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Daily Goals

CALORIES

PROTEINS

CARBS

FATS

TOTAL INTAKE

2000 kcal

80.0 g

100.0 g

100.0 g

2280.00 g

Consumed

CALORIES

PROTEINS

CARBS

FATS

TOTAL INTAKE

213.23 kcal

5.64 g

33.60 g

6.87 g

259.34 g

Recommended Meals

No meal suggestions available

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