Target time to get up

Target day or period of time to correct over

Target length of sleep per day

Time they currently go to bed (this is not saved and instead asked when the user sets a new goal)

>Allow user to enter what time of day they need to get up at

>What day they want to correct the sleep to / or how many days they want to correct it over

>How long they want to sleep for with a recommended sleep length of 8hrs (do a popup that recommends not setting sleep lower than 7 hours)

>Then enter what time they currently go to bed

App will create a plan over those days that the user should go to bed and wake up

> weekends option for more sleep

@@@@

he doesn’t like basic design so like buttons can be replaced with images

Change tabs animation

Swipe tabs

Align plan view circles and main view time

#A7C8CA

Logo (in assets folder App Icon at top)

Splash screen when loading (composites)

Make the list selections coloured too – if cant do that can make it small dropdown instead of full screen

Yt link on bb

for testing have testing phases at design, development and finalised

mother does web design and likes minimalistic because design often gets cluttered so my app doesn’t include spam

I also tested with my brother who is a good artist and he had some good suggestions, in hindsight it would’ve been good to query him about the design but it didn’t cross my mind during development.

For video

Validation alert

Notifications

Remove days dynamically from list

Show that changing views does not reset the form entry