

Workshop “Applying for Marie Skłodowska-Curie Individual Fellowships”

# Some examples & final Wrap-up

17.05.2016



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*Viola Tegethoff, MPG-EU Regional Office Bonn*  
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*courtesy of NCP ERC*

## Readability

- Paragraphs
- Concise title, headings, sub-headings
- Bullet points
- Format **important statements** in bold
- short, simple sentences





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# Outreach | some examples



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## Clips, Podcasts and Radio

### Amy Poehler Smart Girls: Experimenting with Megan Amram + Blog Series

Working with [Amy Poehler Smart Girls](#) has been a delight! The tweets below are a shortcut to my interview with Megan Amram with Q&A,

[Dr. Chiara Mingarelli Answers 39 Smart Questions.](#)

Then there is my invited Blog Series: [Conversations with a Theoretical Astrophysicist](#).

1. [Conversations with a Theoretical Astrophysicist: Getting to Know Dr. Chiara Mingarelli](#)
2. [Conversations with a Theoretical Astrophysicist: The High School Years](#)
3. [Conversations with a Theoretical Astrophysicist: The \(Under\)Graduate](#)
4. [Conversations with a Theoretical Astrophysicist: Making Gravitational Waves](#)



An interview with Megan Amram for her satirical "Experimenting with Megan Amram" webisodes. Here I talk about black holes and gravitational waves :) I enter at around 1min 40 seconds.



**AmyPoehlerSmartGirls** @smtgrls  
"I am scientist who studies ripples in the fabric of space-time" ✨  
[amysmartgirls.com/conversations-...](#)  
8:00 PM - 11 Mar 2016  
29 retweets 95 likes



**AmyPoehlerSmartGirls** @smtgrls  
Let's talk about the stretch and squash of spacetime with @meganamram and @gravitate\_to\_me! [bit.ly/1O0ywnD](#)  
[pic.twitter.com/TL6Cs7HAqb](#)  
10:06 PM - 3 Sep 2015  
11 retweets 41 likes

<http://www.chiaramingarelli.com>



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## New York Times: Scientists Chirp Excitedly for LIGO, Gravitational Waves and Einstein

There was a social media storm which led up to and included the announcement of the first direct detection of gravitational waves.

This excitement caused many physicists to "chirp" for LIGO, under the hashtag #chirpforLIGO. The chirping comes from the final part of the black hole binary's coalescence, when the frequency increases dramatically, making this characteristic chirp. My colleagues and I are featured here, chirping for LIGO, in a clip featured in the [New York Times](#).



## Probably Science: [Episode 197 with Dr. Chiara Mingarelli!](#)

Here I talk about about low-frequency gravitational waves, pulsar timings arrays and black hole binary systems with masses that are billions of times that of the Sun. This episode was recorded before [LIGO's recent announcement](#) confirming the existence of gravitational waves. :) Enjoy!

<http://www.chiaramingarelli.com>

## Titanium Physicist: Black Bells with Brent Knopf and Matt Sheehy

On the [Titanium Physicist](#), we talk about Einstein's theory of gravity, black holes, how black holes "ring" and how we can detect this with gravitational waves.



## Before the Abstract: How I ended up at the center of the universe

The story of how I got to the center of the Universe :) [Springer](#)  
[Storytellers with Story Collider](#)

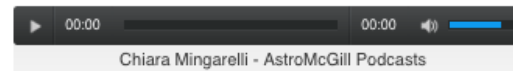
Here I tell the story of how I came to work in STEM, and how I almost dropped out due to imposter syndrome and a bad fit with my former Ph. D. supervisor.



[Cookie policy](#)

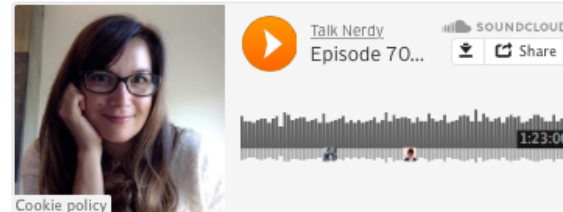
## AstroMcGill Podcast: Interview about gravitational waves (21/04/2015)

Thank you to the AstroMcGill club for inviting me to talk to them after giving a seminar at the McGill Space Institute. In [Episode 68](#), I talk about how timing the rotation of pulsars can be used to detect gravitational waves---ripples in the very fabric of the cosmos.



## Talk Nerdy with Cara Santa Maria (13/07/2015)

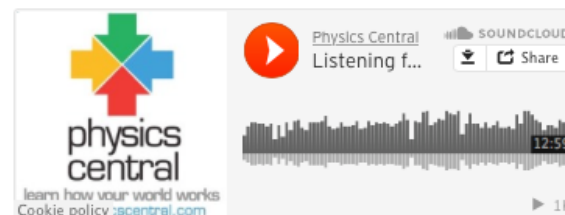
In this podcast with Cara Santa Maria, we talk about black holes, Einstein vs Newton, and gravitational waves! We also touched on STEM education, and how to develop a special relationship with Science.



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## Physics Central: Listening for black holes and neutron stars (19/11/2014)

Interview by [Meg Rosenberg](#) for [Physics Central](#).  
Summary: Scientists around the world are trying to catch some waves, some gravitational waves. Find out what these warps in space-time are, the ways to find them and how we could use them to "listen" to the movements of black holes and neutron stars.





## Wrap-up | Lessons learned



- Take the proposal writing seriously!
- Deadline: 14.09.2016 (17.00 Brussels time)  
Start as early as possible => i.e. NOW
- You need to find a host institute, the earlier you start in contacting them, the better they might help / interact with you.
- You need to define your future career plans: “where do you want to be in 5 / 7 / 10 years...”?
- You need to define your research and training programme: the earlier you start thinking about and drafting it, the better others might help you (NCP, your research officer, your host institute, your colleagues).
  - Proof reading by the NCP: LATEST 2 weeks before deadline, better 3-4 weeks.
- Discuss your project with colleagues – make sure that you really are proposing a project which will help you to “boost” your career.



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# MPG-EU Regional Office Bonn | Contact details

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