

LASSO Regression

*The aim of science is to seek the simplest explanation of complex facts...
Seek simplicity and distrust it.*
- A. N. Whitehead

Outline

- 1 Introduction to LASSO Regression
- 2 Build the Final LASSO Regression Model
- 3 Features of the LASSO Regression Models
- 4 Summary

Learning Objectives

In this video, you will learn to:

- Understand the model, the cost function and the regularisation parameter λ of LASSO Regression.
- Learn to train and evaluate a LASSO Regression model in R.
- Learn to use the Cross Validation method to pick the optimal λ value.

Introduction to LASSO Regression

Cost Function for LASSO Regression

LASSO Regression Model

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \cdots + \beta_n X_n$$

- As we apply LASSO Regression to regularise some MLR model, the LASSO Regression model shares the same type as MLR.
- The coefficients of the LASSO Regression model are chosen as the ones that minimise the following cost function:

$$\begin{aligned}\text{Cost Function} &= \sum_i \text{Residual}_i^2 + \lambda \sum_{j=1}^n |\text{Coefficients}| \\ &= \sum_i \text{Residual}_i^2 + \lambda \sum_{j=1}^n |\beta_j| \quad \text{where } \lambda \geq 0\end{aligned}$$

Common Features of Ridge and LASSO Regression

- Both models need an input of λ .
- λ can be zero or any positive value.
- When λ is zero, there is no penalty. Both Ridge and LASSO Regression models will produce the same coefficients as the MLR model.
- When λ is a positive number, the penalty term has an effect of shrinking the coefficients. Both Ridge and LASSO Regression models tend to have smaller coefficients, compared with MLR models.
- In general, when λ increases, it enforces stronger regularisation on the model, and the coefficients of the model will approach zero.

Difference between Ridge and LASSO Regression

L1 and L2 Norm (ℓ^1 and ℓ^2 Norm)

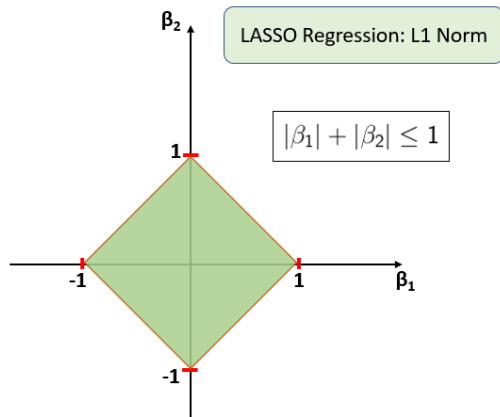
- For a Linear Regression model, $Y = \beta_0 + \beta_1 X_1 + \beta_1 X_2 + \cdots + \beta_n X_n$,
- The collection of coefficients of all predictors, $(\beta_1, \beta_2, \cdots, \beta_n)$, is denoted as the **coefficients vector**, β .
- A norm is a function measuring the distance of a vector from the origin.
- L1 Norm of β is defined as: $\|\beta\|_1 = \sum_{j=1}^n |\beta_j|$.
- L2 Norm of β is defined as: $\|\beta\|_2 = \sqrt{\sum_{j=1}^n \beta_j^2}$.

$$\text{Cost Function of Ridge} = \text{RSS} + \lambda \sum_{j=1}^n \beta_j^2 = \text{RSS} + \lambda \|\beta\|_2^2$$

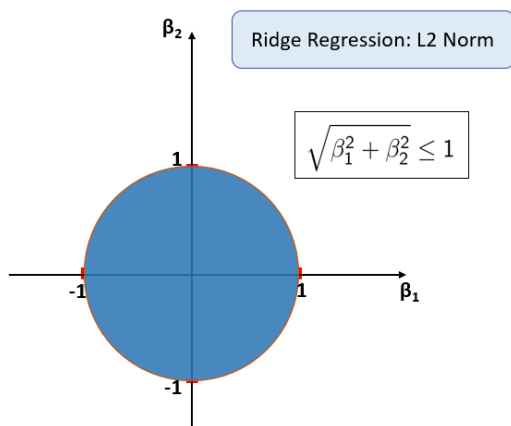
$$\text{Cost Function of LASSO} = \text{RSS} + \lambda \sum_{j=1}^n |\beta_j| = \text{RSS} + \lambda \|\beta\|_1$$

L1 Norm vs. L2 Norm

- LASSO Regression: $\|\beta\|_1$



- Ridge Regression: $\|\beta\|_2$



Recap on the glmnet() Function

```
glmnet(x, y, alpha = 1, lambda = K)
```

The inputs include:

- x is a data matrix of predictor variables, and y is the dependent variable.
- Alpha is the mixing parameter, that determines the type of the Regression model. Here, we choose $\alpha = 1$, for LASSO Regression.
- Lambda is the regularisation parameter.

