

5. Thread Lifecycle Example

```
public class ThreadLifecycleExample extends Thread {

    @Override

    public void run() {

        System.out.println(Thread.currentThread().getName() + " - State: " +
            Thread.currentThread().getState());

        try {

            Thread.sleep(2000); // Simulate waiting state

        } catch (InterruptedException e) {

            e.printStackTrace();

        }

        System.out.println(Thread.currentThread().getName() + " - State aftersleep: " +
            Thread.currentThread().getState());

    }

    public static void main(String[] args) throws InterruptedException {

        ThreadLifecycleExample thread = new ThreadLifecycleExample();

        System.out.println(thread.getName() + " - State before start: " +
            thread.getState());

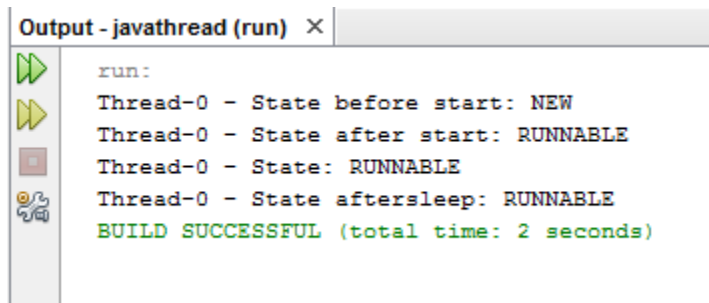
        thread.start(); // Start the thread

        System.out.println(thread.getName() + " - State after start: " +
            thread.getState());

    }

}
```

Output



```
run:
Thread-0 - State before start: NEW
Thread-0 - State after start: RUNNABLE
Thread-0 - State: RUNNABLE
Thread-0 - State aftersleep: RUNNABLE
BUILD SUCCESSFUL (total time: 2 seconds)
```