

Content on first page – paragraph explaining allyance.

Allyance is an in-school counselling service which has been working in schools for the past twelve years. We work with young people using appropriate therapies to support their mental health and wellbeing. Referrals are made by the headteacher or a member of the leadership team of participating schools that subscribe to our service.

Person Centred Counsellor

“It is so important to be able to openly talk about your worries, fears, feelings, traumas without any fears of this information being shared (unless it’s on a need to know basis) and with the help of a trustworthy counsellor it makes it so much easier.” (Student)

Play Therapy

“The talk and play therapy that the counsellors use couldn’t be further from the image of lying on a couch whilst someone delves into your mind!” (Headteacher)

Art Therapy

“Thank you so much for all your help with E he has gone from being a very worried little boy to a boy who will do and try anything, which is all down to you! I now have my little boy back.” (Parent)

Music Therapy

“His musical confidence developed over the course of the sessions and he was undoubtedly more relaxed. Classroom staff reported increased participation in the classroom and that he had begun to co-operate more and showed less resistance to engaging in set tasks. In addition he appeared to be less closed off.” (Therapist)

Contact Details

Blake – could you include a line on the existing form above name and email to say:

For schools use only.

Name	Email
Ann Jones	ajones@melbournvc.org

Message

Events

Blake also see attached for these events there are 4 Pdfs

For our subscribing schools we are very aware that our service reaches a small proportion of a school’s role. At times we have organised events that provide universal provision on themes relevant to the wider school population.

Please see below for a selection of those themes.

Reflections

Did you think of me?

Did you think of me
When you slapped her face;
When you came in drunk
And trashed the place?

Did you think of her
When you saw her cry,
When you hit her again
And she thought she'd die?

Did you think of us
When we went to A & E,
When you said she'd slipped
And they looked at me?

Did you think at all
When you ruined our life,
When you battered my mother,
That woman, your wife?

Did you think I'd tell
When 'the lady' came round,
When you said 'pop out son'
And gave me a pound?

Did you think I'd stay
To watch you lie,
When she questioned you
And you started to cry?

Did you think I'd love you
After all you've done?
Well of course I do –
I am your son.

Lorraine Jones (MBACP Accred)
October 2011
alliance Counsellor

Also attached are the case studies and other stuff for reflections and below please see a few pics that could go on there.



The blue is my sadness, the red is when I am angry and the green dots are when I am happy because I am seeing you. Girl aged 8

You have to live with what you have
You try to fix the broken glass
You try to collect the shattered pieces
You make the best of everyday
Girl aged 12

