

juliet barreras
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MORE THAN A SCORE

We believe that you were born with a unique set of strengths. Standardized test scores and GPA measure only a fraction of your abilities. Indigo measures a much wider range of attributes, helping you to discover areas in which you will thrive.

THERE ARE 3 SECTIONS TO THIS PROFILE:

1. **Style** - "*How you do things.*" This section describes your behavioral style.

Knowing your style helps you choose an environment in which you will thrive.

2. **Motivators** - "*Why you do things.*" This section describes what motivates you.

Knowing your motivators helps you choose a college program and career that is personally meaningful.

3. **Next Steps** - This section provides possible education and career paths.

STYLE: YOUR STYLE

This describes your basic, natural behavioral style. Everyone is different and there is no right or wrong way to be.

juliet's flexibility will allow her to fit into almost any environment. When the time is right, juliet can stand up aggressively for what she believes. She tends to build a close relationship with a relatively small group of associates. Once juliet has come to a decision, others may find it difficult to change her mind. If changes are inevitable, and she sees enough benefits, they will be made. juliet sometimes finds it difficult to relax until all the work is completed. Leisure time activities often include friends and family. She is family-oriented. She may go to great lengths to ensure the "happiness" of her personal or work family. Relationships with others are warm, personal and lasting. She doesn't resist change as much as she resists being changed. She needs to be an active participant in situations that will impact her work. juliet can be friendly with others in many situations, but primarily with groups of established friends and associates. She is sociable and enjoys the uniqueness of each human being. When people are involved, she may not always be precise about the use of her time.

juliet finds making decisions easier when she knows that others she respects are doing the same thing; she then has a feeling of stability and "family." Once she has arrived at a decision, she can be tough-minded and unbending. She has made her decision after gathering much data, and she probably won't want to repeat the process. She is persistent and persevering in her approach to achieving goals. She is good at analyzing situations that can be felt, touched, seen, heard, personally observed or experienced. Her motto is, "facts are facts." juliet can be sensitive to the feelings of others and is able to display real empathy for those who are experiencing difficulties. She often thinks over major decisions before acting. She prefers to plan her work and work her plan. Others may find it refreshing to have her on their team.

juliet will be open with those she trusts; however, reaching the required trust level may take time. She is quick to pick up on group dynamics and skilled in fitting in with a group. She brings both speaking and listening skills to the group. She usually is considerate, compassionate and accepting of others; however, on some occasions can become stubborn. Stubbornness surfaces when her ideals and beliefs are confronted. She likes a friendly, open style of communication. juliet likes to know what is expected of her in a working relationship and have the duties and responsibilities of others who will be involved explained. Communication is accomplished best by well-defined avenues.

STYLE: WHAT OTHERS MAY VALUE IN YOU

- Service-oriented.
- Adaptable.
- People-oriented.
- Turns confrontation into positives.
- Respect for authority and organizational structure.
- Flexible.
- Builds good relationships.
- Dependable team player.

STYLE: POTENTIAL WEAKNESSES WITH YOUR STYLE

Every behavioral style has inherent positives and negatives. This section lists some possible behaviors that may hold you back in life. Knowing what they are will help you get along with others and reduce stress.

- Not take action against those who challenge or break the rules or guidelines.
- Dislike change if she feels the change is unwarranted.
- Hold a grudge if her personal beliefs are attacked.
- Become resistive and indecisive when forced to act quickly. Without proper information she will resist in a passive-aggressive manner.
- Not let others know where she stands on an issue.
- Take criticism of her work as a personal affront.
- Be dependent on others for decisions, even if she knows she is right.
- Need help in prioritizing new assignments.
- Be defensive when risk is involved--move towards maintaining status quo.

STYLE: HOW OTHER PEOPLE SHOULD COMMUNICATE WITH YOU...

