

Farman Ullah Zahirzai

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Professional SUMMARY

Self-reliant and confident Medical Nurse who has sound understanding of advanced patient care techniques as well as exceptional patient care skills. Well versed in delivery of patient care through assessment, planning, intervention, and evaluation. Familiar with advanced medical terminologies and medicines.

EDUCATION AND CERTIFICATIONS

BS in Nursing | INAM Institute of Higher Education – 2020

High School | Shaheed Abdul Wahab High School – 2017

NURSING SKILLS

- I. Demonstrated expertise in providing professional nursing services in the treatment and care of patients with reference to physician's orders.
- II. Documented success in coordinating total nursing care for patients.
- III. Well versed in collecting and analyzing patients' data.
- IV. Committed to implement a plan of care for each patient to meet the need of patients.
- V. Expert in identifying variances in the plan of care and success of nursing interventions.
- VI. Adept at documenting care and identifying homecare needs.

WORK EXPERIENCE

Surgical & Operating Room Nurse | Al-Ashraf Healthcare Hospital – Kabul, Afg | March 2020 – Present

- Assist in admission, transfer, and discharge patients
- Record and notify changes in the patient's condition
- Assist in providing ease and safety for the patients
- Provided oral and personal cleanliness and general cleaning of the hospital room
- Provide catheter care and change dressings
- Educate patients and families on treatment and therapy measures
- Maintain confidentiality of patient information
- Check vital signs, height, and weights
- Oversee pre-surgical procedures for the patient
- Meet with patient's relatives regarding the procedures to be performed on the patient
- Explain the procedure to the patient before starting it
- Inform patients about estimated recovery time
- Sterilize surgical tools before and after the procedure
- Set up the tools required for the surgical procedure before it begins
- Make all necessary preparation in the operating room before the surgical procedure begins
- Assist other surgical team members in putting on their gears, like masks, gloves, and sterile gowns
- Prepare and properly clean the site where incision is to be made on the patient
- Stick up and bandage incisions and wounds
- Convey the patient to the recovery room after the surgical procedure
- Monitor the patient in the recovery room till he/she wakes up from anesthesia
- Care continuously for the patient till he/she gets discharged or transferred to other units in the hospital, like intensive care unit or appropriate ward in the hospital.

Surgical Nurse | Aman Yash fin Curative Hospital – Kabul, Afg | March 2018 – 2020

- Continuously monitored, analyzed, and helped improved the performance of clinical activities
- Performed all the duties and functions of an Operating Circulating and Scrub Nurse
- Assisted in preparing surgery schedules and planning the perioperative care for surgical patients
- Ensured all medications are administered and charted according to established policies and procedures
- Maintained supplies and assured cleanliness/sterility of surgical area
- Cared for specimens and cultures as directed by set policies and procedures
- Participate in identifying and resolving of nursing practice and unit problems
- Course

ADDITIONAL CAPABILITIES

- I. Comprehensive knowledge of advance and ultra-modern equipment and devices
- II. Team work
- III. Great communication skills – Able to deal politely with patients and relatives
- IV. Highly Organized
- V. Demonstrated ability to remain calm in emergency situations
- VI. Attention to details
- VII. Strong aptitude to become accustomed in the new environment immediately
- VIII. Problems solving and critical thinking
- IX. Computer skills