Katerin Tavarez 10-11-2016



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MORE THAN A SCORE

We believe that you were born with a unique set of strengths. Standardized test scores and GPA measure only a fraction of your abilities. Indigo measures a much wider range of attributes, helping you to discover areas in which you will thrive.

THERE ARE 3 SECTIONS TO THIS PROFILE:

- 1. **Style** "How you do things." This section describes your behavioral style.
 - Knowing your style helps you choose an environment in which you will thrive.
- 2. Motivators "Why you do things." This section describes what motivates you.
 - Knowing your motivators helps you choose a college program and career that is personally meaningful.
- 3. **Next Steps** This section provides possible education and career paths.



STYLE: YOUR STYLE

This describes your basic, natural behavioral style. Everyone is different and there is no right or wrong way to be.

Katerin wins through hard work and persistence. She likes to stay with one task until it is completed. Relationships with others are warm, personal and lasting. She doesn't resist change as much as she resists being changed. She needs to be an active participant in situations that will impact her work. When people are involved, she may not always be precise about the use of her time. Katerin wants to be seen as a responsible person, and will avoid behavior that could be seen by others as irresponsible. Katerin's flexibility will allow her to fit into almost any environment. She looks to people for support and inner-satisfaction as a way to reach her personal goals. She sometimes finds it difficult to relax until all the work is completed. Leisure time activities often include friends and family. When challenged, she becomes more objective. She is eager to please others. She wants others to be satisfied and she may go out of her way to accommodate others, sometimes even to her own discomfort.

Katerin prefers to plan her work and work her plan. Others may find it refreshing to have her on their team. She often thinks over major decisions before acting. Once she has arrived at a decision, she can be tough-minded and unbending. She has made her decision after gathering much data, and she probably won't want to repeat the process. She finds making decisions easier when she knows that others she respects are doing the same thing; she then has a feeling of stability and "family." Katerin can be sensitive to the feelings of others and is able to display real empathy for those who are experiencing difficulties. She is good at analyzing situations that can be felt, touched, seen, heard, personally observed or experienced. Her motto is, "facts are facts." She is persistent and persevering in her approach to achieving goals.

Katerin likes a friendly, open style of communication. She likes to know what is expected of her in a working relationship and have the duties and responsibilities of others who will be involved explained. Communication is accomplished best by well-defined avenues. She usually is considerate, compassionate and accepting of others; however, on some occasions can become stubborn. Stubbornness surfaces when her ideals and beliefs are confronted. She is quick to pick up on group dynamics and skilled in fitting in with a group. She brings both speaking and listening skills to the group. Katerin will be open with those she trusts; however, reaching the required trust level may take time.

STYLE: WHAT OTHERS MAY VALUE IN YOU

- Big thinker.
- Inner-directed rather than tradition-directed--brings fresh ideas for solving problems.
- Creative approach to problem solving.
- People-oriented.
- Service-oriented.
- Bottom line-oriented.
- Dedicated to her own ideas.
- Dependable team player.

STYLE: POTENTIAL WEAKNESSES WITH YOUR STYLE

Every behavioral style has inherent positives and negatives. This section lists some possible behaviors that may hold you back in life. Knowing what they are will help you get along with others and reduce stress.

- Dislike change if she feels the change is unwarranted.
- Become resistive and indecisive when forced to act quickly. Without proper information she will resist in a passive-aggressive manner.
- Yield to avoid controversy--attempt to avoid the antagonistic environment.
- Not project a sense of urgency--others may not feel the pressure to help immediately.
- Have difficulty establishing priorities. Have a tendency to make all things a number one priority--may have trouble meeting deadlines.
- Not take action against those who challenge or break the rules or guidelines.
- Hold a grudge if her personal beliefs are attacked.



STYLE: HOW OTHER PEOPLE SHOULD COMMUNICATE WITH YOU...

