

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|----------|--|--|----------|-----------|-------|-----------|
| a) | Name | Grieg Kapital AS | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | Closely associated person of primary insider Per Grieg (board member) | | | | |
| b) | Initial notification/Amendment | Initial notification | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | Proximar Seafood AS | | | | |
| b) | LEI | 5493006J8UNWCDMAQW02 | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | | | | |
| b) | Nature of the transaction | Subscription and allocation of shares | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 2</td> <td>9,000,000</td> </tr> </table> | Price(s) | Volume(s) | NOK 2 | 9,000,000 |
| Price(s) | Volume(s) | | | | | |
| NOK 2 | 9,000,000 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 9,000,000 Total price: NOK 18,000,000 | | | | |
| e) | Date of the transaction | 2024-01-03 | | | | |
| f) | Place of the transaction | Outside a trading venue | | | | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| | | | |
|----------|--|--|------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | | |
| a) | Name | Kvasshovd AS | |
| 2 | Reason for the notification | | |
| a) | Position/status | Closely associated person of primary insider Katrine Trovik (chairperson of the board) | |
| b) | Initial notification/Amendment | Initial notification | |
| 3 | Details of issuer | | |
| a) | Name | Proximar Seafood AS | |
| b) | LEI | 5493006J8UNWCDMAQW02 | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | |
| b) | Nature of the transaction | Subscription and allocation of shares | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 2 | 1,500,000 |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 1,500,000 Total price: NOK 3,000,000 | |
| e) | Date of the transaction | 2023-01-03 | |
| f) | Place of the transaction | Outside a trading venue | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| | | | |
|----------|--|--|------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | | |
| a) | Name | Loyden AS | |
| 2 | Reason for the notification | | |
| a) | Position/status | Closely associated person of primary insider Joachim Nielsen (CEO) | |
| b) | Initial notification/Amendment | Initial notification | |
| 3 | Details of issuer | | |
| a) | Name | Proximar Seafood AS | |
| b) | LEI | 5493006J8UNWCDMAQW02 | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | |
| b) | Nature of the transaction | Subscription and allocation of shares | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 2 | 750,000 |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 750,000 Total price: NOK 1,500,000 | |
| e) | Date of the transaction | 2023-01-03 | |
| f) | Place of the transaction | Outside a trading venue | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| | | | |
|----------|--|--|------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | | |
| a) | Name | Ole Christian Willumsen | |
| 2 | Reason for the notification | | |
| a) | Position/status | Chief Financial Officer (CFO) | |
| b) | Initial notification/Amendment | Initial notification | |
| 3 | Details of issuer | | |
| a) | Name | Proximar Seafood AS | |
| b) | LEI | 5493006J8UNWCDMAQW02 | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | |
| b) | Nature of the transaction | Subscription and allocation of shares | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 2 | 500,000 |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 500,000 Total price: NOK 1,000,000 | |
| e) | Date of the transaction | 2023-01-03 | |
| f) | Place of the transaction | Outside a trading venue | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|----------|--|---|----------|-----------|-------|--------|
| a) | Name | Dharma Rajeswaran | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | Chief Operating Officer (COO) | | | | |
| b) | Initial notification/Amendment | Initial notification | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | Proximar Seafood AS | | | | |
| b) | LEI | 5493006J8UNWCDMAQW02 | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | | | | |
| b) | Nature of the transaction | Subscription and allocation of shares | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 2</td> <td>25,000</td> </tr> </table> | Price(s) | Volume(s) | NOK 2 | 25,000 |
| Price(s) | Volume(s) | | | | | |
| NOK 2 | 25,000 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 25,000 Total price: NOK 50,000 | | | | |
| e) | Date of the transaction | 2023-01-03 | | | | |
| f) | Place of the transaction | Outside a trading venue | | | | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| | | | |
|----------|--|---|------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | | |
| a) | Name | Marius Birkenes | |
| 2 | Reason for the notification | | |
| a) | Position/status | Director Strategy | |
| b) | Initial notification/Amendment | Initial notification | |
| 3 | Details of issuer | | |
| a) | Name | Proximar Seafood AS | |
| b) | LEI | 5493006J8UNWCDMAQW02 | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | |
| b) | Nature of the transaction | Subscription and allocation of shares | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 2 | 70,000 |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 70,000 Total price: NOK 140,000 | |
| e) | Date of the transaction | 2023-01-03 | |
| f) | Place of the transaction | Outside a trading venue | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| | | | |
|----------|--|---|------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | | |
| a) | Name | Vivian Lunde | |
| 2 | Reason for the notification | | |
| a) | Position/status | Director ESG & Business Operations | |
| b) | Initial notification/Amendment | Initial notification | |
| 3 | Details of issuer | | |
| a) | Name | Proximar Seafood AS | |
| b) | LEI | 5493006J8UNWCDMAQW02 | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | |
| b) | Nature of the transaction | Subscription and allocation of shares | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 2 | 75,000 |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 75,000 Total price: NOK 150,000 | |
| e) | Date of the transaction | 2023-01-03 | |
| f) | Place of the transaction | Outside a trading venue | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|----------|--|---|----------|-----------|-------|--------|
| a) | Name | VHAL AS | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | Closely associated person of primary insider Viggo Halseth (board member) | | | | |
| b) | Initial notification/Amendment | Initial notification | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | Proximar Seafood AS | | | | |
| b) | LEI | 5493006J8UNWCDMAQW02 | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | | | | |
| b) | Nature of the transaction | Subscription and allocation of shares | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 2</td> <td>75,000</td> </tr> </table> | Price(s) | Volume(s) | NOK 2 | 75,000 |
| Price(s) | Volume(s) | | | | | |
| NOK 2 | 75,000 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 75,000 Total price: NOK 150,000 | | | | |
| e) | Date of the transaction | 2023-01-03 | | | | |
| f) | Place of the transaction | Outside a trading venue | | | | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|----------|--|---|----------|-----------|-------|--------|
| a) | Name | Peter Hermanrud | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | Board member | | | | |
| b) | Initial notification/Amendment | Initial notification | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | Proximar Seafood AS | | | | |
| b) | LEI | 5493006J8UNWCDMAQW02 | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | | | | |
| b) | Nature of the transaction | Subscription and allocation of shares | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 2</td> <td>30,000</td> </tr> </table> | Price(s) | Volume(s) | NOK 2 | 30,000 |
| Price(s) | Volume(s) | | | | | |
| NOK 2 | 30,000 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 30,000 Total price: NOK 60,000 | | | | |
| e) | Date of the transaction | 2023-01-03 | | | | |
| f) | Place of the transaction | Outside a trading venue | | | | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|----------|--|--|----------|-----------|-------|-----------|
| a) | Name | Kvasshøgdi AS | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | Closely associated person of primary insider Per Grieg (board member) | | | | |
| b) | Initial notification/Amendment | Initial notification | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | Proximar Seafood AS | | | | |
| b) | LEI | 5493006J8UNWCDMAQW02 | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | | | | |
| b) | Nature of the transaction | Subscription and allocation of shares | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 2</td> <td>4,500,000</td> </tr> </table> | Price(s) | Volume(s) | NOK 2 | 4,500,000 |
| Price(s) | Volume(s) | | | | | |
| NOK 2 | 4,500,000 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 4,500,000 Total price: NOK 9,000,000 | | | | |
| e) | Date of the transaction | 2023-01-03 | | | | |
| f) | Place of the transaction | Outside a trading venue | | | | |

NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|----------|--|--|----------|-----------|-------|-----------|
| a) | Name | Ystholmen Felles AS | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | Closely associated person of primary insider Thomas Grieg (advisor) | | | | |
| b) | Initial notification/Amendment | Initial notification | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | Proximar Seafood AS | | | | |
| b) | LEI | 5493006J8UNWCDMAQW02 | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares in Proximar Seafood AS (ISIN NO0010893902) | | | | |
| b) | Nature of the transaction | Subscription and allocation of shares | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 2</td> <td>1,000,000</td> </tr> </table> | Price(s) | Volume(s) | NOK 2 | 1,000,000 |
| Price(s) | Volume(s) | | | | | |
| NOK 2 | 1,000,000 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | Aggregated volume: 1,000,000 Total price: NOK 2,000,000 | | | | |
| e) | Date of the transaction | 2024-01-03 | | | | |
| f) | Place of the transaction | Outside a trading venue | | | | |