

Drug Name: Cetirizine

Generic: Cetirizine

Drug Class: Antihistamine (2nd generation)

Uses

- Allergic rhinitis (hay fever)
 - Sneezing
 - Itchy/watery eyes
 - Hives (urticaria)
 - Skin allergies
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Common Side Effects

- Mild drowsiness
 - Dry mouth
 - Fatigue
 - Headache
 - Dizziness
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Serious Side Effects (rare)

- Severe allergic reaction
 - Breathing difficulty
 - Heart palpitations
 - Swelling of face/lips
 - Extreme drowsiness
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Warnings

- May cause mild drowsiness in some people.
- Avoid alcohol.

- **Use low doses in kidney disease.**
 - **Safe for long-term allergy control.**
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Drug Interactions

- **Alcohol**
 - **Other sedatives**
 - **Benzodiazepines**
 - **Strong sleep medications**
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When to Take

- **Once daily**
 - **Morning or evening depending on drowsiness level**
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Do NOT Take With

- **Alcohol**
- **Strong sedatives**
- **Sleeping pills**

Disclaimer:

This information is for educational purposes only and is **not** medical advice.