

Drug Name: Nexium

Generic (Active Ingredient): Esomeprazole

Drug Class: Proton Pump Inhibitor (PPI)

Uses

- GERD (acid reflux)
 - Gastritis
 - Peptic ulcer disease
 - Prevent ulcers caused by NSAIDs
 - Helicobacter pylori treatment (combined therapy)
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Common Side Effects

- Headache
 - Diarrhea or constipation
 - Nausea
 - Bloating
 - Stomach pain
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Serious Side Effects

- Low magnesium levels
 - Vitamin B12 deficiency (long-term use)
 - Kidney problems
 - Severe allergic reactions
 - Increased risk of bone fractures (long-term)
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Warnings

- Long-term use should be monitored by a doctor.
- May reduce absorption of some nutrients.

- **Not recommended for unexplained weight loss or persistent vomiting.**
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Drug Interactions

- **Clopidogrel (reduces effectiveness)**
 - **Warfarin**
 - **Diazepam**
 - **Antifungals**
 - **HIV medications**
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When to Take

- **Take before meals, preferably in the morning.**
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Do NOT Take With

- **High-dose antacids at the same moment**
 - **Alcohol (worsens reflux)**
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Disclaimer

Not a substitute for professional medical advice.