This page provides other people a list of things to DO when communicating with you. This is how you like to be communicated with. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Take your time and be persistent.
- Give her time to ask questions.
- Move casually, informally.
- Define clearly (preferably in writing) individual contributions.
- Be sincere and use a tone of voice that shows sincerity.
- Provide personal assurances, clear, specific solutions with maximum guarantees.
- Be prepared.
- Start, however briefly, with a personal comment. Break the ice.
- Use scheduled timetable when implementing new action.
- Support your communications with correct facts and data.
- Provide a friendly environment.
- Ask "how?" questions to draw her opinions.
- Show sincere interest in her as a person. Find areas of common involvement and be candid and open.

STYLE: ... AND HOW OTHERS SHOULD NOT COMMUNICATE WITH YOU

This page provides other people a list of things NOT to do when communicating with you. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Offer assurance and guarantees you can't fulfill.
- Push too hard, or be unrealistic with deadlines.
- Talk to her when you're extremely angry.
- Patronize or demean her by using subtlety or incentive.
- Make promises you cannot deliver.
- Keep deciding for her, or she'll lose initiative. Don't leave her without backup support.
- Be domineering or demanding; don't threaten with position power.
- Give your presentation in random order.
- Force her to respond quickly to your objectives. Don't say "Here's how I see it."
- Be abrupt and rapid.
- Be haphazard.

STYLE: YOUR STRENGTHS

These are areas where you really shine! Use these strengths to talk about yourself on college applications, job/internship interviews, and with teammates for school projects and extracurricular activities. Practice using your strengths every opportunity you can.

- Delivers her knowledge and wisdom objectively.
- Desire for continuous learning is one of her greatest strengths.
- Accommodating team member that brings balance to the organization.
- Patient with and willing to listen to the feelings of others.
- Thinks outside of the box when gathering information.
- Looks for the positive side of every situation.
- Will convey optimism for new ideas.
- Brings balance to the organization in a positive and friendly way.

STYLE: SOME POTENTIAL CHALLENGES

The areas below are things to be careful of because they may create roadblocks to your success. Identify any areas that may be affecting your success now and develop an action plan to overcome these challenges.

- Resents change without logical facts and reasoning behind the change.
- May have difficulty sharing subjective information.
- If environment is shaken, she struggles to speak up to realign it.
- Wants to enhance surroundings, but struggles with the need to change.
- May overlook vital details in her pursuit of information.
- Will tend to elaborate on limited data.
- Situational listener to other's perspective on the experience.
- Spends too much time self-reflecting and not enough time following through.

STYLE: YOUR IDEAL WORK ENVIRONMENT

An ideal working environment for you should include elements from this list.

- Freedom from control and detail.
- Democratic supervisor with whom she can associate.
- Continuous learning in a team atmosphere where people share openly.
- Information and time to make decisions.
- A forum to participate in meetings with others in an inviting meeting space.
- Time for finishing things through to completion in a way that doesn't disrupt the balance of the organization.

