

| | | | | | | |
|--------------------|---|--|----------|-----------|--------------------|------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | | | | | |
| a) | Name | <i>Ellen Waldeland Hoddell</i> | | | | |
| | | <i>N/A</i> | | | | |
| 2 | Reason for the notification | | | | | |
| a) | Position/status | <i>SVP Safety & Sustainability</i> | | | | |
| b) | Initial Notification Amendment | <i>Initial notification</i> | | | | |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | | | | | |
| a) | Name | <i>Vår Energi ASA</i> | | | | |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> | | | | |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | | | | |
| a) | Description of the financial instrument, type of instrument Identification code | <i>Shares with ISIN NO 001 1202772</i> | | | | |
| b) | Nature of the transaction | <i>Purchase of shares</i> | | | | |
| c) | Price(s) and volume(s) | <table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 31.5312</i></td> <td><i>773</i></td> </tr> </table> | Price(s) | Volume(s) | <i>NOK 31.5312</i> | <i>773</i> |
| Price(s) | Volume(s) | | | | | |
| <i>NOK 31.5312</i> | <i>773</i> | | | | | |

| | | |
|----|--|---|
| d) | Aggregated information — Aggregated volume — Price | N/A |
| e) | Date of the transaction | 2023-07-09 |
| f) | Place of the transaction | Oslo Stock Exchange |
| g) | Additional Information | Purchase of shares under share saving programme |

| | | |
|----|---|---------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Jan Inge Nesheim |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Employee board representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |
| b) | Nature of the transaction | Purchases of shares |

| | | | |
|----|--|---|-----------|
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | NOK 31.5312 | 333 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | Oslo Stock Exchange | |
| g) | Additional Information | Purchase of shares under share saving programme | |

| | | |
|----|---|--|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Ove Mikal Helle</i> |
| | | <i>N/A</i> |
| 2 | Reason for the notification | |
| a) | Position/status | <i>SVP Safety and Sustainability</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | <i>Shares with ISIN NO 001 1202772</i> |
| b) | Nature of the transaction | <i>Purchases of shares</i> |

| | | | |
|----|--|---|-----------|
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | NOK 31.5312 | 886 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | Oslo Stock Exchange | |
| g) | Additional Information | Purchase of shares under share saving programme | |

| | | |
|----|---|---------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Jann Idar Dillern |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Deputy employee representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |
| b) | Nature of the transaction | Purchases of shares |

| | | | | | | |
|-------------|--|--|----------|-----------|-------------|-----|
| c) | Price(s) and volume(s) | <table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK 31.5312</td><td>113</td></tr></table> | Price(s) | Volume(s) | NOK 31.5312 | 113 |
| Price(s) | Volume(s) | | | | | |
| NOK 31.5312 | 113 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | N/A | | | | |
| e) | Date of the transaction | 2023-07-09 | | | | |
| f) | Place of the transaction | Oslo Stock Exchange | | | | |
| g) | Additional Information | Purchase of shares under share saving programme | | | | |

| | | |
|----|---|---------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Christine Vorland |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Deputy board representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |
| b) | Nature of the transaction | Purchases of shares |

| | | | |
|----|--|---|-----------|
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 31.5312 | 314 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | Oslo Stock Exchange | |
| g) | Additional Information | Purchase of shares under share saving programme | |

| | | |
|----|---|---------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Laurits Hosar |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Deputy board representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |
| b) | Nature of the transaction | Purchases of shares |

| | | | |
|----|--|---|-----------|
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 31.5312 | 551 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | Oslo Stock Exchange | |
| g) | Additional Information | Purchase of shares under share saving programme | |

| | | |
|----|---|---------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Atle Reinseth |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | EVP Project development and SCM |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |
| b) | Nature of the transaction | Purchases of shares |

| | | | | | | |
|-------------|--|---|----------|-----------|-------------|------|
| c) | Price(s) and volume(s) | <table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK 31.5312</td><td>1229</td></tr></table> | Price(s) | Volume(s) | NOK 31.5312 | 1229 |
| Price(s) | Volume(s) | | | | | |
| NOK 31.5312 | 1229 | | | | | |
| d) | Aggregated information — Aggregated volume — Price | N/A | | | | |
| e) | Date of the transaction | 2023-07-09 | | | | |
| f) | Place of the transaction | Oslo Stock Exchange | | | | |
| g) | Additional Information | Purchase of shares under share saving programme | | | | |

| | | |
|----|---|---------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Hege Susanne Blåsternes |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Employee board representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |
| b) | Nature of the transaction | Purchases of shares |

| | | | |
|----|--|---|-----------|
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 31.5312 | 754 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | Oslo Stock Exchange | |
| g) | Additional Information | Purchase of shares under share saving programme | |

| | | |
|----|---|---------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Bjørn Nysted |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Employee board representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |
| b) | Nature of the transaction | Purchases of shares |

| | | | |
|----|--|---|-----------|
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | NOK 31.5312 | 689 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | Oslo Stock Exchange | |
| g) | Additional Information | Purchase of shares under share saving programme | |

| | | |
|----|---|--------------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Lilli Sahlman Fagerdal |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Deputy employee board representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |

| | | | |
|----|--|--|------------|
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | <i>NOK 31.5312</i> | <i>156</i> |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | |
| e) | Date of the transaction | <i>2023-07-09</i> | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|--------------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Live Fornes |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | Deputy employee board representative |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |

