

Valeriana alternifolia Ledeb.



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Mongolian name**Emiin bambai****Tibetan name****Banboi****English name****Alternate-leaved
Valeriana**

Synonyms: *V. jacutica* Sumnev., *V. transbaicalensis* Sumnev., *V. dahurica* Sumnev., *V. stubendorfi* Kreyer ex Komarov, *V. alternifolia* var. *stubendorfi* (Kreyer ex Kom.) Vorosch., *V. officinalis* auct. non L. [1].

Description: 1–1.5 m tall perennial herb with rhizome. Stem longitudinally grooved, hollow, cylindrical, green, erect sometimes violet-red near the base. Leaves linear-lanceolate, odd-pinnate, with big teeth. White, pink, grey flowers in corymb. Fruit oblong lanceolate, seed with one rib on the flat side, three on the domed side.