An AI-Driven Personal Wellness Solution

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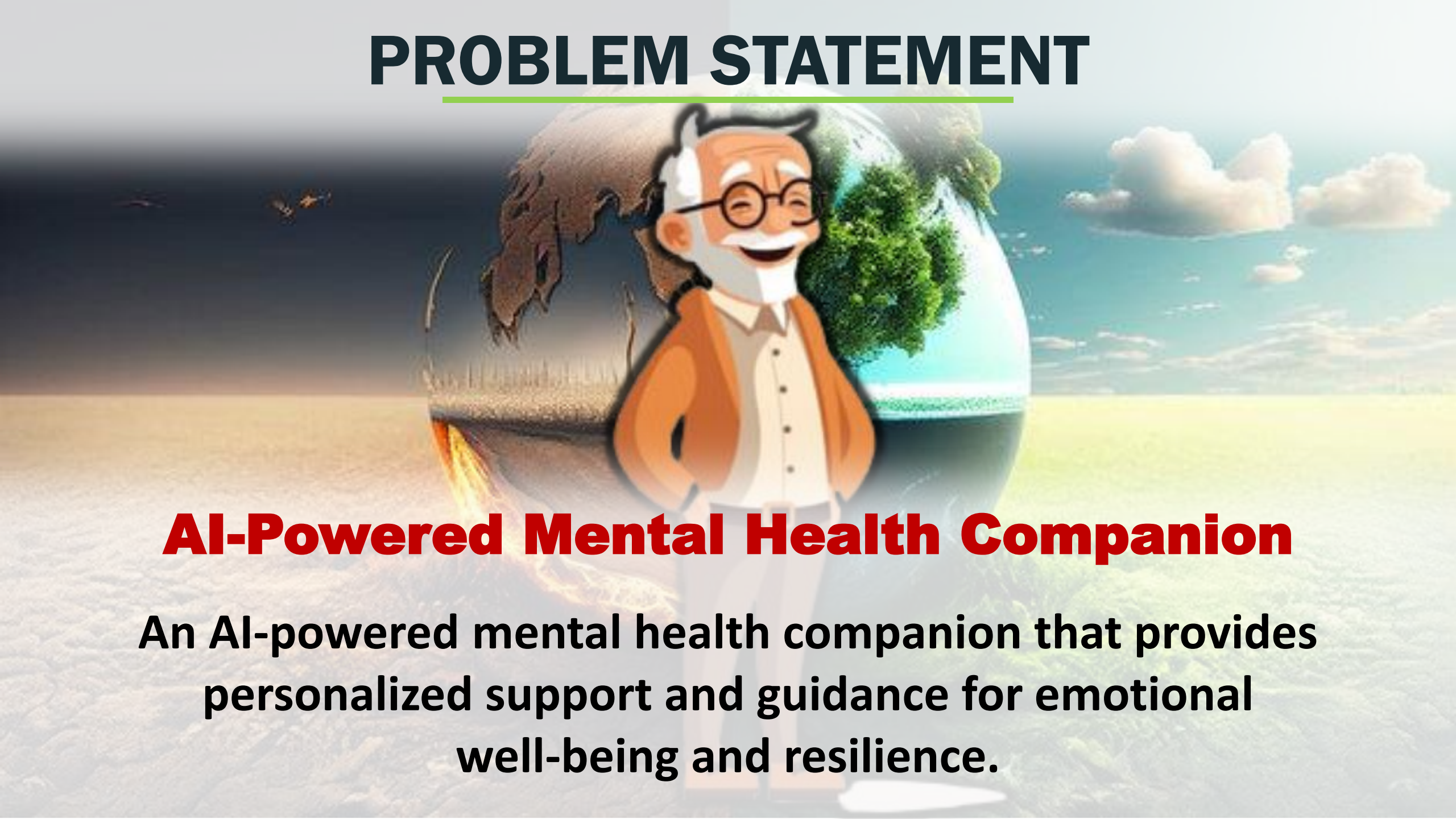
"Empowering Your Wellness Journey with Intelligent Precision"

PROBLEM STATEMENT



AI-Powered Mental Health Companion

An AI-powered mental health companion that provides personalized support and guidance for emotional well-being and resilience.

Technologies Used

Python Streamlit

For building the user interface and web app.

C# ASP.Net

For backend development and API integration.

Cohere LLM API

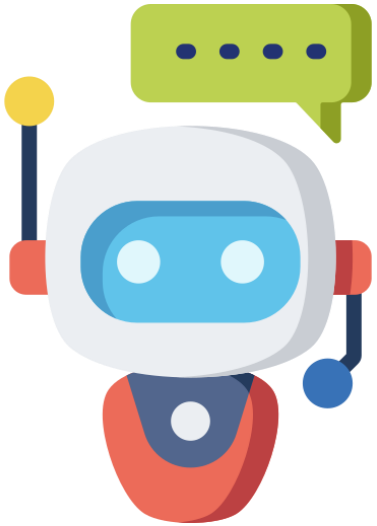
For natural language processing and sentiment analysis.

MSSQL Database

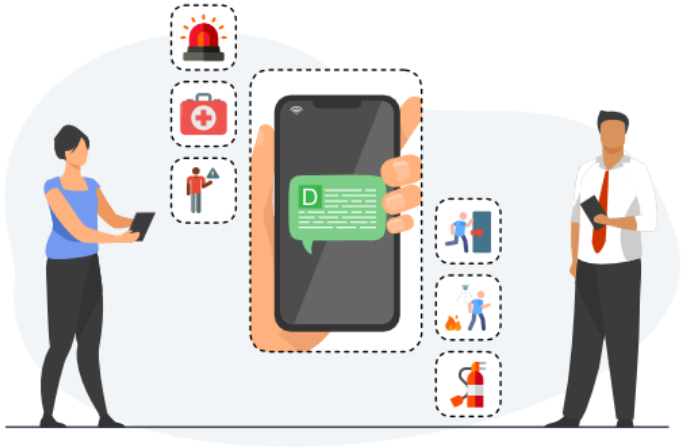
For secure storage and management of user data.

Key Features

Mood Detection



Wellness Recommendations



Emergency Alert

FUTURE SCOPE & ENHANCEMENTS

Phase - 1

Offline Capability

Phase - 2

Multimodal Input

Phase - 3

Better Gamified Tracking

Integrate voice and image recognition for a more holistic mood assessment.

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