

## NOTIFICATION OF TRANSACTIONS PURSUANT TO THE MARKET ABUSE REGULATION ARTICLE 19

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>	
a)	Name	Vidar Nordheim
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Chief Risk Officer (CRO) of SpareBank 1 Østlandet
b)	Initial notification/amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or action monitor</b>	
a)	Name	SpareBank 1 Østlandet
b)	LEI	549300VRM6G42M8OWN49
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each instrument, (ii) each type of transaction, (iii) each date and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument Identification code	Equity capital certificate, ticker SPOL ISIN: NO0010751910
b)	Nature of the transaction	Buy
c)	Price(s) and volume(s)	Price: NOK 113.08, volume: 53
d)	Aggregated information: Volume Volume weighted average price Total price	53 NOK 113.08 NOK 5,993.24
e)	Date of the transaction	2022-11-xx
f)	Place of the transaction	Equity capital certificates purchased by SpareBank 1 Østlandet on XOSL (2022-10-28/2022-10-31/2022-11-01) and redistributed to participating employees under the 2022 savings programme.

## NOTIFICATION OF TRANSACTIONS PURSUANT TO THE MARKET ABUSE REGULATION ARTICLE 19

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>	
a)	Name	Geir-Egil Bolstad
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Chief Financial Officer (CFO) of SpareBank 1 Østlandet
b)	Initial notification/amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or action monitor</b>	
a)	Name	SpareBank 1 Østlandet
b)	LEI	549300VRM6G42M8OWN49
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each instrument, (ii) each type of transaction, (iii) each date and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument Identification code	Equity capital certificate, ticker SPOL ISIN: NO0010751910
b)	Nature of the transaction	Buy
c)	Price(s) and volume(s)	Price: NOK 113.08, volume: 53
d)	Aggregated information: Volume Volume weighted average price Total price	53 NOK 113.08 NOK 5,993.24
e)	Date of the transaction	2022-11-xx
f)	Place of the transaction	Equity capital certificates purchased by SpareBank 1 Østlandet on XOSL (2022-10-28/2022-10-31/2022-11-01) and redistributed to participating employees under the 2022 savings programme.