# HOWS DOES ISOLATION IMPACT INDIVIDUALS IN FAMILIES AND COMIUNITIRS

# **OVERVIEW**



Isolation can cause short or long term damage on an induvial mental and physical health. These things can lead to depression more anxiety and suicidal thoughts.

Isolation in families depend on what outcome happen before hand, it can usually lead to distress, or caused by banishment.

### **FACTS**

Elder abuse is a cause of isolation for adults who made have fallen victim to abuse. The elderly experience isolation through their children moving away and/or losing touch with friends, as well as difficulty leaving the house. A lack of a social connection can lead to social isolation.



## **EXAMPLE**



In the novel " Everything I Never Told You", Hannah and the way she is treated is an example of social isolation. She also silently suffers from her sisters death with no comfort.

# CALL TO ACTION

A way to prevent that isolation, in the novel if Hannahs parents werent so focused on their own ambitions and goals then it probably would have a different outcome for her.

