Michelle Escareno 10-13-2016



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MORE THAN A SCORE

We believe that you were born with a unique set of strengths. Standardized test scores and GPA measure only a fraction of your abilities. Indigo measures a much wider range of attributes, helping you to discover areas in which you will thrive.

THERE ARE 3 SECTIONS TO THIS PROFILE:

- 1. Style "How you do things." This section describes your behavioral style.
 - Knowing your style helps you choose an environment in which you will thrive.
- 2. **Motivators** "Why you do things." This section describes what motivates you.
 - Knowing your motivators helps you choose a college program and career that is personally meaningful.
- 3. **Next Steps** This section provides possible education and career paths.



STYLE: YOUR STYLE

This describes your basic, natural behavioral style. Everyone is different and there is no right or wrong way to be.

Michelle likes feedback from her manager on how she is doing. She likes quality social relationships. She often will become friends with her customers or clients. Her goal is to have and make many friends. At work, she is good at maintaining friendly public relations. She prefers working for a participative manager. She does her best work in this kind of environment. Michelle is most likely to be at her best in situations where important things, such as values, judgments, feelings and emotions are involved. She prides herself on her "intuition." She believes in getting results through other people. She prefers the "team approach." She is driven by status and power. She tries to influence others through a personal relationship and many times will perform services to develop this relationship. Michelle likes to get results through others. She is at her best when she has people working with her. She projects a self-assured and self-confident image.

Michelle may leap to a favorable conclusion without considering all the facts. When she has strong feelings about a particular problem, you should expect to hear these feelings, and they will probably be expressed in an emotional manner. Because of her trust and willing acceptance of people, she may misjudge the abilities of others. She is good at giving verbal and nonverbal feedback that serves to encourage people to be open, to trust her and to see her as receptive and helpful. Michelle likes working for managers who make quick decisions. She is good at solving problems that deal with people.

Michelle has the ability to look at the whole problem; for example, thinking about relationships, being concerned about the feelings of others and focusing on the real impact of her decisions and actions. She is positive in her approach to dealing with others. She may not understand why everyone doesn't see life as she does! She tends to mask some of her directness in friendly terms and is usually recognized as a friendly and trusting person. She is people-oriented and verbally fluent. Communication can extend from friendly to argumentative discourse. She is comfortable with most people and can be quite informal and relaxed with them. Even when dealing with strangers, Michelle will attempt to put them at ease. She judges others by their verbal skills and warmth. She is both a good talker and a good listener.



STYLE: WHAT OTHERS MAY VALUE IN YOU

- Optimistic and enthusiastic.
- Dedicated to her own ideas.
- Accomplishes goals through people.
- Verbalizes her feelings.
- Big thinker.
- People-oriented.
- Team player.

STYLE: POTENTIAL WEAKNESSES WITH YOUR STYLE

Every behavioral style has inherent positives and negatives. This section lists some possible behaviors that may hold you back in life. Knowing what they are will help you get along with others and reduce stress.

- Be so enthusiastic that she can be seen as superficial.
- Take information at face value without validation or substantial investigation.
- Be too verbal in expressing criticism.
- Be overly enthusiastic about her own shortcomings (weaknesses) and the shortcomings of others.
- Be inattentive to detail unless that detail is important to her or if detail work is of a short duration.
- Trust people indiscriminately if positively reinforced by those people.
- Be optimistic regarding possible results of her projects or the potential of her people.



STYLE: HOW OTHER PEOPLE SHOULD COMMUNICATE WITH YOU...

This page provides other people a list of things to DO when communicating with you. This is how you like to be communicated with. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Ask for her opinions/ideas regarding people.
- Understand her defiant nature.
- Expect her to return to fight another day when she has received a "no" answer.
- Provide solutions--not opinions.
- Leave time for relating, socializing.
- Use a motivating approach, when appropriate.
- Offer special, immediate and continuing incentives for her willingness to take risks.
- Flatter her ego.
- Define the problem in writing.
- Provide a warm and friendly environment.
- Provide testimonials from people she sees as important.
- Provide ideas for implementing action.

STYLE: ... AND HOW OTHERS SHOULD NOT COMMUNICATE WITH YOU

This page provides other people a list of things NOT to do when communicating with you. Everyone has different communication styles. Knowing your style and acknowledging other's styles is critical to success in any job or relationship.

