

#### Contents

- Introductions
- Regression
- Correlation
- Residuals and Least squares
- Model fitting
- Example Pima Indians Diabetes Database
- Visualization
- Interpretation and Application

## Introductions

- Name: Sonja
- Origin: Vienna, Austria
- Department: Epidemiology and Biostatistics and MRC Centre for Environment and Health
- **PhD topic:** Causal networks between metabolites
- Favourite movie: Everything Everywhere All At Once

- Name: Fernando
- Origin: Jakarta, Indonesia
- Department: Epidemiology and Biostatistics and Infectious Disease Epidemiology
- PhD topic: Multi-omics analysis of COVID-19 severity and long COVID
- Favourite movie: Hacksaw Ridge

## Introductions

- Name
- Department
- PhD topic
- Favourite movie?



Scan for Menti quiz:

or

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# Learning outcomes

- 1. Identify the correlation coefficient as a single measure of linear association.
- 2. Apply general linear models to model a response variable in terms of a single or multiple variables.
- **3. Evaluate** model fitness by comparing the results produced by the model with your data.
- 4. Present model fitness using data visualisation techniques.
- 5. Interpret regression model results from scientific papers.

## Table of contents

#### 1. Theory (~45 min)

- Background
- Linear regression (Least squares method, R<sup>2</sup>, p-values)
- Logistic regression

#### Break (10 min)

- 2. Practical (~60 min)
- 3. Interpreting a study (~30 min)

# Main idea of regression modelling

The problem: We have loads of data and we want to describe the relationship.

A solution: We build a regression model.

There are many regression models. Today we're focussing on:

- A. Linear regression
- B. Logistic regression

Height	Weight
1.1	0.4
1.9	1.2
1.7	1.9
2.8	2.0
2.3	2.8

# What is regression modelling?

In statistics, regression modelling is a process for

estimating a line or curve that

best represents the general trend between

one dependent variable (Y) and one or more independent variables (X).

