![Tryg logo]

To NASDAQ Copenhagen

Statement of transactions   11 February 2016
Reporting of trading in Tryg shares by insiders

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. section 28a of the Danish Securities Trading Act.

Morten Hübbe, Tor Magne Lønnum and Lars Bonde have been granted shares related to the matching shares programme from 2012, see Tryg's Remuneration policy.

Name	Morten Hübbe
Senior management employee's position:	Group CEO
Relationship with senior management employee (related party):	
ISIN code:	DK 0060636678
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Granting
Trading date:	10 February 2016
Market in which the transaction was executed:	NASDAQ Copenhagen
Number of securities traded:	14,030
Market value (DKK) of securities traded:	1,688,931

Name	Tor Magne Lønnum
Senior management employee's position:	Group CFO
Relationship with senior management employee (related party):	
ISIN code:	DK 0060636678
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Granting
Trading date:	10 February 2016
Market in which the transaction was executed:	NASDAQ Copenhagen
Number of securities traded:	9,050
Market value (DKK) of securities traded:	1,089,439

Name	Lars Bonde
Senior management employee's position:	Group COO
Relationship with senior management employee (related party):	
ISIN code:	DK 0060636678
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Granting
Trading date:	10 February 2016
Market in which the transaction was executed:	NASDAQ Copenhagen
Number of securities traded:	6,660
Market value (DKK) of securities traded:	801,731

Further information

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