

PAIN ASSESSMENT TOOLS

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1. Wong-Baker Faces Pain Rating Scale

The scale shows a series of faces ranging from a happy face at 0 which represents 'no hurt' to a crying face at 10 which represents 'hurts worst'. Based on the faces and descriptions, the patient chooses the face that best describes their level of pain. Is used for children older than 3 years old.



2. Face, Legs, Activity, Cry, Consolability (FLACC) Scale

Is a measurement that assesses pain in children below 3 years or in individuals who are unable to communicate their pain. The scale is scored in a range of 0-10 with 0 representing no pain. The scale has 5 criteria, which are each assigned a score of 0, 1 or 2. The scale is also accurate for use with adults in intensive care units (ICU) who are unable to speak due to intubation.

Criteria	Date/Time					
Face 0 – No particular expression or smile 1 – Occasional grimace or frown, withdrawn, disinterested 2 – Frequent to constant quivering chin, clenched jaw						
Legs 0 – Normal position or relaxed 1 – Uneasy, restless, tense 2 – Kicking or legs drawn up						
Activity 0 – Lying quietly, normal position, moves easily 1 – Squirming, shifting back and forth, tense 2 – Arched, rigid or jerking						
Cry 0 – No cry (awake or asleep) 1 – Moans or whimpers; occasional complaint 2 – Crying steadily, screams or sobs, frequent complaints						
Consolability 0 – Content, relaxed 1 – Reassured by occasional touching, hugging or being talked to, distractible 2 – Difficult to console or comfort						
Total Score						

3. Numeric Pain Rating Scale

Is a uni-dimensional measure of pain intensity in adults whereby, a respondent selects a number between 1 and 10 that best reflects the intensity of their pain.

Rating	Pain Level
0	No pain
1 - 3	Mild pain
4 - 6	Moderate pain
7 - 10	Severe pain