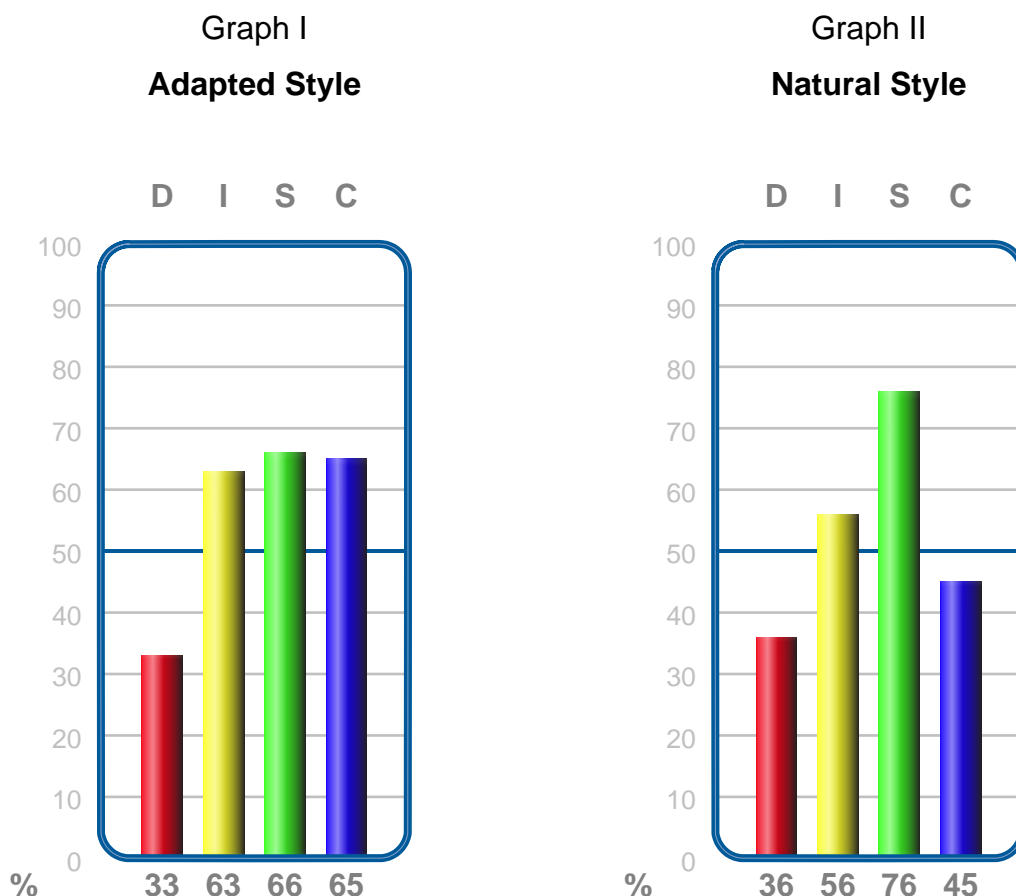
STYLE: THINGS YOU MAY WANT FROM OTHERS

People are more motivated when they choose careers and college programs that satisfy their unique set of "wants".

- A manager who practices participative management.
- Participation in meetings on future planning.
- To research new information in a team environment requiring people interaction.
- To support others through the gathering and delivery of information.
- To be involved in keeping morale high and an overall harmonious work environment.
- Management to understand that she will focus on keeping up morale and the balance of the organization.

STYLE: YOUR STYLE INSIGHTS® GRAPHS

The graphs below represent your adapted and natural behavioral styles based on the DISC model. D stands for dominance. I stands for influencing. S stands for steadiness. C stands for compliance. The graph on the right represents your natural style and the graph on the left represents your adapted style based on current circumstances.



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D, the red bar on the graphs, stands for Dominance. High D's tend to be direct, forceful, challenge oriented, and bold. Low D's tend to be non-confrontational, low key, cooperative, and agreeable. The emotion associated with high D's is anger.

Famous high D's are Hillary Clinton and Donald Trump.

I, the yellow bar on the graphs, stands for Influencing. High I's tend to be enthusiastic, persuasive, talkative, and trusting. Low I's tend to be reflective, skeptical, factual, and matter of fact. The emotion associated with high I's is optimism.

Famous high I's are Will Ferrell and Oprah Winfrey.

S, the green bar on the graphs, stands for Steadiness. High S's tend to be steady, patient, predictable, and calm. Low S's tend to be change oriented, flexible, restless, and impatient. The emotion associated with high S's is non-emotional – they do not readily display their emotions.

Famous high S's are Michelle Obama and Gandhi.

C, the blue bar on the graphs, stands for Compliance. High C's tend to be analytical, cautious, accurate, and detail oriented. Low C's tend to be independent, unsystematic, stubborn, and unconcerned with details. The emotion associated with high C's is fear.

Famous high C's are Al Gore and Hermione from Harry Potter.

MOTIVATORS: INTRODUCTION TO WHAT MOTIVATES YOU

This section describes why you do things. Motivators are like an engine beneath the hood of a car. Motivators aren't easily seen from the outside but they are what power you. This is important to your college and career choice because motivators correlate directly to fulfillment and meaning. Most people are happiest selecting a major and career based on their top two motivators.

When interpreting your motivator scores, think of your motivators as related to a fire hose. Your top motivators are a widespread stream that covers all aspects of your life. Your bottom motivators are like a concentrated stream and only appear in specific areas where that motivator matters to you.

