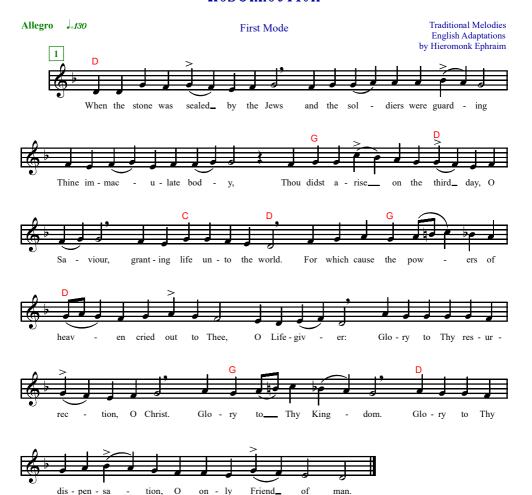
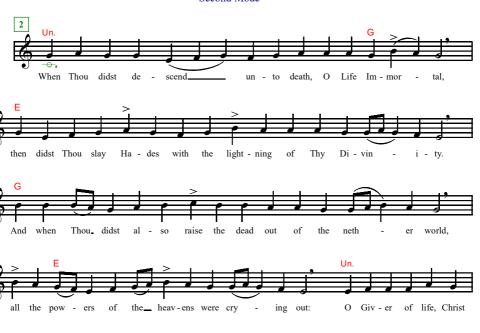
APOLYTIKIA OF THE RESURRECTION



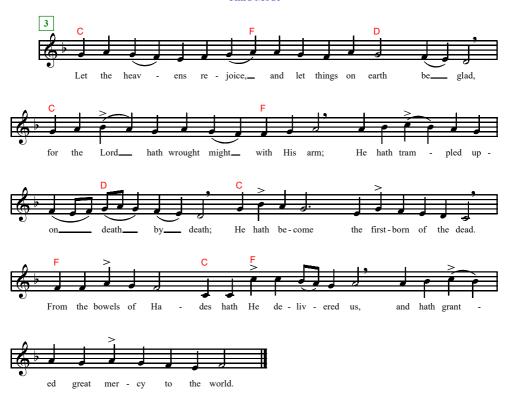
Second Mode







Third Mode



WE SHOULD OFFER OUR PRAYERS TO GOD WITH FEAR AND TREMBLING, TEARS AND SIGHS, AND OUR VOICES WHEN WE CHANT SHOULD BE SOBER, CONTRITE, MEASURED, AND HUMBLE,

-ST. PALLADIOS (IN THE "EVERGETINOS")

Fourth Mode

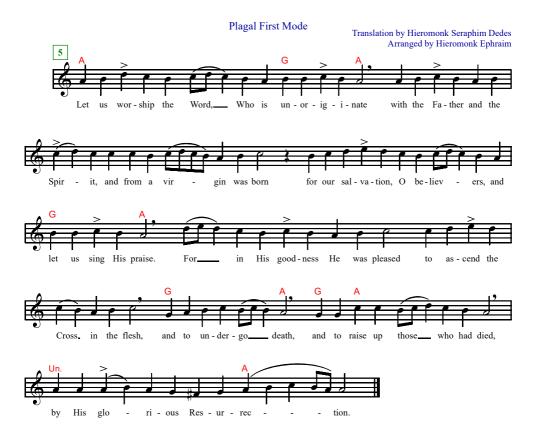








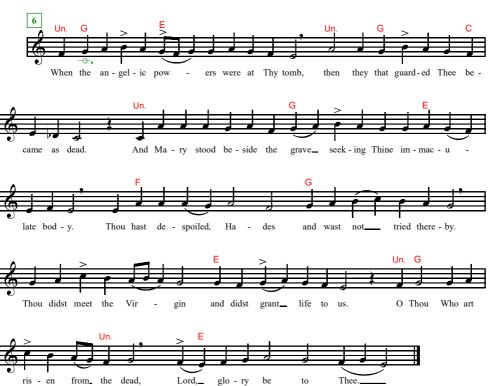




The virtue of silence, especially in church, is very great... Is anything more unbecoming than the divine words should be so drowned by talking, as not to be heard, believed, or made known, that the sacraments should be indistinctly heard through the sound of voices, that prayer should be hindered when offered for the salvation of all?

-St. Ambrose of Milan

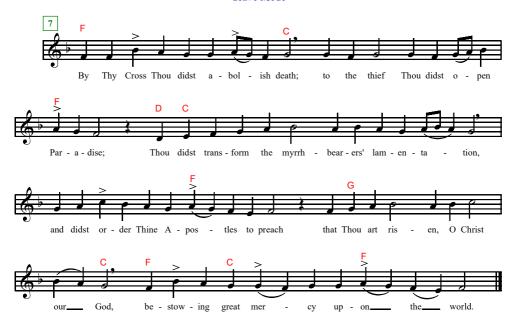
Plagal Second Mode





to

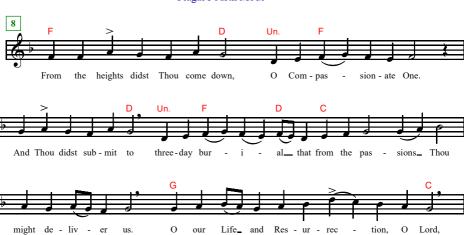
Grave Mode



For prayer and psalmody, as for many other things, every time is suitable; so that we praise God with psalms and hymns and spiritual songs, while we move our hands in work, chanting with our tongue if this is possible and conducive to the edification of the faith, but if not, then in the heart.

-St. Basil the Great

Plagal Fourth Mode







ST. ROMANOS THE MELODIST