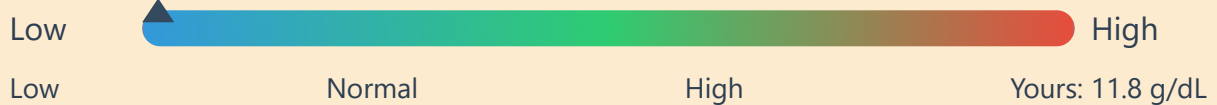


Hemoglobin

What is this?

Hemoglobin is a protein in red blood cells that carries oxygen throughout the body. It is essential for delivering oxygen to tissues and organs.

How's yours?



Your hemoglobin is below the normal range, which may cause fatigue, weakness, or shortness of breath.

Precautions

- Increase iron-rich foods in your diet.
- Consult your doctor for further evaluation.

RBC

What is this?

Red blood cells (RBC) are responsible for carrying oxygen to the body's tissues. Abnormal RBC levels can indicate various health conditions.

How's yours?



Your RBC count is above the normal range, which may indicate dehydration, kidney problems, or other underlying conditions.

Precautions

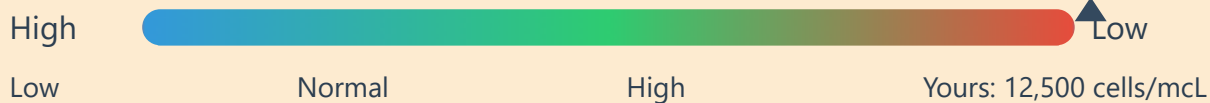
- Drink plenty of fluids to stay hydrated.
- Consult your doctor for further evaluation and management.

WBC

What is this?

White blood cells (WBC) are a key component of the immune system. Abnormal WBC levels can indicate infections, inflammation, or other health issues.

How's yours?



Your WBC count is above the normal range, which may indicate infection, inflammation, or other immune system disorders.

Precautions

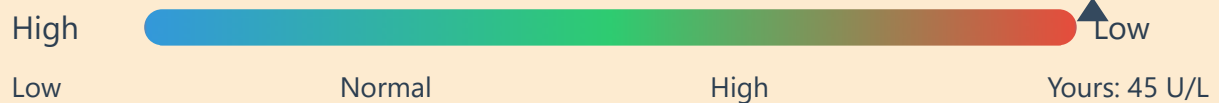
- Follow your doctor's advice for further evaluation and treatment.
- Avoid exposure to sick individuals to prevent spreading or contracting infections.

AST (SGOT)

What is this?

Aspartate aminotransferase (AST) is an enzyme found in the liver and muscles. Elevated AST levels can indicate liver or muscle damage.

How's yours?



Your AST levels are above the normal range, which may indicate liver or muscle damage. Further evaluation is recommended.

Precautions

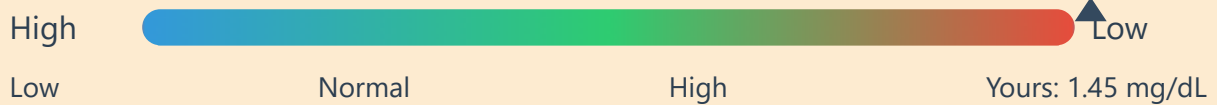
- Avoid alcohol and consult a healthcare provider for liver function tests.
- Discuss potential causes of elevated AST levels with your doctor.

Creatinine

What is this?

Creatinine is a waste product generated by muscle metabolism. Elevated creatinine levels can indicate kidney dysfunction or other health issues.

How's yours?



Your creatinine levels are elevated, indicating potential kidney dysfunction. Further evaluation and management are necessary.

Precautions

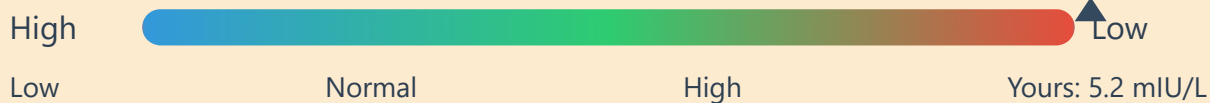
- Stay hydrated and follow a kidney-friendly diet.
- Consult a nephrologist for detailed kidney function assessment.

TSH

What is this?

Thyroid-stimulating hormone (TSH) is produced by the pituitary gland to regulate thyroid function. Abnormal TSH levels can indicate thyroid disorders.

How's yours?



Your TSH levels are elevated, indicating potential thyroid dysfunction. Consult an endocrinologist for further evaluation and treatment.

Precautions

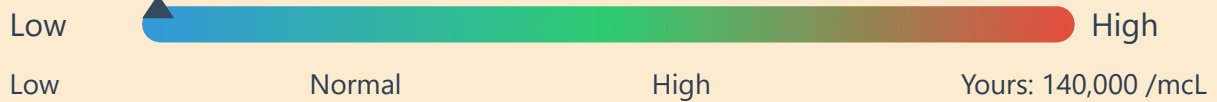
- Follow up with an endocrinologist for thyroid function testing.
- Consider thyroid medication or other treatment options as recommended.

Platelets

What is this?

Platelets are blood cells responsible for clotting and wound healing. Abnormal platelet levels can indicate bleeding disorders or other health conditions.

How's yours?



Your platelet count is below the normal range, which may increase the risk of bleeding or bruising. Consult a hematologist for further evaluation and management.

Precautions

- Avoid activities that may cause injury or bleeding.
- Discuss treatment options with a hematologist to improve platelet levels.

