

Angel Abrego
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MORE THAN A SCORE

We believe that you were born with a unique set of strengths. Standardized test scores and GPA measure only a fraction of your abilities. Indigo measures a much wider range of attributes, helping you to discover areas in which you will thrive.

THERE ARE 3 SECTIONS TO THIS PROFILE:

1. **Style** - "*How you do things.*" This section describes your behavioral style.

Knowing your style helps you choose an environment in which you will thrive.

2. **Motivators** - "*Why you do things.*" This section describes what motivates you.

Knowing your motivators helps you choose a college program and career that is personally meaningful.

3. **Next Steps** - This section provides possible education and career paths.

STYLE: YOUR STYLE

This describes your basic, natural behavioral style. Everyone is different and there is no right or wrong way to be.

Angel looks to people for support and inner-satisfaction as a way to reach his personal goals. Others see him as a good neighbor, since he is always willing to help those he considers to be his friends. He prefers to help and support others rather than compete against them. When challenged, he becomes more objective. Angel likes to set his own pace. When others try to rush him, he feels threatened and may balk. When people are involved, he may not always be precise about the use of his time. He doesn't resist change as much as he resists being changed. He needs to be an active participant in situations that will impact his work. He requires many good reasons, as well as the benefits involved, before agreeing to making changes. Angel likes to win through persistence. He uses his strong, steady tendencies to accomplish his goals. Relationships with others are warm, personal and lasting.

Angel finds making decisions easier when he knows that others he respects are doing the same thing; he then has a feeling of stability and "family." He can be sensitive to the feelings of others and is able to display real empathy for those who are experiencing difficulties. He is good at analyzing situations that can be felt, touched, seen, heard, personally observed or experienced. His motto is, "facts are facts." Once he has arrived at a decision, he can be tough-minded and unbending. He has made his decision after gathering much data, and he probably won't want to repeat the process. Angel prefers to plan his work and work his plan. Others may find it refreshing to have him on their team. He is persistent and persevering in his approach to achieving goals. He often thinks over major decisions before acting.

Angel usually is considerate, compassionate and accepting of others; however, on some occasions can become stubborn. Stubbornness surfaces when his ideals and beliefs are confronted. He is quick to pick up on group dynamics and skilled in fitting in with a group. He brings both speaking and listening skills to the group. He likes a friendly, open style of communication. He will be open with those he trusts; however, reaching the required trust level may take time. Angel likes to know what is expected of him in a working relationship and have the duties and responsibilities of others who will be involved explained. Communication is accomplished best by well-defined avenues.

STYLE: WHAT OTHERS MAY VALUE IN YOU

- Dedicated to his own ideas.
- Bottom line-oriented.
- Dependable team player.
- Creative approach to problem solving.
- Builds good relationships.
- Patient and empathetic.
- Works for a leader and a cause.
- Self-reliant.

STYLE: POTENTIAL WEAKNESSES WITH YOUR STYLE

Every behavioral style has inherent positives and negatives. This section lists some possible behaviors that may hold you back in life. Knowing what they are will help you get along with others and reduce stress.

- Take criticism of his work as a personal affront.
- Hold a grudge if his personal beliefs are attacked.
- Yield to avoid controversy--attempt to avoid the antagonistic environment.
- Be defensive when risk is involved--move towards maintaining status quo.
- Have difficulty establishing priorities. Have a tendency to make all things a number one priority--may have trouble meeting deadlines.
- Need help in prioritizing new assignments.
- Not project a sense of urgency--others may not feel the pressure to help immediately.

STYLE: HOW OTHER PEOPLE SHOULD COMMUNICATE WITH YOU...

This page provides other people a list of things to DO when communicating with you. This is how you like to be communicated with. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Show sincere interest in him as a person. Find areas of common involvement and be candid and open.
- Look for his oversights.
- Provide "yes" or "no" answers--not maybe.
- Watch carefully for possible areas of early disagreement or dissatisfaction.
- Define clearly (preferably in writing) individual contributions.
- Use a motivating approach, when appropriate.
- Provide a friendly environment.
- Start, however briefly, with a personal comment. Break the ice.
- Present your case softly, nonthreateningly with a sincere tone of voice.
- Define the problem in writing.
- Appeal to the benefits he will receive.
- Provide solutions--not opinions.
- Ask "how?" questions to draw his opinions.

