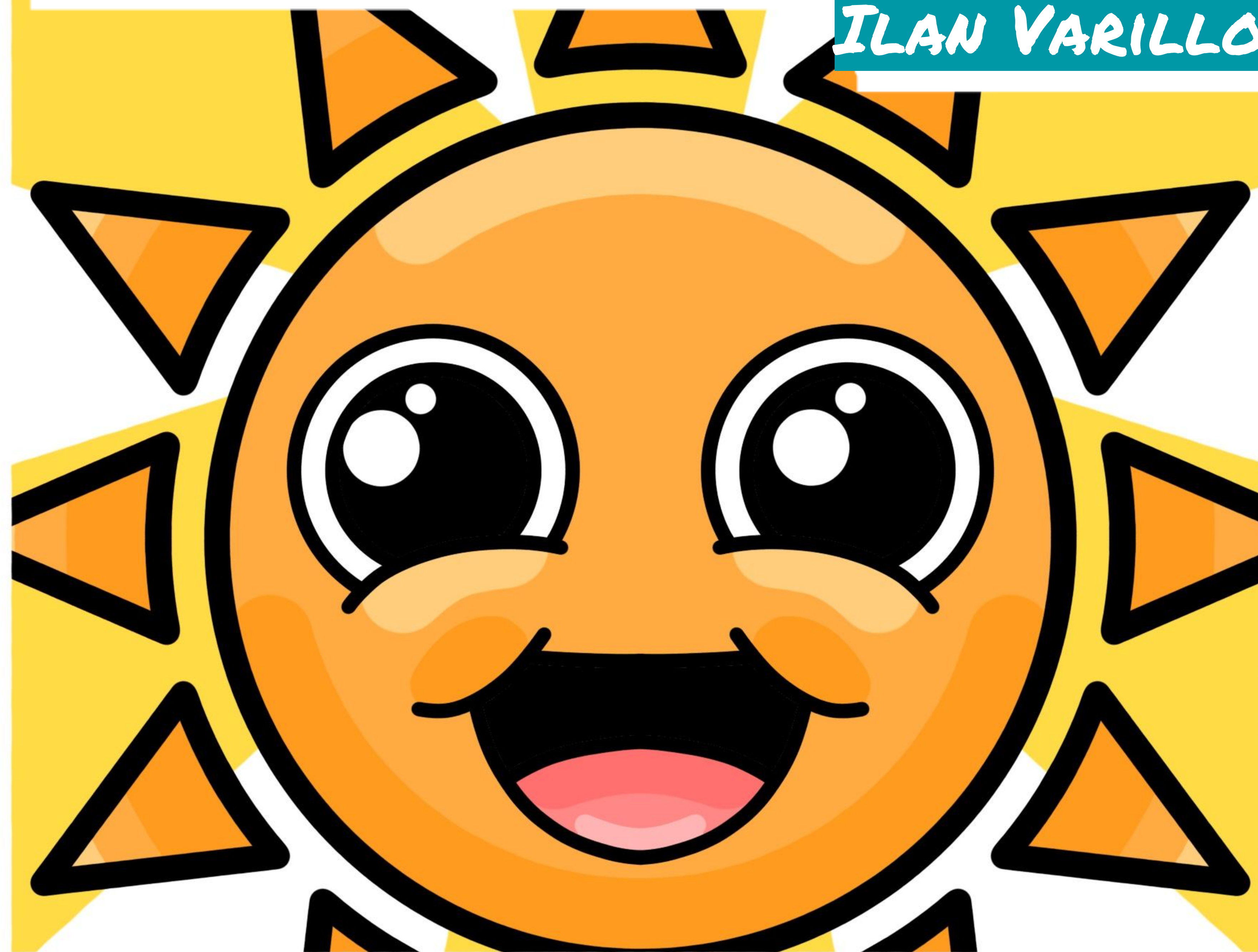
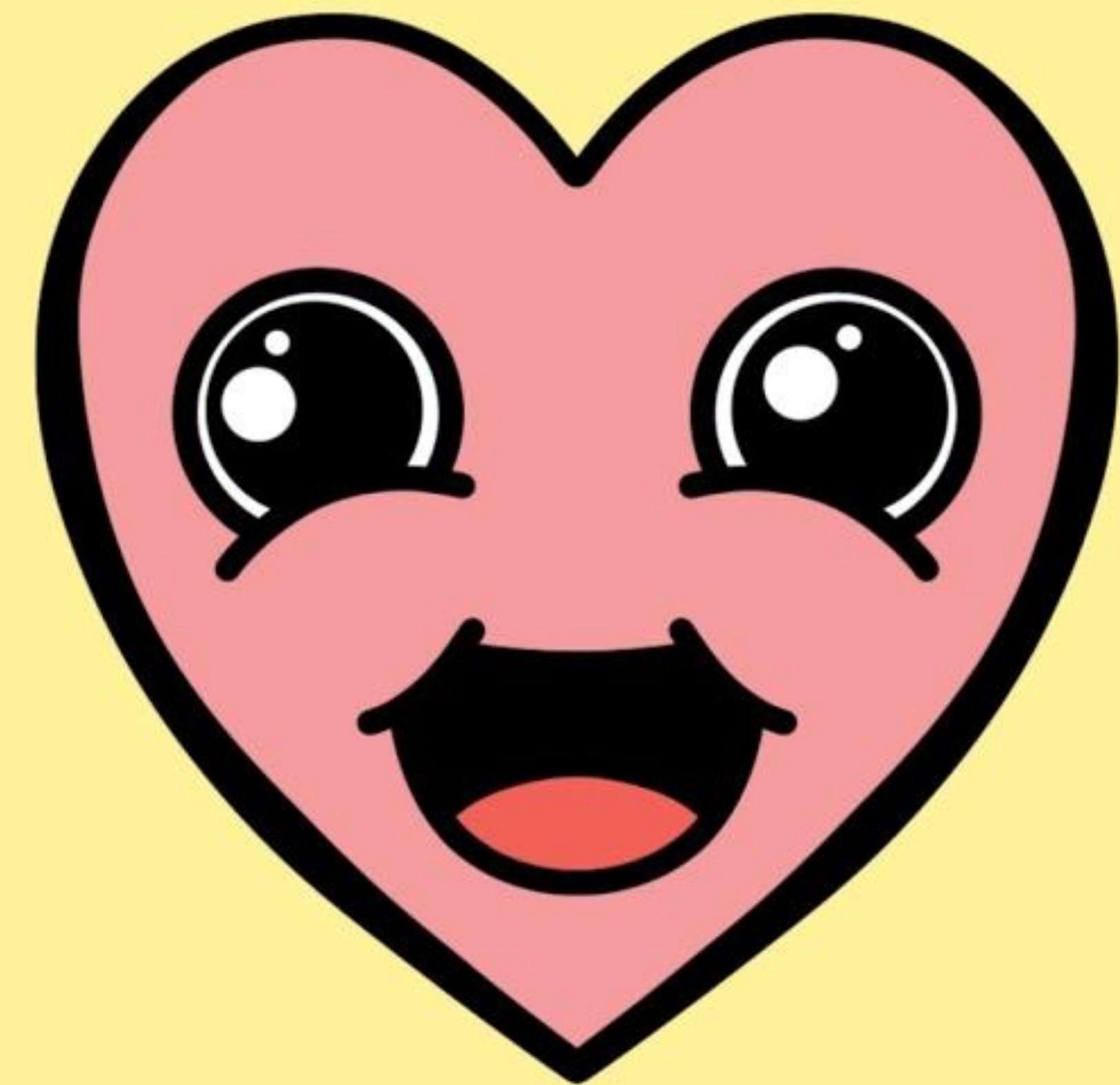
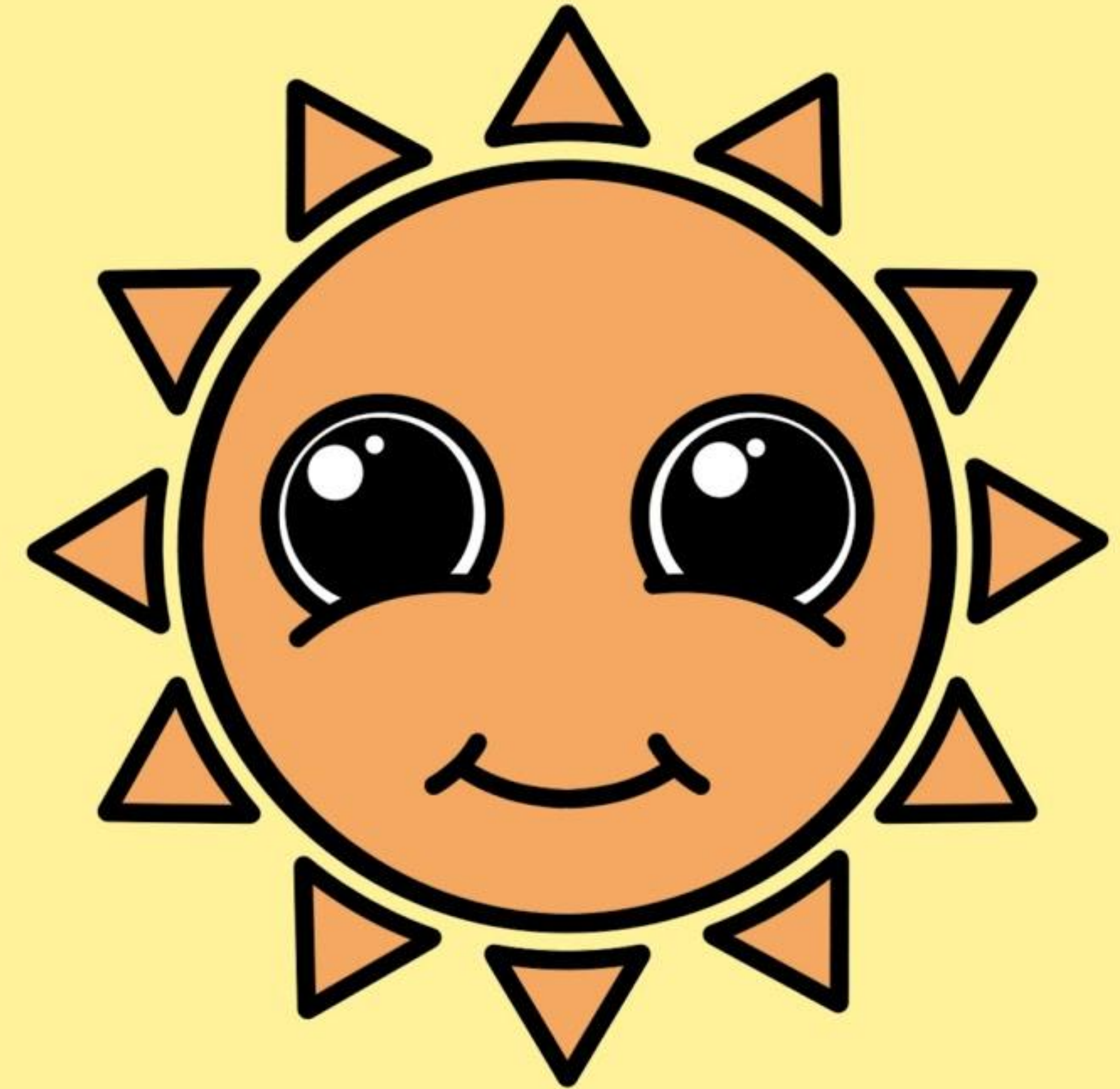


