

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Ulf Holländer</i>				
2	Reason for the notification					
a)	Position/status	<i>The notification concerns a Primary insider, Chairman of the Board, Ulf Holländer.</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
3	Details of issuer					
a)	Name	<i>MPC Container Ships ASA</i>				
b)	LEI	<i>213800MXS7CXYJ2Q1805</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares in MPC Container Ships ASA with ISIN NO 001 0791353</i>				
b)	Nature of the transaction	<i>Acquisition</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 19.0177</i></td><td><i>53,490</i></td></tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 19.0177</i>	<i>53,490</i>
Price(s)	Volume(s)					
<i>NOK 19.0177</i>	<i>53,490</i>					
d)	Aggregated information — Aggregated volume — Price	<i>53,490 shares for a total of NOK 1,017,256.77</i>				
e)	Date of the transaction	<i>2022-09-19</i>				
f)	Place of the transaction	<i>XOSL – Oslo Børs</i>				