

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Philipp Sebastian Niesing</i>				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	<i>The notification concerns a Primary insider, Strategic Projects, Philipp Sebastian Niesing.</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	<i>MPC Container Ships ASA</i>				
b)	LEI	<i>213800MXS7CXYJ2Q1805</i>				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares in MPC Container Ships ASA with ISIN NO 001 0791353</i>				
b)	Nature of the transaction	<i>Acquisition</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td><i>NOK 19.31</i></td> <td><i>5,000</i></td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	<i>NOK 19.31</i>	<i>5,000</i>
<b>Price(s)</b>	<b>Volume(s)</b>					
<i>NOK 19.31</i>	<i>5,000</i>					
d)	Aggregated information — Aggregated volume — Price	<i>5,000 shares for a total of NOK 96,557</i>				
e)	Date of the transaction	<i>2022-07-06</i>				
f)	Place of the transaction	<i>XOSL – Oslo Børs</i>				