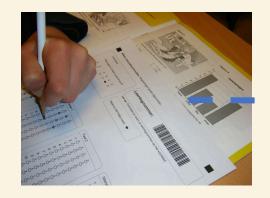
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'outcome',
'response',
'label'
'explanatory variables',
'features'
```



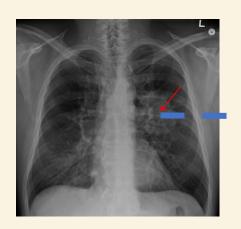
# When do we need regression modelling?



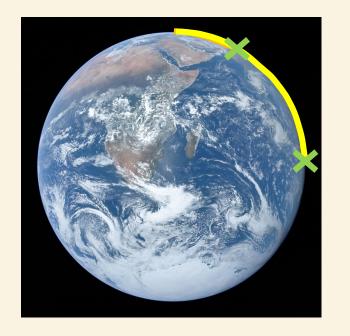




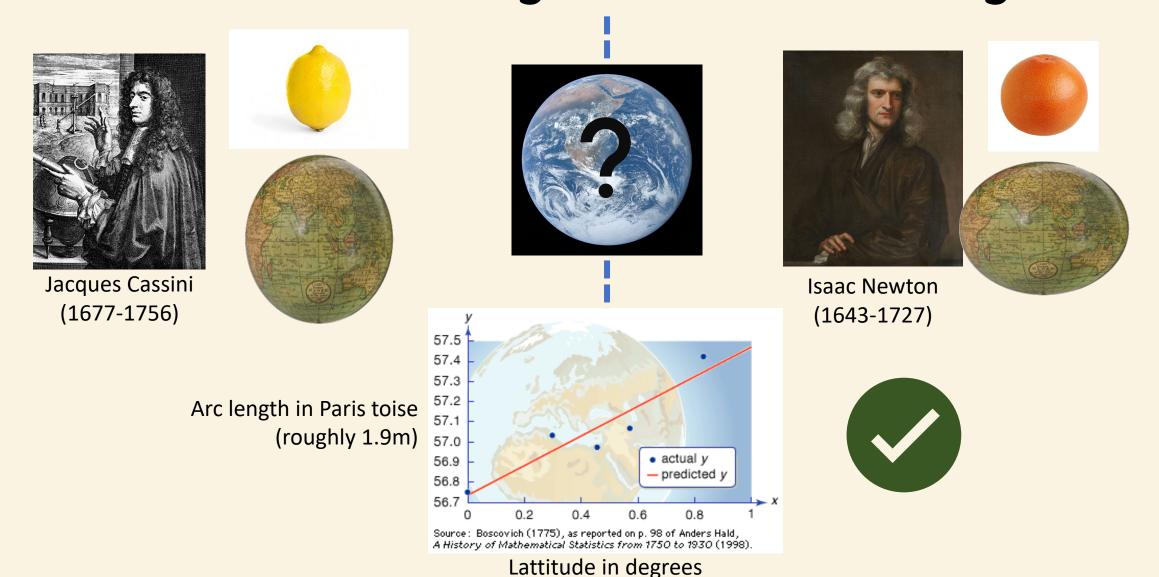








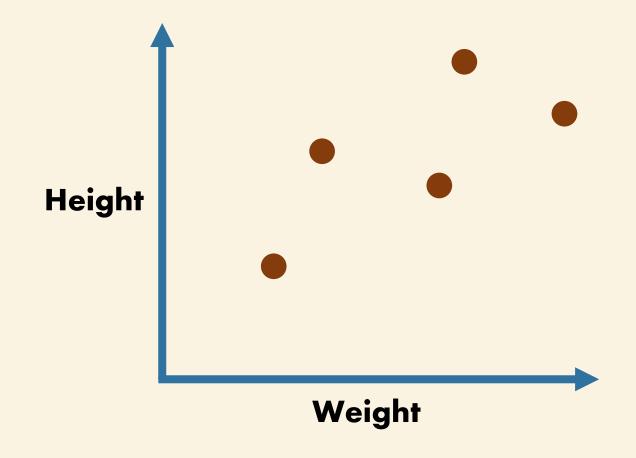
## When do we need regression modelling?



Linear regression using the least squares method

## Dependent variable (Y) and independent variable (X)

Height	Weight
1.1	0.4
1.9	1.2
1.7	1.9
2.8	2.0
2.3	2.8



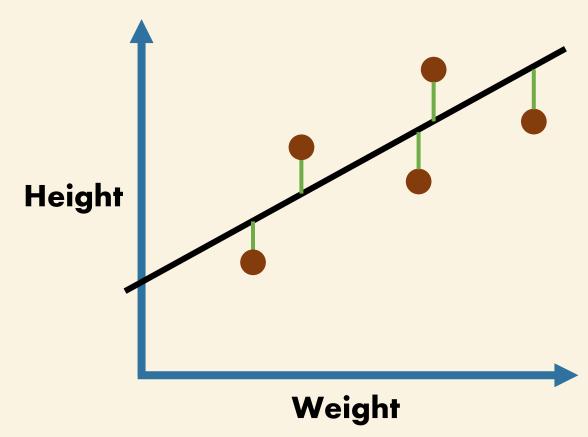
- 1. Use **least-squares** to fit a line to the data.
- 2. Calculate R<sup>2</sup>.
- 3. Calculate a *p***-value** for R<sup>2</sup>.

- 1. Use **least-squares** to fit a line to the data.
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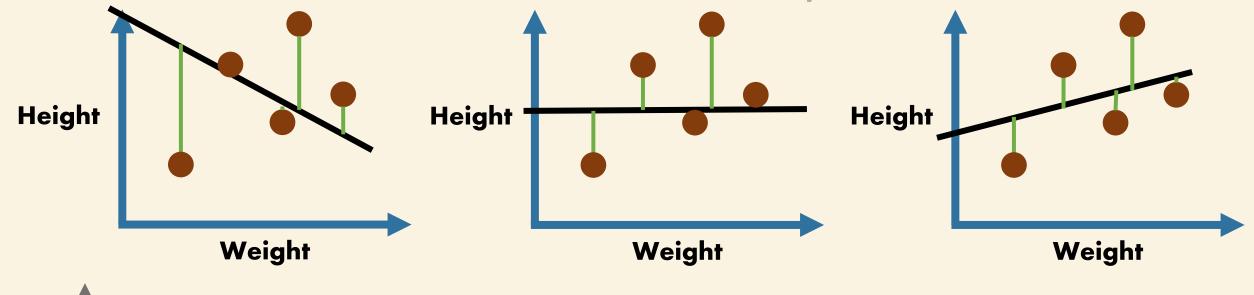
Least-squares minimises the Sum of the Squared Residuals (SSR)

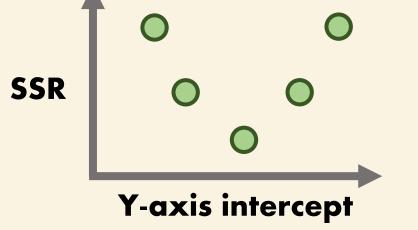
Residual = Observed - Fitted

$$SSR = \sum_{i=1}^{n} (Observed_i - Fitted_i)^2$$



- 1. Use **least-squares** to fit a line to the data.
- 2. Calculate R<sup>2</sup>.
- 3. Calculate a *p*-value for R<sup>2</sup>.





y = mx + b, where

**y** = how far up

**x** = how far along

**m** = slope or gradient

**b** = the y-intercept

**Height = slope x Weight + intercept** 

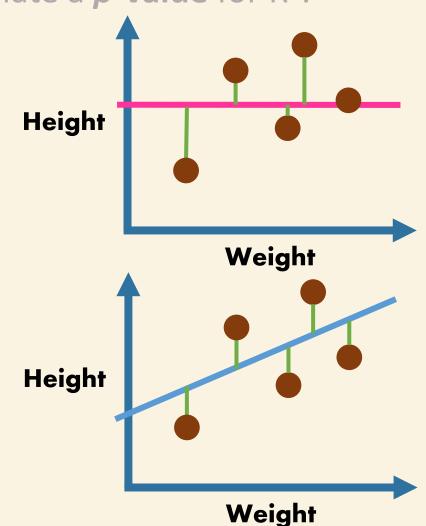
Height =  $0.5 \times Weight + 1.1$ 

- 1. Use least-squares to fit a line to the data.
- 2. Calculate the R<sup>2</sup>.
- 3. Calculate a p-value for  $R^2$ .

