

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	MADA Holding AS				
2	Reason for the notification					
a)	Position/status	Closely associated with primary insider and EVP HENT of Sentia ASA, May Helen Dahlstrø				
b)	Initial Notification Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	Sentia ASA				
b)	LEI	636700TZLHWHJV5B7Z64				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN 0013573014				
b)	Nature of the transaction	Shares received as consideration in connection with demerger of Sparhent AS. No cash settlement has been paid in connection with the demerger.				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 0</td> <td>892,212</td> </tr> </tbody> </table>	Price(s)	Volume(s)	NOK 0	892,212
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NOK 0	892,212					
d)	Aggregated information — Aggregated volume — Price	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 0</td> <td>892,212</td> </tr> </tbody> </table>	Price(s)	Volume(s)	NOK 0	892,212
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NOK 0	892,212					

e)	Date of the transaction	2025-09-10
f)	Place of the transaction	<i>Outside a trading venue</i>
g)	Additional Information	<i>Relates to distribution of consideration shares in connection with the completion of the demerger of Sparhent AS</i>

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	MADA Holding AS				
2	Reason for the notification					
a)	Position/status	Closely associated with primary insider and EVP HENT of Sentia ASA, May Helen Dahlstrø				
b)	Initial Notification Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	Sentia ASA				
b)	LEI	636700TZLHWHJV5B7Z64				
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a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN 0013573014				
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NOK 0	286,855					

e)	Date of the transaction	2025-09-10
f)	Place of the transaction	<i>Outside a trading venue</i>
g)	Additional Information	<i>Relates to distribution of consideration shares in connection with the demerger and liquidation of Sparhent AS</i>

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Jan Jahren AS</i>				
2	Reason for the notification					
a)	Position/status	<i>Closely associated with primary insider and CEO of Sentia ASA, Jan Jahren</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Sentia ASA</i>				
b)	LEI	<i>636700TZLHWJ5B7Z64</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN 0013573014</i>				
b)	Nature of the transaction	<i>Shares received as consideration in connection with demerger of Sparhent AS. No cash settlement has been paid in connection with the demerger.</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 0</i></td> <td><i>55,125</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 0</i>	<i>55,125</i>
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e)	Date of the transaction	2025-09-10
f)	Place of the transaction	<i>Outside a trading venue</i>
g)	Additional Information	<i>Relates to distribution of consideration shares in connection with the demerger and liquidation of Sparhent AS</i>