

alyssa gomez
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MORE THAN A SCORE

We believe that you were born with a unique set of strengths. Standardized test scores and GPA measure only a fraction of your abilities. Indigo measures a much wider range of attributes, helping you to discover areas in which you will thrive.

THERE ARE 3 SECTIONS TO THIS PROFILE:

1. **Style** - "*How you do things.*" This section describes your behavioral style.

Knowing your style helps you choose an environment in which you will thrive.

2. **Motivators** - "*Why you do things.*" This section describes what motivates you.

Knowing your motivators helps you choose a college program and career that is personally meaningful.

3. **Next Steps** - This section provides possible education and career paths.

STYLE: YOUR STYLE

This describes your basic, natural behavioral style. Everyone is different and there is no right or wrong way to be.

alyssa can be friendly with others in many situations, but primarily with groups of established friends and associates. She is sociable and enjoys the uniqueness of each human being. Relationships with others are warm, personal and lasting. When challenged, she becomes more objective. She likes to win through persistence. She uses her strong, steady tendencies to accomplish her goals. alyssa's flexibility will allow her to fit into almost any environment. She is often seen as practical and objective. She likes harmony and cooperation. Most of the time she appears as cool, calm and controlled. She is usually steady, easygoing and relaxed. alyssa looks to people for support and inner-satisfaction as a way to reach her personal goals. She tends to build a close relationship with a relatively small group of associates.

alyssa prefers to plan her work and work her plan. Others may find it refreshing to have her on their team. She can be sensitive to the feelings of others and is able to display real empathy for those who are experiencing difficulties. She is good at analyzing situations that can be felt, touched, seen, heard, personally observed or experienced. Her motto is, "facts are facts." She may tend to fight for her beliefs or those things she feels passionate about. alyssa may want to think over major decisions before acting. She must be convinced that actions will produce the desired result. Once she has arrived at a decision, she can be tough-minded and unbending. She has made her decision after gathering much data, and she probably won't want to repeat the process. Making plans and following those plans is important to her. She tries to use balanced judgment. She is the person who brings stability to the entire team.

alyssa likes to know what is expected of her in a working relationship and have the duties and responsibilities of others who will be involved explained. Communication is accomplished best by well-defined avenues. She is quick to pick up on group dynamics and skilled in fitting in with a group. She brings both speaking and listening skills to the group. She is not easily triggered or explosive, but she may conceal some grievances because she doesn't always state her feelings. She usually is considerate, compassionate and accepting of others; however, on some occasions can become stubborn. Stubbornness surfaces when her ideals and beliefs are confronted. alyssa will be open with those she trusts; however, reaching the required trust level may take time. She likes a friendly, open style of communication. She does not enjoy confrontation for confrontation's sake. She feels she can win through patience and resolve.

STYLE: WHAT OTHERS MAY VALUE IN YOU

- Concerned about quality.
- Dependable team player.
- Works for a leader and a cause.
- Turns confrontation into positives.
- People-oriented.
- Flexible.
- Service-oriented.
- Respect for authority and organizational structure.
- Adaptable.

STYLE: POTENTIAL WEAKNESSES WITH YOUR STYLE

Every behavioral style has inherent positives and negatives. This section lists some possible behaviors that may hold you back in life. Knowing what they are will help you get along with others and reduce stress.

- Not let others know where she stands on an issue.
- Become resistive and indecisive when forced to act quickly. Without proper information she will resist in a passive-aggressive manner.
- Hold a grudge if her personal beliefs are attacked.
- Dislike change if she feels the change is unwarranted.
- Be defensive when risk is involved--move towards maintaining status quo.
- Be too conservative--bides time and avoids much that is new.
- Avoid accountability by overstating the complexity of the situation.
- Yield to avoid controversy--attempt to avoid the antagonistic environment.
- Be dependent on others for decisions, even if she knows she is right.

STYLE: HOW OTHER PEOPLE SHOULD COMMUNICATE WITH YOU...

