

# Medical Recommendation Report

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## Diagnosis

Urinary tract infection

## Description

Urinary tract infection is an infection in any part of the urinary system.

## Recommended Precautions

- drink plenty of water
- increase vitamin c intake
- drink cranberry juice
- take probiotics

## Medications

- ['Antibiotics', 'Urinary analgesics', 'Phenazopyridine', 'Antispasmodics', 'Probiotics']

## Dietary Recommendations

- ['UTI Diet', 'Hydration', 'Cranberry juice', 'Probiotics', 'Vitamin C-rich foods']

## Exercise Recommendations

- Stay hydrated
- Consume cranberry products
- Include vitamin C-rich foods
- Limit caffeine and alcohol
- Consume probiotics
- Avoid spicy and acidic foods
- Consult a healthcare professional
- Follow medical recommendations
- Maintain good hygiene
- Limit sugary foods and beverages

*DISCLAIMER: This report is generated based on the symptoms provided and is for informational purposes only. It is not a substitute for professional medical advice, diagnosis, or treatment.*