

# User Manual

Home Tab

Profile Info

The screenshot shows the 'BLOCK CARE' application interface. At the top, there's a navigation bar with 'Home', 'Appointments', 'Treatment plans', and 'Health Recording'. The 'Home' tab is active. Below the navigation bar, the 'Health Diagnosis' section is visible. It includes a human body diagram on the left, and three progress bars for 'Heart' (89 bpm), 'Lungs' (70%), and 'Liver' (80%). To the right of these bars, there's a 'Previous and Current Medical Conditions' section with 'Hypertension' listed. Below this, there's a 'Management' section with text about medications and lifestyle changes. Further down, there's a 'Surgical History' section mentioning the removal of the appendix. At the bottom left, there's a 'User Info' section with fields for Name, Surname, Email, and Phone Number. At the bottom right, there's a 'Hospital and Doctor' section with details for Dr. Emily Patel and Hellen Joseph Hospital.

User Info

Medical History

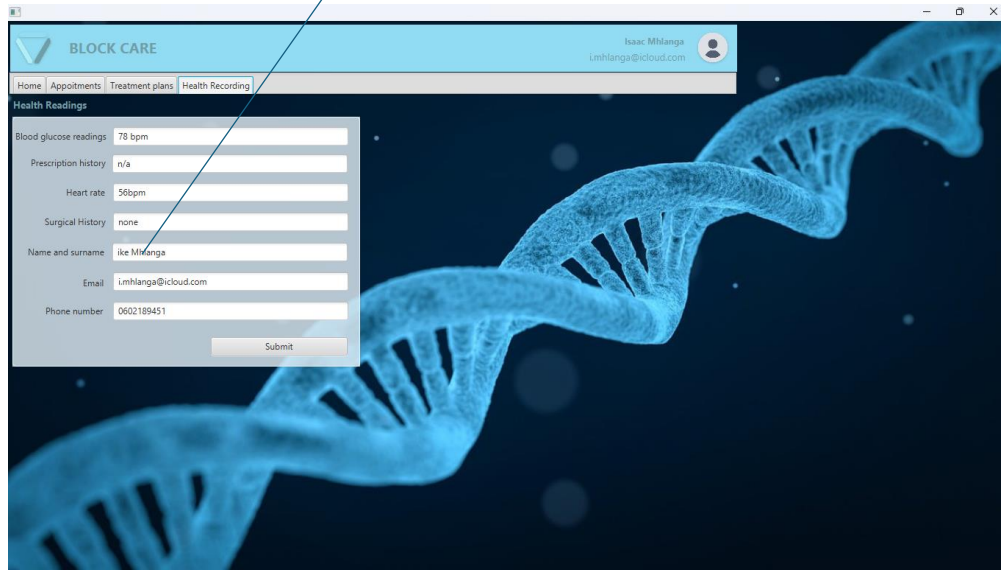
Heart, Lungs, and liver conditions

Appointments Form

Upcoming appointments

The screenshot shows the 'BLOCK CARE' application interface with the 'Appointments' tab active. On the left, there's an 'Appointments Form' with fields for 'Date', 'Time', 'Appointment Type' (a dropdown menu), 'Location', and 'Doctor'. A 'Submit' button is at the bottom right of the form. On the right, there's a 'Next appointment' section displaying a list of upcoming appointments. Each appointment entry includes a calendar icon, a checkmark, and a table with columns for 'Type', 'Date and time', 'Location', and 'Status'.

## Heath Recording form



The screenshot shows the 'BLOCK CARE' web application interface. The top navigation bar includes 'Home', 'Appointments', 'Treatment plans', and 'Health Recording'. The 'Health Recording' section is active, displaying a form for 'Health Readings'. The form contains the following fields: 'Blood glucose readings' (78 bpm), 'Prescription history' (n/a), 'Heart rate' (56bpm), 'Surgical History' (none), 'Name and surname' (Ike Mhlanga), 'Email' (lmhlanga@icloud.com), and 'Phone number' (0602189451). A 'Submit' button is located at the bottom right of the form. The background features a blue DNA double helix graphic.

**BLOCK CARE**

Isaac Mhlanga  
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Home | Appointments | Treatment plans | Health Recording

**Health Readings**

Blood glucose readings: 78 bpm

Prescription history: n/a

Heart rate: 56bpm

Surgical History: none

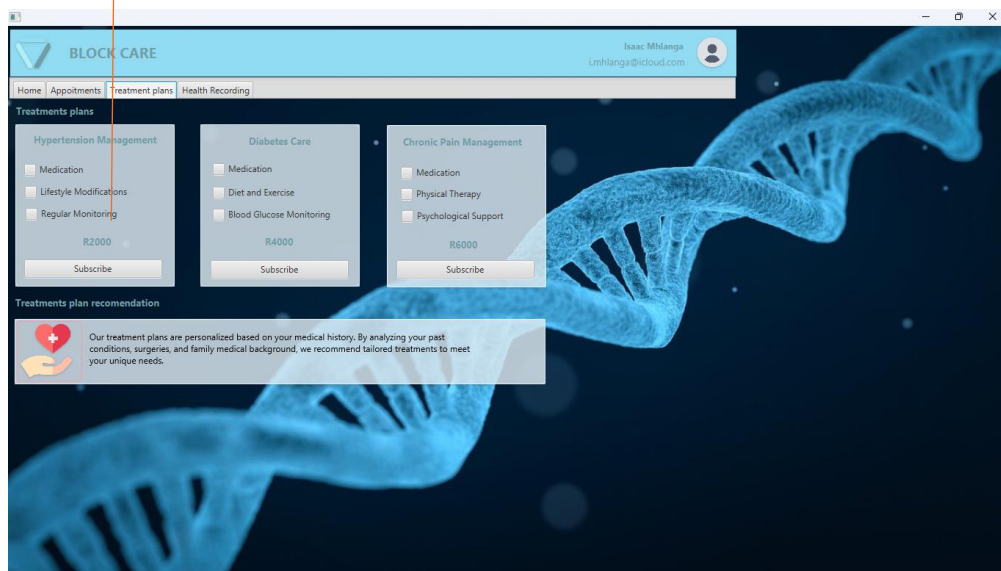
Name and surname: Ike Mhlanga

Email: lmhlanga@icloud.com

Phone number: 0602189451

Submit

## Treatments Plan



The screenshot shows the 'BLOCK CARE' web application interface. The top navigation bar includes 'Home', 'Appointments', 'Treatment plans', and 'Health Recording'. The 'Treatment plans' section is active, displaying three treatment plan cards: 'Hypertension Management' (R2000), 'Diabetes Care' (R4000), and 'Chronic Pain Management' (R6000). Each card lists specific treatments and has a 'Subscribe' button. Below the cards is a 'Treatments plan recommendation' section with a red heart icon and text explaining that plans are personalized based on medical history.

**BLOCK CARE**

Isaac Mhlanga  
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Home | Appointments | Treatment plans | Health Recording

**Treatments plans**

**Hypertension Management**

- ☐ Medication
- ☐ Lifestyle Modifications
- ☐ Regular Monitoring

R2000

Subscribe

**Diabetes Care**

- ☐ Medication
- ☐ Diet and Exercise
- ☐ Blood Glucose Monitoring

R4000

Subscribe

**Chronic Pain Management**

- ☐ Medication
- ☐ Physical Therapy
- ☐ Psychological Support

R6000

Subscribe

**Treatments plan recommendation**

Our treatment plans are personalized based on your medical history. By analyzing your past conditions, surgeries, and family medical background, we recommend tailored treatments to meet your unique needs.