This page provides other people a list of things to DO when communicating with you. This is how you like to be communicated with. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Provide a friendly environment.
- Give her time to ask questions.
- Patiently draw out personal goals and work with her to help her achieve those goals; listen and be responsive.
- Provide guarantees that her decision will minimize risks; give assurance that provides her with benefits.
- Provide solid, tangible, practical evidence.
- Take time to be sure that she is in agreement and understands what you said.
- Define clearly (preferably in writing) individual contributions.
- Be sincere and use a tone of voice that shows sincerity.
- Show sincere interest in her as a person. Find areas of common involvement and be candid and open.
- Give her time to verify reliability of your comments--be accurate and realistic.
- Use scheduled timetable when implementing new action.
- Present your case softly, nonthreateningly with a sincere tone of voice.

STYLE: ... AND HOW OTHERS SHOULD NOT COMMUNICATE WITH YOU

This page provides other people a list of things NOT to do when communicating with you. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Talk to her when you're extremely angry.
- Be abrupt and rapid.
- Be domineering or demanding; don't threaten with position power.
- Push too hard, or be unrealistic with deadlines.
- Rush her in the decision-making process.
- Give your presentation in random order.
- Offer assurance and guarantees you can't fulfill.
- Be haphazard.
- Talk in a loud voice or use confrontation.
- Debate about facts and figures.
- Patronize or demean her by using subtlety or incentive.
- Manipulate or push her into agreeing because she probably won't fight back.
- Keep deciding for her, or she'll lose initiative. Don't leave her without backup support.

STYLE: YOUR STRENGTHS

These are areas where you really shine! Use these strengths to talk about yourself on college applications, job/internship interviews, and with teammates for school projects and extracurricular activities. Practice using your strengths every opportunity you can.

- The ideal right hand to a goal-driven leader.
- Leads by example and in a quiet and methodical way.
- Supports a leader and a cause.
- Wants to do her part to keep things efficient and consistent.
- Gives clear instruction to what she needs to accomplish goals.
- Holds others to high standards.
- Sees the details and resources needed to achieve desired return.
- Tends to make accurate decisions based on facts and return on investment, rather than emotions.

STYLE: SOME POTENTIAL CHALLENGES

The areas below are things to be careful of because they may create roadblocks to your success. Identify any areas that may be affecting your success now and develop an action plan to overcome these challenges.

- Has strong opinions but may not always share them.
- Forgives but has a hard time forgetting.
- Could miss out on opportunities by not acting swiftly.
- May overlook opportunity for added efficiency out of fear of change.
- Nothing is good enough, unless it's the best.
- Will control all of the details for fear of a tainted image.
- Desires to be seen as resourceful, yet is fearful of making mistakes.
- Will have a desire to take risks, but will be fearful of failure.

STYLE: YOUR IDEAL WORK ENVIRONMENT

An ideal working environment for you should include elements from this list.

- Assignments that can be followed through to completion.
- A stable and predictable environment.
- The ability to achieve goals in a logical and practical manner.
- Time to allow verification of return on investment, prior to making a change.
- Opportunity to be the silent leader behind the team.
- Forum to challenge change for the sake of change.

