

**Drug Name: Yasmin**

**Generic (Active Ingredients): Drospirenone + Ethinyl Estradiol**

**Drug Class: Combined Oral Contraceptive (Birth Control Pill)**

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### **Uses**

- Prevent pregnancy
  - Reduce acne
  - Regulate menstrual cycles
  - Reduce PMS/PMDD symptoms
  - Lessen menstrual pain and bleeding
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### **Common Side Effects**

- Nausea
  - Breast tenderness
  - Headache
  - Mood changes
  - Spotting between periods
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### **Serious Side Effects**

- Blood clots (deep vein thrombosis, pulmonary embolism)
  - Stroke or heart attack (rare, risk ↑ with smoking)
  - Severe abdominal pain
  - Jaundice (liver problems)
  - Severe migraine with aura
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### **Warnings**

- Do not use if you smoke and are over age 35.
- Not suitable for people with clotting disorders.

- Can increase potassium levels—use caution with certain medications.
  - May increase risk of depression.
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### **Drug Interactions**

- Antibiotics (rifampin)
  - Anti-seizure meds (carbamazepine, phenytoin)
  - St. John's Wort
  - Potassium-sparing drugs (spironolactone)
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### **When to Take**

- Once daily, same time every day.
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### **Do NOT Take With**

- High potassium supplements
  - Some diuretics
  - Smoking (increases clot risk)
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### **Disclaimer**

Not a substitute for professional medical advice.