

	As a user		ACCEPTANCE CRITERIA		
	I want to...	So that I...	Given that...	When...	Then...
1	Access the app	Am able to see its features	The app is installed on the user's device	The user selects the app	The app opens
			The user selects the app	The app opens	The screen displays "input details" section, "history" and "training" buttons
			The app opens	An error occurs	The screen displays an error message and prompts the user to restart the app
			The app opens	The input details section loads	The section will be blank and not allow inputs
			The app opens	The input button section loads	The buttons will be enabled but clicking on them won't trigger any action
2	Be able to select a training mode	I can begin my routine	A training mode is selected	The exercise screen loads	The buttons are enabled
3	Be able to input my details	The app will give me customised advice	The details are input	The variables are set (in algorithm)	The workout parameters are customised
			The details are input	The vars are set	The stats for user's demographics are obtained
			The details are input	An error occurs	The screen will display an error message and will prompt the user to re-enter the parameter
			The details are correct	The parameters are set	The user can go back to main screen
4	Access History of training data	Can have an overview of my routines	History section is selected	The screen is loaded	The activity plots and info are displayed
			History section is selected	History is empty	A message is displayed and the screen is blank
			History section is selected	Previous week has no workouts	A message is displayed and the screen is blank
5	Stop the workout	I can stop my routine	The Stop button is pressed	The workout stops	The timer stops running
			The Stop button is pressed	The workout stops	The data is saved in History
6	See the comments on my exercises	I can adjust my movements	The Start button is pressed	Asymmetry/defects are detected	Warning and Messages are displayed
7	See how many Kcals I've burned	I can keep going/stop	The start button is pressed	One Kcal was burned	Kcal edit is updated

8	Go back to the main menu	I can select another routine	"Back to Main" button is pressed	The first screen is loaded	Another option can be selected
9	Pause the workout	I can take a break to recover	The Pause button is pressed	The workout stops	The timer pauses
10	Restart the workout	I can keep going	The pause button is pressed again	The workout restarts	The timer restarts