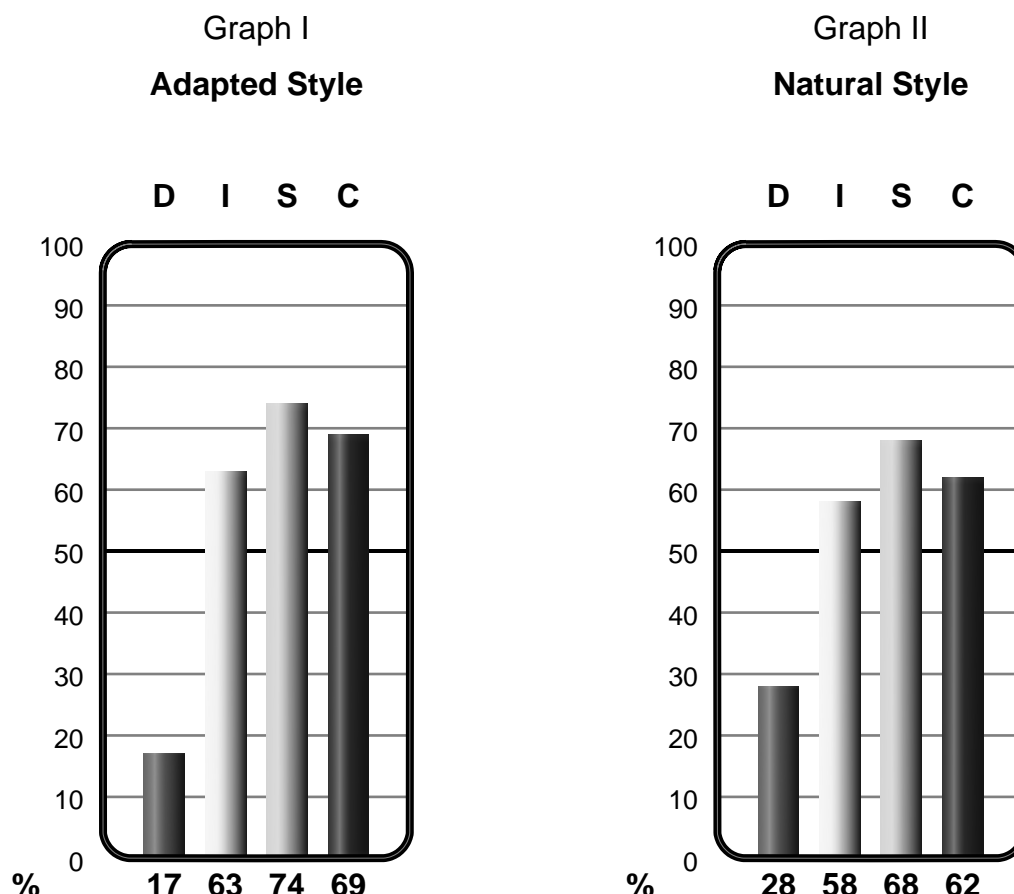
STYLE: THINGS YOU MAY WANT FROM OTHERS

People are more motivated when they choose careers and college programs that satisfy their unique set of "wants".

- Time to perform up to her high standards.
- Operating procedures in writing.
- Documentation of potential returns for projects and goals.
- Loyalty and commitment to be seen as a return on investment for the organization.
- Time to determine when and where to share information.
- Private recognition for loyalty and service.

STYLE: YOUR STYLE INSIGHTS® GRAPHS

The graphs below represent your adapted and natural behavioral styles based on the DISC model. D stands for dominance. I stands for influencing. S stands for steadiness. C stands for compliance. The graph on the right represents your natural style and the graph on the left represents your adapted style based on current circumstances.



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D, the red bar on the graphs, stands for Dominance. High D's tend to be direct, forceful, challenge oriented, and bold. Low D's tend to be non-confrontational, low key, cooperative, and agreeable. The emotion associated with high D's is anger.

Famous high D's are Hillary Clinton and Donald Trump.

I, the yellow bar on the graphs, stands for Influencing. High I's tend to be enthusiastic, persuasive, talkative, and trusting. Low I's tend to be reflective, skeptical, factual, and matter of fact. The emotion associated with high I's is optimism.

Famous high I's are Will Ferrell and Oprah Winfrey.

S, the green bar on the graphs, stands for Steadiness. High S's tend to be steady, patient, predictable, and calm. Low S's tend to be change oriented, flexible, restless, and impatient. The emotion associated with high S's is non-emotional – they do not readily display their emotions.

Famous high S's are Michelle Obama and Gandhi.

C, the blue bar on the graphs, stands for Compliance. High C's tend to be analytical, cautious, accurate, and detail oriented. Low C's tend to be independent, unsystematic, stubborn, and unconcerned with details. The emotion associated with high C's is fear.

Famous high C's are Al Gore and Hermione from Harry Potter.

