IV-3-To accelerate, cancel your Metamask transactions:

It can happen that Metamask transactions pile up or get slow. You can accelerate, cancel transactions and even reboot your Metamask to clear pending transactions.

Basic background of blockchain and Ethereum
Introduction to Metamask
How to Speed Up or Cancel a Metamask Pending Transaction
Reset your Metamask Account in case of excessive pending transactions:
Using MetaMask On Multiple Computers