# Practical Machine Learning

Prediction Assignment - Week 4

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### Abstract

In this analysis we try to predict the manner in which people exercise based on accelerometers on the belt, forearm, arm, and dumbell of 6 participants from the Weight Lifting Exercise Dataset using different machine learning algorithms.

Six participants were asked to perform barbell lifts correctly and incorrectly in five different manners wearing fitness trackers like Jawbone Up, Nike FuelBand, and Fitbit in this dataset. The data gained from this devices is used to train the models.

If you want to run this analysis from this Markdown document please make sure to have pml-testing.csv and pml-training.csv in the root directory of this document. Furthermore the models trained by this notebook will be saved in the root directory.

#### **Data Sources**

The following datasets will be used:

- Training
- Testing
- More Information

## Data Import & Transformation

Import libraries and the data set. The variables raw\_timestamp\_part\_1 and raw\_timestamp\_part\_2 were combined to a more precise cvtd\_timestamp giving microseconds accuracy.

new\_window and columns with a high number of missing values were dropped. These values contain summary statistics like maximum, minimum and sd of numeric variables within each time window, but these are not available in most of the testing data and cannot be inferred by the testing data set alone. Thus these values were dropped, even though they could be useful for this classification task in a real world setting.

```
options(tidyverse.quiet = TRUE)
suppressPackageStartupMessages({
  suppressMessages({
    library(tidyverse)
    library(lubridate)
    library(caret)
    library(doParallel)
    library(lime)
 })
})
theme_set(theme_light())
# Load Data
suppressWarnings({
pml_training <- readr::read_csv("pml-training.csv",</pre>
                                  na=c("", "#DIV/0!", "NA"),
                                  progress = F,
                                  col_types = cols())
pml_testing <- readr::read_csv("pml-testing.csv",</pre>
                                  na=c("", "#DIV/0!", "NA"),
                                  progress = F,
                                  col_types = cols())})
# Collect Informations
missingValues <- sapply(pml_training, function(x) sum(is.na(x)))</pre>
missingValues <- missingValues[missingValues>0]
userNames <- unique(pml_training$user_name)</pre>
# Prepare Data
prepare <- function(x,.train=T) {</pre>
  x$cvtd_timestamp <- x$raw_timestamp_part_1 + x$raw_timestamp_part_2/1000000
 x$raw_timestamp_part_1 <- NULL</pre>
 x$raw timestamp part 2 <- NULL
 x$X1 <- NULL
  if(.train)
    x$classe <- as.factor(x$classe)</pre>
 x$user_name <- factor(x$user_name,userNames)</pre>
  x$new window <- NULL
  x %>% select(-matches(names(missingValues)))
```

```
pml_training <- prepare(pml_training)
pml_testing <- prepare(pml_testing,F)</pre>
```

## **Exploratory Analysis**

As seen in the first exploratory plot in the annex section there are many missing values which we will exclude in the upcoming analysis. Furthermore the data shows a huge amount of variability that can be dampened by centering and normalizing, though we still have some outliers. The number of these outliers is low, so all data is used for training the models.

## Model training

The training dataset is split into two parts, train and validate (80%: 20% Split). Crossvalidations of train will be used to detect out of sample (OOS) errors and the validate data set to detect overfitting. Expected OOS-error will be less than 1% in case of a good prediction algorithm. Train will be used to train three different algorithms:

- Classification and Regression Trees rpart
- Random Forest rf
- Generalized Linear Model via Penalized Maximum Likelihood for Multinomial Models glmnet

For each algorithm five different parameter sets will be tuned automatically on a 5x5 repeated, cross-validated train data set. The model for each algorithm with the best accuracy will be further described.

Time to compute these models is reduced by using multithreading (doParallel library, six threads, choose other values based on your system) and saving the models for further computations.