LA COLÈRE

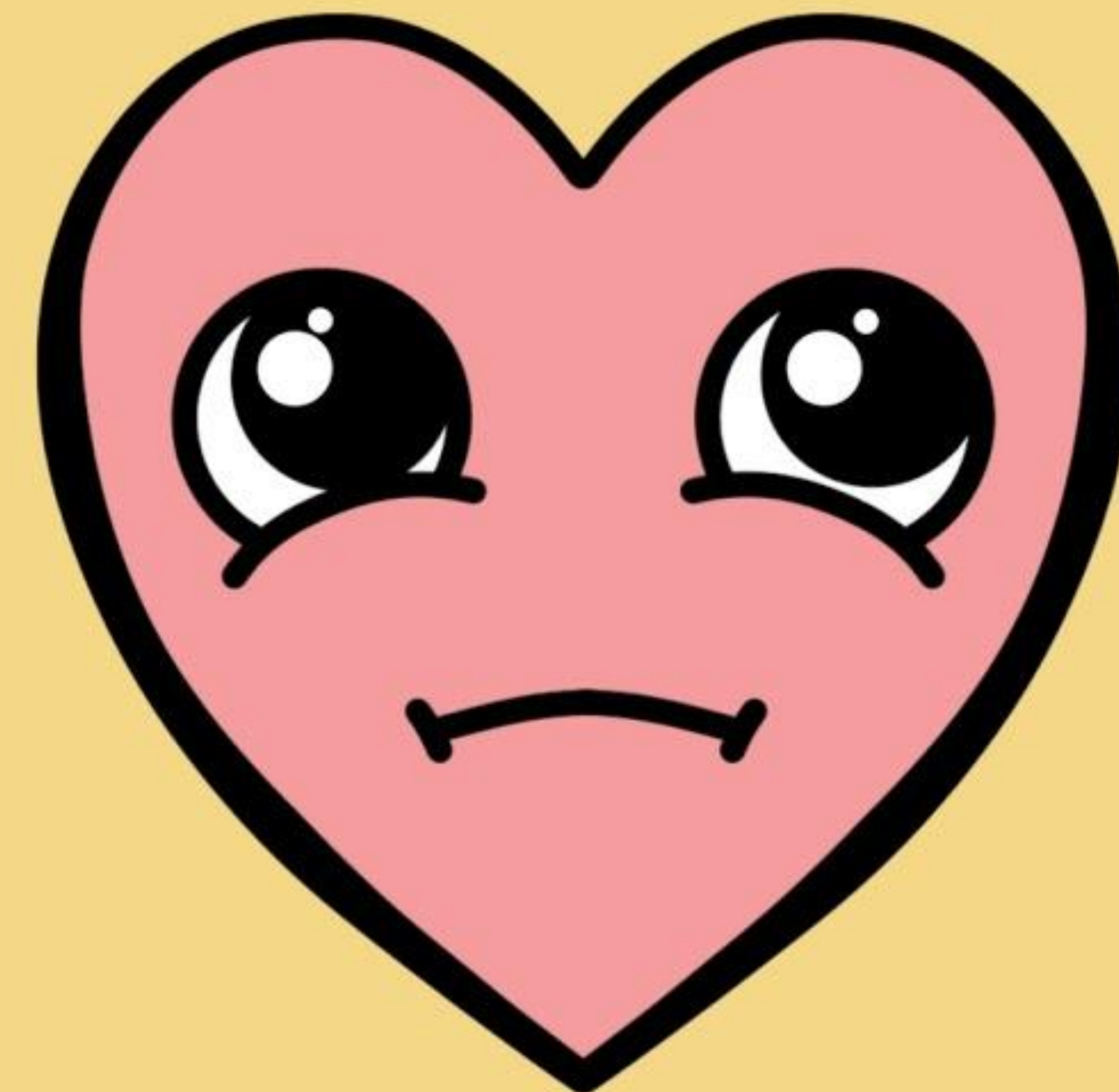
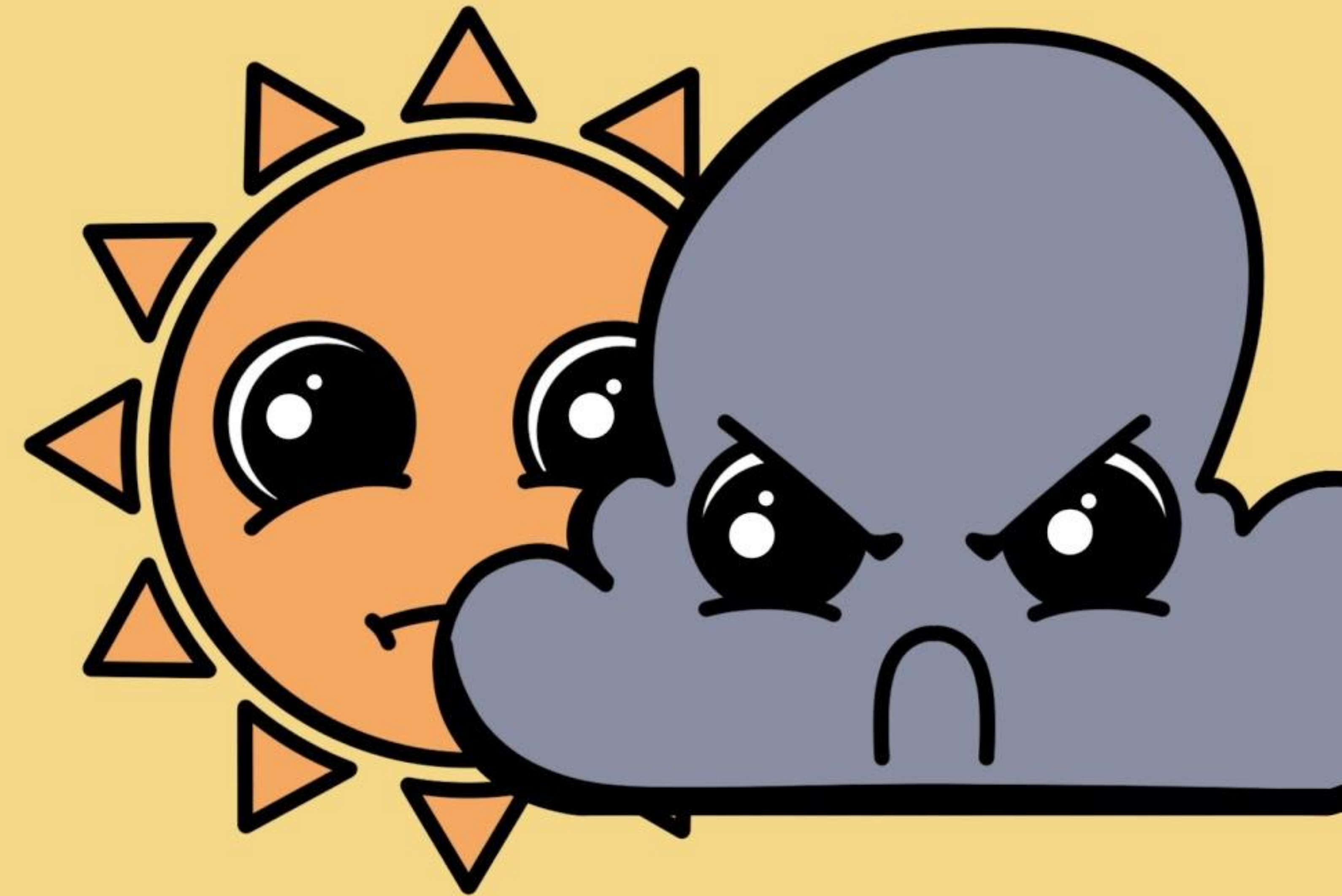
