Table 1: Demographics of (n=11) study participants with donated food purchase data

Characteristic	n	Median (IQR} or %
Age (years)	11	
18-30	5	45.45 %
31-39	1	9.09 %
40-49	2	18.18 %
50-59	3	27.27 %
60-69	0	0 %
70+	0	0 %
Gender	11	
female	8	72.73 %
male	3	27.27 %
other	0	0 %
Weight (kg)	11	74.0 (14.5)
Height (cm)	11	170.0 (4.5)
BMI (kg/m²)	11	23.74 (6.88)
Education level	11	
Compulsory education	0	0 %
Vocational apprenticeship	1	9.09 %
Gymnasium - high school level	1	9.09 %
Higher vocational education	2	18.18 %
University/other tertiary	7	63.64 %
Diabetes status	11	
Type 1 diabetes	0	0 %
Type 2 diabetes	0	0 %
Other type of diabetes	0	0 %
None	11	100 %
Obesity & chronic diseases	11	
Obesity	2	18.18 %
Other chronic disease(s)	2	18.18 %
None	7	63.64 %