

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>											
a)	Name	<i>Pioneer Property Group ASA</i>										
<b>2 Reason for the notification</b>												
a)	Position/status	<i>Closely associated person of Roger Adolfsen, board member in Norlandia Health &amp; Care Group AS</i>										
b)	Initial notification/Amendment	<i>Initial notification</i>										
<b>3</b>	<b>Details of issuer</b>											
a)	Name	<i>Norlandia Health &amp; Care Group AS</i>										
b)	LEI	<i>549300FBOBWU7L8EH481</i>										
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>											
a)	Description of the financial instrument, type of instrument Identification code	<i>Debt instrument. NHC01, ISIN: NO0010780604 and NHC02, ISIN: NO0010780612</i>										
b)	Nature of the transaction	<i>Sale/transfer of debt instruments</i>										
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Instrument</th> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NHC01</td> <td>100.375</td> <td>196 000 000</td> </tr> <tr> <td>NHC02</td> <td>100.375</td> <td>163 500 000</td> </tr> </tbody> </table>		Instrument	Price(s)	Volume(s)	NHC01	100.375	196 000 000	NHC02	100.375	163 500 000
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e)	Date of the transaction	<i>10/05/2021</i>										
f)	Place of the transaction	<i>Oslo Børs, MIC: XOSL</i>										

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>			
a)	Name	<i>Hospitality Invest AS</i>		
<b>2 Reason for the notification</b>				
a)	Position/status	<i>Closely associated person of Roger Adolfsen, board member in Norlandia Health &amp; Care Group AS</i>		
b)	Initial notification/Amendment	<i>Initial notification</i>		
<b>3</b>	<b>Details of issuer</b>			
a)	Name	<i>Norlandia Health &amp; Care Group AS</i>		
b)	LEI	<i>549300FBOBWU7L8EH481</i>		
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a)	Description of the financial instrument, type of instrument Identification code	<i>Debt instrument. NHC01, ISIN: NO0010780604 and NHC02, ISIN: NO0010780612</i>		
b)	Nature of the transaction	<i>Acquisition/receipt of debt instruments</i>		
c)	Price(s) and volume(s)	<b>Instrument</b>	<b>Price(s)</b>	<b>Volume(s)</b>
		NHC01	100.375	181 000 000
		NHC02	100.375	139 000 000
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e)	Date of the transaction	<i>10/05/2021</i>		
f)	Place of the transaction	<i>Oslo Børs, MIC: XOSL</i>		

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>											
a)	Name	<i>Hi Capital AS</i>										
<b>2</b>	<b>Reason for the notification</b>											
a)	Position/status	<i>Closely associated person of Roger Adolfsen, board member in Norlandia Health &amp; Care Group AS</i>										
b)	Initial notification/Amendment	<i>Initial notification</i>										
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