This page provides other people a list of things to DO when communicating with you. This is how you like to be communicated with. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Look for her oversights.
- Use a balanced, objective and emotional approach.
- Define clearly (preferably in writing) individual contributions.
- Define the problem in writing.
- Move casually, informally.
- Start, however briefly, with a personal comment. Break the ice.
- Present your case softly, nonthreateningly with a sincere tone of voice.
- Provide personal assurances, clear, specific solutions with maximum guarantees.
- Appeal to the benefits she will receive.
- Show sincere interest in her as a person. Find areas of common involvement and be candid and open.
- Provide a friendly environment.
- Ask "how?" questions to draw her opinions.

STYLE: ... AND HOW OTHERS SHOULD NOT COMMUNICATE WITH YOU

This page provides other people a list of things NOT to do when communicating with you. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Let her overpower you with verbiage.
- Be abrupt and rapid.
- Offer assurance and guarantees you can't fulfill.
- Muffle or overcontrol.
- Patronize or demean her by using subtlety or incentive.
- Be domineering or demanding; don't threaten with position power.
- Force her to respond quickly to your objectives. Don't say "Here's how I see it."
- Keep deciding for her, or she'll lose initiative. Don't leave her without backup support.
- Ramble.



STYLE: YOUR STRENGTHS

These are areas where you really shine! Use these strengths to talk about yourself on college applications, job/internship interviews, and with teammates for school projects and extracurricular activities. Practice using your strengths every opportunity you can.

- Able to be a strong listener, who can become a lifelong friend.
- Will be persistent about moving toward the greater cause.
- The "glue" that ties multiple visions together.
- Patient with and willing to listen to the feelings of others.
- Always willing to offer her time and perspective.
- Wants to be seen as a leader in humanitarian issues.
- Brings balance to the organization in a positive and friendly way.
- Expresses and strives for a balanced team.

STYLE: SOME POTENTIAL CHALLENGES

The areas below are things to be careful of because they may create roadblocks to your success. Identify any areas that may be affecting your success now and develop an action plan to overcome these challenges.

- May not always stand up for oneself or others.
- Struggles with putting her foot down, as she doesn't want to hurt others.
- Not willing to share opinions until comfortable about how others will receive it.
- Wants to enhance surroundings, but struggles with the need to change.
- High trust and a desire to help could lead to being taken advantage of.
- When helping others, may talk too much about herself.
- Spends too much time self-reflecting and not enough time following through.
- Has difficulty looking at situations objectively.



STYLE: YOUR IDEAL WORK ENVIRONMENT

An ideal working environment for you should include elements from this list.

- Freedom from control and detail.
- A stable and predictable environment.
- A fun and creative working environment.
- Ability to complete projects and tasks through a stable and harmonious team.
- An environment where interacting with others in an effort to help each person is rewarded.
- Ability to give of time, talent and resources in order to help the organization.

STYLE: THINGS YOU MAY WANT FROM OTHERS

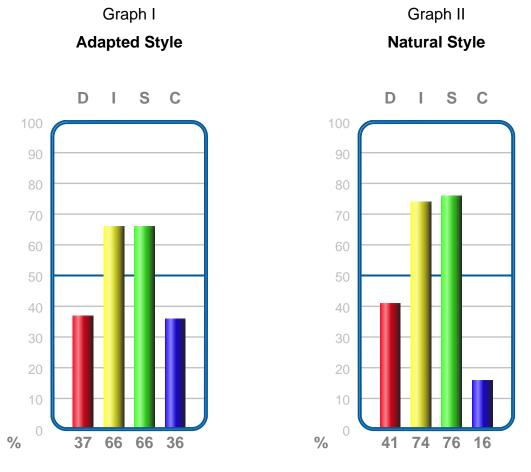
People are more motivated when they choose careers and college programs that satisfy their unique set of "wants".

- Freedom from control and detail.
- Identification with fellow workers.
- The experience of the people and the surroundings to be happy and balanced.
- To support company morale and harmonious causes.
- To be a part of the team that contributes to causes and helping others.
- Time to give back both internally and externally in order to quietly change things for the better.



