

Drug Name: Yasmin

Generic (Active Ingredients): Drospirenone + Ethinyl Estradiol

Drug Class: Combined Oral Contraceptive (Birth Control Pill)

Uses

- Prevent pregnancy
 - Reduce acne
 - Regulate menstrual cycles
 - Reduce PMS/PMDD symptoms
 - Lessen menstrual pain and bleeding
-

Common Side Effects

- Nausea
 - Breast tenderness
 - Headache
 - Mood changes
 - Spotting between periods
-

Serious Side Effects

- Blood clots (deep vein thrombosis, pulmonary embolism)
 - Stroke or heart attack (rare, risk ↑ with smoking)
 - Severe abdominal pain
 - Jaundice (liver problems)
 - Severe migraine with aura
-

Warnings

- Do not use if you smoke and are over age 35.
- Not suitable for people with clotting disorders.

- Can increase potassium levels—use caution with certain medications.
 - May increase risk of depression.
-

Drug Interactions

- Antibiotics (rifampin)
 - Anti-seizure meds (carbamazepine, phenytoin)
 - St. John's Wort
 - Potassium-sparing drugs (spironolactone)
-

When to Take

- Once daily, same time every day.
-

Do NOT Take With

- High potassium supplements
 - Some diuretics
 - Smoking (increases clot risk)
-

Disclaimer

Not a substitute for professional medical advice.