#### Splitting the data

```
# Prepare Center and Scale
prepare <- preProcess(pml_training,</pre>
                        method = c("center", "scale"))
# Split Dataset
inTraining <- createDataPartition(pml_training$classe,</pre>
                                      p = .8,
                                      list = T)
train <- pml_training[inTraining$Resample1,]</pre>
validate <- pml training[-inTraining$Resample1,]</pre>
# Apply Center and Scale
train <- predict(prepare, train)</pre>
validate <- predict(prepare, validate)</pre>
test <- predict(prepare, pml_testing)</pre>
# Crossfold Validation x5
fitControl <- trainControl(method = "repeatedcv",</pre>
                              number = 5,
```

```
repeats = 5,
savePredictions=TRUE,
classProbs=TRUE)
```

### Training

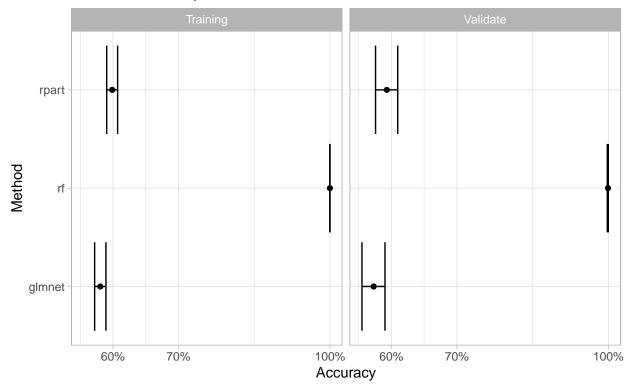
```
# Prepare Parallel Computing
cl <- makePSOCKcluster(6)</pre>
registerDoParallel(cl)
set.seed(825)
# Model training
if(!file.exists("model_rpartFit.rda")) {
  rpartFit <- train(classe ~ .,</pre>
                        data = train,
                        method = 'rpart',
                        trControl = fitControl,
                       metric = 'Accuracy',
                        tuneLength = 6)
  save(rpartFit, file="model_rpartFit.rda")
}
if(!file.exists("model_rfFit.rda")) {
  rfFit <- train(classe ~ .,
                 data = train,
                 method = 'rf',
                 trControl = fitControl,
                 metric = 'Accuracy',
                 tuneLength = 6)
  save(rfFit, file="model_rfFit.rda")
if(!file.exists("model_glmnet.rda")) {
  glmFit <- train(classe ~ .,</pre>
                 data = train,
                 method = "glmnet",
                 trControl = fitControl,
                 metric = 'Accuracy',
                 tuneLength = 6,
                 family = "multinomial",
                 type.multinomial = "grouped")
  save(glmFit, file="model_glmnet.rda")
stopCluster(cl)
```

### Evaluation

```
getEvaluationData <- function(model, name, data) {</pre>
    tibble(Method = model$method,
           Dataset = name,
           broom::tidy(confusionMatrix( data=predict(model, data),
                                        reference=data$classe)))
}
load("model_rpartFit.rda")
load("model rfFit.rda")
load("model_glmnet.rda")
performance <- tibble() %>%
                bind_rows(getEvaluationData(rpartFit, "Training", train),
                          getEvaluationData(rpartFit, "Validate", validate),
                          getEvaluationData(rfFit, "Training", train),
                          getEvaluationData(rfFit, "Validate", validate),
                          getEvaluationData(glmFit, "Training", train),
                          getEvaluationData(glmFit, "Validate", validate))
ggplot(performance %>% filter(term == "accuracy"),
       aes(x=estimate,
           xmin=conf.low,
           xmax=conf.high,
           y=Method)) +
  geom_errorbar() +
  geom_point() +
  facet_wrap(.~Dataset) +
  xlab("Accuracy") +
  scale_x_continuous(labels=scales::label_percent(accuracy = 1),
                     trans="log10") +
  labs(title="Model Performance",
       subtitle = "Prediction Accuracy based on train and validation data")
```

## Model Performance

Prediction Accuracy based on train and validation data



#### Conclusion

The overall performance of rf is superior compared to the other two models, rpart and glmnet, on the training and validation dataset. Overall the accuracy of rpart and glmnet is lower than I expected. Performance of the glmnet could be further improved by choosing higher lambda-values. Lower lambda-values provoke a warning message that no convergence can be found after the maximum amount of iterations. Both models could improve by choosing a better parameter set.