STYLE: YOUR STYLE INSIGHTS® GRAPHS

The graphs below represent your adapted and natural behavioral styles based on the DISC model. D stands for dominance. I stands for influencing. S stands for steadiness. C stands for compliance. The graph on the right represents your natural style and the graph on the left represents your adapted style based on current circumstances.



Norm 2015 R4

D, the red bar on the graphs, stands for Dominance. High D's tend to be direct, forceful, challenge oriented, and bold. Low D's tend to be non-confrontational, low key, cooperative, and agreeable. The emotion associated with high D's is anger.

Famous high D's are Hillary Clinton and Donald Trump.

I, the yellow bar on the graphs, stands for Influencing. High I's tend to be enthusiastic, persuasive, talkative, and trusting. Low I's tend to be reflective, skeptical, factual, and matter of fact. The emotion associated with high I's is optimism.

Famous high I's are Will Ferrell and Oprah Winfrey.

S, the green bar on the graphs, stands for Steadiness. High S's tend to be steady, patient, predictable, and calm. Low S's tend to be change oriented, flexible, restless, and impatient. The emotion associated with high S's is non-emotional – they do not readily display their emotions.

Famous high S's are Michelle Obama and Gandhi.

C, the blue bar on the graphs, stands for Compliance. High C's tend to be analytical, cautious, accurate, and detail oriented. Low C's tend to be independent, unsystematic, stubborn, and unconcerned with details. The emotion associated with high C's is fear.

Famous high C's are Al Gore and Hermione from Harry Potter.

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MOTIVATORS: INTRODUCTION TO WHAT MOTIVATES YOU

This section describes why you do things. Motivators are like an engine beneath the hood of a car. Motivators aren't easily seen from the outside but they are what power you. This is important to your college and career choice because motivators correlate directly to fulfillment and meaning. Most people are happiest selecting a major and career based on their top two motivators.

When interpreting your motivator scores, think of your motivators as related to a fire hose. Your top motivators are a widespread stream that covers all aspects of your life. Your bottom motivators are like a concentrated stream and only appear in specific areas where that motivator matters to you.

The Indigo Assessment measures six motivators:

- 1. **Aesthetic** Desire for form, harmony and beauty.
- 2. **Individualistic** Desire for control, rank and power.
- 3. **Social** Desire to help others and solve social problems.
- 4. **Theoretical** Desire to learn for the sake of knowledge.
- 5. **Traditional** Desire to live by a set of rules, standards or beliefs.
- 6. **Utilitarian** Desire for a return on investment of time, energy or money.

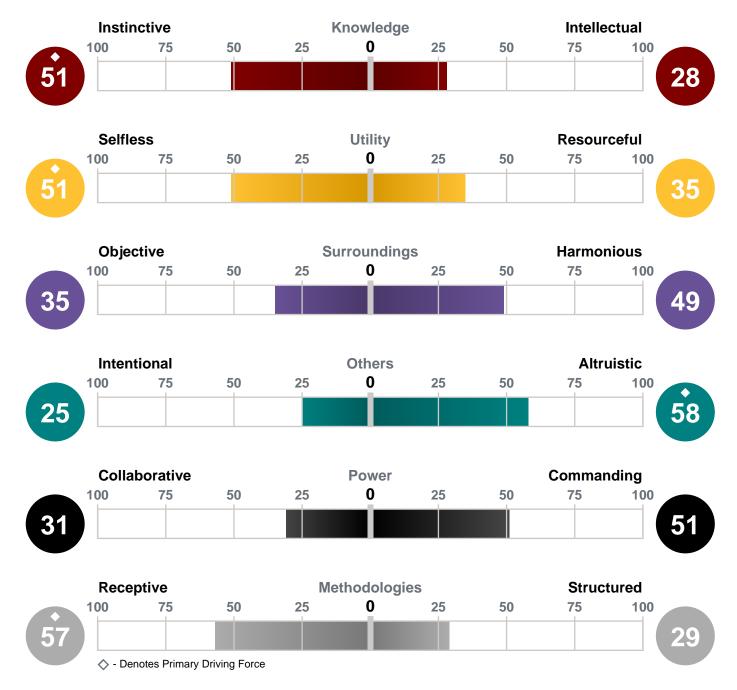
The next page ranks your relative passion for each of the six motivators. The pages following your ranking list your motivators in order of importance to you and how each motivator may affect your life decisions at this time.

