

**Notification of transactions by persons discharging
managerial responsibilities and persons closely associated with them**

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Lars H. Barstad				
2	Reason for the notification					
a)	Position/status	CEO of Frontline Management AS				
b)	Initial notification/ Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	Frontline plc				
b)	LEI	5493004BCIKYU1YL3H63				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	Synthetic options giving a right to cash settlements depending on the development of the company's share price. ISIN: CY0200352116				
b)	Nature of the transaction	Lars H. Barstad has on September 12 th , 2025, exercised 110,000 synthetic options in Frontline plc (the "Company") under its share option scheme approved by the Board of Directors of the Company on December 7, 2021. The exercise price will be about NOK 10.70, adjusted from NOK 71 due to \$5.71 dividend paid per share since the options were granted and the dividend payable on 24.09.2025.				
c)	Price(s) and volume(s)	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; padding-bottom: 5px;">Price(s)</th> <th style="text-align: left; padding-bottom: 5px;">Volume(s)</th> </tr> </thead> <tbody> <tr> <td style="padding-top: 5px;">NOK 229.8667</td> <td style="padding-top: 5px;">110,000 synthetic options</td> </tr> </tbody> </table>	Price(s)	Volume(s)	NOK 229.8667	110,000 synthetic options
Price(s)	Volume(s)					
NOK 229.8667	110,000 synthetic options					
d)	Aggregated information — Aggregated volume — Price	110,000 synthetic options NOK 229.8667				
e)	Date of the transaction	September 12 th , 2025				
f)	Place of transaction	Off market				