

Distribution: Khovs., Khent., Khang., Mong-Dag., Khyang., Khovd, Mong-Alt., Dund. Khalkh, Dor. Mong., Ikh n., Olon n., Zyyngar.

Habitat: Damp and swampy alkaline meadows in almost all natural zones and belts in Mongolia [2,3].

Part used: Root tubers

Traditional Uses: The taste is sweet and astringent, and the potency is heavy and oily. It is used for the following: treating edema and inflammation, generating vigor and enhancing life. It is an ingredient of the following traditional prescriptions: Banlag-3, 8, 10, 37, Dajid-13, and Dovapel-13 [4–7].

References:

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