STYLE: ... AND HOW OTHERS SHOULD NOT COMMUNICATE WITH YOU

This page provides other people a list of things NOT to do when communicating with you. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Be domineering or demanding; don't threaten with position power.
- Muffle or overcontrol.
- Force him to respond quickly to your objectives. Don't say "Here's how I see it."
- Patronize or demean him by using subtlety or incentive.
- Offer assurance and guarantees you can't fulfill.
- Ramble.
- Keep deciding for him, or he'll lose initiative. Don't leave him without backup support.
- Be abrupt and rapid.
- Let him overpower you with verbiage.

STYLE: YOUR STRENGTHS

These are areas where you really shine! Use these strengths to talk about yourself on college applications, job/internship interviews, and with teammates for school projects and extracurricular activities. Practice using your strengths every opportunity you can.

- Good listener when being presented with accurate facts and figures.
- Great at retrieving information for decision makers he trusts.
- Wants to control his destiny, but does so in a soft way.
- The ideal right hand to a goal-driven leader.
- Thinks outside of the box when gathering information.
- Willing to share knowledge to benefit the team or organization.
- Positively promotes the image of the organization.
- Motivates others to be the best they can be.

STYLE: SOME POTENTIAL CHALLENGES

The areas below are things to be careful of because they may create roadblocks to your success. Identify any areas that may be affecting your success now and develop an action plan to overcome these challenges.

- May withhold sharing of knowledge to meet his security needs.
- Struggles in adapting to new situations without preparation.
- Can come across as stubborn and unwilling to change.
- Has strong opinions but may not always share them.
- May overlook vital details in his pursuit of information.
- May be too trusting of people as resources.
- May only interact with those he feels complement his goals.
- He may overestimate his authority.

STYLE: YOUR IDEAL WORK ENVIRONMENT

An ideal working environment for you should include elements from this list.

- Assignments with a high degree of people contacts.
- A stable and predictable environment.
- Flexibility to attend tradeshow and seminars in order to gain information and share with others.
- Information and time to make decisions.
- A forum to celebrate successes as an individual.
- Forum to challenge change for the sake of change.

