

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Point Resources Holding AS				
2	Reason for the notification					
a)	Position/status	Close associate to board member and primary insider Ove Gusevik.				
b)	Initial Notification / Amendment	Initial				
3	Details of the issuer					
a)	Name	Vår Energi ASA				
b)	LEI	549300LIVN3FFOJN2K47				
4	Details of the transaction:					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Vår Energi ASA, with ISIN NO0011202772				
b)	Nature of the transaction	Sale of shares in a market block sale.				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price</td> <td>Volume(s)</td> </tr> <tr> <td>NOK 29</td> <td>157,273,594</td> </tr> </table>	Price	Volume(s)	NOK 29	157,273,594
Price	Volume(s)					
NOK 29	157,273,594					
d)	Aggregated information — Aggregated volume — Price	<table border="1"> <tr> <td>Price</td> <td>Volume(s)</td> </tr> <tr> <td>4,560,934,226</td> <td>157,273,594</td> </tr> </table>	Price	Volume(s)	4,560,934,226	157,273,594
Price	Volume(s)					
4,560,934,226	157,273,594					
e)	Date of the transaction	2023-09-22				
f)	Place of the transaction	Oslo Børs (XOSL)				