1 | Script

GitHub Repo [[][Data Download]]

1.1 | Scriptable foods

- dry white cheese
- · dark chicken meat
- · raw chicken skin
- greek yogurt
- · ground turkey
- pollock
- · some corn biscuit thing
- · sweet and sour pork
- · tamale pork
- beef breakfast sausage
- broccoli
- · butter stick salted
- cantaloupe
- carrots
- · ricotta cheese
- egg whites
- egg yolk
- egg whole
- figs
- mission figs?
- kiwi
- milk (1%, 2%, skim, whole)
- · mustard
- · nectarines
- · oranges
- pears
- · romaine lettuce
- strawberries

1.2 | Exr0n's Plan

KBe20bio101retFoodDataProteinAminos

1.3 | Huxley's Plan

KBBioDietStorage