ILAN VARILLON



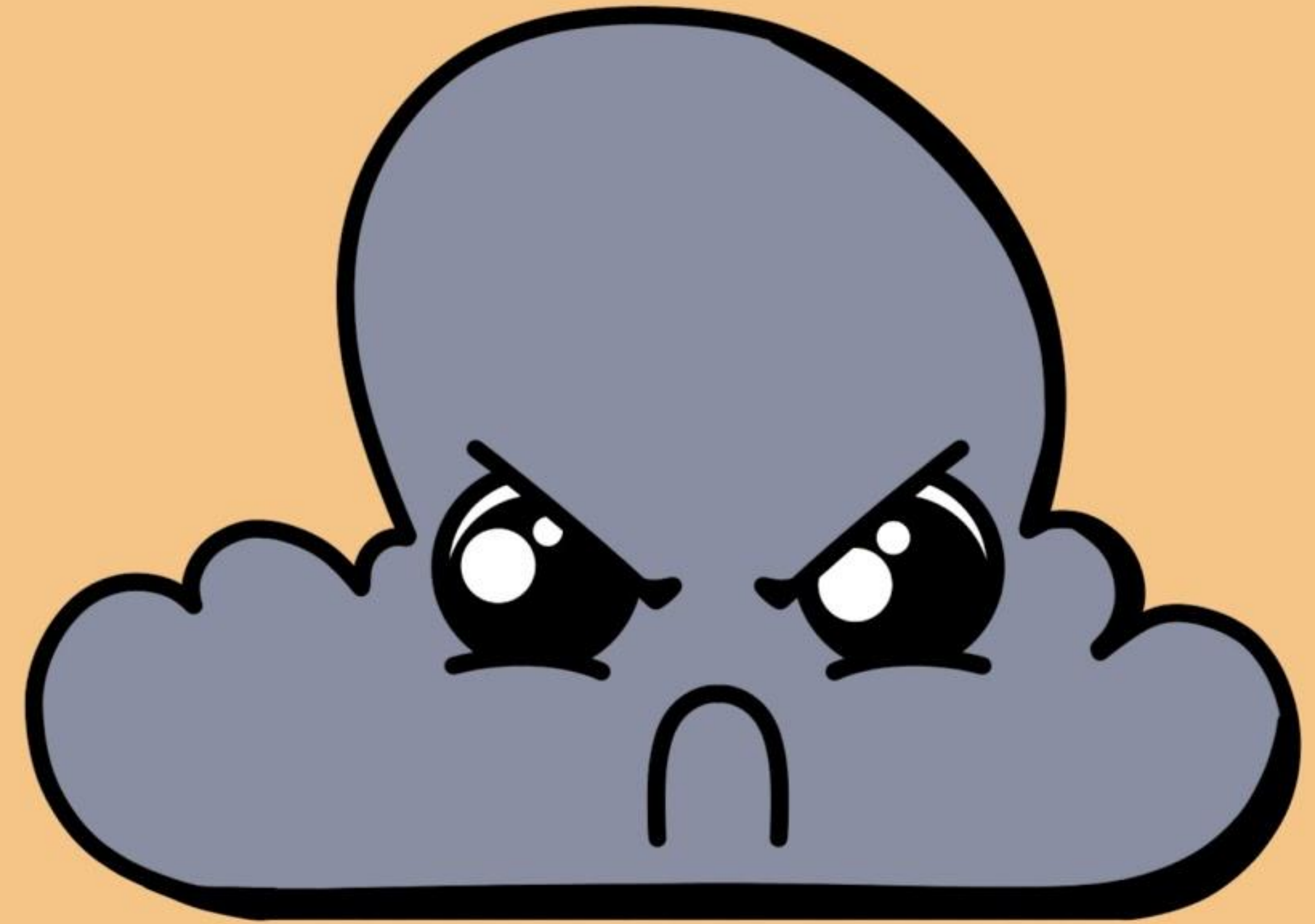
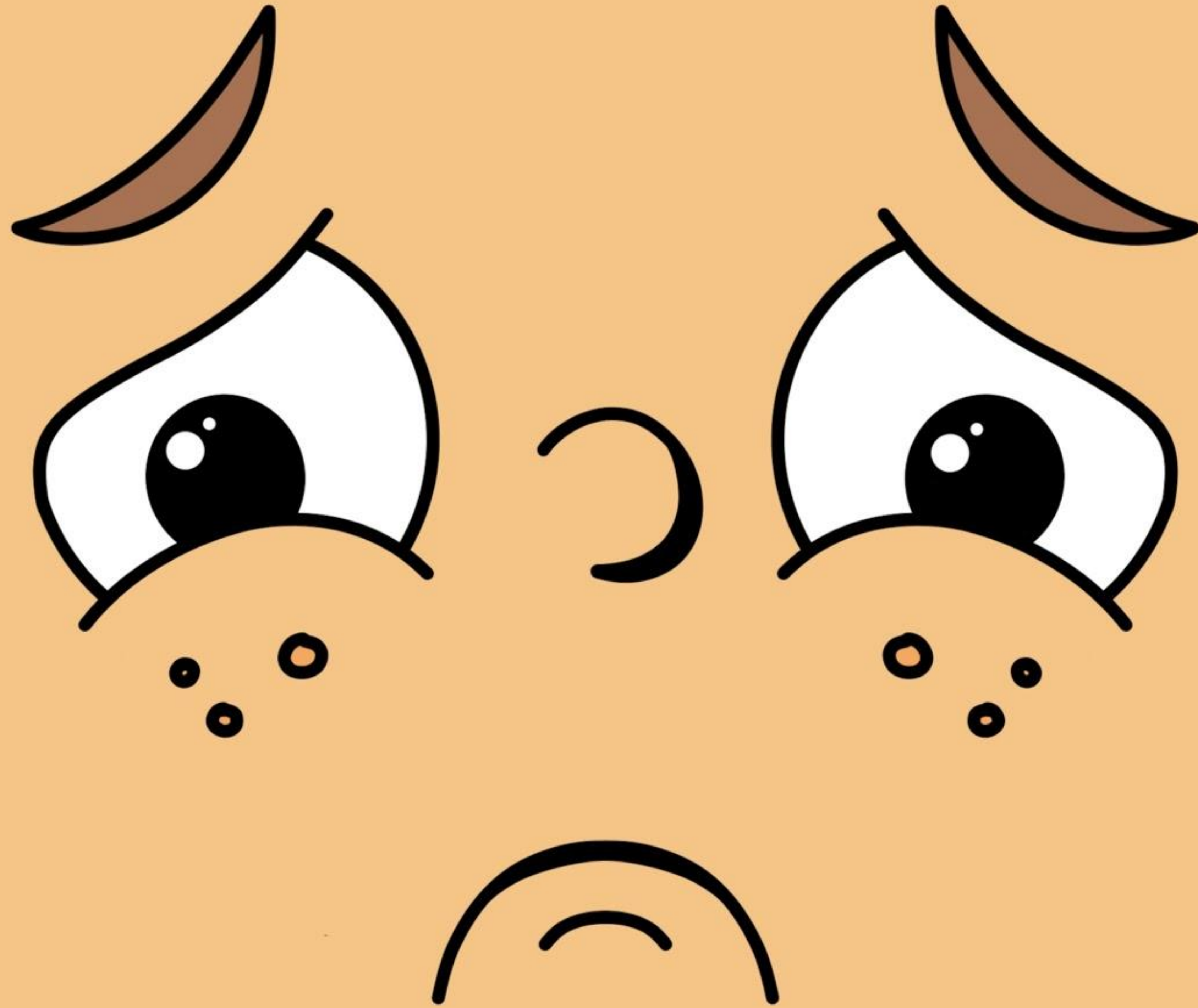
