

Ingredients:

1. Valerian root
2. Sopophorous bean (crushed with a silver dagger)
3. Wormwood infusion
4. Asphodel (in an infusion of wormwood)
5. Sloth brain
6. Powdered root of aconite (wolfsbane/monkshood)
7. Chamomile extract (*optional - for smoother texture*)

Preparation Instructions (short version):

- Add wormwood and asphodel to a cauldron and bring to a gentle boil.
- Crush the sopophorous bean with a silver dagger (not a knife—crucial detail!).
- Add the bean paste to the potion slowly, stirring counterclockwise.
- Add valerian root, sloth brain, and aconite, maintaining a low temperature.
- Stir until the potion turns a deep indigo with a silvery vapor.
- Let it simmer until the steam becomes transparent and the surface stills.

This potion induces an almost unbreakable magical sleep — a single drop can knock someone out for hours.