

HOME

WORKSHOP &
RETRETS

WORKSHOP



PAST EVENTS

TEAM

CONTACT

Background
Picture

Atma Yoga Shala

Live . Love . Learn

WORKSHOP AND RETRETS

- 21 days workshop
- 100hrs with ramaswamy
- samkhya karika
- 100hrs teacher training
- Explore Jordan & Young

Picture

WORKSHOPS

What is 21 day Workshop?

Description

[know more](#)

100hrs workshop
with Ramaswamy.

Description

[know more](#)

Redefining Inversions
Description

[Description](#)

[know more](#)

100 hours Advanced
Teach training

Description

[know more](#)

PAST EVENTS

45 days of yoga with Alma Yoga shala.

Description

Picture

Title	Date	Day	Location	Tickets
Sound Healing				
Redefining Forward Folds				
Redefining Inversions				
Explore Jordan				

TEAM

Picture

Name

Description

Picture

Name

Description

Picture

Name

Description

CONTACT

Bangalore, Karnataka, India
✉ Mailid

Name:
Phone:
Email:
Message