Aujourd'hui,
je suis heureux.



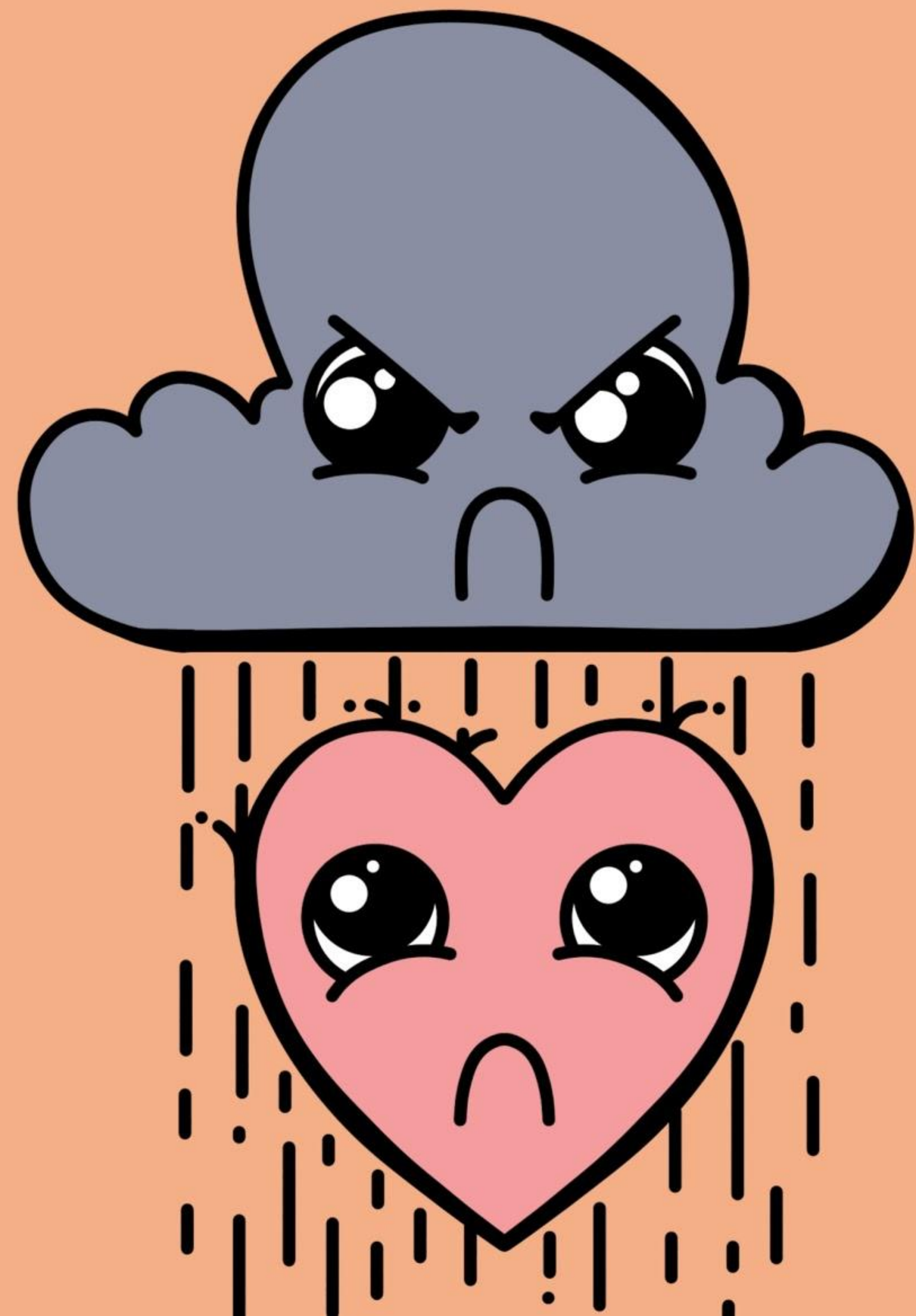
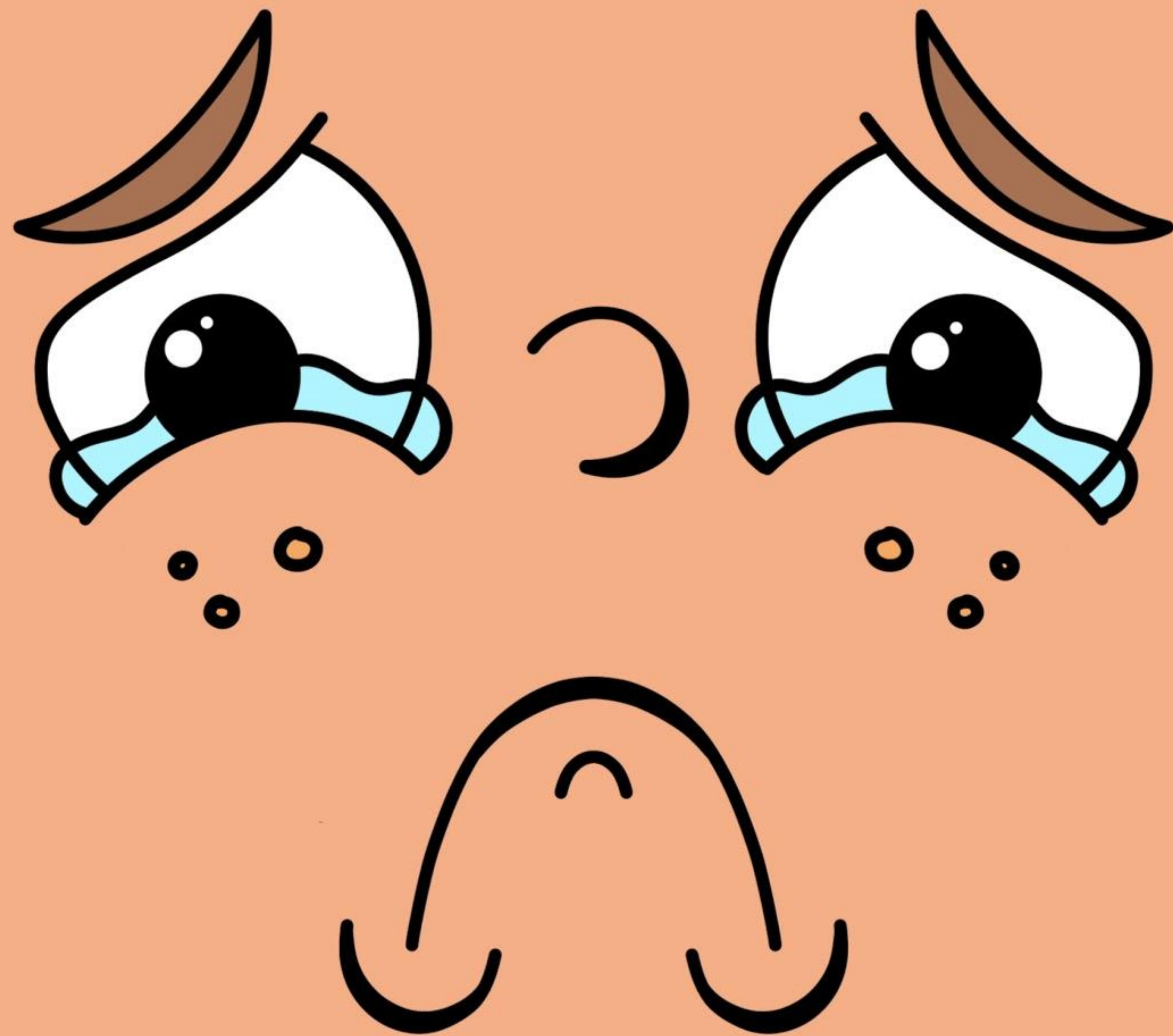
