

■ Swasia's Seed Collection Guide

Village Captain's Poster

■ Year Timeline – What to Collect

| Months | What to Collect | Notes |
|-----------|-------------------------------|------------------------------------|
| Jan – Feb | Neem, Peepal | Collect fallen seeds early morning |
| Mar – Apr | Amaltas, Gulmohar | Pods rattle when dry |
| May – Jun | Jamun, Mango, Banyan | Collect ripe fruits, remove pulp |
| Jul – Aug | Wild grasses, Babool pods | Rainy season seed collection |
| Sep – Oct | Arjun, Shisham, Imli | Mature pods, dry before storage |
| Nov – Dec | Peepal fruits, Ashoka, Shrubs | Collect small fruits, sun dry |

■ What to Carry

- Cloth bags (never plastic)
- Gloves, stick or sickle
- Notebook for recording
- Water bottles

■ Captain's Habits

- Saturday: Visit forest for seed check
- Sunday: 'Seed Walk' with children
- Monthly: Share photos & seed list with Swasia

■ What We Track

- Number of seed varieties collected
- Families & children joining walks
- Village Seed Bank entries

■ Reminder

"Take only what nature gives. Never damage trees. Seeds are nature's gift — collect with respect."