The Indigo Assessment measures six motivators:

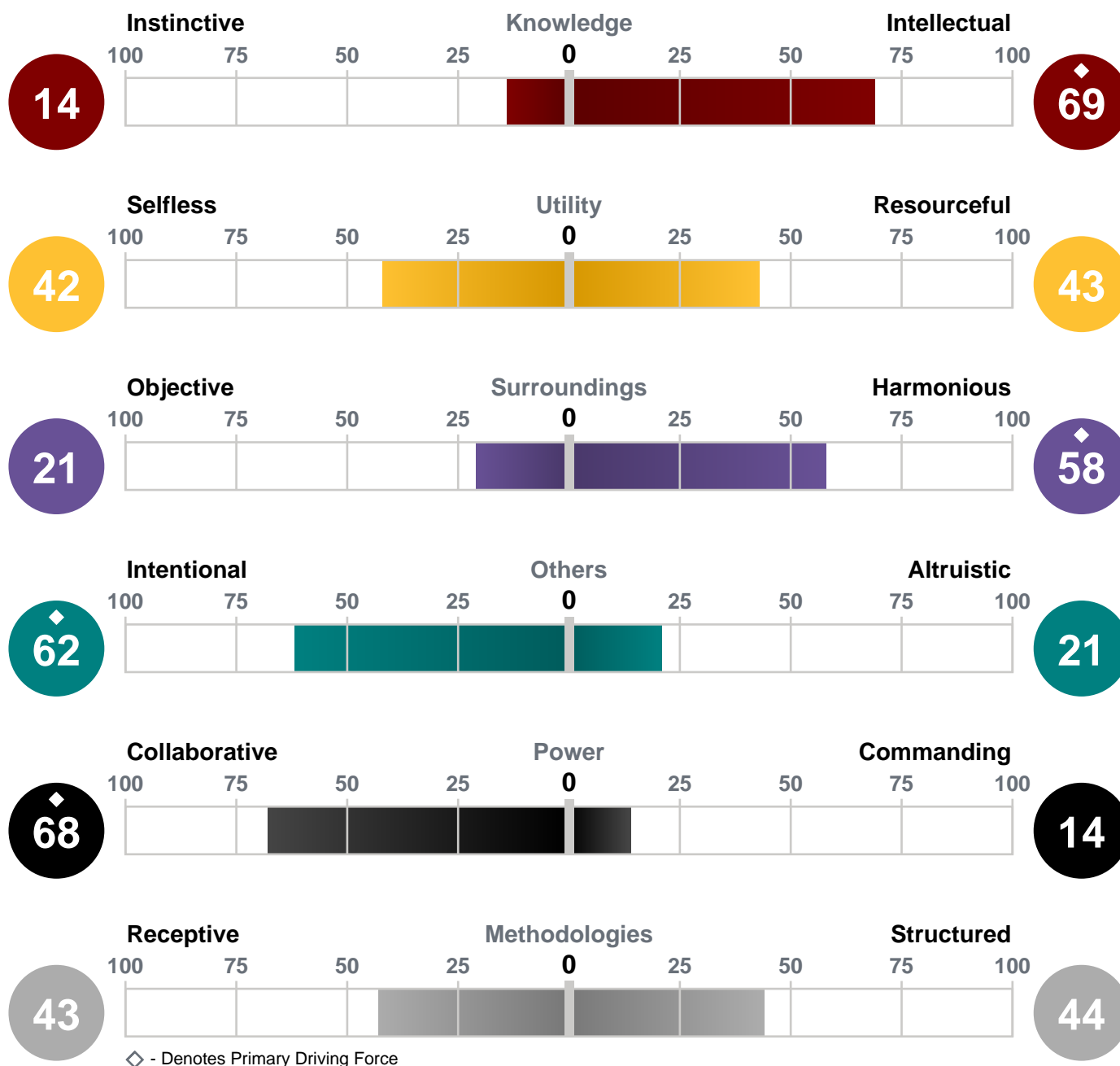
1. **Aesthetic** – Desire for form, harmony and beauty.
2. **Individualistic** – Desire for control, rank and power.
3. **Social** – Desire to help others and solve social problems.
4. **Theoretical** – Desire to learn for the sake of knowledge.
5. **Traditional** – Desire to live by a set of rules, standards or beliefs.
6. **Utilitarian** – Desire for a return on investment of time, energy or money.