- Leave decisions hanging in the air.
- "Dream" with her or you'll lose time.
- Be curt, cold or tight-lipped.
- Let her overpower you with verbiage.
- Ramble.
- Be dictatorial.
- Talk down to her.
- Be paternalistic.
- Give her your opinion unless asked.
- Drive on to facts, figures, alternatives or abstractions.
- Legislate or muffle--don't overcontrol the conversation.



STYLE: YOUR STRENGTHS

These are areas where you really shine! Use these strengths to talk about yourself on college applications, job/internship interviews, and with teammates for school projects and extracurricular activities. Practice using your strengths every opportunity you can.

- Willing to share knowledge to benefit the team or organization.
- Will bring high energy and enthusiasm to the researching process.
- Good at promoting causes that improve society.
- Great at generating excitement in others and getting people on board.
- Demonstrates a forward-looking approach to old questions.
- Thrives on the challenge of solving problems.
- Initiates the activity of developing others.
- Looks for a better approach to help others.

STYLE: SOME POTENTIAL CHALLENGES

The areas below are things to be careful of because they may create roadblocks to your success. Identify any areas that may be affecting your success now and develop an action plan to overcome these challenges.

- May be too trusting of people as resources.
- Ability to learn is diminished due to her lack of focus on one thing.
- Would rather take responsibility for others' actions than have a difficult conversation with a direct report.
- Has trouble making difficult decisions that affect others.
- Impatient when gathering information.
- A focus on quick results may hinder quality of information.
- Needs immediate results when helping others.
- Can sometimes lack diplomacy in offering assistance.



STYLE: YOUR IDEAL WORK ENVIRONMENT

An ideal working environment for you should include elements from this list.

- Assignments with a high degree of people contacts.
- An innovative and futuristic-oriented environment.
- Active problems that require researched-based solutions.
- Appreciation for a logical approach to problem solving.
- An environment where interacting with others in an effort to help each person is rewarded.
- Ability to achieve results through the interaction with and helping of others.

STYLE: THINGS YOU MAY WANT FROM OTHERS

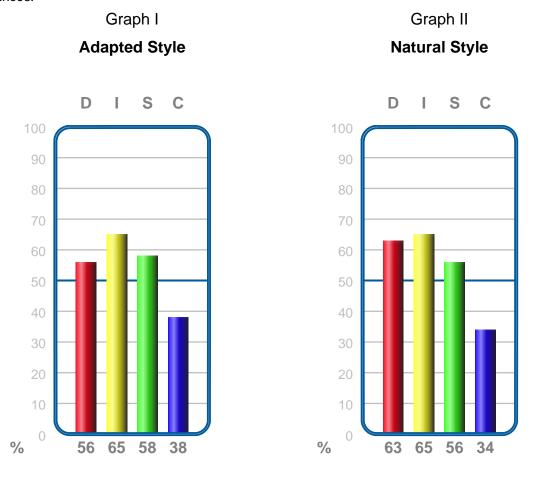
People are more motivated when they choose careers and college programs that satisfy their unique set of "wants".

- A friendly work environment.
- Public recognition of her ideas and results.
- Necessary information at her fingertips in order to conquer challenges.
- Complete information in bulleted format for her own investigation.
- To be a part of the team that contributes to causes and helping others.
- An opportunity to express how she can improve society.



STYLE: YOUR STYLE INSIGHTS® GRAPHS

The graphs below represent your adapted and natural behavioral styles based on the DISC model. D stands for dominance. I stands for influencing. S stands for steadiness. C stands for compliance. The graph on the right represents your natural style and the graph on the left represents your adapted style based on current circumstances.



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D, the red bar on the graphs, stands for Dominance. High D's tend to be direct, forceful, challenge oriented, and bold. Low D's tend to be non-confrontational, low key, cooperative, and agreeable. The emotion associated with high D's is anger.

Famous high D's are Hillary Clinton and Donald Trump.

I, the yellow bar on the graphs, stands for Influencing. High I's tend to be enthusiastic, persuasive, talkative, and trusting. Low I's tend to be reflective, skeptical, factual, and matter of fact. The emotion associated with high I's is optimism.

