



THREE RIVERS BEHAVIORAL HEALTH

**Three Rivers Behavioral Health** is dedicated to being a trusted psychiatric facility that provides Inpatient Mental Health Treatment for Adults, Adult Residential Treatment, and Adult Intensive Outpatient Programs. These services are designed to provide trauma-informed, short-term care and treatment to individuals with psychiatric diagnoses. We aspire to be recognized as a leading psychiatric health company, differentiated by discovery, innovation, and compassionate patient and family-centered care.

#### **Our Dedicated Team Is Here to Help**

Our clinical team is available around the clock, 24 hours a day, 7 days a week, to help you with the admission process at your facility.

Once a referral phone call is made, our clinical team will provide:

- Immediate assessment
- Paperwork/documentation
- Copying or faxing
- Phone calls to family and/or power of attorney
- Transportation arrangements
- Post-discharge follow-up

The goal of each staff is to streamline the process from admission to discharge.

#### **FOR MORE INFORMATION**

24/7 Intake Assessment Hotline

**1-888-391-2655**

#### **OTHER USEFUL INFORMATION**

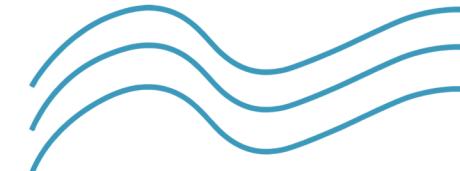
MAIN (TOLL FREE): 1-888 391-0229

MAIN (LOCAL): 412 706-9201

FAX: 412 706-9202

WWW.TRBHCARES.COM

4043 Irene St  
West Mifflin, PA 15122



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## **WE ARE YOUR TRUSTED ADULT BEHAVIORAL HEALTH SERVICE**



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# Who We Are

**Three Rivers Behavioral Health Inpatient Hospitalization** is designed for adults who are experiencing acute psychiatric symptoms. The dedicated caring staff delivers trauma-informed patient and family-centered psychiatric care 24/7. Our psychiatric inpatient unit specializes in adult treatment that focuses on psychological and physical health needs.

We offer specialized care for individuals with primary diagnoses that include:

Anxiety  
Depression  
Psychosis  
Schizophrenia  
Traumatic Stress  
Behavior Disturbances

Unlike most traditional psychiatric mental health inpatient units, we specialize in providing treatment for individuals with a primary psychiatric diagnosis and a secondary diagnosis of Alzheimer's, dementia, traumatic brain injury, stroke, or other neuropsychiatric disorders.



## Expert Multidisciplinary Team

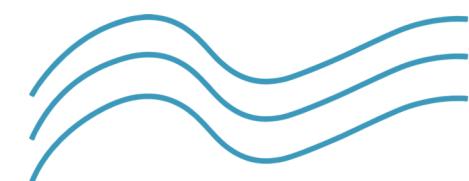
Our multidisciplinary treatment team works closely with individuals and their significant others to personalize treatment goals. Our team consists of:

Board-Certified Psychiatrists  
Psychologists  
Internal Medicine Physicians  
Nurse Practitioners  
Registered Nurses  
Registered Dietitians  
Master's Level and Licensed Social Workers  
Master's Level and Licensed Mental Health Therapists  
Certified Therapeutic Recreation Specialists  
Physical Therapists  
Occupational Therapists  
Speech Therapists



**IOP** is provided for adults ages 18 and older to bridge the gap between acute care and traditional outpatient therapy. The goals of our IOP are centered on evidence-based group therapy, mindfulness, psychoeducation, holistic interventions, and coping strategy stabilization.

**Three Rivers Residential** delivers 24/7 residential mental health treatment for adults ages 18 and older. The trauma-informed residential program provides short-term mental health treatment to individuals with psychiatric diagnoses that do not require inpatient hospitalization and are not yet ready for partial hospitalization. The emphasis of programming is centered on evidence-based group and individual therapy, family/significant other therapeutic involvement, psychoeducation, holistic interventions, and socialization integration, with the goal of healing the body and nervous system to improve emotional and psychological well-being.



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