*Mais parfois,
ça va moins bien...*



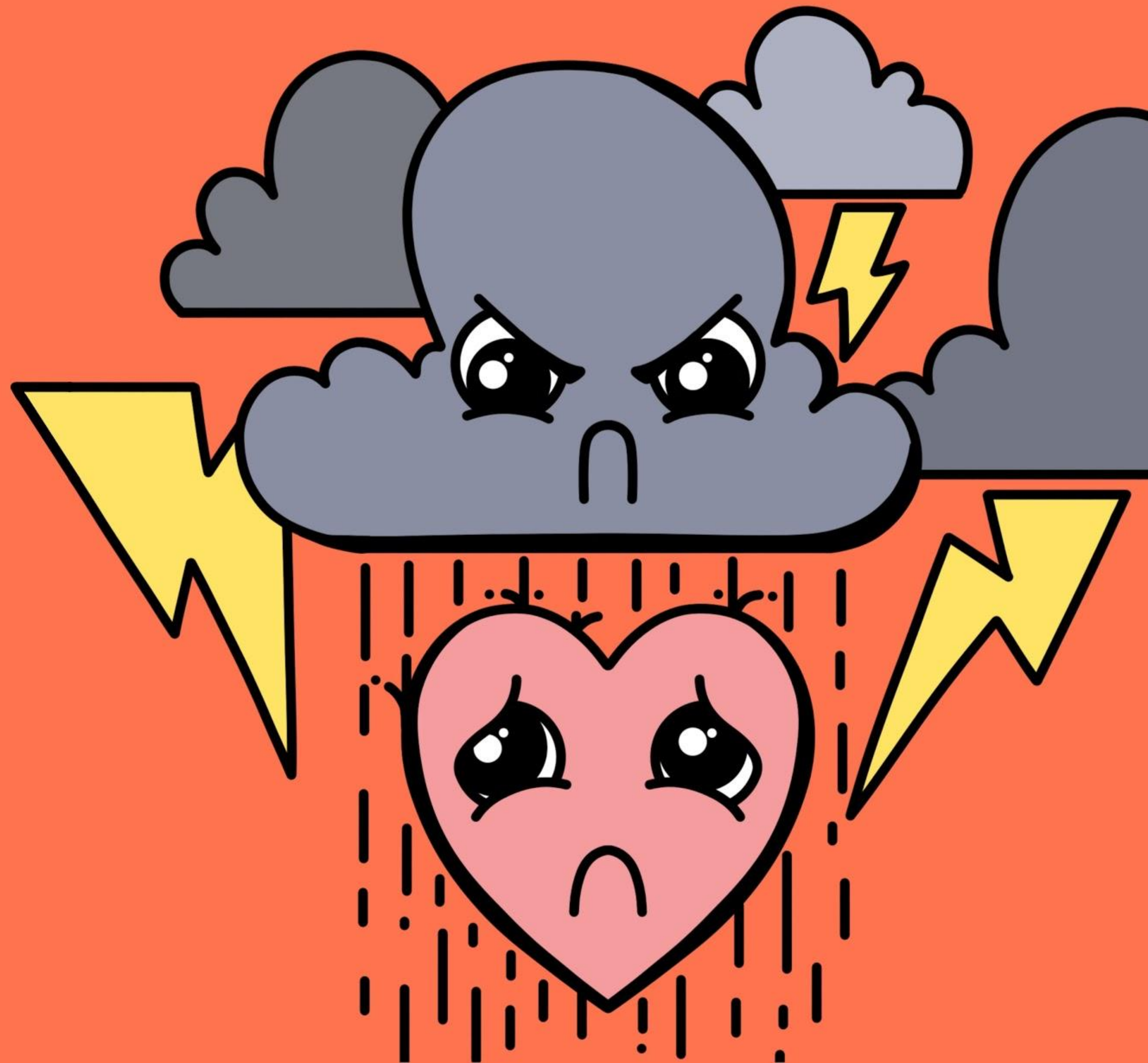
Je sens la colère monter.



