

NOTIFICATION OF TRANSACTIONS PURSUANT TO THE MARKET ABUSE REGULATION ARTICLE 19

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Vidar Nordheim
2	Reason for the notification	
a)	Position/status	Chief Risk Officer (CRO) of SpareBank 1 Østlandet
b)	Initial notification/amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or action monitor	
a)	Name	SpareBank 1 Østlandet
b)	LEI	549300VRM6G42M8OWN49
4	Details of the transaction(s): section to be repeated for (i) each instrument, (ii) each type of transaction, (iii) each date and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Equity capital certificate, ticker SPOL ISIN: NO0010751910
b)	Nature of the transaction	Buy
c)	Price(s) and volume(s)	Price: NOK 113.08, volume: 53
d)	Aggregated information: Volume Volume weighted average price Total price	53 NOK 113.08 NOK 5,993.24
e)	Date of the transaction	2022-11-xx
f)	Place of the transaction	Equity capital certificates purchased by SpareBank 1 Østlandet on XOSL (2022-10-28/2022-10-31/2022-11-01) and redistributed to participating employees under the 2022 savings programme.

NOTIFICATION OF TRANSACTIONS PURSUANT TO THE MARKET ABUSE REGULATION ARTICLE 19

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Geir-Egil Bolstad
2	Reason for the notification	
a)	Position/status	Chief Financial Officer (CFO) of SpareBank 1 Østlandet
b)	Initial notification/amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or action monitor	
a)	Name	SpareBank 1 Østlandet
b)	LEI	549300VRM6G42M8OWN49
4	Details of the transaction(s): section to be repeated for (i) each instrument, (ii) each type of transaction, (iii) each date and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Equity capital certificate, ticker SPOL ISIN: NO0010751910
b)	Nature of the transaction	Buy
c)	Price(s) and volume(s)	Price: NOK 113.08, volume: 53
d)	Aggregated information: Volume Volume weighted average price Total price	53 NOK 113.08 NOK 5,993.24
e)	Date of the transaction	2022-11-xx
f)	Place of the transaction	Equity capital certificates purchased by SpareBank 1 Østlandet on XOSL (2022-10-28/2022-10-31/2022-11-01) and redistributed to participating employees under the 2022 savings programme.