For more information about motivators visit www.IndigotheAssessment.com .



DRIVING FORCES GRAPH

Eduard Spranger first defined six primary types or categories to define human motivation and drive. These six types are Theoretical, Utilitarian, Aesthetic, Social, Individualistic and Traditional. The 12 Driving Forces are derived by looking at each motivator on a continuum and describing both ends. All of the twelve descriptors are based on six keywords, one for each continuum. The six keywords are Knowledge, Utility, Surroundings, Others, Power and Methodologies. Focus on activities and work that relate to your highest driving forces scores.





MOTIVATORS: HOW THE SOCIAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High social scores indicate the desire to help others and an inherent love of people. Typically "socials" are altruistic and are motivated to give back to society in some way. They might volunteer, spend time on community projects and charities, or solve global, social, and environmental problems. If social is one of your top two motivators, you will not feel satisfied if you are not doing something that helps others.

- Saying "no" is difficult when others need her time or talent.
- She believes charities should be supported.
- Katerin is patient and sensitive to others.
- Helping the homeless may be one of her concerns.
- She is generous with her time, talent and resources for those in need.
- Katerin will be generous with time, research and information on social problems.

MOTIVATORS: HOW THE AESTHETIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High aesthetic scores indicate a desire to experience form, beauty and harmony in the world. Typically "aesthetics" need an attractive living and working environment. They may enjoy nature, various art forms and can be excellent long-range planners due to their desire to create harmonious outcomes. A high score does not necessarily mean that you have talents in creative artistry. If aesthetic is one of your top two motivators, you will not feel satisfied unless your physical environment is appealing to you and your aesthetic value is utilized in your working environment.

- Decorating her surroundings so they are visually pleasing is enjoyable for Katerin.
- Form and harmony provide her with an experience to remember.
- Katerin uses her aesthetic talent to impress others.
- Dressing for success comes naturally to Katerin. She enjoys the latest designer clothes when she has the funds to purchase them.
- Katerin looks for and appreciates the beauty in things.



MOTIVATORS: HOW THE INDIVIDUALISTIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High individualistic scores indicate the desire to gain power, lead others, and advance in position. Typically, high "individualistics" want to appear in the public eye. This motivator is sometimes called the political value. If individualistic is one of your top two motivators, you will not feel satisfied unless you are in control of your own destiny and are publically recognized for your contributions.

- She will evaluate each situation individually and determine how much or how little control she will want to exercise.
- The amount of control she attempts will increase if she has strong feelings about the issues involved with the situation. If, however, she has little interest in the issues involved, she will not see the need for exercising control.
- At times Katerin can be very competitive.
- Katerin can be assertive in meeting her needs.

MOTIVATORS: HOW THE THEORETICAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High theoretical scores indicate a desire to discover truths by learning for the sake of knowing. Typically, high "theoreticals" like to study, read, seek knowledge, and research. If theoretical is one of your top two motivators, you will not feel satisfied unless you are continually challenged with new information and given opportunities to learn new things.

- A job that challenges the knowledge will increase her job satisfaction.
- If Katerin is truly interested in a specific subject, or if knowledge of specific subject
 matter is required for success, then she will take the initiative to learn about that subject
 in great depth.
- In those areas where Katerin has a special interest she will be good at integrating past knowledge to solve current problems.
- Katerin has the potential to become an expert in her chosen field.
- Katerin will seek knowledge based on her needs in individual situations.
- If knowledge of a specific subject is not of interest, or is not required for success, Katerin
 will have a tendency to rely on her intuition or practical information in this area.
- Katerin will usually have the data to support her convictions.