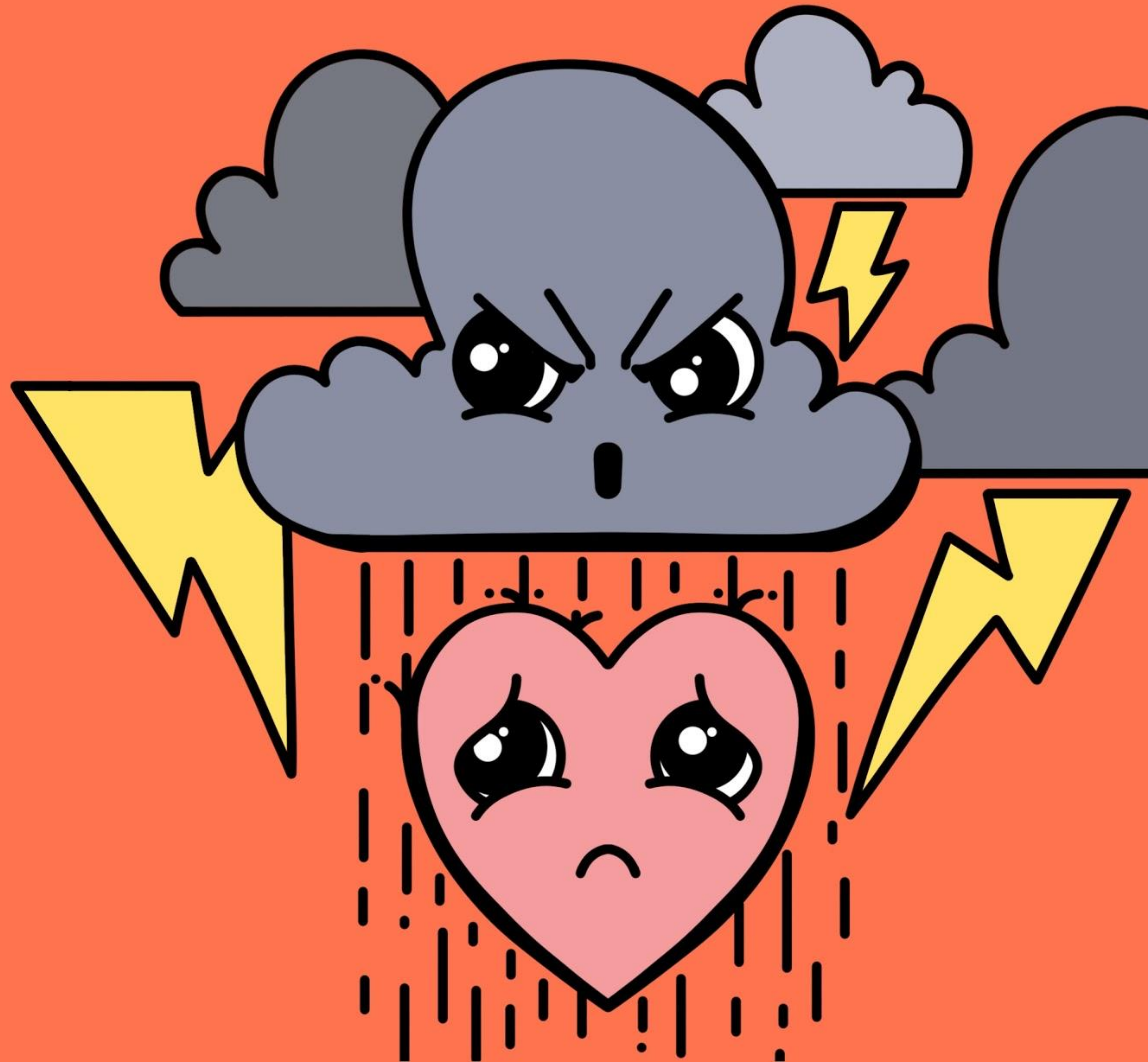
*Je n'arrive plus à retenir
mes larmes.*



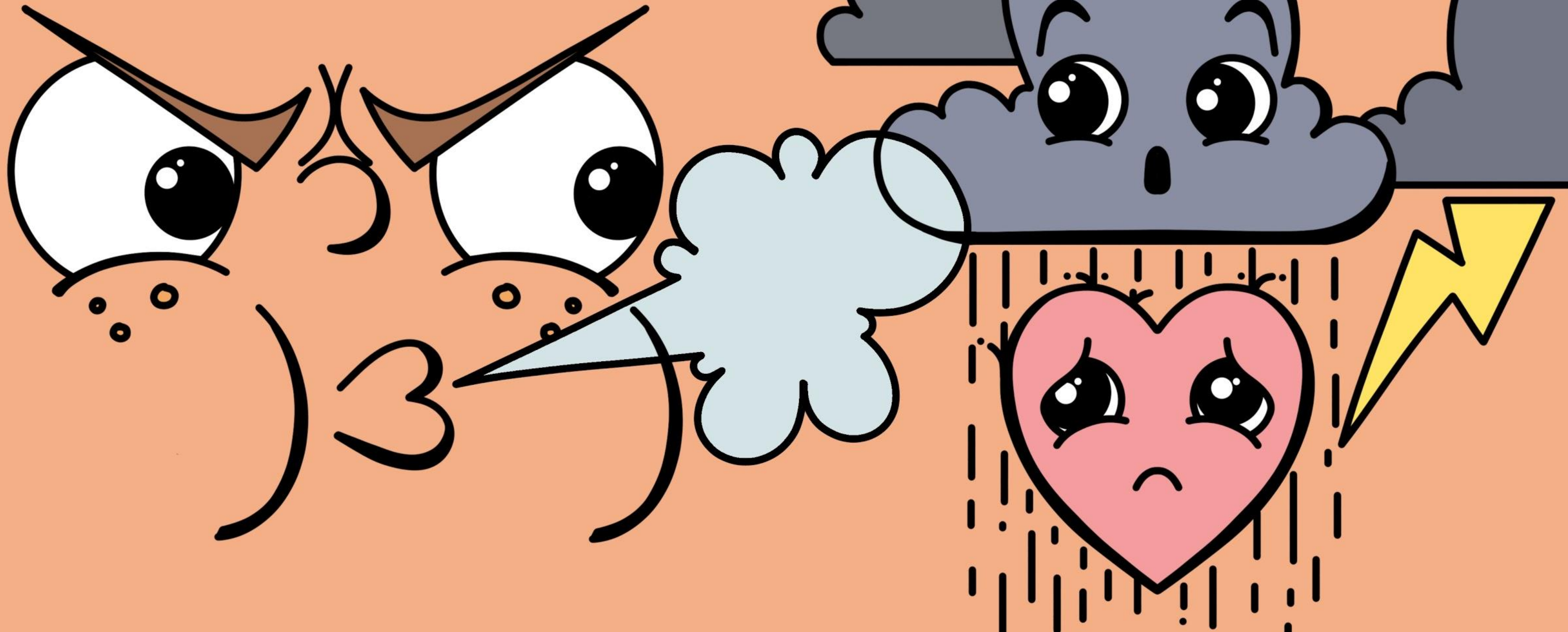
Alors,
c'est la tempête !!!



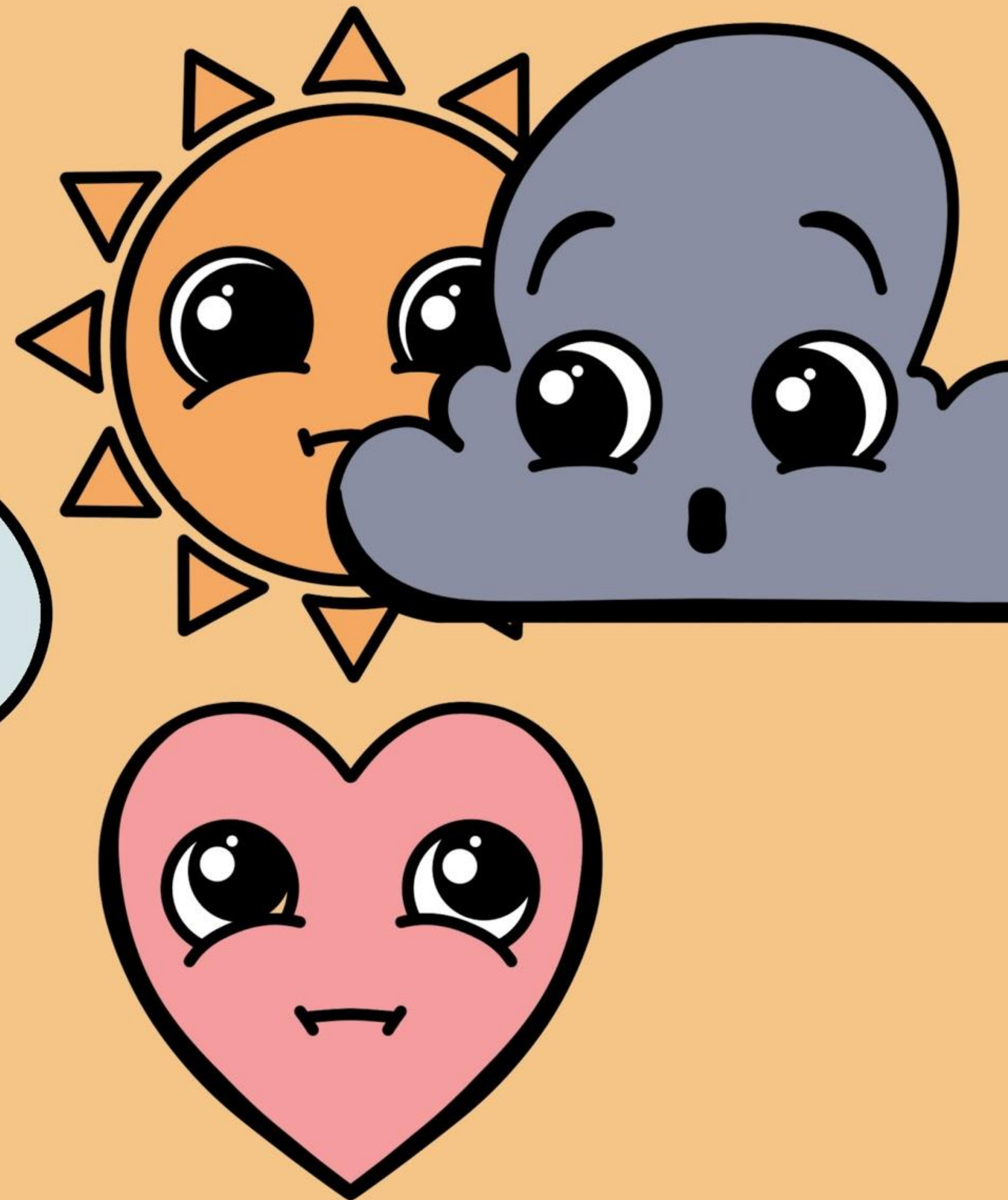
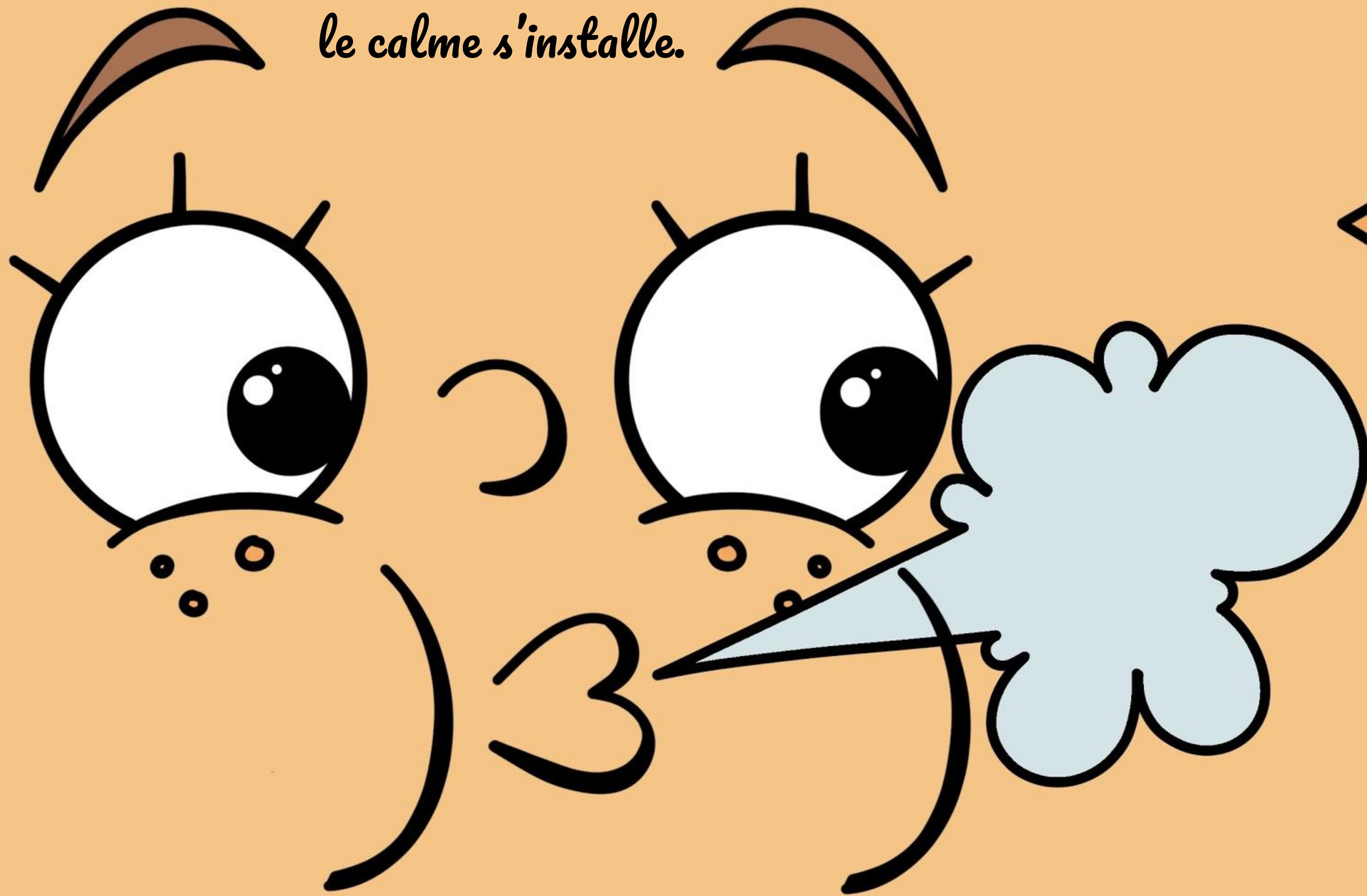
J'inspire profondément.