R<sup>2</sup> is the proportion of the variation in the dependent variable that is explained by the independent variable.

$$R^{2} = \frac{SSR(mean) - SSR(fitted line)}{SSR(mean)}$$

$$R^2 = \frac{1.61 - 0.55}{1.61} = 0.66$$



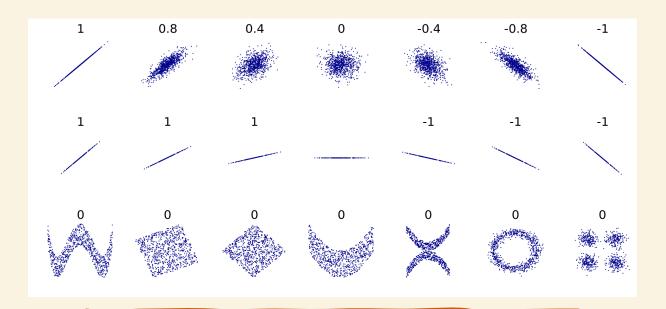
# Pearson correlation coefficient (p)

The Pearson correlation coefficient (ρ, or rho) is the measure of **linear correlation** between two sets of data.

The word Correlation is made of **Co**-(meaning "together"), and **Relation**.

$$\rho = r$$

$$\rho^2 = r^2 = R^2$$

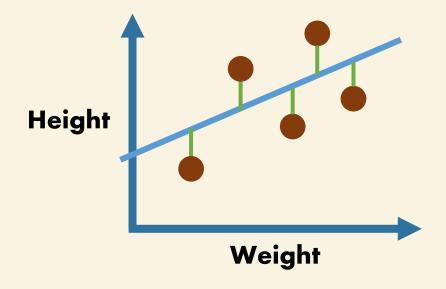


- Correlation is **Positive** when the values **increase** together, and
- Correlation is **Negative** when one value **decreases** as the other increases
- The value shows how good the correlation is (not how steep the line is), and if it is positive or negative.

- 1. Use least-squares to fit a line to the data.
- 2. Calculate the R<sup>2</sup>.
- 3. Calculate a *p*-value for R<sup>2</sup>.

The *p*-value for our R<sup>2</sup> tells us the probability that random data could result in a similar or better R<sup>2</sup>.

In general, p-values below 0.05 give us a large confidence in the results of our analysis.

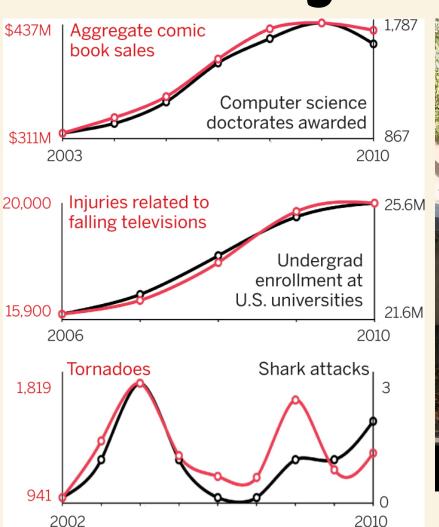


Height = 
$$0.5 \times Weight + 1.1$$
  
 $R^2 = 0.66$ 

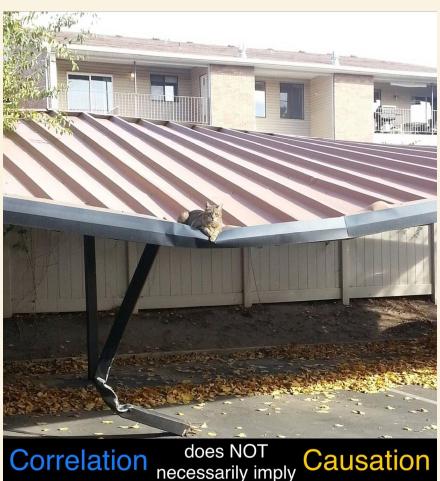
$$p$$
-value = 0.1

# Correlation is not always causation

- Height ~ Weight
- Height <- Weight</li>
- Height -> Weight



Source: Tyler Vigen for Science Magazine



## One dependent variable and multiple independent variables

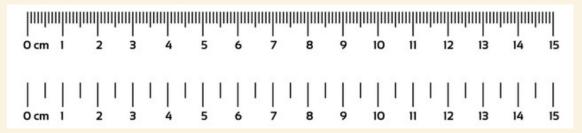