MOTIVATORS: INTRODUCTION TO WHAT MOTIVATES YOU

This section describes why you do things. Motivators are like an engine beneath the hood of a car. Motivators aren't easily seen from the outside but they are what power you. This is important to your college and career choice because motivators correlate directly to fulfillment and meaning. Most people are happiest selecting a major and career based on their top two motivators.

When interpreting your motivator scores, think of your motivators as related to a fire hose. Your top motivators are a widespread stream that covers all aspects of your life. Your bottom motivators are like a concentrated stream and only appear in specific areas where that motivator matters to you.

The Indigo Assessment measures six motivators:

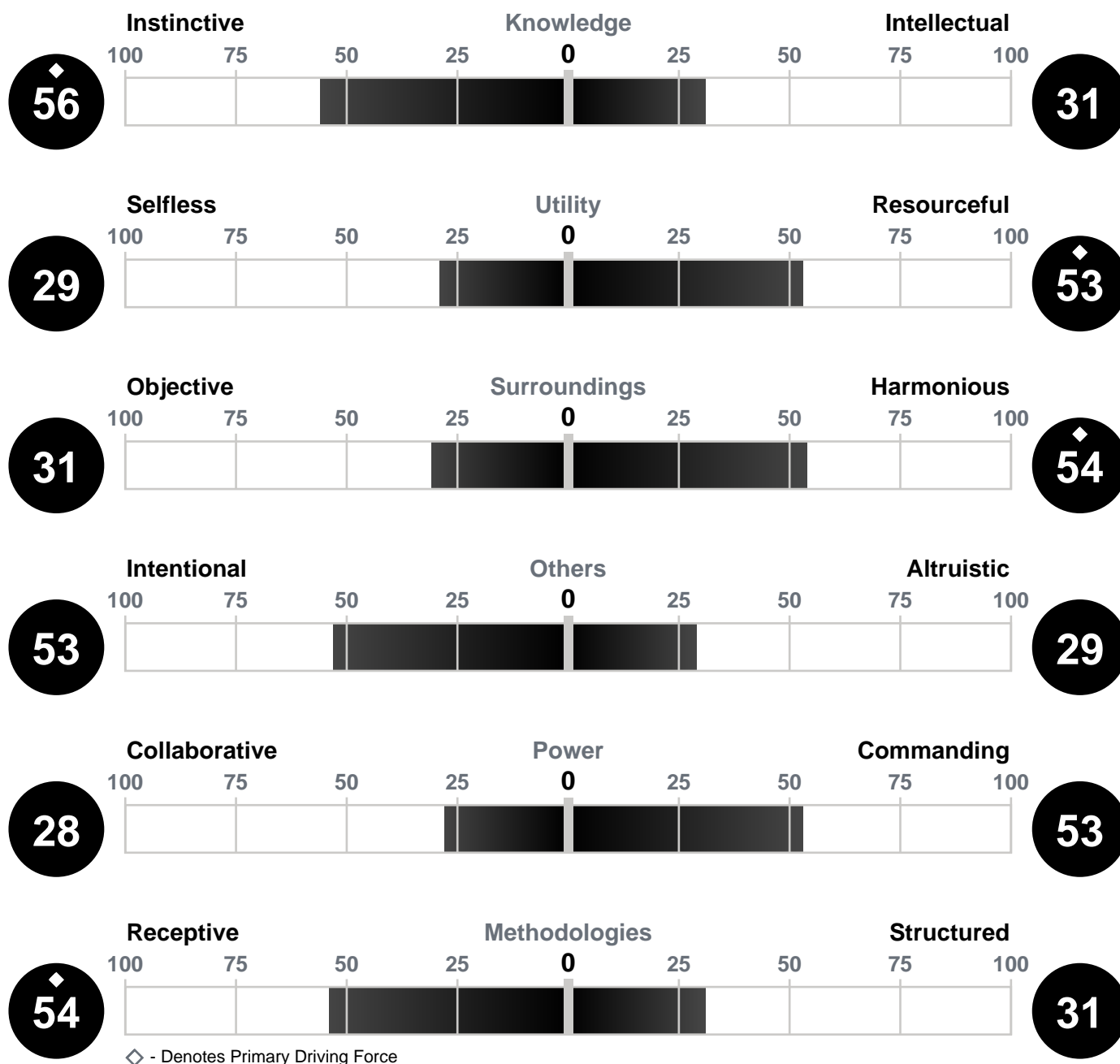
1. **Aesthetic** – Desire for form, harmony and beauty.
2. **Individualistic** – Desire for control, rank and power.
3. **Social** – Desire to help others and solve social problems.
4. **Theoretical** – Desire to learn for the sake of knowledge.
5. **Traditional** – Desire to live by a set of rules, standards or beliefs.
6. **Utilitarian** – Desire for a return on investment of time, energy or money.

