

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Grieg Kapital AS				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Closely associated person of primary insider Per Grieg (board member)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>9,000,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	9,000,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	9,000,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 9,000,000 Total price: NOK 18,000,000				
e)	Date of the transaction	2024-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Kvasshovd AS				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Closely associated person of primary insider Katrine Trovik (chairperson of the board)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>1,500,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	1,500,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	1,500,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 1,500,000 Total price: NOK 3,000,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Loyden AS				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Closely associated person of primary insider Joachim Nielsen (CEO)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>750,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	750,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	750,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 750,000 Total price: NOK 1,500,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Ole Christian Willumsen				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Chief Financial Officer (CFO)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>500,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	500,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	500,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 500,000 Total price: NOK 1,000,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Dharma Rajeswaran				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Chief Operating Officer (COO)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>25,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	25,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	25,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 25,000 Total price: NOK 50,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Marius Birkenes				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Director Strategy				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>70,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	70,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	70,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 70,000 Total price: NOK 140,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Vivian Lunde				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Director ESG & Business Operations				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>75,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	75,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	75,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 75,000 Total price: NOK 150,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	VHAL AS				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Closely associated person of primary insider Viggo Halseth (board member)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
c)	Price(s) and volume(s)	<table border="1" style="width: 100%;"> <thead> <tr> <th style="text-align: left;"><b>Price(s)</b></th> <th style="text-align: left;"><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td>NOK 2</td> <td>75,000</td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	NOK 2	75,000
<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	75,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 75,000 Total price: NOK 150,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Peter Hermanrud				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Board member				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares in Proximar Seafood AS (ISIN NO0010893902)				
b)	Nature of the transaction	Subscription and allocation of shares				
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<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	30,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 30,000 Total price: NOK 60,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Kvasshøgdi AS				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Closely associated person of primary insider Per Grieg (board member)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
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b)	Nature of the transaction	Subscription and allocation of shares				
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Price(s)	Volume(s)					
NOK 2	4,500,000					
d)	Aggregated information — Aggregated volume  — Price	Aggregated volume: 4,500,000  Total price: NOK 9,000,000				
e)	Date of the transaction	2023-01-03				
f)	Place of the transaction	Outside a trading venue				

**NOTIFICATION BY PRIMARY INSIDERS/ CLOSE ASSOCIATE**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Ystholmen Felles AS				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Closely associated person of primary insider Thomas Grieg (advisor)				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Proximar Seafood AS				
b)	LEI	5493006J8UNWCDMAQW02				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
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b)	Nature of the transaction	Subscription and allocation of shares				
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<b>Price(s)</b>	<b>Volume(s)</b>					
NOK 2	1,000,000					
d)	Aggregated information — Aggregated volume — Price	Aggregated volume: 1,000,000 Total price: NOK 2,000,000				
e)	Date of the transaction	2024-01-03				
f)	Place of the transaction	Outside a trading venue				