

## **Worksheet 6: Anti-Ageism Campaigns**

- 1. Have you noticed stereotypes about seniors in media or your community?**

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- 2. How do negative stereotypes affect your feelings about aging?**

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- 3. Would you like to participate in efforts to educate others about positive aging?**

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- 4. What messages about aging do you wish more people understood?**

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- 5. How can communities better celebrate and respect older adults?**

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