

## NOTIFICATION OF TRANSACTIONS PURSUANT TO THE MARKET ABUSE REGULATION ARTICLE 19

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>	
a)	Name	Richard Heiberg Invest AS (org.no. 989 088 416)
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Closely associated with Richard Heiberg, Chief Executive Officer of SpareBank 1 Østlandet
b)	Initial notification/amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or action monitor</b>	
a)	Name	SpareBank 1 Østlandet
b)	LEI	549300VRM6G42M8OWN49
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each instrument, (ii) each type of transaction, (iii) each date and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument Identification code	Equity capital certificate, ticker SPOL ISIN: NO0010751910
b)	Nature of the transaction	Buy
c)	Price(s) and volume(s)	Price: NOK 137.80, volume: 1,800 Price: NOK 139.60, volume: 3,200
d)	Aggregated information: Volume Volume weighted average price Total price	5,000 NOK 138.952 NOK 694,760
e)	Date of the transaction	2022-03-15
f)	Place of the transaction	XOSL – Oslo Børs