

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|-----------------|--|---|-----------------|--------------------------|----------|---------------|
| a) | Name | <i>Kasado 2020 AS</i> | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | <i>Closely associated company of Kristian Adolfsen, board member in Norlandia Health & Care Group AS</i> | | | | |
| b) | Initial notification/Amendment | <i>Initial notification</i> | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | <i>Norlandia Health & Care Group AS</i> | | | | |
| b) | LEI | <i>549300FBOBWU7L8EH481</i> | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | <i>Debt instrument. ISIN: NO0013266692</i> | | | | |
| b) | Nature of the transaction | <i>Sale/transfer of debt instruments</i> | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>100.00 %</td> <td>NOK 1,500,000</td> </tr> </tbody> </table> | Price(s) | Volume(s) | 100.00 % | NOK 1,500,000 |
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| 100.00 % | NOK 1,500,000 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | <table border="1"> <thead> <tr> <th>Price</th> <th>Aggregated Volume</th> </tr> </thead> <tbody> <tr> <td>100.00 %</td> <td>NOK 1,500,000</td> </tr> </tbody> </table> <p>Note: Aggregated volume includes privately owned volumes.</p> | Price | Aggregated Volume | 100.00 % | NOK 1,500,000 |
| Price | Aggregated Volume | | | | | |
| 100.00 % | NOK 1,500,000 | | | | | |
| e) | Date of the transaction | 20.06.2024 | | | | |
| f) | Place of the transaction | <i>Outside a trading venue</i> | | | | |

| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|-----------------|--|--|-----------------|--------------------------|----------|---------------|
| a) | Name | <i>Mona Adolfsen</i> | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | <i>Closely associated person of Roger Adolfsen, board member in Norlandia Health & Care Group AS</i> | | | | |
| b) | Initial notification/Amendment | <i>Initial notification</i> | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | <i>Norlandia Health & Care Group AS</i> | | | | |
| b) | LEI | <i>549300FBOBWU7L8EH481</i> | | | | |
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| e) | Date of the transaction | <i>20.06.2024</i> | | | | |
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| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|--|--|--|-----------------|--------------------------|----------|---------------|
| a) | Name | Roger Larsen | | | | |
| 2 Reason for the notification | | | | | | |
| a) | Position/status | CFO – Norlandia Health & Care Group AS | | | | |
| b) | Initial notification/Amendment | Initial notification | | | | |
| 3 Details of issuer | | | | | | |
| a) | Name | Norlandia Health & Care Group AS | | | | |
| b) | LEI | 549300FBOBWU7L8EH481 | | | | |
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| b) | Nature of the transaction | <i>Sale/transfer of debt instruments</i> | | | | |
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| e) | Date of the transaction | 20.06.2024 | | | | |
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| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|-----------------|--|--|-----------------|--------------------------|----------|---------------|
| a) | Name | <i>Gizmo AS</i> | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | <i>Closely associated person of Kristian Adolfsen, board member in Norlandia Health & Care Group AS</i> | | | | |
| b) | Initial notification/Amendment | <i>Initial notification</i> | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | <i>Norlandia Health & Care Group AS</i> | | | | |
| b) | LEI | <i>549300FBOBWU7L8EH481</i> | | | | |
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| e) | Date of the transaction | <i>20.06.2024</i> | | | | |
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| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
|-----------------|--|--|-----------------|--------------------------|----------|---------------|
| a) | Name | Bleiksøya 4 AS | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | <i>Closely associated person of Roger Adolfsen, board member in Norlandia Health & Care Group AS</i> | | | | |
| b) | Initial notification/Amendment | <i>Initial notification</i> | | | | |
| 3 | Details of issuer | | | | | |
| a) | Name | Norlandia Health & Care Group AS | | | | |
| b) | LEI | 549300FBOBWU7L8EH481 | | | | |
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