Height	Weight	Shoe size	Favourite colour
1.1	0.4	36	Green
1.9	1.2	41	Blue
1.7	1.9	39	Blue
2.8	2.0	43	Orange
2.3	2.8	44	Yellow

#### Discrete and continuous data

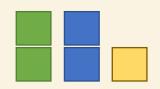
Height	Weight	Shoe size	Favourite colour
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2.3	2.8	44	Yellow

**Continuous data** is measurable and can take any numeric value within a range.

The precision of the measurements is only limited by the tools we use, e.g. height in cm or mm:



**Discrete data** is countable and only takes specific values. We count the number of people who sit in the categories.



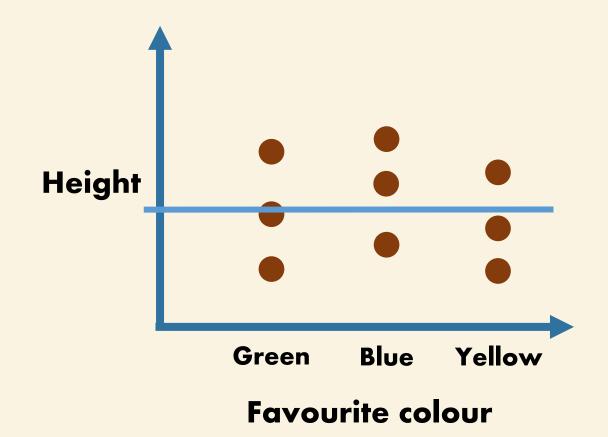
Two people love the colour green, two blue, and one yellow.

## Linear regression with discrete measurements

• Old linear regression: **Height** = 0.5 x **Weight** + 1.1

• New linear regression: **Height** = 0.1 x **Favourite colour** + 1.1

Height	Favourite colour
1.1	Green
1.9	Blue
1.7	Blue
2.8	Green
2.3	Yellow

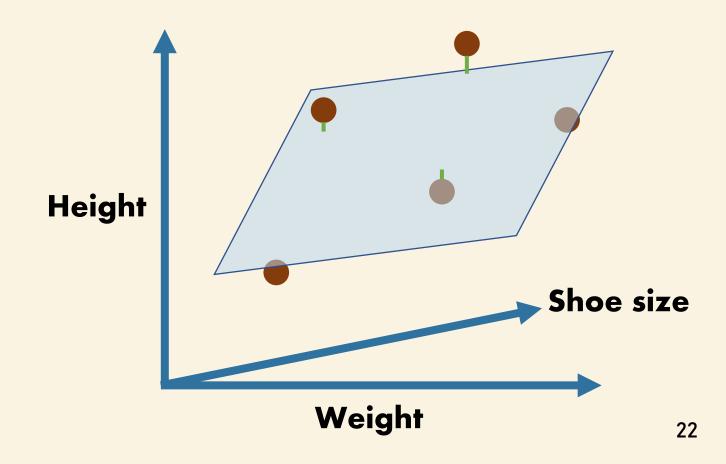


## Multiple linear regression

• Linear regression: **Height** = 0.5 x **Weight** + 1.1

• Multiple linear regression:  $Height = 0.5 \times Weight + 0.3 \times Shoe size + 1.1$ 

Height	Weight	Shoe size
1.1	0.4	36
1.9	1.2	41
1.7	1.9	39
2.8	2.0	43
2.3	2.8	44

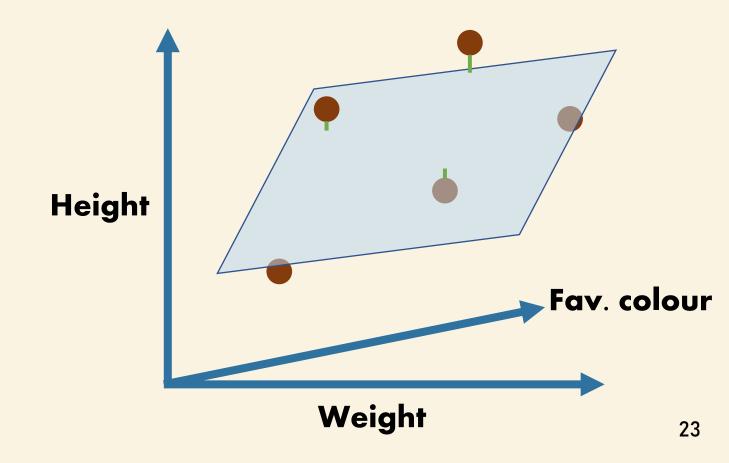


## Multiple linear regression

• Linear regression: **Height** = 0.5 x **Weight** + 1.1

• Multiple linear regression:  $Height = 0.5 \times Weight + 0.3 \times Fav. colour + 1.1$ 

Height	Weight	Favourite colour
1.1	0.4	Green
1.9	1.2	Blue
1.7	1.9	Blue
2.8	2.0	Green
2.3	2.8	Yellow



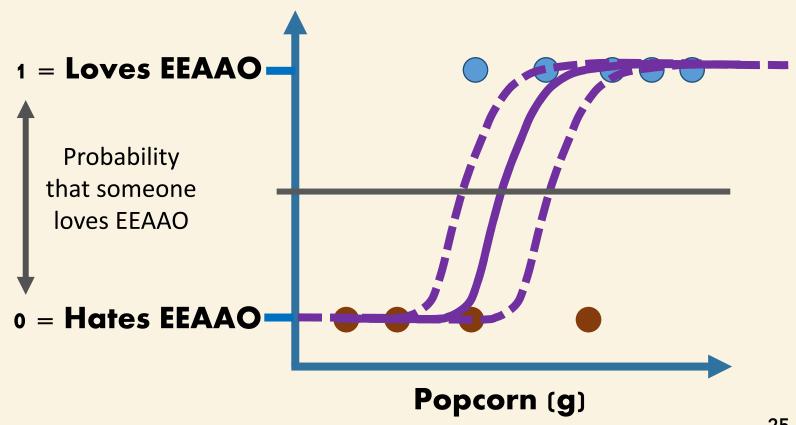
