st ideology
40. Fine: he is fine now
41. Delay: the train didn't delay?
42. Travel: we will travel to Karachi next month
43. Ghost: inform the govt. about the ghost-schools
44. Respect: respect your elders
45. Duty: my duty is dear to me
46. Life: life is the name of motion

47. Poor: he remains no more poor
48. Use: I can use the computer
49. Climb: monkey is climbing on the roof
50. Problem: Ali can solve the problem quickly
51. Attempt: I attempted all the questions
52. Happy: toda? I'm happy?
53. Books: books are best friends
54. Rest: do some rest for the best work
55. Short: the time of paper was short
56. Design: this Dar's design is DharwiYg
57. Co-operative: be a co-operative with police
58. Discipline: follow the discipline
59. Pain: my pain is now ended
60. Plan: this plan is better
61. Step: my home is 10 step far from the school
62. Climb: I can climb on the tree
63. Life: my life is full of joy
64. Win: we have to win the game
65. Honesty: do your duty with honesty
66. Machine: car is a useful machine
67. Afraid: he is not afraid of danger
68. Lead: he led me to the park
69. Think: I haven't thought about failure
70. Hobby: my hobby is playing cricket
71. Obtain: Junaid obtained A grade

72. Idea: I give the idea for visit
73. Religion: my religion is Islam
74. Morality: morality is the sole of my religion
75. Innovation: Islam doesn't resist innovation
76. Beat: Pakistan beat India in one-day series
77. Punctuality: our class showed punctuality
78. Continuous: Muhammad is going school continuously
79. Protect: protect yourself from diseases
80. Task: Shahid completed the task of teacher
81. Slip: my slip for exam is received
82. Drop: I drop my friend to the home
83. Snake: I saw a snake in the garden
84. Award: today I received an award
85. Achieve: I have achieved 1st position in class
86. Assist: Ahmad is assisting me in job
87. Action: his action is full of happiness
88. Agree: I will agree to you
89. Avoid: avoid the bad habits
90. Alone: Ali went alone
91. Ambition: I have the ambition of win
92. Appeal: the player appealed for out
93. Air: PAF is the force of air
94. Arrived: my father has arrived home
95. Bad: he has left his bad habits
96. Blood: my blood group is B+
97. Book: Quran is the book of Allah



98. Beautiful: Murre is a beautiful place

99. Cut: cut the apple

100. Copy: Give me copy of your notes

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