

#flo #ref #incomplete

---

## 1 | Kyntic? sure!

the repo the designs

gradient: <https://cssgradient.io> background: `rgb(171,197,197);`  
background: `linear-gradient(90deg, rgba(171,197,197,1) 0%, rgba(199,196,225,1) 50%, rgba(163,115,144,1) 100%);`  
inspo: [https://miro.medium.com/max/2000/1\\*9XUTmFn80k0CeJ2QkI1\\_ig.png](https://miro.medium.com/max/2000/1*9XUTmFn80k0CeJ2QkI1_ig.png)  
auth: [https://www.youtube.com/watch?v=oXWImFqsQF4&ab\\_channel=NaderDabit](https://www.youtube.com/watch?v=oXWImFqsQF4&ab_channel=NaderDabit) Or, <https://www.pullrequest.com/blog/authentication-with-nextjs-and-supabase/>  
fitting <https://subprotocol.com/system/genetic-js.html> gradient? <https://codepen.io/grayghostvisuals/pen/gpR00z>

### 1.1 | bugs

- reload on day doesnt show / fetch the data

### 1.2 | database planning

*alright.*

have a table with

uuid	user	date	data...
nanoid()	jeff	Date()	all the data in multiple cells
nanoid()	alb	Date()	all the data in multiple cells
nanoid()	alb	Date()	all the data in multiple cells
nanoid()	jeff	Date()	all the data in multiple cells

and ect.

have another table, which stores user specific things:

user    global data

1. global data

workouts    activities

2. logging data

date    mood    sleep    exercise (json?)    screen time    activities    notes    tics? tic data?    perceived severity?

mood: int sleep: int screen time: int perceived severity: int notes: text exercise: json activities: json  
KBxKynticDesignReviewNotes

### 1.3 | **view screen!**

<https://hypeserver.github.io/react-date-range/> daily radar chart?

### 1.4 | **possible additions**

something that tells you what you have tracked at the top of the log screen