The next page ranks your relative passion for each of the six motivators. The pages following your ranking list your motivators in order of importance to you and how each motivator may affect your life decisions at this time.

For more information about motivators visit www.IndigotheAssessment.com .

DRIVING FORCES GRAPH

Eduard Spranger first defined six primary types or categories to define human motivation and drive. These six types are Theoretical, Utilitarian, Aesthetic, Social, Individualistic and Traditional. The 12 Driving Forces are derived by looking at each motivator on a continuum and describing both ends. All of the twelve descriptors are based on six keywords, one for each continuum. The six keywords are Knowledge, Utility, Surroundings, Others, Power and Methodologies. Focus on activities and work that relate to your highest driving forces scores.



MOTIVATORS: HOW THE INDIVIDUALISTIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High individualistic scores indicate the desire to gain power, lead others, and advance in position. Typically, high "individualistics" want to appear in the public eye. This motivator is sometimes called the political value. If individualistic is one of your top two motivators, you will not feel satisfied unless you are in control of your own destiny and are publically recognized for your contributions.

- People who are determined and competitive are liked by alyssa.
- alyssa likes to be in situations that allow her the freedom to control her destiny and the destiny of others. Her team's strategy is to attempt to dilute outsiders' influence on the results of their goals.
- Maintaining individuality is strived for in relationships.
- alyssa has the desire to assert herself and to be recognized for her accomplishments.
- alyssa takes responsibility for her actions.
- If necessary, alyssa will be assertive in meeting her own needs.
- alyssa believes "when the going gets tough, the tough get going."
- She wants to control her own destiny and display her independence.
- She believes "if at first you don't succeed try, try again."

MOTIVATORS: HOW THE UTILITARIAN MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High utilitarian scores indicate a desire to get a return on investment. Investments may be financial, time or energy. Typically "utilitarians" focus on results and may be money motivated. This value often includes the practical affairs of the business world- the production, marketing and consumption of goods, and the accumulation of tangible wealth. If utilitarian is one of your top two motivators, you will not feel satisfied unless you feel like you are receiving a return on your investment of time or energy.

- The accumulation of material possessions results from her ability to follow through and accomplish goals.
- alyssa tends to give freely of time and resources, but will want and expect a return on her investment.
- She evaluates things for their utility and economic return.
- alyssa is good at achieving goals.
- She may use wealth as a yardstick to measure her work effort.

MOTIVATORS: HOW THE AESTHETIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High aesthetic scores indicate a desire to experience form, beauty and harmony in the world. Typically "aesthetics" need an attractive living and working environment. They may enjoy nature, various art forms and can be excellent long-range planners due to their desire to create harmonious outcomes. A high score does not necessarily mean that you have talents in creative artistry. If aesthetic is one of your top two motivators, you will not feel satisfied unless your physical environment is appealing to you and your aesthetic value is utilized in your working environment.

- The need for the appreciation of beauty is determined on an individual basis and is not generalized in terms of the total world around her.
- There could be a specific area that is of great interest to her. For instance, she may be appreciative of the natural beauty of mountains and streams, but may not be overly impressed by the works of Picasso or Rembrandt.
- alyssa may desire fine things for her spouse or family members.
- At times alyssa will look for the beauty in all things.