Famous high I's are Will Ferrell and Oprah Winfrey.

S, the green bar on the graphs, stands for Steadiness. High S's tend to be steady, patient, predictable, and calm. Low S's tend to be change oriented, flexible, restless, and impatient. The emotion associated with high S's is non-emotional – they do not readily display their emotions.

Famous high S's are Michelle Obama and Gandhi.

C, the blue bar on the graphs, stands for Compliance. High C's tend to be analytical, cautious, accurate, and detail oriented. Low C's tend to be independent, unsystematic, stubborn, and unconcerned with details. The emotion associated with high C's is fear.

Famous high C's are Al Gore and Hermione from Harry Potter.

MOTIVATORS: INTRODUCTION TO WHAT MOTIVATES YOU

This section describes why you do things. Motivators are like an engine beneath the hood of a car. Motivators aren't easily seen from the outside but they are what power you. This is important to your college and career choice because motivators correlate directly to fulfillment and meaning. Most people are happiest selecting a major and career based on their top two motivators.

When interpreting your motivator scores, think of your motivators as related to a fire hose. Your top motivators are a widespread stream that covers all aspects of your life. Your bottom motivators are like a concentrated stream and only appear in specific areas where that motivator matters to you.

The Indigo Assessment measures six motivators:

- 1. **Aesthetic** Desire for form, harmony and beauty.
- 2. **Individualistic** Desire for control, rank and power.
- 3. **Social** Desire to help others and solve social problems.
- 4. **Theoretical** Desire to learn for the sake of knowledge.
- 5. **Traditional** Desire to live by a set of rules, standards or beliefs.
- 6. **Utilitarian** Desire for a return on investment of time, energy or money.

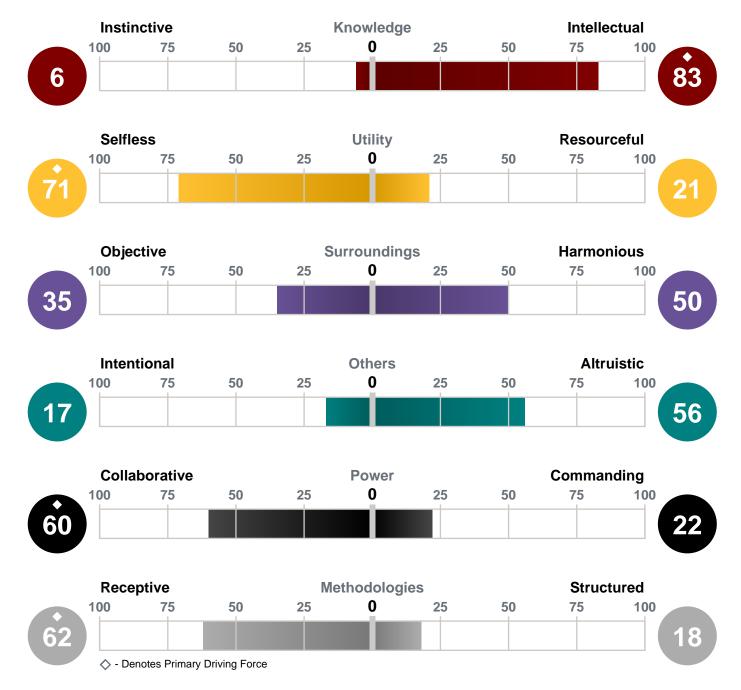
The next page ranks your relative passion for each of the six motivators. The pages following your ranking list your motivators in order of importance to you and how each motivator may affect your life decisions at this time.

For more information about motivators visit www.IndigotheAssessment.com .



DRIVING FORCES GRAPH

Eduard Spranger first defined six primary types or categories to define human motivation and drive. These six types are Theoretical, Utilitarian, Aesthetic, Social, Individualistic and Traditional. The 12 Driving Forces are derived by looking at each motivator on a continuum and describing both ends. All of the twelve descriptors are based on six keywords, one for each continuum. The six keywords are Knowledge, Utility, Surroundings, Others, Power and Methodologies. Focus on activities and work that relate to your highest driving forces scores.