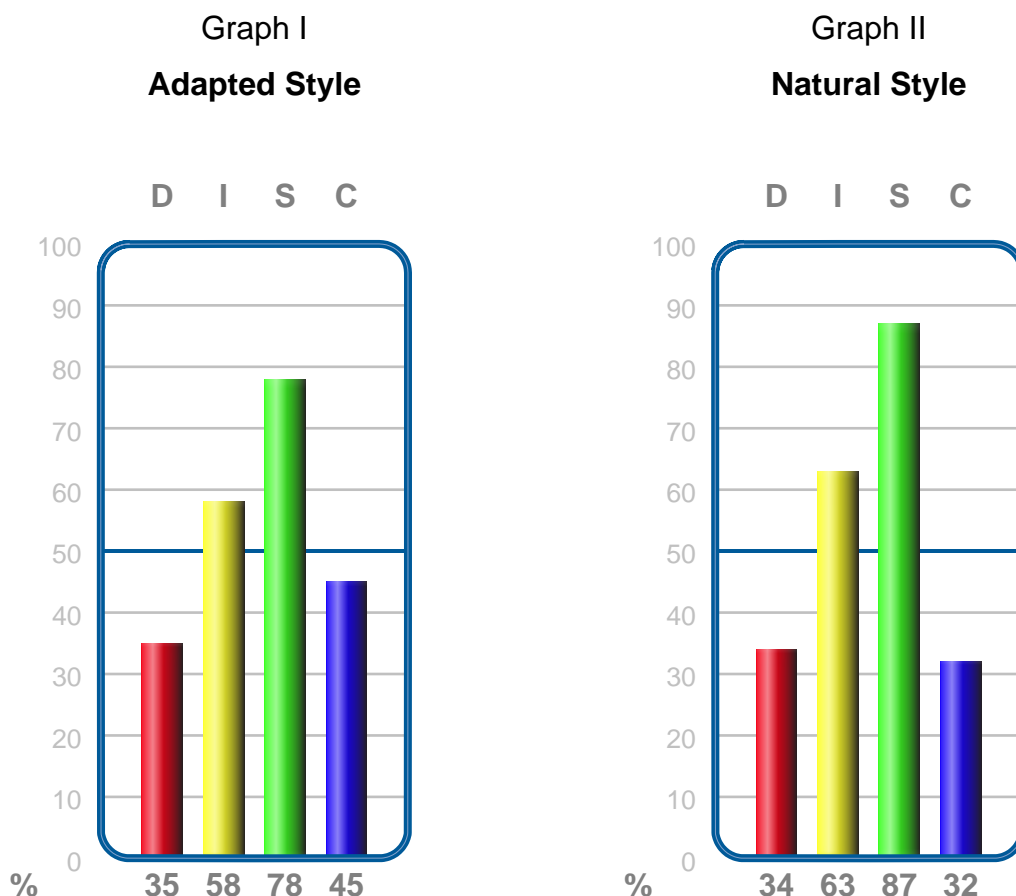
STYLE: THINGS YOU MAY WANT FROM OTHERS

People are more motivated when they choose careers and college programs that satisfy their unique set of "wants".

- Public recognition of his ideas and results.
- Identification with fellow workers.
- The opportunity to share knowledge with others.
- To support others through the gathering and delivery of information.
- Opportunities for advancement and new experiences.
- Private recognition for loyalty and service.

STYLE: YOUR STYLE INSIGHTS® GRAPHS

The graphs below represent your adapted and natural behavioral styles based on the DISC model. D stands for dominance. I stands for influencing. S stands for steadiness. C stands for compliance. The graph on the right represents your natural style and the graph on the left represents your adapted style based on current circumstances.



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D, the red bar on the graphs, stands for Dominance. High D's tend to be direct, forceful, challenge oriented, and bold. Low D's tend to be non-confrontational, low key, cooperative, and agreeable. The emotion associated with high D's is anger.

Famous high D's are Hillary Clinton and Donald Trump.

I, the yellow bar on the graphs, stands for Influencing. High I's tend to be enthusiastic, persuasive, talkative, and trusting. Low I's tend to be reflective, skeptical, factual, and matter of fact. The emotion associated with high I's is optimism.

Famous high I's are Will Ferrell and Oprah Winfrey.

S, the green bar on the graphs, stands for Steadiness. High S's tend to be steady, patient, predictable, and calm. Low S's tend to be change oriented, flexible, restless, and impatient. The emotion associated with high S's is non-emotional – they do not readily display their emotions.

Famous high S's are Michelle Obama and Gandhi.

C, the blue bar on the graphs, stands for Compliance. High C's tend to be analytical, cautious, accurate, and detail oriented. Low C's tend to be independent, unsystematic, stubborn, and unconcerned with details. The emotion associated with high C's is fear.

Famous high C's are Al Gore and Hermione from Harry Potter.

MOTIVATORS: INTRODUCTION TO WHAT MOTIVATES YOU

This section describes why you do things. Motivators are like an engine beneath the hood of a car. Motivators aren't easily seen from the outside but they are what power you. This is important to your college and career choice because motivators correlate directly to fulfillment and meaning. Most people are happiest selecting a major and career based on their top two motivators.

When interpreting your motivator scores, think of your motivators as related to a fire hose. Your top motivators are a widespread stream that covers all aspects of your life. Your bottom motivators are like a concentrated stream and only appear in specific areas where that motivator matters to you.

The Indigo Assessment measures six motivators:

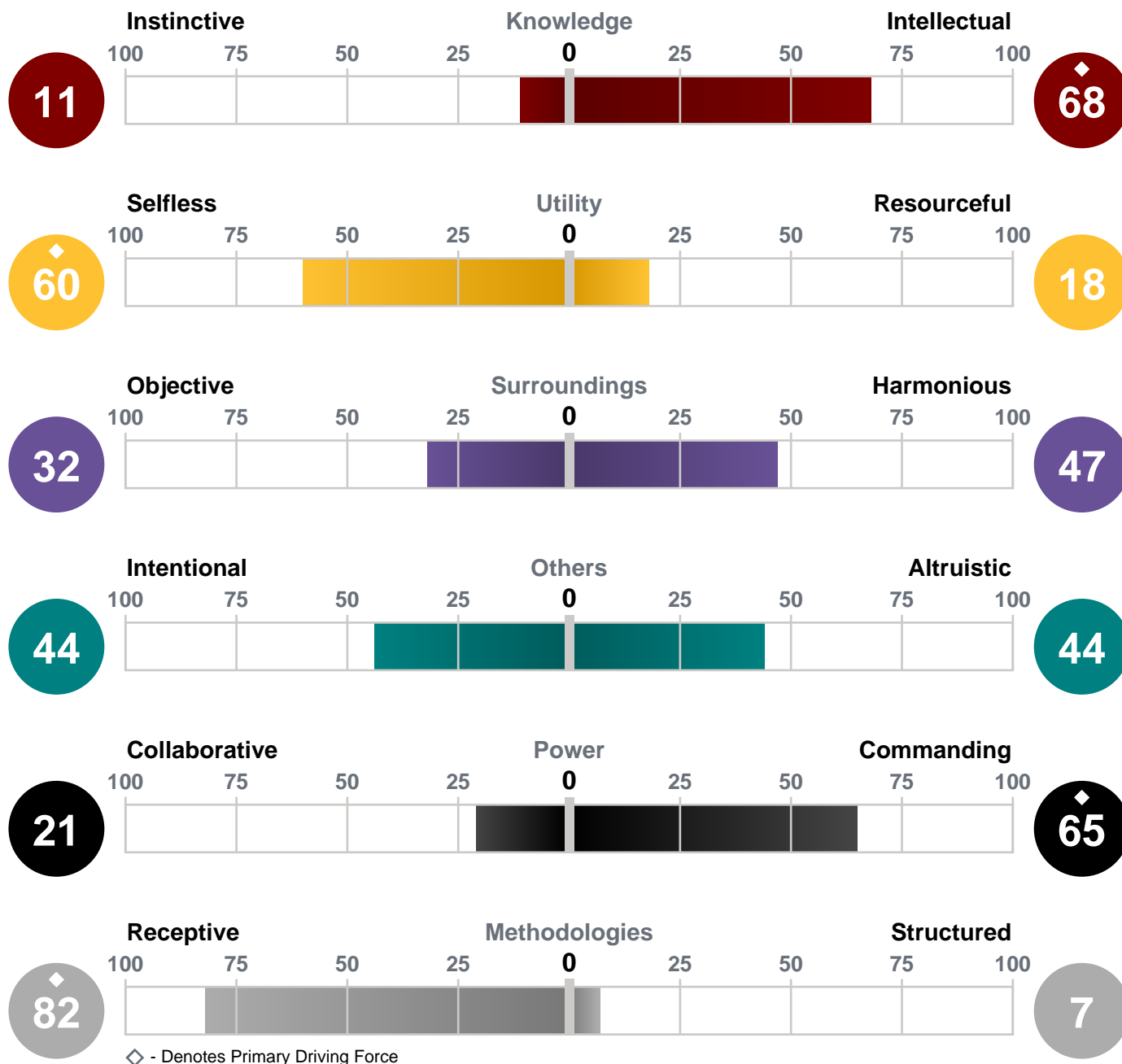
1. **Aesthetic** – Desire for form, harmony and beauty.
2. **Individualistic** – Desire for control, rank and power.
3. **Social** – Desire to help others and solve social problems.
4. **Theoretical** – Desire to learn for the sake of knowledge.
5. **Traditional** – Desire to live by a set of rules, standards or beliefs.
6. **Utilitarian** – Desire for a return on investment of time, energy or money.

The next page ranks your relative passion for each of the six motivators. The pages following your ranking list your motivators in order of importance to you and how each motivator may affect your life decisions at this time.

For more information about motivators visit www.IndigotheAssessment.com .

DRIVING FORCES GRAPH

Eduard Spranger first defined six primary types or categories to define human motivation and drive. These six types are Theoretical, Utilitarian, Aesthetic, Social, Individualistic and Traditional. The 12 Driving Forces are derived by looking at each motivator on a continuum and describing both ends. All of the twelve descriptors are based on six keywords, one for each continuum. The six keywords are Knowledge, Utility, Surroundings, Others, Power and Methodologies. Focus on activities and work that relate to your highest driving forces scores.



MOTIVATORS: HOW THE THEORETICAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High theoretical scores indicate a desire to discover truths by learning for the sake of knowing. Typically, high "theoreticals" like to study, read, seek knowledge, and research. If theoretical is one of your top two motivators, you will not feel satisfied unless you are continually challenged with new information and given opportunities to learn new things.