Assumptions of LASSO Regression Models

Assumptions of LASSO Regression Models

- 1 **Independence**: Each observation is independent from the others.
- 2 **Linearity**: The relationship, between the predictors X s and the dependent variable Y , is linear.
- 3 **Constant Variance** The residuals are evenly scattered around the center line of zero.

Case Study: Predicting Housing Price

Mr. Tan's Focus Question

What is the expected selling price of houses from one neighbourhood, given the conditions and relevant factors of the area?



Source: <https://www.freepik.com/>

Analyse: Model Building ($\lambda = 0.1$)

- Let us first try $\lambda = 0.1$.

```
model_LASSO_trial1 <- glmnet(train.x,train.y, alpha = 1, lambda =  
  0.1)  
t(coef(model_LASSO_trial1))
```

```
(Intercept) Crime_rate Industry Number_of_rooms Access_to_highways Tax_rate  
s0      -3.523875 -0.1242237      .      0.7116442      . -0.1377232
```

- The above list gives the (standardised) coefficients of the LASSO Regression model.
- For example, the coefficient of “Crime rate” is -0.124, and the coefficient of “Industry” is 0.
- LASSO Regression performs **Variable Selection** by setting the coefficients of two predictors, “Industry” and “Access to highways”, to zero.

Analyse: Model Building ($\lambda = 0.5, 1$)

- Next, try $\lambda = 0.5$.

```
model_LASSO_trial2 <- glmnet(train.x,train.y, alpha = 1, lambda =  
  0.5)  
t(coef(model_LASSO_trial2))
```

```
(Intercept) Crime_rate Industry Number_of_rooms Access_to_highways Tax_rate  
s0      -0.849903      .      .      0.3663317      .      .
```

- Finally, try $\lambda = 1$.

```
model_LASSO_trial3 <- glmnet(train.x,train.y, alpha = 1, lambda = 1)  
t(coef(model_LASSO_trial3))
```

```
(Intercept) Crime_rate Industry Number_of_rooms Access_to_highways Tax_rate  
s0      2.432427      0      .      .      .      .
```

Compare the Coefficients of three Models ($\lambda = 0.1, 0.5, 1$)

	$\lambda = 0.1$	$\lambda = 0.5$	$\lambda = 1$
(Intercept)	-3.5238752	-0.8499030	2.432427
Crime_rate	-0.1242237	.	0.000000
Industry	.	.	.
Number_of_rooms	0.7116442	0.3663317	.
Access_to_highways	.	.	.
Tax_rate	-0.1377232	.	.

Look at the coefficient of the predictor, "Number of rooms".

- When λ increases from 0.1 to 0.5, the coefficient decreases from 0.712 to 0.366.
- If λ further increases to 1, the coefficient changes to 0.
- In general, a larger λ value imposes a higher degree of regularisation.
- Consequently, the absolute values of the predictors' coefficients tend to approach 0.
- If λ is large enough, the coefficients eventually become 0.

Train 100 LASSO Regression Models

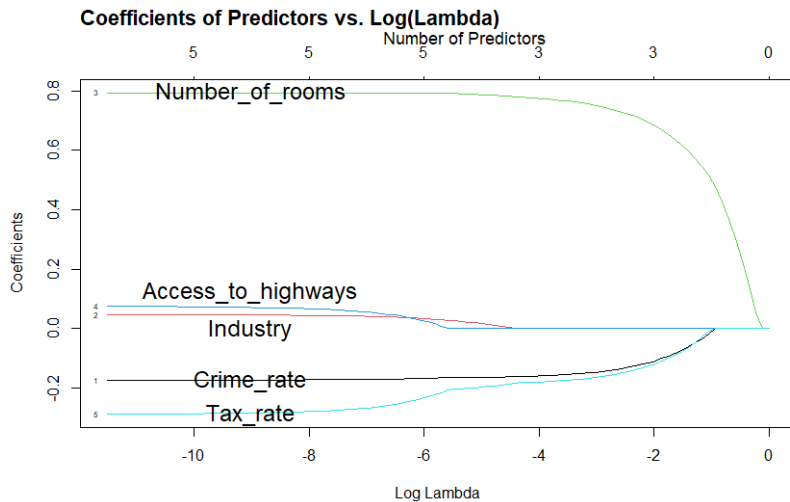
- Let us first train 100 LASSO Regression models using a sequence of lambda values, from 10^{-5} to 1.

```
lambda <- 10^seq(-5, 0, length = 100)
LASSO_model <- glmnet(train.x, train.y, alpha = 1, lambda = lambda)
```