MOTIVATORS: HOW THE TRADITIONAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High traditional scores indicate a desire to live by a certain set of standards or beliefs that provide a basis for making life decisions. Typically, high "traditionals" have a very strong "faith" or strong cultural values. If this is a primary motivator, it's important to identify where your traditional values stem from. You can have a high traditional score and not embrace a religion, for example. You may base your traditions on family, a strong internal moral compass, or culture. If traditional is one of your top two motivators, you will not feel satisfied unless your beliefs are respected and you are allowed to live and work in a way that aligns with those beliefs.

- She will have strong beliefs within a system that she feels most comfortable with, and she will not be as strong in her beliefs or approach if she lacks that interest level.
- alyssa lets her conscience be her guide.
- alyssa at times will evaluate others based on her rules for living.
- alyssa needs to be able to pick and choose the traditions and set of beliefs to which she will adhere.

MOTIVATORS: HOW THE SOCIAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High social scores indicate the desire to help others and an inherent love of people. Typically "socials" are altruistic and are motivated to give back to society in some way. They might volunteer, spend time on community projects and charities, or solve global, social, and environmental problems. If social is one of your top two motivators, you will not feel satisfied if you are not doing something that helps others.

- Believing that hard work and persistence is within everyone's reach - she feels things must be earned, not given.
- She will not normally allow herself to be directed by others unless it will enhance her own self-interest.
- alyssa is willing to help others if they are working as hard as possible to achieve their goals.
- She will be firm in her decisions and not be swayed by unfortunate circumstances.
- alyssa will be torn if helping others proves to be detrimental to her.
- alyssa's passion in life will be found in one or two of the other dimensions discussed in this report.

MOTIVATORS: HOW THE THEORETICAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High theoretical scores indicate a desire to discover truths by learning for the sake of knowing. Typically, high "theoreticals" like to study, read, seek knowledge, and research. If theoretical is one of your top two motivators, you will not feel satisfied unless you are continually challenged with new information and given opportunities to learn new things.

- alyssa will only read books that relate to her chosen field or special interests.
- When required, alyssa will seek knowledge to better understand a particular situation.
- alyssa can be turned off by people who talk about things in detail if she has no interest in the subject.
- alyssa will have a tendency to read only the articles in newspapers or magazines that appeal to her special interests.
- alyssa will use an instinctual approach to problem solving.
- She will attempt to take the practical approach and not over-analyze the process.
- For alyssa, personal experiences are a key factor in decision making.
- She may have a hobby or special interest that drives the need to know everything about a particular subject, such as computers, baseball scores, etc.
- alyssa will not seek knowledge based on curiosity or just for the sake of knowledge.

NEXT STEPS: CHOOSE A PATH

Your Indigo Assessment provides you with information by which you can choose a career and college that is aligned with your natural strengths and preferences.

Sharing your profile with others will provide additional insight about yourself and how to use this information wisely.

Forging the life you want takes time, discipline, hard work, courage, and a lot of trial and error. The fastest way to success is by starting with who you are and finding a college and career option that fits you.



COMING SOON...

Watershed is building an online matching system and job database that helps you discover careers and college programs that you will love.

Stay tuned to our progress at www.IndigotheAssessment.com .

NEXT STEPS: POSSIBLE DEGREE MATCHES

These are potential degrees and directions that fit your personal profile. Not all of these will be a perfect fit. However, they provide a good starting point for programs to research and consider.