| | | | |
|----|--|--|------------|
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | <i>NOK 31.5312</i> | <i>575</i> |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | |
| e) | Date of the transaction | <i>2023-07-09</i> | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|---|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Carl Anders Olof Kjörling</i> |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | <i>Deputy employee board representative</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | <i>Shares with ISIN NO 001 1202772</i> |

| | | | |
|----|--|--|------------|
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | <i>NOK 31.5312</i> | <i>594</i> |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | |
| e) | Date of the transaction | <i>2023-07-09</i> | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|---------------------------------------|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | Ingrid Sølvberg |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | EVP Technology, Drilling & Subsurface |
| b) | Initial Notification Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | Vår Energi ASA |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | Shares with ISIN NO 001 1202772 |

| | | | |
|----|--|--|-------------|
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | <i>NOK 31.5312</i> | <i>1229</i> |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | |
| e) | Date of the transaction | <i>2023-07-09</i> | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|---|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Finn Volrat Pettersen</i> |
| | | <i>N/A</i> |
| 2 | Reason for the notification | |
| a) | Position/status | <i>Deputy employee board representative</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | <i>Shares with ISIN NO 001 1202772</i> |

| | | | |
|----|--|--|------------|
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | <i>NOK 31.5312</i> | <i>314</i> |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | |
| e) | Date of the transaction | <i>2023-07-09</i> | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|---|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Veronica Orvedal-Kiil</i> |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | <i>Deputy employee board representative</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument Identification code | <i>Shares with ISIN NO 001 1202772</i> |

| | | | |
|----|--|--|-----------|
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | <i>NOK</i> 31.5312 | 535 |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|--|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Martha Skjæveland</i> |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | <i>Employee board representative</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument | <i>Shares with ISIN NO 001 1202772</i> |

| | | | |
|----|--|--|-----------|
| | Identification code | | |
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | NOK 31.5312 | 315 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|--|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Aksel Luhr</i> |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | <i>Legal Counsel</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument | <i>Shares with ISIN NO 001 1202772</i> |

| | | | | | | |
|--------------------|--|---|----------|-----------|--------------------|-------------|
| | Identification code | | | | | |
| b) | Nature of the transaction | <i>Purchases of shares</i> | | | | |
| c) | Price(s) and volume(s) | <table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK 31.5312</i></td><td><i>1065</i></td></tr></table> | Price(s) | Volume(s) | <i>NOK 31.5312</i> | <i>1065</i> |
| Price(s) | Volume(s) | | | | | |
| <i>NOK 31.5312</i> | <i>1065</i> | | | | | |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | | | | |
| e) | Date of the transaction | <i>2023-07-09</i> | | | | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | | | | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | | | | |

| | | |
|----|---|--|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Tor Arne Hansen</i> |
| | | <i>N/A</i> |
| 2 | Reason for the notification | |
| a) | Position/status | <i>Exploration Advisor - Close associate to primary insider Ingrid Sølberg</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument | <i>Shares with ISIN NO 001 1202772</i> |

| | | | |
|----|--|--|-----------|
| | Identification code | | |
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | Price(s) | Volume(s) |
| | | NOK 31.5312 | 880 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|--|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Ove André Årdal</i> |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | <i>SVP Commercial</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | 549300LIVN3FFOJN2K47 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, type of instrument | <i>Shares with ISIN NO 001 1202772</i> |

| | | | |
|----|--|--|-----------|
| | Identification code | | |
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | NOK 31.5312 | 938 |
| d) | Aggregated information — Aggregated volume — Price | N/A | |
| e) | Date of the transaction | 2023-07-09 | |
| f) | Place of the transaction | Oslo Stock Exchange | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|--|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Torger Rød</i> |
| | | <i>N/A</i> |
| 2 | Reason for the notification | |
| a) | Position/status | <i>CEO</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, | <i>Shares with ISIN NO 001 1202772</i> |

| | | | |
|----|--|--|-------------|
| | type of instrument Identification code | | |
| b) | Nature of the transaction | <i>Purchases of shares</i> | |
| c) | Price(s) and volume(s) | | |
| | | Price(s) | Volume(s) |
| | | <i>NOK 31.5312</i> | <i>2577</i> |
| d) | Aggregated information — Aggregated volume — Price | <i>N/A</i> | |
| e) | Date of the transaction | <i>2023-07-09</i> | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | |

| | | |
|----|---|--|
| 1 | Details of the person discharging managerial responsibilities/person closely associated | |
| a) | Name | <i>Tone Rognstad</i> |
| | | N/A |
| 2 | Reason for the notification | |
| a) | Position/status | <i>SVP People and organisation</i> |
| b) | Initial Notification Amendment | <i>Initial notification</i> |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | <i>Vår Energi ASA</i> |
| b) | LEI | <i>549300LIVN3FFOJN2K47</i> |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, | <i>Shares with ISIN NO 001 1202772</i> |

| | | | | | | | |
|-------------|--|--|--|----------|-----------|-------------|-----|
| | type of instrument Identification code | | | | | | |
| b) | Nature of the transaction | <i>Purchases of shares</i> | | | | | |
| c) | Price(s) and volume(s) | <table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK 31.5312</td><td>962</td></tr></table> | | Price(s) | Volume(s) | NOK 31.5312 | 962 |
| Price(s) | Volume(s) | | | | | | |
| NOK 31.5312 | 962 | | | | | | |
| d) | Aggregated information — Aggregated volume — Price | N/A | | | | | |
| e) | Date of the transaction | 2023-07-09 | | | | | |
| f) | Place of the transaction | <i>Oslo Stock Exchange</i> | | | | | |
| g) | Additional Information | <i>Purchase of shares under share saving programme</i> | | | | | |