- Then we use the following code chunk to generate the plot for the Coefficients vs. Log(Lambda):

```
add_lbs <- function(fit, offset_x=2.5) {
  L <- length(fit$lambda)
  x <- log(fit$lambda[L]) + offset_x
  y <- fit$beta[, L]
  labs <- names(y)
  text(x, y, labels=labs, cex = 1.5)
}
plot(LASSO_model, xvar = "lambda", label = TRUE)
add_lbs(LASSO_model)
legend("topright", lwd = 1, col = 1:6, legend = colnames(train.x),
      cex = .7)
```

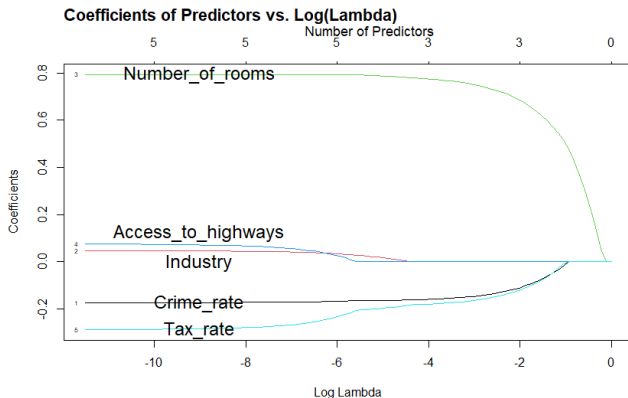
Coefficients vs. $\text{Log}(\lambda)$



Coefficients vs. $\text{Log}(\lambda)$

The plot shows:

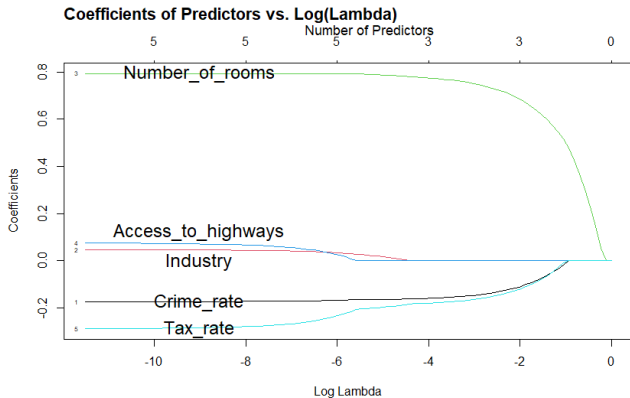
- X axis is the Logarithm of the regularisation parameter λ .
- Y axis is the standardised coefficients for each predictor.
- As λ increases, the predictors' coefficients will approach zero, and stabilize at zero from some point onwards.



Coefficients vs. $\text{Log}(\lambda)$

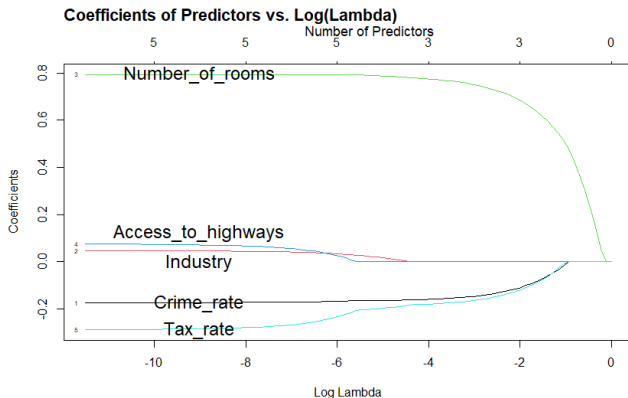
The plot shows:

- The numbers on the top axis, say, 5, 5, 3, 3, 0, indicates how many coefficients are non-zero.
- When $\text{log}(\lambda)$ equals -6 , namely, λ is approximately, 0.0025, the LASSO model contains all the 5 predictors.
- When $\text{log}(\lambda)$ equals -4 , namely, λ is around 0.018, the LASSO model retains 3 predictors out of 5.
- When $\text{log}(\lambda)$ equals 0, namely, λ is 1, the LASSO model has deselected all the five predictors.