MOTIVATORS: HOW THE THEORETICAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High theoretical scores indicate a desire to discover truths by learning for the sake of knowing. Typically, high "theoreticals" like to study, read, seek knowledge, and research. If theoretical is one of your top two motivators, you will not feel satisfied unless you are continually challenged with new information and given opportunities to learn new things.

- Michelle never walked by a bookstore or library she didn't want to visit.
- People who talk on a subject without adequate knowledge will frustrate her and cause her to lose interest in the conversation.
- She sees the value in having good libraries and bookstores in every community.
- Understanding social problems and their ramifications is one of her strengths.
- The process is not as important to her as the results.
- Adding to the body of knowledge may be more important than the application of the knowledge.
- Michelle will seek the "truth," yet "truth" is relative and will be defined by her own standards.
- She has a keen interest in formulating theories and asking questions to assist in problem solving.
- Michelle may use her specialized knowledge of a topic to control the situation.
- She may have difficulty putting down a good book.

MOTIVATORS: HOW THE SOCIAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High social scores indicate the desire to help others and an inherent love of people. Typically "socials" are altruistic and are motivated to give back to society in some way. They might volunteer, spend time on community projects and charities, or solve global, social, and environmental problems. If social is one of your top two motivators, you will not feel satisfied if you are not doing something that helps others.

- Saying "no" is difficult when others need her time or talent.
- Michelle is patient and sensitive to others.
- She believes charities should be supported.
- She is generous with her time, talent and resources for those in need.
- Helping the homeless may be one of her concerns.
- Michelle will be generous with time, research and information on social problems.

MOTIVATORS: HOW THE AESTHETIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High aesthetic scores indicate a desire to experience form, beauty and harmony in the world. Typically "aesthetics" need an attractive living and working environment. They may enjoy nature, various art forms and can be excellent long-range planners due to their desire to create harmonious outcomes. A high score does not necessarily mean that you have talents in creative artistry. If aesthetic is one of your top two motivators, you will not feel satisfied unless your physical environment is appealing to you and your aesthetic value is utilized in your working environment.

- Michelle may desire fine things for her spouse or family members.
- At times Michelle will look for the beauty in all things.
- The need for the appreciation of beauty is determined on an individual basis and is not generalized in terms of the total world around her.
- There could be a specific area that is of great interest to her. For instance, she may be appreciative of the natural beauty of mountains and streams, but may not be overly impressed by the works of Picasso or Rembrandt.

MOTIVATORS: HOW THE INDIVIDUALISTIC MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High individualistic scores indicate the desire to gain power, lead others, and advance in position. Typically, high "individualistics" want to appear in the public eye. This motivator is sometimes called the political value. If individualistic is one of your top two motivators, you will not feel satisfied unless you are in control of your own destiny and are publically recognized for your contributions.

- She will evaluate each situation individually and determine how much or how little control she will want to exercise.
- The amount of control she attempts will increase if she has strong feelings about the issues involved with the situation. If, however, she has little interest in the issues involved, she will not see the need for exercising control.
- At times Michelle can be very competitive.
- Michelle can be assertive in meeting her needs.



MOTIVATORS: HOW THE TRADITIONAL MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High traditional scores indicate a desire to live by a certain set of standards or beliefs that provide a basis for making life decisions. Typically, high "traditionals" have a very strong "faith" or strong cultural values. If this is a primary motivator, it's important to identify where your traditional values stem from. You can have a high traditional score and not embrace a religion, for example. You may base your traditions on family, a strong internal moral compass, or culture. If traditional is one of your top two motivators, you will not feel satisfied unless your beliefs are respected and you are allowed to live and work in a way that aligns with those beliefs.

- Michelle's passion in life will be found in one or two of the other dimensions discussed in this report.
- Traditions will not place limits or boundaries on Michelle.
- In many cases, Michelle will want to set her own rules which will allow her own intuition to guide and direct her actions.
- She will work within a broadly defined set of beliefs.
- She will not be afraid to explore new and different ways of interpreting her own belief system.
- It may be hard to manipulate Michelle because she has not defined a philosophy or system that can provide immediate answers to every situation.
- Michelle can be creative in interpreting other systems or traditions and selective in applying those traditions.