The next page ranks your relative passion for each of the six motivators. The pages following your ranking list your motivators in order of importance to you and how each motivator may affect your life decisions at this time.

For more information about motivators visit www.IndigotheAssessment.com .

DRIVING FORCES GRAPH

Eduard Spranger first defined six primary types or categories to define human motivation and drive. These six types are Theoretical, Utilitarian, Aesthetic, Social, Individualistic and Traditional. The 12 Driving Forces are derived by looking at each motivator on a continuum and describing both ends. All of the twelve descriptors are based on six keywords, one for each continuum. The six keywords are Knowledge, Utility, Surroundings, Others, Power and Methodologies. Focus on activities and work that relate to your highest driving forces scores.



MOTIVATORS: HOW THE THEORETICAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High theoretical scores indicate a desire to discover truths by learning for the sake of knowing. Typically, high "theoreticals" like to study, read, seek knowledge, and research. If theoretical is one of your top two motivators, you will not feel satisfied unless you are continually challenged with new information and given opportunities to learn new things.

- A comfortable job for juliet is one that challenges her knowledge.
- juliet is comfortable around people who share her interest for knowledge and especially those people with similar convictions.
- She will usually have the data to support her convictions.
- juliet has the potential to become an expert in her chosen field.
- juliet is very good at integrating past knowledge to solve present problems.
- She may have difficulty putting down a good book.

MOTIVATORS: HOW THE AESTHETIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High aesthetic scores indicate a desire to experience form, beauty and harmony in the world. Typically "aesthetics" need an attractive living and working environment. They may enjoy nature, various art forms and can be excellent long-range planners due to their desire to create harmonious outcomes. A high score does not necessarily mean that you have talents in creative artistry. If aesthetic is one of your top two motivators, you will not feel satisfied unless your physical environment is appealing to you and your aesthetic value is utilized in your working environment.

- Decorating her surroundings so they are visually pleasing is enjoyable for juliet.
- juliet uses her aesthetic talent to impress others.
- juliet will evaluate things based on artistic beauty and usefulness.
- Form and harmony provide her with an experience to remember.
- Dressing for success comes naturally to juliet. She enjoys the latest designer clothes when she has the funds to purchase them.
- juliet looks for and appreciates the beauty in things.

MOTIVATORS: HOW THE UTILITARIAN MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High utilitarian scores indicate a desire to get a return on investment. Investments may be financial, time or energy. Typically "utilitarians" focus on results and may be money motivated. This value often includes the practical affairs of the business world- the production, marketing and consumption of goods, and the accumulation of tangible wealth. If utilitarian is one of your top two motivators, you will not feel satisfied unless you feel like you are receiving a return on your investment of time or energy.

- juliet is good at achieving goals.
- The accumulation of material possessions results from her ability to follow through and accomplish goals.
- She evaluates things for their utility and economic return.
- She may use wealth as a yardstick to measure her work effort.
- Goals for the future are easily accomplished with her ability to integrate the past and the present.
- She will work long and hard to satisfy her needs.
- juliet tends to give freely of time and resources, but will want and expect a return on her investment.

MOTIVATORS: HOW THE TRADITIONAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High traditional scores indicate a desire to live by a certain set of standards or beliefs that provide a basis for making life decisions. Typically, high "traditionals" have a very strong "faith" or strong cultural values. If this is a primary motivator, it's important to identify where your traditional values stem from. You can have a high traditional score and not embrace a religion, for example. You may base your traditions on family, a strong internal moral compass, or culture. If traditional is one of your top two motivators, you will not feel satisfied unless your beliefs are respected and you are allowed to live and work in a way that aligns with those beliefs.

- juliet at times will evaluate others based on her rules for living.
- juliet lets her conscience be her guide.
- juliet needs to be able to pick and choose the traditions and set of beliefs to which she will adhere.
- She will have strong beliefs within a system that she feels most comfortable with, and she will not be as strong in her beliefs or approach if she lacks that interest level.