Arts and Sciences

Architecture
Information Technology
Interior Design
Photography and Studio Art
Web Design, Web Administration

Business

Human Resources, Organizational Development
Marketing

Career and Technical

Biomedical Equipment Technician
Carpentry
Drafting
Electrician
Plumbing
Welding

Engineering

Civil Engineering

Evolving Opportunities

Computer Graphics, Animation
Computer Programming
Desktop Publishing
Ecommerce
Graphic Design
Medical Ethics
Online Marketing, Social Media
Peace and Conflict Resolution Studies
Videography

Health Sciences

Exercise Science

NEXT STEPS: POSSIBLE DEGREE MATCHES

Kinesiology

Other Career Paths

Apparel Fashion

NEXT STEPS: POSSIBLE CAREER IDEAS

Today's workplace is in constant change and careers are evolving to keep pace. It is not unusual for people to change careers 4-5 times during their lives. Research indicates that over 50% of working people hold jobs that do not utilize their natural talents, so they are neither fully motivated nor satisfied in their work.

Given these realities, it is more important than ever to make informed career decisions based on a solid understanding of yourself. The list of jobs below has been designed to spark your imagination and provide ideas. The message is: **"Your options are many."** These ideas are not meant to put you in a box or represent a definitive list of options. If your dream job isn't on the list, don't worry, go for it!

For more information on any job, input the listed code at the O*NET database - <http://online.onetcenter.org>.

CODE	EDUCATION	OCCUPATION
29-1131	4+	Veterinarian
29-1071.01	4+	Anesthesiologist Assistant
29-1021	4+	Dentist
29-1011	4+	Chiropractor
27-1021	4+	Commercial & Industrial Designer
19-3094	4+	Political Scientist
17-2141	4+	Mechanical Engineer
17-2131	4+	Materials Engineer
17-2121	4+	Marine Engineer & Naval Architect
17-1011	4+	Architect, Except Landscape & Naval
11-9141	4+	Property, Real Estate & Community Association Manager
11-3011	4+	Administrative Services Manager
27-3031	4	Public Relations Specialist
27-2011	4	Actor & Actress
17-3012	4	Electrical & Electronic Drafter
13-2011	4	Accountant & Auditor
47-2031	3-4	Carpenter
15-1099.00	2-4+	Computer Specialist, all other
41-1012	2-4	Manager, Supervisor, non retail
11-9051	2-4	Food Service Manager
11-9011	2-4	Farm, Ranch & Other Agricultural Manager
53-2011	2	Airline Pilot, Copilot & Flight Engineer
51-5023	2	Printing Machine Operator
49-3023	2	Automotive Service Technician
33-3051.01	2	Police Patrol Officer
53-3032	HS	Truck Driver, Heavy & Tractor-Trailer
47-4051	HS	Highway Maintenance Worker
45-3011	HS	Fisher and Fishing Vessel Operator
43-5061	HS	Production and Planning Clerk
43-4151	HS	Order Clerk

NEXT STEPS: POSSIBLE CAREER IDEAS

43-4041	HS	Credit Authorizer
43-3011	HS	Bill and Accounts Collector
39-1011	HS	Gaming Supervisor
33-9032	HS	Security Guard
29-2041	HS	Emergency Medical Technician & Paramedic

STUDY TIPS

- Don't let others intrude upon your study time.
- Try new ways of learning.
- Meditate and think positive thoughts before taking an exam.
- Study or review notes before each class starts.
- Put words you have trouble spelling on your mirror so you see them daily.
- Ask questions about things for which you are unsure.
- Plan a block of time for studying - take 10-minute breaks every hour.
- Study and review notes just before class starts.
- Set goals which challenge your abilities.
- Set realistic goals.
- Quiz yourself and others about ideas you are learning.
- Study in groups of two or more.

Strengths

The ideal right hand to a goal-driven leader.

Leads by example and in a quiet and methodical way.

Supports a leader and a cause.

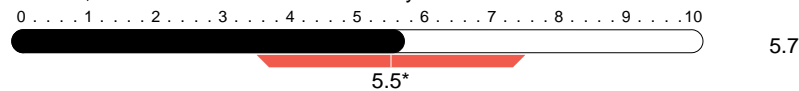
Wants to do her part to keep things efficient and consistent.

Gives clear instruction to what she needs to accomplish goals.