MOTIVATORS: HOW THE UTILITARIAN MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High utilitarian scores indicate a desire to get a return on investment. Investments may be financial, time or energy. Typically "utilitarians" focus on results and may be money motivated. This value often includes the practical affairs of the business world- the production, marketing and consumption of goods, and the accumulation of tangible wealth. If utilitarian is one of your top two motivators, you will not feel satisfied unless you feel like you are receiving a return on your investment of time or energy.

- Money and material possessions are not a high priority for Katerin.
- Katerin will accept her financial situation and not strive to change it.
- Katerin will seek a comfort level in her standard of living and try to maintain that level.
- Katerin will not be swayed or motivated by what she feels are excessive material goals.
- Financial security is not a necessity, but a long-term goal.
- Katerin will not use money as a scorecard to impress others.
- Katerin will use her money to satisfy her true motivation.
- Overemphasizing the value of money will bore Katerin and turn her off.
- There is not a tremendous need for Katerin to have great sums of money.
- She is motivated by internal beliefs and does not feel compelled to impress others with material things.

MOTIVATORS: HOW THE TRADITIONAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High traditional scores indicate a desire to live by a certain set of standards or beliefs that provide a basis for making life decisions. Typically, high "traditionals" have a very strong "faith" or strong cultural values. If this is a primary motivator, it's important to identify where your traditional values stem from. You can have a high traditional score and not embrace a religion, for example. You may base your traditions on family, a strong internal moral compass, or culture. If traditional is one of your top two motivators, you will not feel satisfied unless your beliefs are respected and you are allowed to live and work in a way that aligns with those beliefs.

- It may be hard to manipulate Katerin because she has not defined a philosophy or system that can provide immediate answers to every situation.
- She will not be afraid to explore new and different ways of interpreting her own belief system.
- In many cases, Katerin will want to set her own rules which will allow her own intuition to guide and direct her actions.
- Katerin's passion in life will be found in one or two of the other dimensions discussed in this report.
- Katerin can be creative in interpreting other systems or traditions and selective in applying those traditions.
- She will work within a broadly defined set of beliefs.
- Traditions will not place limits or boundaries on Katerin.



NEXT STEPS: CHOOSE A PATH

Your Indigo Assessment provides you with information by which you can choose a career and college that is aligned with your natural strengths and preferences.

Sharing your profile with others will provide additional insight about yourself and how to use this information wisely.

Forging the life you want takes time, discipline, hard work, courage, and a lot of trial and error. The fastest way to success is by starting with who you are and finding a college and career option that fits you.



COMING SOON...

Watershed is building an online matching system and job database that helps you discover careers and college programs that you will love.

Stay tuned to our progress at www.IndigotheAssessment.com .



NEXT STEPS: POSSIBLE DEGREE MATCHES

These are potential degrees and directions that fit your personal profile. Not all of these will be a perfect fit. However, they provide a good starting point for programs to research and consider.

Arts and Sciences

Library Science

Business

Business Communications, Public Relations Hospitality, Hotel Management Human Resources, Organizational Development Marketing

Environmental, Agriculture and Food

Landscape Architecture

Evolving Opportunities

Alternative Medicine, Holistic Health
Community and Public Health Administration
Computer Graphics, Animation
Educational Administrator
Environment, Conservation and Sustainability
Life Coaching
Medical Ethics
Multimedia, Digital Communications
Nonprofit Management
Online Marketing, Social Media
Outdoor Studies, Outdoor Leadership
Peace and Conflict Resolution Studies
Renewable Energy
Yoga Therapy and Training

Health Sciences

Counseling
Exercise Science
Human Development and Family Services
Kinesiology
Nursing
Psychology



NEXT STEPS: POSSIBLE DEGREE MATCHES

Other Career Paths

Apparel Fashion Fitness and Exercise Science



NEXT STEPS: POSSIBLE CAREER IDEAS

Today's workplace is in constant change and careers are evolving to keep pace. It is not unusual for people to change careers 4-5 times during their lives. Research indicates that over 50% of working people hold jobs that do not utilize their natural talents, so they are neither fully motivated nor satisfied in their work.

