

**Patient Name:** John Doe

**Age:** 45 years

**Date:** 14/08/2025

**Rx:**

**Medication:** Metformin 1000 mg tablets

**Dosage:** Take 1 tablet orally **twice daily** with meals

**Duration:** 3 months

**Indication:** Type 2 Diabetes – high-dose maintenance therapy

**Special Notes:** Monitor blood glucose regularly. Report any signs of gastrointestinal distress or lactic acidosis.

**Doctor's Name & Signature:** Dr. A. Sharma, MD

**Reg. No.:** 123456789