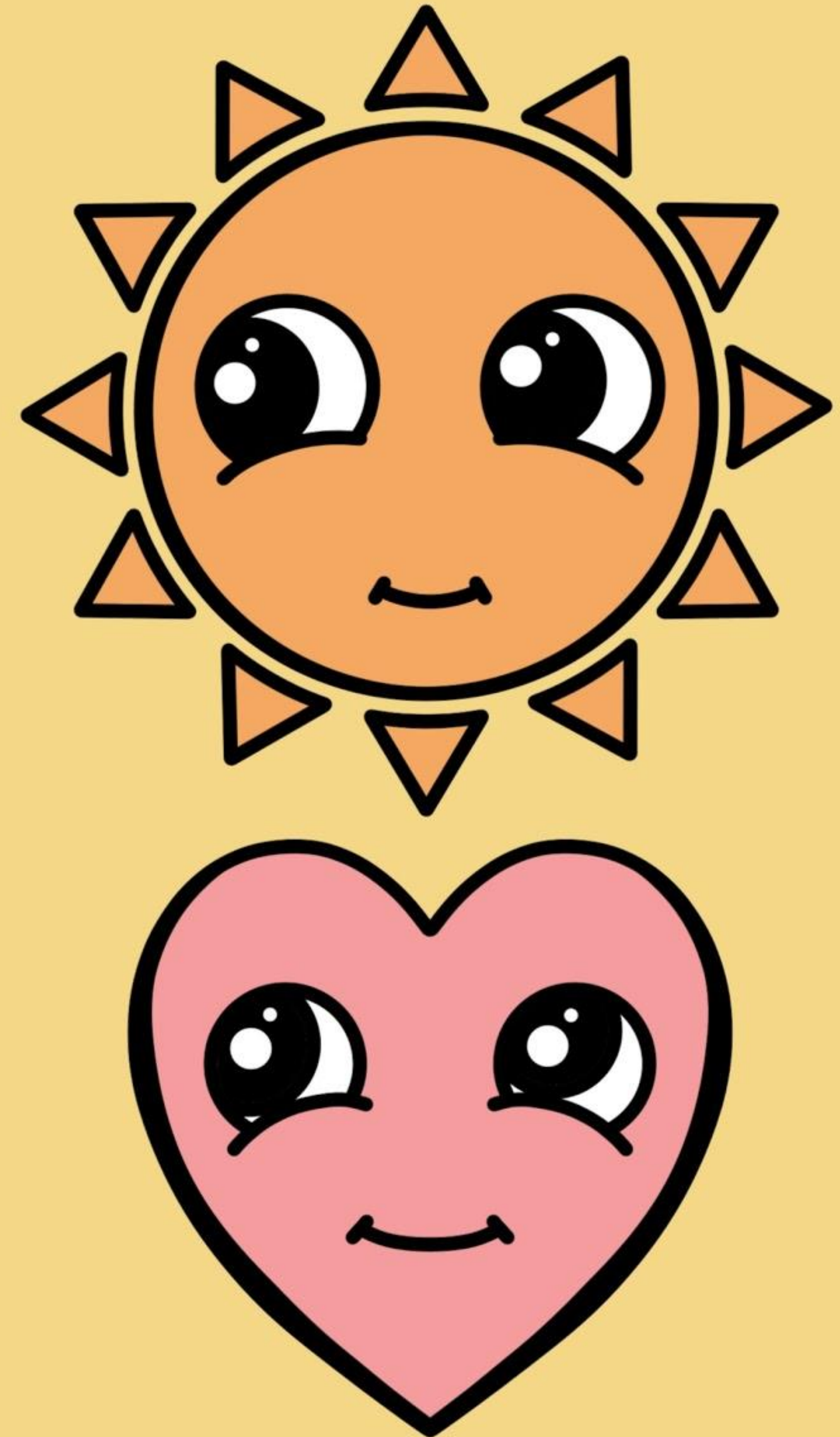
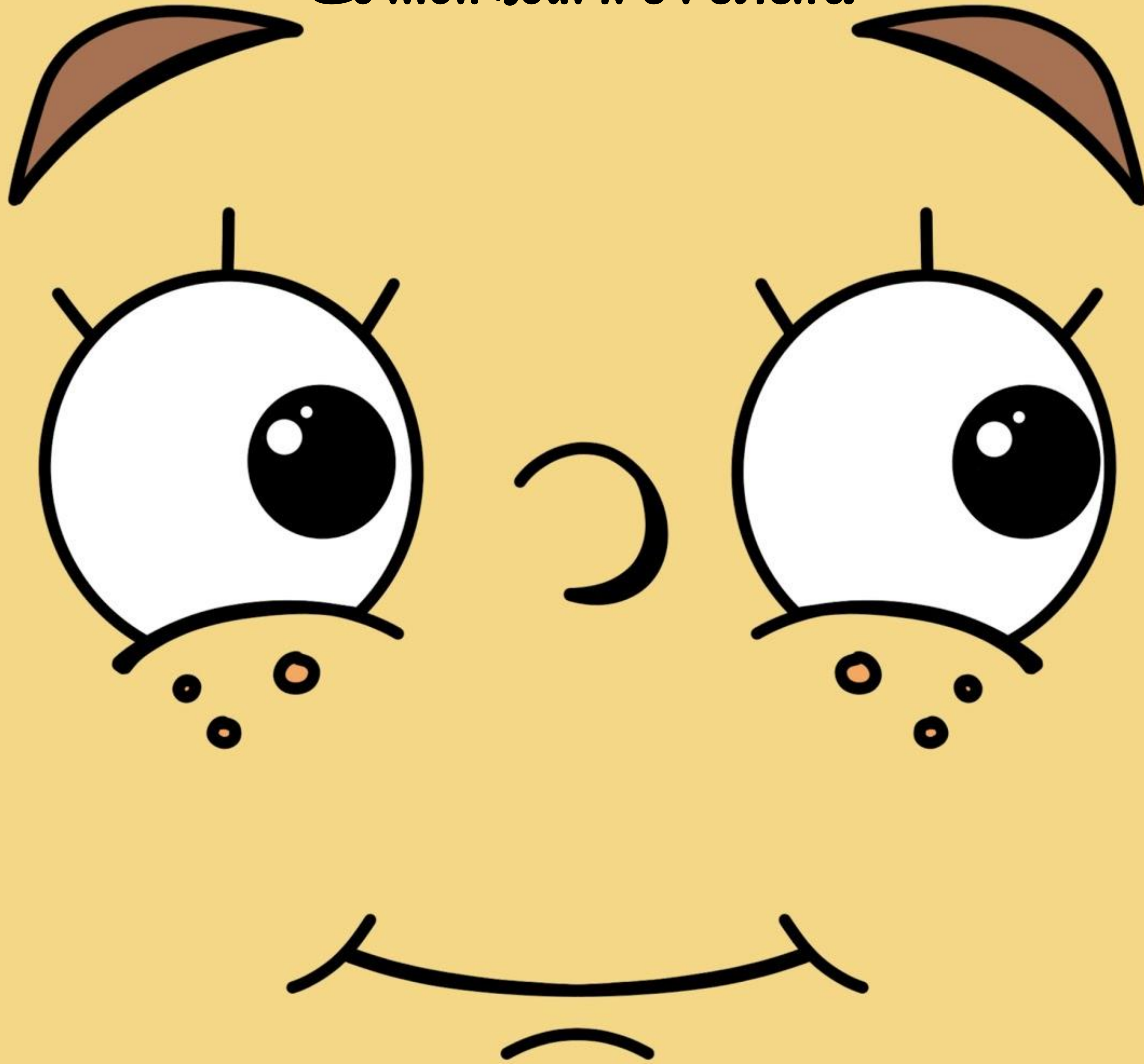
*Et j'expire
de toutes mes forces !*



*Lentement,
le calme s'installe.*



Et mon sourire revient.



*De nouveau,
je suis heureux.*

