

To NASDAQ Copenhagen

Statement of transactions

22 January 2016

Reporting of trading in Tryg shares by insiders

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. section 28a of the Danish Securities Trading Act.

Tor Magne Lønnum has been granted shares related to the matching shares programme from 2011, see Tryg's Remuneration policy.

Name	Tor Magne Lønnum
Senior management employee's position:	Group CFO
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Granting
Trading date:	21 January 2016
Market in which the transaction was executed:	NASDAQ Copenhagen
Number of securities traded:	6,895
Market value (DKK) of securities traded:	835,536

Further information

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