MOTIVATORS: HOW THE SOCIAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High social scores indicate the desire to help others and an inherent love of people. Typically "socials" are altruistic and are motivated to give back to society in some way. They might volunteer, spend time on community projects and charities, or solve global, social, and environmental problems. If social is one of your top two motivators, you will not feel satisfied if you are not doing something that helps others.

- Believing that hard work and persistence is within everyone's reach - she feels things must be earned, not given.
- juliet is willing to help others if they are working as hard as possible to achieve their goals.
- She will not normally allow herself to be directed by others unless it will enhance her own self-interest.
- juliet's passion in life will be found in one or two of the other dimensions discussed in this report.
- juliet will be torn if helping others proves to be detrimental to her.
- She will be firm in her decisions and not be swayed by unfortunate circumstances.

MOTIVATORS: HOW THE INDIVIDUALISTIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High individualistic scores indicate the desire to gain power, lead others, and advance in position. Typically, high "individualistics" want to appear in the public eye. This motivator is sometimes called the political value. If individualistic is one of your top two motivators, you will not feel satisfied unless you are in control of your own destiny and are publically recognized for your contributions.

- As long as juliet's belief systems are not threatened, she will allow others to set the tone and direction of her work.
- juliet will be less concerned about her ego than others may be.
- Stability is a primary concern. Patience and fortitude will win in the long run.
- juliet's passion in life will be found in one or two of the other dimensions discussed in this report.
- juliet feels that struggles should be the burden of the team, not just the individuals.
- Being in total control of a situation is not a primary motivating factor.
- She will not attempt to overpower others' points of view or change their thinking.

NEXT STEPS: CHOOSE A PATH

Your Indigo Assessment provides you with information by which you can choose a career and college that is aligned with your natural strengths and preferences.

Sharing your profile with others will provide additional insight about yourself and how to use this information wisely.

Forging the life you want takes time, discipline, hard work, courage, and a lot of trial and error. The fastest way to success is by starting with who you are and finding a college and career option that fits you.



COMING SOON...

Watershed is building an online matching system and job database that helps you discover careers and college programs that you will love.

Stay tuned to our progress at www.IndigotheAssessment.com .

NEXT STEPS: POSSIBLE DEGREE MATCHES

These are potential degrees and directions that fit your personal profile. Not all of these will be a perfect fit. However, they provide a good starting point for programs to research and consider.

Arts and Sciences

Architecture
Interior Design
Web Design, Web Administration

Business

Marketing

Career and Technical

Building Inspector
Electrician
Welding

Engineering

Bio Engineering
Civil Engineering
Electrical Engineering
Environmental Engineering
Materials Engineering
Mechanical Engineering

Environmental, Agriculture and Food

Forestry, Natural Resources
Landscape Architecture
Natural Sciences

Evolving Opportunities

Computer Graphics, Animation
Desktop Publishing
Ecommerce
Graphic Design
Medical Ethics
Nutrition and Diet Science
Videography

NEXT STEPS: POSSIBLE DEGREE MATCHES

Health Sciences

Exercise Science
Kinesiology
Pharmaceutical
Pre-Medicine

NEXT STEPS: POSSIBLE CAREER IDEAS

Today's workplace is in constant change and careers are evolving to keep pace. It is not unusual for people to change careers 4-5 times during their lives. Research indicates that over 50% of working people hold jobs that do not utilize their natural talents, so they are neither fully motivated nor satisfied in their work.

Given these realities, it is more important than ever to make informed career decisions based on a solid understanding of yourself. The list of jobs below has been designed to spark your imagination and provide ideas. The message is: **"Your options are many."** These ideas are not meant to put you in a box or represent a definitive list of options. If your dream job isn't on the list, don't worry, go for it!

