

Drug Name: Cetirizine

Generic: Cetirizine

Drug Class: Antihistamine (2nd generation)

Uses

- Allergic rhinitis (hay fever)
 - Sneezing
 - Itchy/watery eyes
 - Hives (urticaria)
 - Skin allergies
-

Common Side Effects

- Mild drowsiness
 - Dry mouth
 - Fatigue
 - Headache
 - Dizziness
-

Serious Side Effects (rare)

- Severe allergic reaction
 - Breathing difficulty
 - Heart palpitations
 - Swelling of face/lips
 - Extreme drowsiness
-

Warnings

- May cause mild drowsiness in some people.
- Avoid alcohol.

- Use low doses in kidney disease.
 - Safe for long-term allergy control.
-

Drug Interactions

- Alcohol
 - Other sedatives
 - Benzodiazepines
 - Strong sleep medications
-

When to Take

- Once daily
 - Morning or evening depending on drowsiness level
-

Do NOT Take With

- Alcohol
- Strong sedatives
- Sleeping pills

Disclaimer:

This information is for educational purposes only and is **not** medical advice.