- Angel is very good at integrating past knowledge to solve present problems.
- Angel is comfortable around people who share his interest for knowledge and especially those people with similar convictions.
- He may have difficulty putting down a good book.
- Angel has the potential to become an expert in his chosen field.
- A comfortable job for Angel is one that challenges his knowledge.
- He will usually have the data to support his convictions.

MOTIVATORS: HOW THE INDIVIDUALISTIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High individualistic scores indicate the desire to gain power, lead others, and advance in position. Typically, high "individualistics" want to appear in the public eye. This motivator is sometimes called the political value. If individualistic is one of your top two motivators, you will not feel satisfied unless you are in control of your own destiny and are publically recognized for your contributions.

- Angel has the desire to assert himself and to be recognized for his accomplishments.
- He wants to control his own destiny and display his independence.
- Maintaining individuality is strived for in relationships.
- Angel takes responsibility for his actions.
- People who are determined and competitive are liked by Angel.
- If necessary, Angel will be assertive in meeting his own needs.
- Angel believes "when the going gets tough, the tough get going."
- He believes "if at first you don't succeed try, try again."
- Angel likes to be in situations that allow him the freedom to control his destiny and the destiny of others. His team's strategy is to attempt to dilute outsiders' influence on the results of their goals.

MOTIVATORS: HOW THE AESTHETIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High aesthetic scores indicate a desire to experience form, beauty and harmony in the world. Typically "aesthetics" need an attractive living and working environment. They may enjoy nature, various art forms and can be excellent long-range planners due to their desire to create harmonious outcomes. A high score does not necessarily mean that you have talents in creative artistry. If aesthetic is one of your top two motivators, you will not feel satisfied unless your physical environment is appealing to you and your aesthetic value is utilized in your working environment.

- Angel may desire fine things for his spouse or family members.
- The need for the appreciation of beauty is determined on an individual basis and is not generalized in terms of the total world around him.
- There could be a specific area that is of great interest to him. For instance, he may be appreciative of the natural beauty of mountains and streams, but may not be overly impressed by the works of Picasso or Rembrandt.
- At times Angel will look for the beauty in all things.

MOTIVATORS: HOW THE SOCIAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High social scores indicate the desire to help others and an inherent love of people. Typically "socials" are altruistic and are motivated to give back to society in some way. They might volunteer, spend time on community projects and charities, or solve global, social, and environmental problems. If social is one of your top two motivators, you will not feel satisfied if you are not doing something that helps others.

- Angel's desire to help others (even to his own detriment) or decision not to help others, is reviewed on an individual basis.
- Angel will definitely attempt to help an individual or group overcome a predicament, but only if they have "touched the right chords" within him.

MOTIVATORS: HOW THE UTILITARIAN MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High utilitarian scores indicate a desire to get a return on investment. Investments may be financial, time or energy. Typically "utilitarians" focus on results and may be money motivated. This value often includes the practical affairs of the business world- the production, marketing and consumption of goods, and the accumulation of tangible wealth. If utilitarian is one of your top two motivators, you will not feel satisfied unless you feel like you are receiving a return on your investment of time or energy.

- Money and material possessions are not a high priority for Angel.
- Financial security is not a necessity, but a long-term goal.
- Angel will not use money as a scorecard to impress others.
- There is not a tremendous need for Angel to have great sums of money.
- Angel will use his money to satisfy his true motivation.
- He is motivated by internal beliefs and does not feel compelled to impress others with material things.
- Overemphasizing the value of money will bore Angel and turn him off.
- Angel will accept his financial situation and not strive to change it.
- Angel will not be swayed or motivated by what he feels are excessive material goals.
- Angel will seek a comfort level in his standard of living and try to maintain that level.

MOTIVATORS: HOW THE TRADITIONAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High traditional scores indicate a desire to live by a certain set of standards or beliefs that provide a basis for making life decisions. Typically, high "traditionals" have a very strong "faith" or strong cultural values. If this is a primary motivator, it's important to identify where your traditional values stem from. You can have a high traditional score and not embrace a religion, for example. You may base your traditions on family, a strong internal moral compass, or culture. If traditional is one of your top two motivators, you will not feel satisfied unless your beliefs are respected and you are allowed to live and work in a way that aligns with those beliefs.

