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To prevent the spread to others when staying at home (isolating), people with mpox should follow the guidance in this section until your mpox rash has healed and a new layer of skin has formed.

Isolating Alone at Home During isolation at home, people with mpox should clean and disinfect their living spaces to minimize the risk of infection to others. If you have rash on your hands, wear gloves when cleaning and disinfecting items. Throw away the gloves after use and wash hands with soap and water.

Isolating with Others at Home The isolation and infection control guidance should be followed if the person with mpox shares living space with others during isolation. Ways to prevent the spread to others include:

- People who have recovered from mpox and can end their isolation should clean and disinfect their entire living space, including frequently touched surfaces, shared items or items that may be used by others in the home, and any objects or fabrics that were used during isolation.

Protect yourself by following these steps for safe and effective cleaning practices and disinfectant use:

- Do not dry dust or sweep, which may spread dust particles that contain virus into the air.
- Wash your hands with soap and water for 20 seconds after cleaning.
- Be sure to wash your hands immediately after removing gloves.

Clean and disinfect in the following order to minimize spreading the virus in the household:

- For more safety considerations visit: [When and How to Clean and Disinfect Your Home](#).

Options when in-home laundering is not available While using laundry services outside of the home by a person isolating for mpox is not ideal, in-home laundry may not be available for all people. If possible, the person with mpox should wait until isolation ends and then wash and dry their clothes. If it is necessary to clean laundry outside of the home before isolation ends, the following may be considered:

- The person with mpox should use a dedicated, lined trash can in the room where they are isolating.

Collect any soiled waste, such as bandages, paper towels, food packaging, and other general trash items and make sure it's put in a sealed bag. If employers, administrators, or operators are notified that a person with suspected or confirmed mpox was in your facility, clean and disinfect the space. Focus on items and surfaces that were in direct contact with the skin of the person with mpox. If you use contract cleaning services or commercial laundry facilities, talk with the contractor about the risks so that cleaning staff can take the proper precautions. Restaurants, bars, and other establishments with special cleaning and sanitation requirements should also follow rules according to state and local requirements. Workers cleaning and disinfecting areas or performing laundry for a person with suspected or confirmed mpox should wear personal protective equipment (PPE). PPE can help protect workers from exposure to mpox virus and harmful levels of chemicals used for cleaning and disinfection. Provide the recommended PPE for protection from mpox virus, which includes Do not dry dust or sweep, which may spread dust particles that contain virus into the air. Workers should wash their hands with soap and water for 20 seconds after cleaning. Be sure to wash hands immediately after removing gloves. Treat or get rid of waste in accordance with applicable waste management laws. For more information, the Department of Transportation has mpox-specific information in Appendix F-2 of the federal interagency guidance for managing solid waste contaminated with a Category A infectious substance. Develop policies for worker protection and train all cleaning staff on site before providing cleaning tasks. Employers must follow applicable Occupational Safety and Health Administration standards, including:

