

1 | Pains and feelings

¿Como te sientes?

1.1 | To Feel...

- Sentir (to feel) e=>ie
 - Siento
- Doler (to hurt) — **notice! follows *gustar* rules**
 - A mí, me duele *la* muela ("to me, my teeth hurts me")
 - A mí, me duele *la* cabeza ("to me, my heads hurts me")

1.2 | These things...

Estar...

- Mareado => dizzy
- Resfriado => cold
- Cansado => tired
- Pálido => pale
- Enfermo => sick

1.2.1 | Colloquial expressions for "to not look well"

- Tener mala cara
- Tener mala pinta
- Tener mal aspecto

1.3 | Express what to do

- *Deber + inf* => You gotta
- *Necesitas + inf* => You need to

"Recibe una examen medico **una vez cada** seis meses."

1.4 | Verbs that are Special

Poder => Pud*

Estar => Estu*

Poner => Pus*

Querer => Quis*

Tener => Tuv*