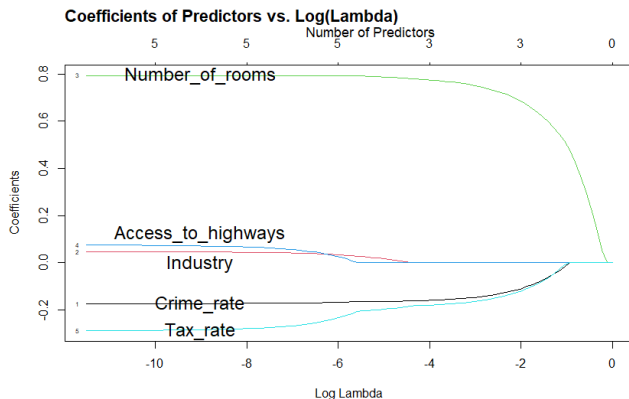
Coefficients vs. $\text{Log}(\lambda)$

- Recall that Multicollinearity exists, and the sign of the coefficient of "Access to highways", in the MLR model, is positive, which is problematic.
- For the coefficient of "Access to highways":
 - ▶ When $\text{Log}(\lambda)$ increases from -10 to -5.5 , it gradually decreases to 0.
 - ▶ When $\text{Log}(\lambda)$ further increases from -5.5 , it remains as 0.
- The coefficient of "Tax rate" remains negative, and it only starts to approach 0, when $\text{Log}(\lambda)$ is more than -2 .



Coefficients vs. $\text{Log}(\lambda)$

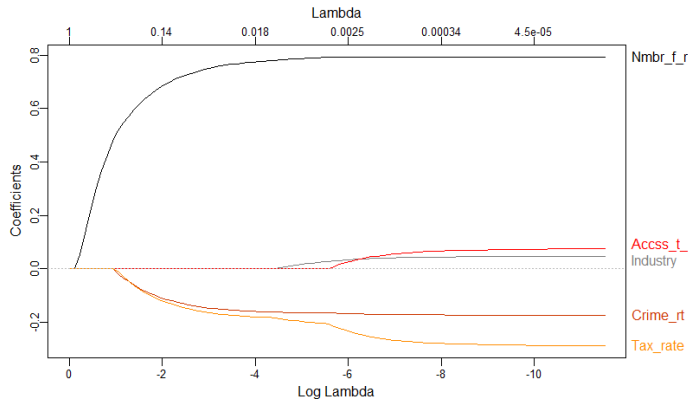
- In general, as λ increases, only one of the strongly correlated predictors has a positive or negative coefficient, while the rest are linked to zero coefficients.
- This may explain a bit on how LASSO Regression copes with Multicollinearity.



Coefficients vs. $\text{Log}(\lambda)$

- We can also use the “`plot_glmnet()`” function from the “`plotmo`” package, to generate a similar plot.

```
plot_glmnet(LASSO_model)
```



Cross Validation: cv.glmnet()

```
set.seed(123)
cv_LASSO <- cv.glmnet(train.x, train.y, alpha = 1, type.measure = "
  mse")
cv_LASSO
```

Call: cv.glmnet(x = train.x, y = train.y, type.measure = "mse", alpha = 1)

Measure: Mean-Squared Error

	Lambda	Index	Measure	SE	Nonzero
min	0.02241	40	0.4233	0.1153	3
1se	0.25175	14	0.5287	0.1179	3

```
cv_LASSO$lambda.min
```

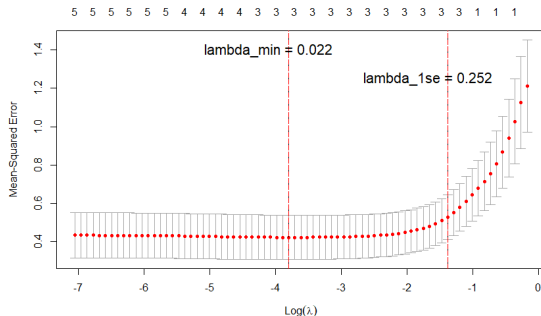
```
[1] 0.02241138
```

```
cv_LASSO$lambda.1se
```

```
[1] 0.2517524
```

Cross Validation: λ_{\min} and λ_{1se}

- `plot(cv_ridge)`



- When $\text{Log}(\lambda)$ ranges between -7 and -2 , the Cross Validation MSE rates are similar.
- If $\text{Log}(\lambda)$ increases from -2 and onwards, the Cross Validation error increases dramatically.
- Here, the left red vertical line indicates where $\text{Log}(\lambda_{\min})$ lies, and the right red vertical line indicates where $\text{Log}(\lambda_{1se})$ lies.

