1 | shoestring loop

$$x = t^{2}$$

$$y = t^{3} - 3t$$

$$\frac{dx}{dt} = 2t$$

$$\frac{dy}{dt} = 3t^{2} - 3$$

$$\frac{dy}{dx} = \frac{3t^{2} - 3}{2t}$$

1.1 | tangents are horizontal or vertical

1.1.1 | horizontal

$$3t^{2} - 3 = 0$$
$$3t^{2} = 3$$
$$t^{2} = 1$$
$$t = \pm 1$$

1.1.2 | vertical

$$2t = 0$$
$$t = 0$$

1.2 | concave up

$$\begin{split} \frac{d}{dx}\frac{dy}{dx} &= \frac{\dot{x}\ddot{y} - \dot{y}\ddot{x}}{\dot{x}^3} = \frac{2t(6t) - (6t^2 - 3)(2)}{8t^3} \\ &= \frac{6t^2 - 6t^2 + 3}{4t^3} = \frac{3}{4t^3} > 0 \\ &\therefore \text{concave up for } t > 0 \end{split}$$

1.3 | concave down

Using similar logic, the curve is concave down for t < 0.

2 | polar curves + converting to cartesian

polar sketches

Also see the desmos.