

**Drug Name:** Nexium

**Generic (Active Ingredient):** Esomeprazole

**Drug Class:** Proton Pump Inhibitor (PPI)

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## Uses

- GERD (acid reflux)
  - Gastritis
  - Peptic ulcer disease
  - Prevent ulcers caused by NSAIDs
  - Helicobacter pylori treatment (combined therapy)
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## Common Side Effects

- Headache
  - Diarrhea or constipation
  - Nausea
  - Bloating
  - Stomach pain
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## Serious Side Effects

- Low magnesium levels
  - Vitamin B12 deficiency (long-term use)
  - Kidney problems
  - Severe allergic reactions
  - Increased risk of bone fractures (long-term)
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## Warnings

- Long-term use should be monitored by a doctor.
- May reduce absorption of some nutrients.

- Not recommended for unexplained weight loss or persistent vomiting.
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### **Drug Interactions**

- Clopidogrel (reduces effectiveness)
  - Warfarin
  - Diazepam
  - Antifungals
  - HIV medications
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### **When to Take**

- Take before meals, preferably in the morning.
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### **Do NOT Take With**

- High-dose antacids at the same moment
  - Alcohol (worsens reflux)
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### **Disclaimer**

Not a substitute for professional medical advice.