## Logistic regression

- 1. Use **maximum likelihood** to fit an S-shaped logistic function to the data.
- 2. Calculate the R<sup>2</sup>.
- 3. Calculate the p-value.

## Logistic regression

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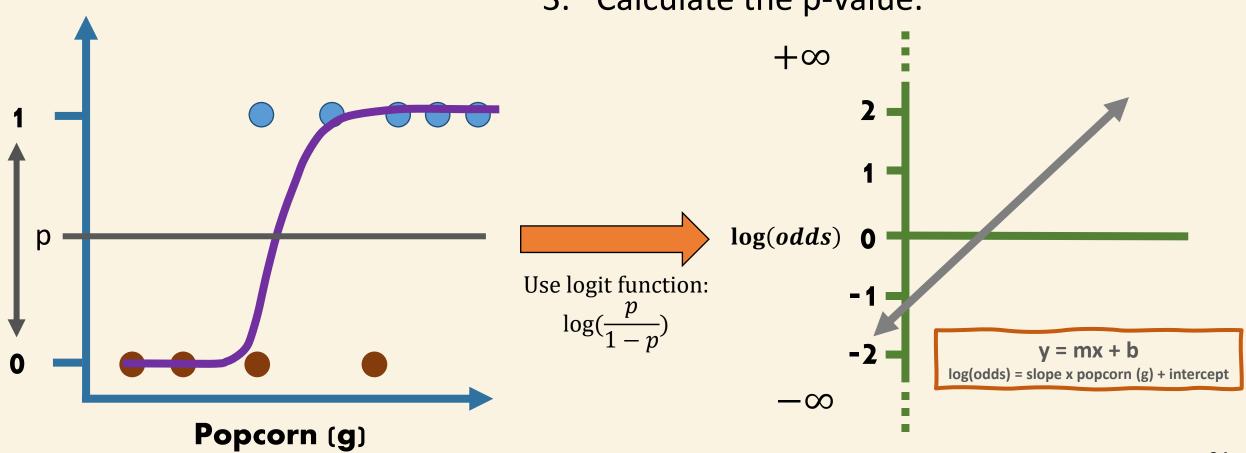
Loves EEAAO	Popcorn (g)
1	95
0	50
1	100
1	85
0	60



#### Imperial College London

## Logistic regression

- 1. Use maximum likelihood to fit an S-shaped logistic function to the data.
- 2. Calculate the R<sup>2</sup>.
- 3. Calculate the p-value.

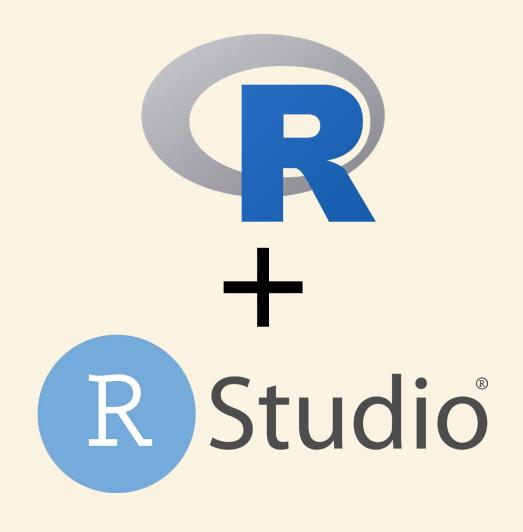


## Multiple logistic regression

 As with linear regression, we can use multiple discrete and continuous independent variables.

Loves EEAAO	Popcorn (g)	Loves Hacksaw Ridge	Astrological sign
1	95	0	Aquarius
0	50	1	Virgo
1	100	0	Taurus
1	85	1	Gemini
0	60	1	Leo

# Practical session - but why use R?





# Practical session - but why use R?





# Literature workshop

Mental health and caregiving experiences of family carers supporting people with psychosis (Sin *et al*, 2021)

tinyurl.com/2as79xtv

# Workshop questions

Spend 10 minutes to skim through the Abstract and Table 1-3.

- 1. What was the aim of the study?
- 2. What were the dependent and independent variables?
- 3. Interpret the regression coefficients in Table 3.

# Workshop answers

#### 1. What was the aim of the study?

To explore the associations between demographic, carer characteristics, and mental health outcomes of family carers supporting an individual with psychosis.

# Workshop answers

2. What were the dependent and independent variables?

