

Weekly Schedule C — Catppuccin Saturated Landscape

Balanced routine for study, training, and rest

Time	Monday	Tuesday	Wednesday	Thursday	Sunday
05:00–06:30	Morning routine, Fajr, Qur'an memorization	Morning routine, Fajr, Qur'an memorization	Morning routine, Fajr, Qur'an memorization	Morning routine, Fajr, Qur'an memorization	Morning routine, Fajr, Qur'an memorization
06:30–07:50	Breakfast + transport	Breakfast + transport	Breakfast + transport	Breakfast + transport	Breakfast + transport
08:00–09:30	Analysis 3 (Zeglaoui)	Mechanics of Rigid Bodies (Boumediene)	Electricity (Cherifi)	Fluid Mechanics (Mdouki)	TP session
09:40–11:10	Analysis 3 (Zeglaoui)	Numerical Analysis (Saib)	Computer Science 3 (Hioual)	Intro to Autonomous Systems (Guerbai)	TP session
11:20–12:50	Break + transport back	Chemistry 3 (Aoudj)	Physics 3 (Zenad)	Break + notes	TP session
12:50–13:40	Lunch + Dhuhr prayer	Lunch + Dhuhr prayer	Lunch + Dhuhr prayer	Lunch + Dhuhr prayer	Lunch + Dhuhr prayer
13:40–15:30	TDs (Analysis, Chem, etc.)	Training session (Jiu-jitsu)	TDs (Elec/Phys)	TDs (Intro Sys)	Training session (Jiu-jitsu)
15:40–17:10	Homework prep for TDs next day	Backend roadmap: SQL / logic	Homework review or project	Geometry reading (Analytic Geometry)	Backend roadmap: Algorithms
17:10–17:40	Asr prayer + rest	Asr prayer + rest	Asr prayer + rest	Asr prayer + rest	Asr prayer + rest
17:40–19:00	Light review / short break	Calm coding practice or TD review	Jiu-jitsu class (until 19:00)	Review day's material	Jiu-jitsu class (until 19:00)
19:00–19:30	Dinner + Maghrib prayer	Dinner + Maghrib prayer	Dinner + Maghrib prayer	Dinner + Maghrib prayer	Dinner + Maghrib prayer
19:30–21:30	Study block (Analysis or Physics)	Backend roadmap (OOP or SQL)	TD/homework writing (TP reports)	Course review (Numerical or Elec)	Jiu-jitsu or conditioning training
21:30–22:30	Isha + entertainment (anime, music, reading)	Isha + relax	Isha + relax	Isha + entertainment	Isha + relax
23:00–05:00	Sleep	Sleep	Sleep	Sleep	Sleep

"Discipline carves the path, but balance keeps it walkable."

Weekend Schedule — Friday and Saturday

Time	Friday	Saturday
05:00–06:30	Morning routine, Fajr, quiet chores, planning the day	Morning routine, Fajr, light stretching, review goals
06:30–08:00	Cleaning, laundry, breakfast	Breakfast, notes organization, workspace setup
08:00–10:00	Deep cleaning + errands (if any)	Review Analysis 3 + Physics 3 key concepts
10:00–12:00	Weekly reflection, Duha prayer, light programming	Project or TP report writing
12:00–13:30	Lunch + Jumu'ah prayer	Lunch + rest
13:30–15:30	Backend practice (SQL, logic)	Coding project or drawing practice
15:40–17:10	Rest / reading	Study (numerical analysis or chemistry recap)
17:10–19:00	Asr prayer + family time / walk	Asr prayer + personal relaxation
19:00–19:30	Dinner + Maghrib prayer	Dinner + Maghrib prayer
19:30–21:30	Weekly journaling + Isha	Weekly reset + plan next week
23:00–05:00	Sleep	Sleep

”Weekends refine the rhythm — reflection, rest, and recalibration.”