

## **Module 1 Expert Video**

As you have just seen, there are different types of human mobility in the context of climate change.

Some are more voluntary and some are more forced.

In our work, we often focus on solving problems.

What I want you to realise here is that human mobility is not the main problem.

The problem is climate change and its impacts.

In many cases, migration can actually be a solution to this problem, for example when people move from high risk areas to safer places.

However, most of the time moving also comes with costs and negative consequences.

For example, when families are divided or when properties are lost.

In general, we can say that the more forced a move is, the more negative the consequences.

When people have a choice of when to go, where to go, and with whom to go, then the outcomes in terms of well-being are usually much more positive.

So forced displacement is something that should be avoided as much as possible.

But more voluntary forms of human mobility can actually play an important role in adapting to climate change.