

Tension kyun lene ka

The moment you are in TENSION

You will lose your ATTENTION

Then you are in total CONFUSION

and you'll feel IRRITATION

This may spoil your personal RELATIONS

Ultimately, you won't get COOPERATION

And get things into COMPLICATION

Then you may raise CAUTION.

And you have to take MEDICATION

Why not try understanding the SITUATION

And try to think about the SOLUTION

Many problems will be solved by DISCUSSION

Which will work out better in your PROFESSION

Don't think this is a free SUGGESTION

It is only for your PREVENTION

If you understand my INTENTION

You'll never come again into TENSION!!!!!!!!!!!!!!