

- Electrostatic determines shapes KBe2020bio101refProtienFoldingConflict KBe2020bio101refProteinFolding KBe20bio101refBondingMonomers
- Wants to be 3d, more stable
- protiens are 300-500 amino acids long bioSrcAminoAcidBackbone.png

## 1 | Nutrition

- 9 of the amion acids cannot be made by humans
    - called "essential amino acids"
  - The other 11 can be created / recycled
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