



THENI MELAPETTAI HINDU NADARGAL URAVINMURAI
**NADAR SARASWATHI COLLEGE OF
ENGINEERING & TECHNOLOGY**




Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai
ISO 9001 : 2015 Certified Institution
Vadapudupatti, Annanji (po), Theni - 625 531,
Tamilnadu, India.

LIFE SKILLS

PROGRAMME LIST FOR ACADEMIC YEAR: 2022 - 2023

S. No	Date	Name of the Capability Enhancement Program	No. of Students Enrolled	Name of the Agencies / Consultants Involved with Contact Details
1	06-05-2023	Awareness Program on Importance of Mental Health	23	Mr.P.Rajan, Applied Psychology, PGDGC Mobile No: 9790576143
2	23-02-2023	Workshop on Self Respect	25	RTN.Hermon Carduz, Director of Leaders Choice Art Gallery, Trichy. Mobile No: 9578822453
3	15-12-2022	Awareness Program on Prevention of Sexual Harassment at Workplace	60	Mrs.Sasikala, Group Advocate, DLSA & Mrs.B.Nagashanthi SI, IPEC & Ms.Shiyamala Devi, District social welfare. Mobile No: 9443450483
4	05-11-2022	Heartfulness Training Program (Meditation)	31	Mr.S.Jagadeesh, Heartfulness Education Trust, Zonal Co-Ordinator, Theni. Mobile No: 9500920412
5	05-07-2022	Awareness Program on Cyber Crimes and its Prevention	60	Mr.Alagupandi, Inspector of Police, CyberCrime Police, Theni Mobile No: 9994242916




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Awareness Program on “Importance of Mental Health” on 06.05.2023

EVENT PHOTOS



Principal Sir honored chief guest with memento



Chief guest addressing the speech to the students



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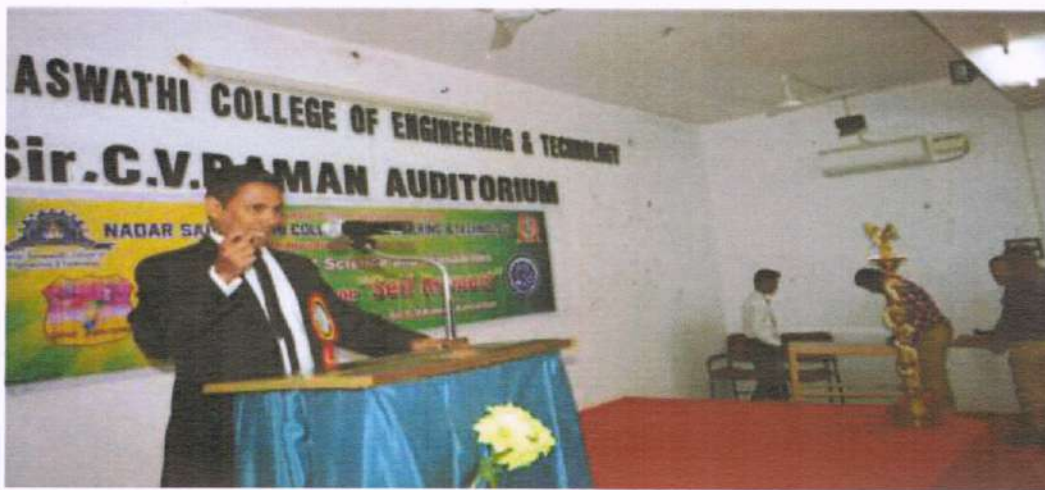
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WORKSHOP ON "SELF RESPECT" ON 23.02.2023

EVENT PHOTOS



Chief guest addressing to the students – Self Respect



Students were given task to perform on the workshop



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**AWARENESS PROGRAM ON
“PREVENTION OF SEXUAL HARASSMENT AT WORKPLACE” ON 15.12.2022
EVENT PHOTOS**



Students and Principal sir welcoming the chief guests



Honoring the chief guests with shawl and memento



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**AWARENESS PROGRAM ON
“PREVENTION OF SEXUAL HARASSMENT AT WORKPLACE” ON 15.12.2022**
EVENT PHOTOS



Honoring the chief guest with shawl and memento



Students attending the program - prevention of sexual harassment at workplace



Mani
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Program on "Heartfulness Training Program (Meditation)" on 05.11.2022

EVENT PHOTOS



Chief Guest started to share the presentation.



Students were insisted to be in meditation

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Awareness Program on “Cyber Crimes and Its Prevention” on 05.07.2022

EVENT PHOTOS



Chief Guest honoured with Memento



Chief Guest gave the message about awareness on Cyber Crime and its Prevention



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AWARENESS PROGRAM ON "CYBER CRIMES AND ITS PREVENTION"
EVENT PHOTOS



Chief Guest gave the message about awareness on Cyber Crime and its Prevention



Students welcomed the honorable dignitaries



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