For more information on any job, input the listed code at the O*NET database - <http://online.onetcenter.org>.

| CODE | EDUCATION | OCCUPATION |
|------------|-----------|---|
| 27-2031 | 4 & exp | Dancer |
| 29-2031 | 4+ | Cardiovascular Technician |
| 29-1127 | 4+ | Speech-Language Pathologist |
| 25-4012 | 4+ | Curator |
| 19-3093 | 4+ | Historian |
| 19-3091 | 4+ | Anthropologist & Archaeologist |
| 19-3051 | 4+ | Urban & Regional Planner |
| 19-2043 | 4+ | Hydrologist |
| 19-2041 | 4+ | Environmental Scientist & Specialist including Health |
| 19-1023 | 4+ | Zoologist & Wildlife Biologist |
| 17-2131 | 4+ | Materials Engineer |
| 17-1011 | 4+ | Architect, Except Landscape & Naval |
| 11-3011 | 4+ | Administrative Services Manager |
| 41-3041 | 4 | Travel Agent |
| 29-2021 | 4 | Dental Hygienist |
| 29-2011 | 4 | Medical & Clinical Lab Technician |
| 29-1031 | 4 | Dietician & Nutritionist |
| 27-4021 | 4 | Photographer |
| 27-3043 | 4 | Writer & Author |
| 27-2042 | 4 | Musician, Singer |
| 27-2011 | 4 | Actor & Actress |
| 27-1025 | 4 | Interior Designer |
| 27-1024 | 4 | Graphic Designer |
| 25-2031 | 4 | Teacher, Secondary |
| 25-1053 | 4 | Teacher, Post-secondary Environmental Science |
| 17-3012 | 4 | Electrical & Electronic Drafter |
| 17-3011 | 4 | Architectural & Civil Drafter |
| 17-2199.10 | 4 | Wind Energy Engineer |
| 15-1081 | 2-4+ | Network Systems & Data Communications Analyst |
| 41-1012 | 2-4 | Manager, Supervisor, non retail |

NEXT STEPS: POSSIBLE CAREER IDEAS

| | | |
|---------|------|--|
| 17-3024 | 2-4 | Electro-mechanical Technician |
| 27-1014 | 2+ | Artist & Animator, multi-media |
| 25-2011 | 2+ | Teacher, Preschool |
| 49-2097 | 2 | Home Entertainment Installer & Repairer |
| 41-2031 | 2 | Retail Salesperson |
| 39-9031 | 2 | Fitness Trainer |
| 39-6031 | 2 | Flight Attendant |
| 39-5011 | 2 | Barber & Cosmetologist |
| 31-9092 | 2 | Medical Assistant |
| 31-9011 | 2 | Massage Therapist |
| 31-2022 | 2 | Physical Therapist Aide |
| 29-2061 | 2 | LPN (Licensed Practical Nurse) |
| 25-9031 | 2 | Instructional Coordinator |
| 11-3051 | 2 | Industrial Production Manager |
| 25-9041 | HS-2 | Teacher Assistant |
| 43-4161 | HS | Human Resources Assistant |
| 43-4151 | HS | Order Clerk |
| 41-9011 | HS | Product Promoter & Demonstrator |
| 33-9092 | HS | Lifeguard, Ski Patrol other recreational protective service worker |
| 29-2041 | HS | Emergency Medical Technician & Paramedic |
| 27-1023 | HS | Floral Designer |

STUDY TIPS

- Study and review notes just before class starts.
- Don't let others intrude upon your study time.
- Put words you have trouble spelling on your mirror so you see them daily.
- Study or review notes before each class starts.
- Ask questions about things for which you are unsure.
- Set goals which challenge your abilities.
- Identify the time of day you feel best and try to fit studying into these hours.
- Study in groups of two or more.
- Try new ways of learning.
- Plan a block of time for studying - take 10-minute breaks every hour.
- Set realistic goals.

Strengths

Delivers her knowledge and wisdom objectively.

Desire for continuous learning is one of her greatest strengths.

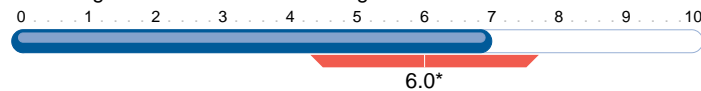
Accommodating team member that brings balance to the organization.