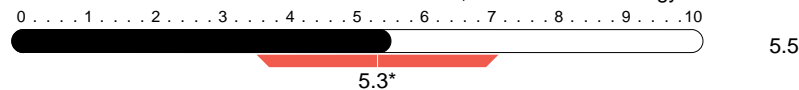
Sees the details and resources needed to achieve desired return.

Motivators

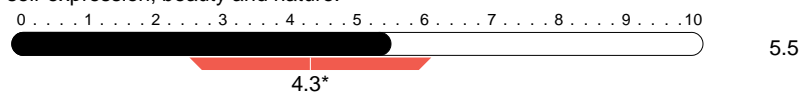
1. Individualistic/Political - Rewards those who value personal recognition, freedom, and control over their own destiny and others.



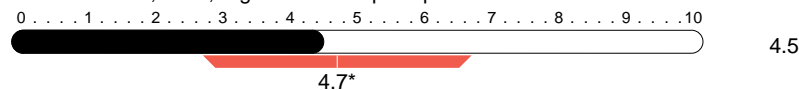
2. Utilitarian/Economic - Rewards those who value practical accomplishments, results and rewards for their investments of time, resources and energy.



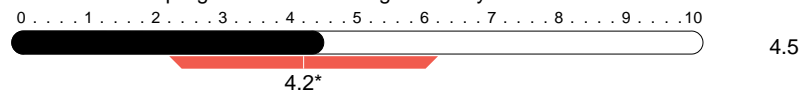
3. Aesthetic - Rewards those who value balance in their lives, creative self-expression, beauty and nature.



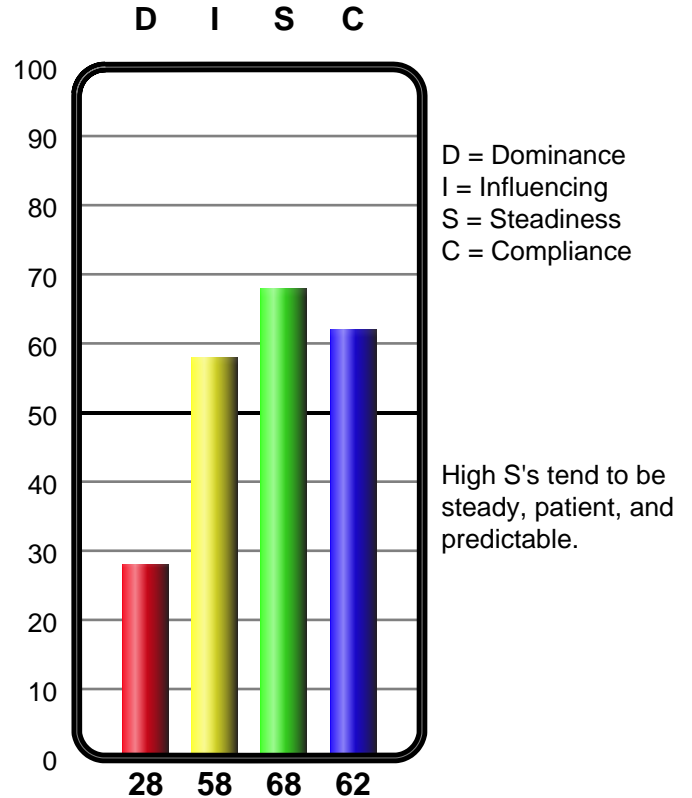
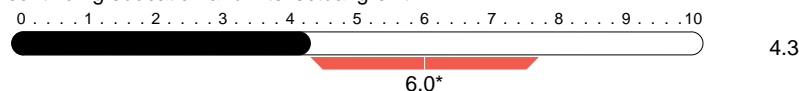
4. Traditional/Regulatory - Rewards those who value traditions inherent in social structure, rules, regulations and principles.



5. Social - Rewards those who value opportunities to be of service to others and contribute to the progress and well being of society.



6. Theoretical - Rewards those who value knowledge for knowledge's sake, continuing education and intellectual growth.



Value to a Team

Will gather data for decision making.

Service-oriented.

Concerned about quality.

Builds good relationships.

Patient and empathetic.

Dependable team player.