MOTIVATORS: HOW THE UTILITARIAN MOTIVATOR MAY AFFECT YOUR LIFE DECISIONS

High utilitarian scores indicate a desire to get a return on investment. Investments may be financial, time or energy. Typically "utilitarians" focus on results and may be money motivated. This value often includes the practical affairs of the business world- the production, marketing and consumption of goods, and the accumulation of tangible wealth. If utilitarian is one of your top two motivators, you will not feel satisfied unless you feel like you are receiving a return on your investment of time or energy.

- Money and material possessions are not a high priority for Michelle.
- Overemphasizing the value of money will bore Michelle and turn her off.
- Financial security is not a necessity, but a long-term goal.
- There is not a tremendous need for Michelle to have great sums of money.
- She is motivated by internal beliefs and does not feel compelled to impress others with material things.
- Michelle will seek a comfort level in her standard of living and try to maintain that level.
- Michelle will use her money to satisfy her true motivation.
- Michelle will not be swayed or motivated by what she feels are excessive material goals.
- Michelle will accept her financial situation and not strive to change it.
- Michelle will not use money as a scorecard to impress others.



NEXT STEPS: CHOOSE A PATH

Your Indigo Assessment provides you with information by which you can choose a career and college that is aligned with your natural strengths and preferences.

Sharing your profile with others will provide additional insight about yourself and how to use this information wisely.

Forging the life you want takes time, discipline, hard work, courage, and a lot of trial and error. The fastest way to success is by starting with who you are and finding a college and career option that fits you.



COMING SOON...

Watershed is building an online matching system and job database that helps you discover careers and college programs that you will love.

Stay tuned to our progress at www.IndigotheAssessment.com .



NEXT STEPS: POSSIBLE DEGREE MATCHES

These are potential degrees and directions that fit your personal profile. Not all of these will be a perfect fit. However, they provide a good starting point for programs to research and consider.

Arts and Sciences

Anthropology Archaeology Art History

Botany

Criminology, Forensics

Entertainment and Arts Management

Ethnic, Cultural and Gender Studies

Geography

Geology, Earth Sciences

History

Humanities

Literature Studies, Classics

Meteorology

Paleontology

Philosophy, Religious Studies

Sociology

Teaching, Education

Theology

Urban Studies

Web Design, Web Administration

Business

Hospitality, Hotel Management

Career and Technical

Emergency Medical Technician Speech and Language Pathology

Engineering

Bio Engineering Environmental Engineering

Environmental, Agriculture and Food

Animal Sciences Natural Sciences Plants and Horticulture



NEXT STEPS: POSSIBLE DEGREE MATCHES

Evolving Opportunities

Alternative Medicine, Holistic Health

Biotechnology

Community Planning and Development

Community and Public Health Administration

Computer Graphics, Animation

Educational Administrator

Environment, Conservation and Sustainability

Genetics, Reproductive Technology and Research

Graphic Design

Health Technology

Medical Ethics

Nutrition and Diet Science

Outdoor Studies, Outdoor Leadership

Peace and Conflict Resolution Studies

Renewable Energy

Social Entrepreneurism

Social Work

Urban and City Planning

Videography

Wilderness Education

Yoga Therapy and Training

Health Sciences

Chiropractic Assistance

Counseling

Exercise Science

Kinesiology

Nursing

Psychology

Other Career Paths

Fitness and Exercise Science Publishing



NEXT STEPS: POSSIBLE CAREER IDEAS

Today's workplace is in constant change and careers are evolving to keep pace. It is not unusual for people to change careers 4-5 times during their lives. Research indicates that over 50% of working people hold jobs that do not utilize their natural talents, so they are neither fully motivated nor satisfied in their work.

Given these realities, it is more important than ever to make informed career decisions based on a solid understanding of yourself. The list of jobs below has been designed to spark your imagination and provide ideas. The message is: **"Your options are many."** These ideas are not meant to put you in a box or represent a definitive list of options. If your dream job isn't on the list, don't worry, go for it!

For more information on any job, input the listed code at the O*NET database - http://online.onetcenter.org.