Patient with and willing to listen to the feelings of others.

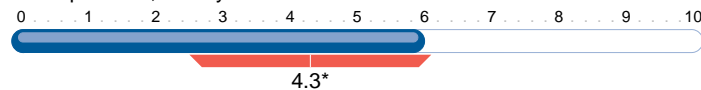
Thinks outside of the box when gathering information.

Motivators

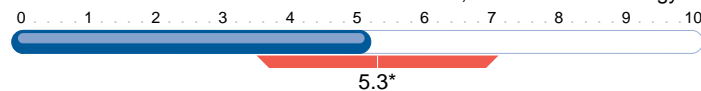
1. Theoretical - Rewards those who value knowledge for knowledge's sake, continuing education and intellectual growth.



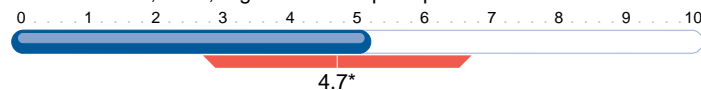
2. Aesthetic - Rewards those who value balance in their lives, creative self-expression, beauty and nature.



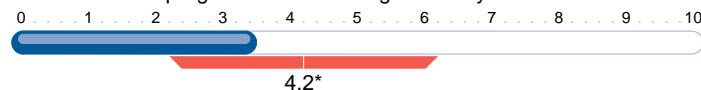
3. Utilitarian/Economic - Rewards those who value practical accomplishments, results and rewards for their investments of time, resources and energy.



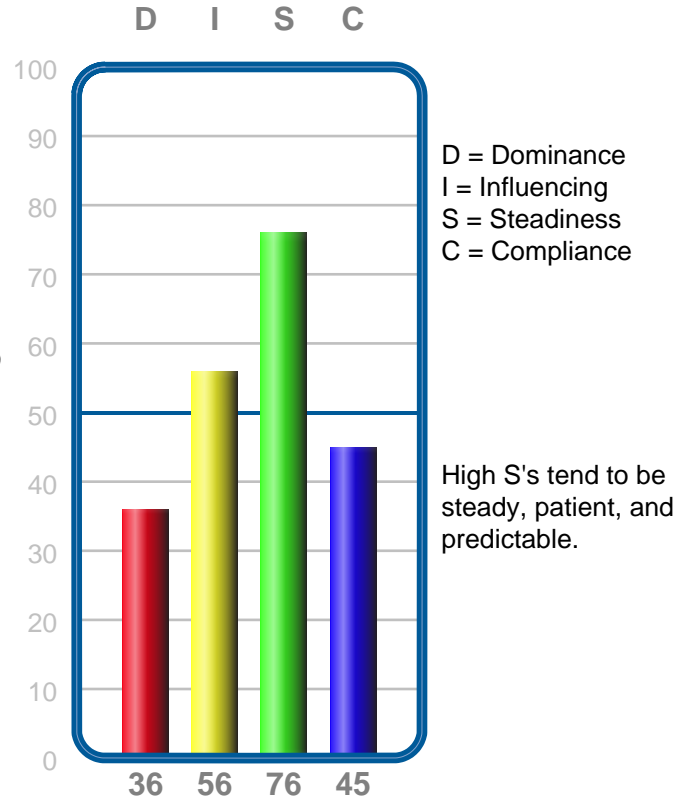
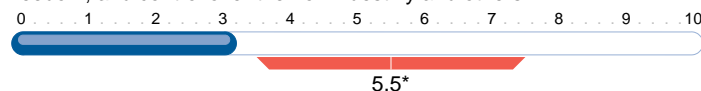
4. Traditional/Regulatory - Rewards those who value traditions inherent in social structure, rules, regulations and principles.



5. Social - Rewards those who value opportunities to be of service to others and contribute to the progress and well being of society.



6. Individualistic/Political - Rewards those who value personal recognition, freedom, and control over their own destiny and others.



Value to a Team

People-oriented.

Patient and empathetic.

Flexible.

Respect for authority and organizational structure.

Turns confrontation into positives.

Service-oriented.