

## 1 | Questions to Respond

- What are emotions? Where do they come from?
- How does lived experience, culture, biology impact our experiences of emotion?
- What contradictory or controversial perspectives or understandings were shared in this resource?

## 2 | The Neural Biology of Emotion

### 2.1 | Depression as a Form of Intense Sadness

What's critical is that the sadness comes from within one.

### 2.2 | isnatoheusntaoehu

asonetuhsaoenu

### 2.3 | some note!

notes

Also, the passage seems to take a more balanced perspective with respect to treating emotions. It leverages the idea of both historical and social priming but also accepts the existence of genetic dispositions. Instead of taking a more controversial stance such as the total existence of in-built emotions or the total rejection thereof, the passage's focus and acceptance of emotions as a combination of the two — along with specific parts of the brain towards which it points responding to emotions — makes it a more believable candidate than our previous two readings/watchings.