The performance of all models is is a bit lower on the validation data, but overall near the accuracy of the training data implying a low OOS, which is less than 1 % according to the model metrics for rf (0.08%, see: Metrics for Random Forest), and rejecting an overfitting of the train data split as seen in the validation data prediction accuracy. This low OOS-error is as expected. Though I suspect, given extremly high accuracy of the rf model, that this model would perform poorly in a real world setting with other participiants and other measuring devices. A problem known for machine learning. This is further described in this paper for example.

This could be avoided by removing predictors that are highly specific to this data set, like the user\_name, num\_window or cvtd\_timestamp and aquiring a much bigger data set with more devices and more diverse users. cvtd\_timestamp seems to have a reasonable high impact on the prediction but has no impact in a real world setting (see: Predictor Impact in the Annex).

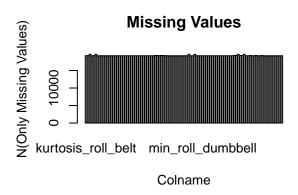
Given the near perfect accuracy of the rf model on the validation dataset no further modeling techniques like ensemble models or further parameter tuning is performed and this model is choosen for predicting the testing data set.

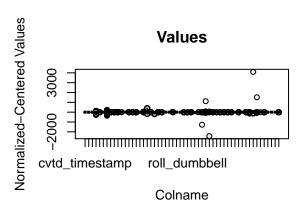
## Prediction on the testing data

```
tibble(N = 1:nrow(test),
       Classe=predict(rfFit, test))
## # A tibble: 20 x 2
##
          N Classe
      <int> <fct>
##
   1
          1 B
##
## 2
          2 A
          3 B
## 3
## 4
          4 A
## 5
          5 A
## 6
          6 E
## 7
          7 D
          8 B
## 8
## 9
         9 A
## 10
         10 A
         11 B
## 11
## 12
         12 C
         13 B
## 13
## 14
         14 A
         15 E
## 15
## 16
         16 E
## 17
         17 A
## 18
         18 B
## 19
         19 B
## 20
         20 B
```

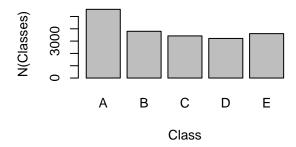
### Annex

## **Exploratory Plot**





## **Class Count**



## **Predictor Impact**

```
samples <- c(826, 1870, 2215, 3068, 3759)
explainer <- lime(train, rfFit)
explanation <- explain(validate[c(samples[1]),], explainer, n_labels = 1, n_features = 10)
plot_features(explanation) +
    labs(title="Impact of Predictors",
        subtitle="Based on an example in the validation data set",
        caption="Index: 826")</pre>
```

## Impact of Predictors

Case: 1

Based on an example in the validation data set

Label: A Probability: 1 **Explanation Fit: 0.25** pitch\_forearm <= -0.3804 -0.7516 < cvtd\_timestamp <= 0.0283 -0.317 < roll\_forearm <= -0.109 0.934 < roll\_belt 0.8606 < num\_window  $-0.236 < magnet_dumbbell_z <= 0.350$ 0.512 < pitch\_arm magnet\_dumbbell\_y <= 0.0307 pitch\_belt <= 0.0646  $-0.1267 < gyros_dumbbell_x <= -0.0206$ 0.00 0.05 0.10 0.15 Weight

Supports

Index: 826

Contradicts

#### **Metrics for Random Forest**

#### rfFit\$finalModel

Feature

```
##
## Call:
    randomForest(x = x, y = y, mtry = param$mtry)
##
##
                  Type of random forest: classification
                         Number of trees: 500
##
## No. of variables tried at each split: 24
##
##
           OOB estimate of error rate: 0.08%
##
  Confusion matrix:
##
        Α
             В
                  C
                        D
                             E class.error
                        0
## A 4464
             0
                  0
                             0 0.000000000
        2 3035
                  1
                        0
                             0 0.0009874918
## B
## C
        0
             2 2735
                        1
                             0 0.0010956903
                  2 2569
## D
        0
             0
                             2 0.0015546055
## E
                  0
                        3 2883 0.0010395010
```