

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Kathrine Gamborg Andreassen</i>					
2	Reason for the notification						
a)	Position/status	<i>CEO</i>					
b)	Initial notification/Amendment	<i>Initial notification</i>					
3	Details of issuer						
a)	Name	<i>Navamedic ASA</i>					
b)	LEI	<i>529900LKVQOR2SRUJU71</i>					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	<i>Options linked to shares in Navamedic ASA with ISIN NO0010205966.</i>					
b)	Nature of the transaction	<i>Grant/acceptance of options.</i>					
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 0</i></td> <td><i>200,000</i></td> </tr> </tbody> </table>		Price(s)	Volume(s)	<i>NOK 0</i>	<i>200,000</i>
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e)	Date of the transaction	<i>2023-02-16</i>					
f)	Place of the transaction	<i>Outside a trading venue</i>					

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Lars Hjarrend</i>					
2	Reason for the notification						
a)	Position/status	<i>CFO</i>					
b)	Initial notification/Amendment	<i>Initial notification</i>					
3	Details of issuer						
a)	Name	<i>Navamedic ASA</i>					
b)	LEI	<i>529900LKVQOR2SRUJU71</i>					
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1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Ole Henrik Eriksen</i>				
2	Reason for the notification					
a)	Position/status	<i>CBDO</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
3	Details of issuer					
a)	Name	<i>Navamedic ASA</i>				
b)	LEI	<i>529900LKVQOR2SRUJU71</i>				
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f)	Place of the transaction	<i>Outside a trading venue</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Astrid T. Bratvedt</i>				
2	Reason for the notification					
a)	Position/status	<i>CSO</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
3	Details of issuer					
a)	Name	<i>Navamedic ASA</i>				
b)	LEI	<i>529900LKVQOR2SRUJU71</i>				
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1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Tony Brejke</i>					
2	Reason for the notification						
a)	Position/status	<i>COO</i>					
b)	Initial notification/Amendment	<i>Initial notification</i>					
3	Details of issuer						
a)	Name	<i>Navamedic ASA</i>					
b)	LEI	<i>529900LKVQOR2SRUJU71</i>					
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1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Alexander Lidmejer</i>					
2	Reason for the notification						
a)	Position/status	<i>Commercial Director Rx</i>					
b)	Initial notification/Amendment	<i>Initial notification</i>					
3	Details of issuer						
a)	Name	<i>Navamedic ASA</i>					
b)	LEI	<i>529900LKVQOR2SRUJU71</i>					
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1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Karianne Femtehjell Olsen</i>					
2	Reason for the notification						
a)	Position/status	<i>Sales and Marketing Director Consumer Health</i>					
b)	Initial notification/Amendment	<i>Initial notification</i>					
3	Details of issuer						
a)	Name	<i>Navamedic ASA</i>					
b)	LEI	<i>529900LKVQOR2SRUJU71</i>					
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