

Distribution: In all plant-geographical regions except Khovgol and Alashaa Gobi.

Habitat: Steppe debris and stony slopes, rock areas, screes, sides and bottoms of dry creeks and valleys, sandy steppes [2–5].

Parts used: Herb, stem, root

Traditional Uses: The taste is sweet and the potency is oily. It is used for the following: as a diuretic, for dysmenorrhea, epilepsy, rheumatism, podagra, and all eye diseases, for treatment of ulcers and inflammation of the uterus, for liver, stomach and intestinal diseases, for heart disease. It is an ingredient of the following traditional prescription: Lider-3 [5–8].

Chemical constituents: Iridiods: garpagide, 8-acetylgarpagide [9], phenol carboxylic acids, their derivatives: neochlorogenic, chlorogenic, and caffeic acids, tannins [10], 5.8% flavonoids: rutin, kaempferol-3-O- β -D-galactopyranoside [9].

Bioactivities: Sedative, antihypertensive, antiarrhythmic [9, 11].

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