

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Ola Lorentzon				
2	Reason for the notification					
a)	Position/status	Chairman of Frontline plc				
b)	Initial notification / Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	Frontline plc				
b)	LEI	5493004BCIKYU1YL3H63				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	Synthetic options giving a right to cash settlements depending on the development of the company's share price. ISIN: CY0200352116				
b)	Nature of the transaction	Ola Lorentzon has on March 1 st , 2023, exercised 44,000 synthetic options in Frontline plc (the "Company") under its share option scheme approved by the Board of Directors of the Company on December 7, 2021. The exercise price is NOK 69,44, adjusted from NOK 71 due to \$0.15 dividend paid per share since the options were granted.				
c)	Price(s) and volume(s)	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Price:</td> <td style="width: 50%;">Volume:</td> </tr> <tr> <td>NOK 197.3633</td> <td>44,000 synthetic options</td> </tr> </table>	Price:	Volume:	NOK 197.3633	44,000 synthetic options
Price:	Volume:					
NOK 197.3633	44,000 synthetic options					
d)	Aggregated information - Aggregated volume - Price	44,000 synthetic options NOK 197.3633				
e)	Date of the transaction	2023-03-01; [UTC time]				

f)	Place of the transaction	Off market
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