

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Kathrine Gamborg Andreassen</i>				
<b>2 Reason for the notification</b>						
a)	Position/status	<i>CEO</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3 Details of issuer</b>						
a)	Name	<i>Navamedic ASA</i>				
b)	LEI	<i>529900LKVQOR2SRUJU71</i>				
<b>4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>						
a)	Description of the financial instrument, type of instrument Identification code	<i>Options linked to shares in Navamedic ASA with ISIN NO0010205966.</i>				
b)	Nature of the transaction	<i>Grant/acceptance of options.</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td><i>NOK 0</i></td> <td><i>200,000</i></td></tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	<i>NOK 0</i>	<i>200,000</i>
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d)	Aggregated information — Aggregated volume — Price	<i>200,000 options for NOK 0.</i>				
e)	Date of the transaction	<i>2023-02-16</i>				
f)	Place of the transaction	<i>Outside a trading venue</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Lars Hjarrand</i>				
<b>2 Reason for the notification</b>						
a)	Position/status	<i>CFO</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3 Details of issuer</b>						
a)	Name	<i>Navamedic ASA</i>				
b)	LEI	<i>529900LKVQOR2SRUJU71</i>				
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f)	Place of the transaction	<i>Outside a trading venue</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Ole Henrik Eriksen</i>				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	<i>CBDO</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	<i>Navamedic ASA</i>				
b)	LEI	<i>529900LKVQOR2SRUJU71</i>				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
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f)	Place of the transaction	<i>Outside a trading venue</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Astrid T. Bratvedt</i>				
<b>2 Reason for the notification</b>						
a)	Position/status	<i>CSO</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3 Details of issuer</b>						
a)	Name	<i>Navamedic ASA</i>				
b)	LEI	<i>529900LKVQOR2SRUJU71</i>				
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f)	Place of the transaction	<i>Outside a trading venue</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Tony Brejke</i>				
<b>2 Reason for the notification</b>						
a)	Position/status	<i>COO</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3 Details of issuer</b>						
a)	Name	<i>Navamedic ASA</i>				
b)	LEI	<i>529900LKVQOR2SRUJU71</i>				
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f)	Place of the transaction	<i>Outside a trading venue</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Alexander Lidmejer				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	<i>Commercial Director Rx</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Navamedic ASA				
b)	LEI	529900LKVQOR2SRUJU71				
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<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Karianne Femtehjell Olsen</i>				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	<i>Sales and Marketing Director Consumer Health</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	<i>Navamedic ASA</i>				
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