- Traditions will not place limits or boundaries on Angel.
- He will work within a broadly defined set of beliefs.
- Angel can be creative in interpreting other systems or traditions and selective in applying those traditions.
- He will not be afraid to explore new and different ways of interpreting his own belief system.
- Angel's passion in life will be found in one or two of the other dimensions discussed in this report.
- It may be hard to manipulate Angel because he has not defined a philosophy or system that can provide immediate answers to every situation.
- In many cases, Angel will want to set his own rules which will allow his own intuition to guide and direct his actions.

NEXT STEPS: CHOOSE A PATH

Your Indigo Assessment provides you with information by which you can choose a career and college that is aligned with your natural strengths and preferences.

Sharing your profile with others will provide additional insight about yourself and how to use this information wisely.

Forging the life you want takes time, discipline, hard work, courage, and a lot of trial and error. The fastest way to success is by starting with who you are and finding a college and career option that fits you.



COMING SOON...

Watershed is building an online matching system and job database that helps you discover careers and college programs that you will love.

Stay tuned to our progress at www.IndigotheAssessment.com .

NEXT STEPS: POSSIBLE DEGREE MATCHES

These are potential degrees and directions that fit your personal profile. Not all of these will be a perfect fit. However, they provide a good starting point for programs to research and consider.

Arts and Sciences

Anthropology
Archaeology
Art History
Botany
Broadcasting
Composition, Writing
Computer Science
Creative Writing
Economics
English
Geology, Earth Sciences
Interior Design
Journalism
Language Study
Literature Studies, Classics
Meteorology
Paleontology
Philosophy, Religious Studies
Theology
Web Design, Web Administration

Business

Marketing

Career and Technical

Rehabilitation Therapy
Speech and Language Pathology

Engineering

Bio Engineering
Computer Engineering
Electrical Engineering
Environmental Engineering
Materials Engineering

Environmental, Agriculture and Food

NEXT STEPS: POSSIBLE DEGREE MATCHES

Agriculture and Farming
Animal Sciences
Culinary Science
Landscape Architecture
Natural Sciences
Plants and Horticulture

Evolving Opportunities

Alternative Medicine, Holistic Health
Biotechnology
Community Planning and Development
Computer Graphics, Animation
Computer Programming
Desktop Publishing
Environment, Conservation and Sustainability
Genetics, Reproductive Technology and Research
Graphic Design
Health Technology
Life Coaching
Nutrition and Diet Science
Outdoor Studies, Outdoor Leadership
Peace and Conflict Resolution Studies
Renewable Energy
Urban and City Planning
Videography
Yoga Therapy and Training

Health Sciences

Chiropractic Assistance
Counseling
Exercise Science
Human Development and Family Services
Kinesiology
Nursing
Pre-Veterinary Medicine

Other Career Paths

Fitness and Exercise Science
Publishing

NEXT STEPS: POSSIBLE CAREER IDEAS

Today's workplace is in constant change and careers are evolving to keep pace. It is not unusual for people to change careers 4-5 times during their lives. Research indicates that over 50% of working people hold jobs that do not utilize their natural talents, so they are neither fully motivated nor satisfied in their work.

Given these realities, it is more important than ever to make informed career decisions based on a solid understanding of yourself. The list of jobs below has been designed to spark your imagination and provide ideas. The message is: **"Your options are many."** These ideas are not meant to put you in a box or represent a definitive list of options. If your dream job isn't on the list, don't worry, go for it!

For more information on any job, input the listed code at the O*NET database - <http://online.onetcenter.org>.

CODE	EDUCATION	OCCUPATION
29-2031	4+	Cardiovascular Technician
19-3091	4+	Anthropologist & Archaeologist
19-2043	4+	Hydrologist
41-3041	4	Travel Agent
29-2011	4	Medical & Clinical Lab Technician
25-2031	4	Teacher, Secondary
25-1053	4	Teacher, Post-secondary Environmental Science
25-2011	2+	Teacher, Preschool
41-9022	2	Real Estate Sales Agent

STUDY TIPS

- Develop good study habits and follow them everyday.
- Study and review notes just before class starts.
- Try new ways of learning.
- Don't let your ego keep you from studying.
- Study in groups of two or more.
- Set realistic goals.
- Meditate and think positive thoughts before taking an exam.
- Think positively about subjects that give you difficulty.
- Plan a block of time for studying - take 10-minute breaks every hour.
- Use recitation to embed fact and ideas.
- Read an article on listening and note taking.

Strengths

Good listener when being presented with accurate facts and figures.

Great at retrieving information for decision makers he trusts.