**Dependent variable:** Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS); range 14-70, higher score better wellbeing

Independent variable: (9) age, gender, ethnicity, employment status, highest education level achieved, marital status, relationship with CfP, living arrangement, duration of care.

# Workshop answers

#### 3. Interpret the regression coefficients in Table 3.

e.g. *Age of CfP* 

For every unit increase in age of CfP (1 year):

- (Coefficient + CI) WEMWBS on average slightly increases by 0.29 with a 95% CI 0.1 to 0.5, after adjusting for other variables in the model
- (p-value) there is a strong evidence (p<0.01) that this association is not caused by random chance

# Next steps

- 1. Resources: StatQuest, STHDA, RPubs, Imperial Graduate School
- 2. Statistics fundamentals (histograms, probability distributions, etc.)
- 3. Machine learning (classification and prediction)

# Learning outcomes

- Identify the correlation coefficient as a single measure of linear association.
  - p, or rho, has values between -1 and 1 and reflects linear correlation.
- **Apply** general linear models to model a response variable in terms of a single or multiple variables.
  - $Im(y \sim x)$  and  $gIm(y \sim x)$ , family = binomial)
- **Evaluate** model fitness by comparing the results produced by the model with your data.
  - R-squared, p-value
- Present model fitness using data visualisation techniques.
  - plot(y ~ x)
- Interpret regression model results from scientific papers.

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#### Graduate School feedback form

#### Attendance link