Build the Final LASSO Regression Model

Analyse: Build the Final LASSO Regression Model

```
glm_LASSO <- glmnet(train.x, train.y, alpha = 1, lambda =  
  cv_LASSO$lambda.min)  
t(coef(glm_LASSO))
```

	(Intercept)	Crime_rate	Industry	Number_of_rooms	Access_to_highways	Tax_rate
s0	-3.944037	-0.1574161	.	0.7718826	.	-0.1773956

- "Number of rooms" is the most important predictor, since its standardised coefficient, namely, 0.772, has the highest absolute value among all.
- "Industry" and "Access to highways" are the least important predictors, as their standardised coefficients are equal to zero.
- Only LASSO Regression, but not Ridge Regression, can perform Variable Selection.

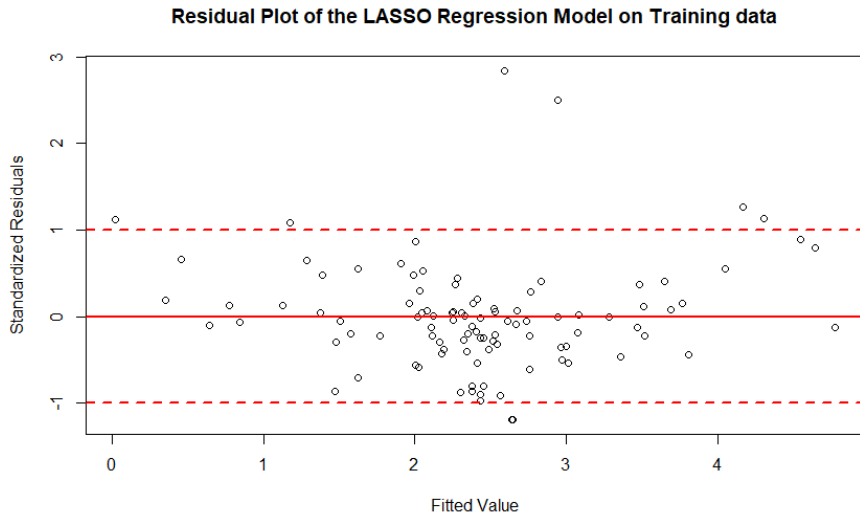
Analyse: Evaluating the Final LASSO Regression Model

	MSE	MAE	RMSE	MAPE
LASSO Train	0.388	0.424	0.623	0.210
LASSO Test	0.472	0.441	0.687	0.224

From the summary table, we can see:

- The error metrics are consistently higher on the test dataset, compared with those on the training dataset.
- In practice, we use these error metrics to compare different models, and perform the model selection.
- We will show in the next video that the LASSO Regression model performs better than the MLR model.

Analyse: Residual Plots



Apply: Make Predictions

```
new_data
```

```
Crime_rate Industry Number_of_rooms Access_to_highways Tax_rate  
1 0.00632 2.31 6.575 1 296
```

```
new_x <- data.matrix(new_data/  
  scaler)
```

```
predict(glm_LASSO, new_x ) *  
  scaler[6]
```

```
s0  
1 27.29209
```



Source: <https://www.qlik.com/blog/essential-steps-to-making-better-data-informed-decisions>

Features of the LASSO Regression Models

Features of the LASSO Regression Models

Let us summarise some features of the LASSO Regression models:

- ① Just like Ridge Regression, the LASSO Regression model has the effect of shrinking the coefficients of predictors towards zero.
- ② LASSO Regression can perform ***Variable Selection***.
- ③ By Variable Selection, LASSO Regression helps to ***solve Multicollinearity***, and ***improve the model interpretability***.
- ④ The regularisation parameter, λ , controls the amount of regularisation, and regularisation controls the amount of bias and variance.
- ⑤ With the Bias-Variance trade-off, the optimal LASSO Regression model can ***minimise Overfitting***.

Summary

Summary





We have learned to:

- ▶ Understand how LASSO Regression works, and compare it with Ridge Regression.
- ▶ Understand how regularisation parameter, λ , affects the LASSO Regression model coefficients.
- ▶ Can use the “glmnet()” function to train a LASSO Regression model with the optimal λ , that is obtained from the “cv.glmnet()” function.

In the next video,

We will introduce Elastic Net Regression, and learn to implement it in R.

References

-  Wessel N. van Wieringen (2021), *Lecture notes on ridge regression*
-  Hastie, Qian, and Tay (2021), *An Introduction to glmnet*
<https://glmnet.stanford.edu/articles/glmnet.html>
-  Dataset: the Boston Housing Dataset
<https://www.cs.toronto.edu/~delve/data/boston/bostonDetail.html>
-  Shubham.jain Jain (2017), *A comprehensive beginners guide for Linear, Ridge and Lasso Regression in Python and R*
<https://www.analyticsvidhya.com/blog/2017/06/a-comprehensive-guide-for-linear-ridge-and-lasso-regression/>