Given these realities, it is more important than ever to make informed career decisions based on a solid understanding of yourself. The list of jobs below has been designed to spark your imagination and provide ideas. The message is: **"Your options are many."** These ideas are not meant to put you in a box or represent a definitive list of options. If your dream job isn't on the list, don't worry, go for it!

For more information on any job, input the listed code at the O*NET database - http://online.onetcenter.org.

CODE	EDUCATION	OCCUPATION
27-2031	4 & exp	Dancer
21-1019	4+	Counselor
19-3091	4+	Anthropologist & Archaeologist
19-3051	4+	Urban & Regional Planner
19-3041	4+	Sociologist
41-3041	4	Travel Agent
25-1053	4	Teacher, Post-secondary Environmental Science
43-4051	2-4	Customer Service Representative
11-9061	2-4	Funeral Director
25-2011	2+	Teacher, Preschool
41-2031	2	Retail Salesperson
39-9032	2	Recreational Worker
31-9011	2	Massage Therapist
43-4171	HS	Receptionist and Information Clerk
43-4161	HS	Human Resources Assistant
41-9011	HS	Product Promoter & Demonstrator

STUDY TIPS

- Read an article on listening and note taking.
- Think positively about subjects that give you difficulty.
- Don't let your ego keep you from studying.
- Put words you have trouble spelling on your mirror so you see them daily.
- Quiz yourself and others about ideas you are learning.
- Plan a block of time for studying take 10-minute breaks every hour.
- Use recitation to embed fact and ideas.
- Develop good study habits and follow them everyday.
- Try new ways of learning.
- Meditate and think positive thoughts before taking an exam.
- Study in groups of two or more.
- Don't put off studying until the last minute.

Katerin Tavarez



Strengths

Able to be a strong listener, who can become a lifelong friend.

Will be persistent about moving toward the greater cause.

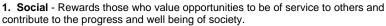
The "glue" that ties multiple visions together.

Patient with and willing to listen to the feelings of others.

Always willing to offer her time and perspective.

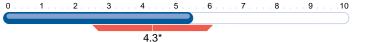
Brings balance to the organization in a positive and friendly way.

Motivators

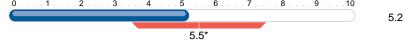




2. Aesthetic - Rewards those who value balance in their lives, creative self-expression, beauty and nature.



3. Individualistic/Political - Rewards those who value personal recognition, freedom, and control over their own destiny and others.



4. Theoretical - Rewards those who value knowledge for knowledge's sake, continuing education and intellectual growth.

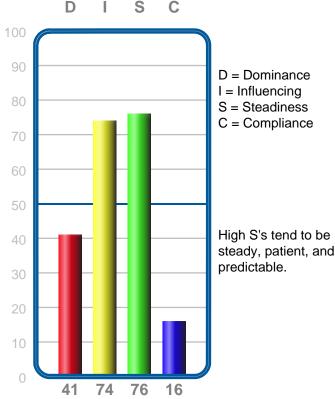


5. Utilitarian/Economic - Rewards those who value practical accomplishments, results and rewards for their investments of time, resources and energy.



 $\textbf{6. Traditional/Regulatory} \cdot \text{Rewards those who value traditions inherent in social structure, rules, regulations and principles.}$





Value to a Team

Service-oriented.

Big thinker.

5.5

4.0

Works for a leader and a cause.

Inner-directed rather than tradition-directed--brings fresh ideas for solving problems.

Dependable team player.

Builds good relationships.