CODE 29-2031 29-1127 29-1126 29-1122 27-1011 21-1029 19-3051 19-3031.02	EDUCATION 4+ 4+ 4+ 4+ 4+ 4+ 4+	OCCUPATION Cardiovascular Technician Speech-Language Pathologist Respiratory Therapist Occupational Therapist Art Director Social Worker Urban & Regional Planner Psychologist
19-3011	4+	Economist
19-2043	4+	Hydrologist
19-2011	4+	Astronomer
19-1023	4+	Zoologist & Wildlife Biologist
17-2081	4+	Environmental Engineer
11-9039	4+	Distance Learning Coordinator
11-3049	4+	Human Resources, Manager, all other
41-3031	4	Securities, Commodities, Financial Services Sales Agent
41-3021	4	Insurance Sales Agent
29-2011	4	Medical & Clinical Lab Technician
29-1125	4	Recreational Therapist
29-1031	4	Dietician & Nutritionist
27-3031	4	Public Relations Specialist
25-3021	4	Teacher Self-Enrichment Education
25-2031	4	Teacher, Secondary
25-2022	4	Teacher, Middle School
19-3021	4	Market Research Analyst
13-1121	4	Meeting & Convention Planner
13-1071.02	4	Personnel Recruiter
11-3042	4	Training & Development Manager
15-1081	2-4+	Network Systems & Data Communications Analyst
15-1061	2-4+	Database Administrator

NEXT STEPS: POSSIBLE CAREER IDEAS

17-3027	2-4	Mechanical Engineering Technician
17-3026	2-4	Industrial Engineering Technician
39-9032	2	Recreational Worker
31-9011	2	Massage Therapist
21-1093	HS-4	Social & Human Services Assistant
43-5031	HS	Dispatcher
43-4171	HS	Receptionist and Information Clerk
43-4081	HS	Hotel, Motel and Resort Clerk
41-2021	HS	Counter and Rental Clerk
41-2011	HS	Cashier
39-6012	HS	Concierge
29-2041	HS	Emergency Medical Technician & Paramedic
27-1023	HS	Floral Designer

STUDY TIPS

- Don't doodle.
- Think positively about subjects that give you difficulty.
- Socialize after studying not before.
- Review notes from previous lessons to prepare yourself for the next.
- Develop good study habits and follow them everyday.
- Track your time and see how you are spending it and add more time for studying if needed.
- Review your notes after class.
- Don't let your ego keep you from studying.
- Use short sentences when taking notes leave out unnecessary words.
- Take meaningful notes.
- Use recitation to embed fact and ideas.

Michelle Escareno



Strengths

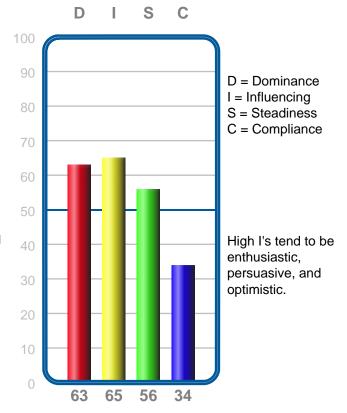
Willing to share knowledge to benefit the team or organization.

Will bring high energy and enthusiasm to the researching process.

Good at promoting causes that improve society.

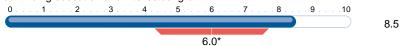
Great at generating excitement in others and getting people on board.

Demonstrates a forward-looking approach to old questions.

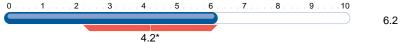


Motivators

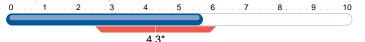
1. Theoretical - Rewards those who value knowledge for knowledge's sake, continuing education and intellectual growth.



2. Social - Rewards those who value opportunities to be of service to others and contribute to the progress and well being of society.



3. Aesthetic - Rewards those who value balance in their lives, creative self-expression, beauty and nature.



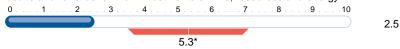
4. Individualistic/Political - Rewards those who value personal recognition, freedom, and control over their own destiny and others.



5. Traditional/Regulatory - Rewards those who value traditions inherent in social structure, rules, regulations and principles.



6. Utilitarian/Economic - Rewards those who value practical accomplishments, results and rewards for their investments of time, resources and energy.



Value to a Team

Big thinker.

Builds confidence in others.

Self-reliant.

5.7

4.0

3.2

Bottom line-oriented.

Pioneering.

Optimistic and enthusiastic.