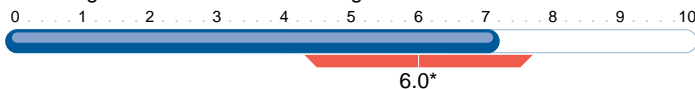
Wants to control his destiny, but does so in a soft way.

The ideal right hand to a goal-driven leader.

Thinks outside of the box when gathering information.

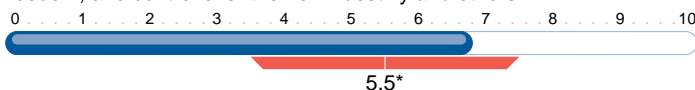
Motivators

1. Theoretical - Rewards those who value knowledge for knowledge's sake, continuing education and intellectual growth.



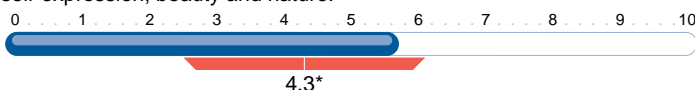
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2. Individualistic/Political - Rewards those who value personal recognition, freedom, and control over their own destiny and others.



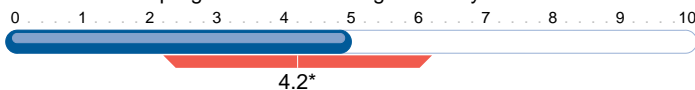
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3. Aesthetic - Rewards those who value balance in their lives, creative self-expression, beauty and nature.



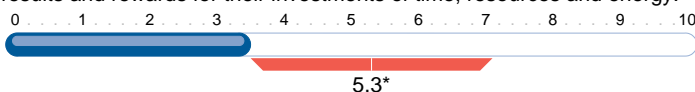
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4. Social - Rewards those who value opportunities to be of service to others and contribute to the progress and well being of society.



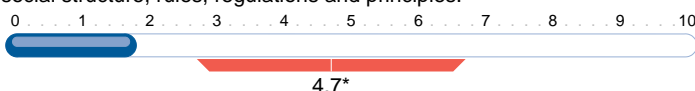
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5. Utilitarian/Economic - Rewards those who value practical accomplishments, results and rewards for their investments of time, resources and energy.

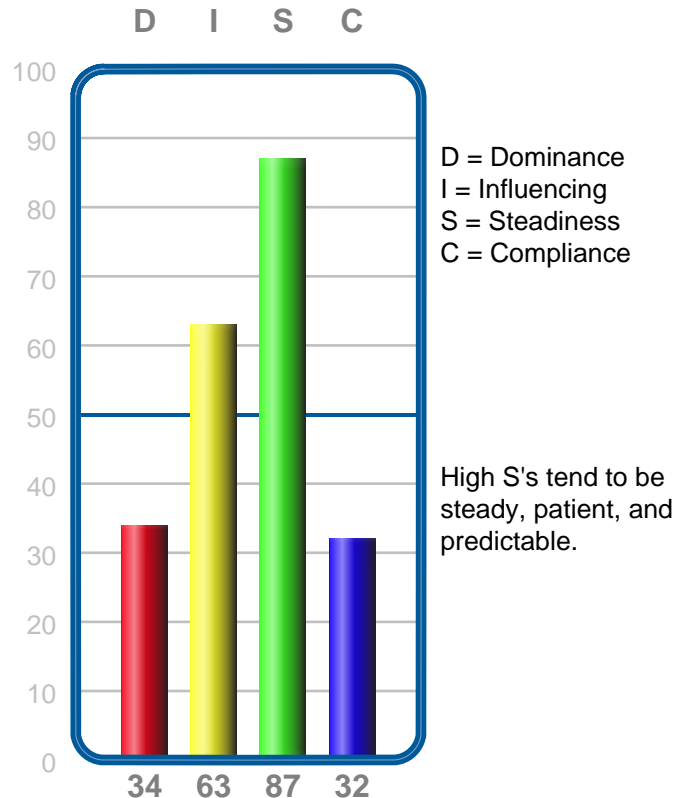


3.5

6. Traditional/Regulatory - Rewards those who value traditions inherent in social structure, rules, regulations and principles.



1.8



Value to a Team

Works for a leader and a cause.

Big thinker.

Service-oriented.

Dedicated to his own ideas.

Bottom line-oriented.

Patient and empathetic.